YouGov Survey: Daylight Savings Time

YouGov

Sample   1122 U.S. adult citizens
Conducted   October 28 - 30, 2024
Margin of Error   ±3.8%

1. What time do you generally wake up on weekdays?

Before 4 a.m. 3%
Between 4 a.m. to 5 a.m. 7%
Between 5 a.m. to 6 a.m. 19%
Between 6 a.m. to 7 a.m. 22%
Between 7 a.m. to 8 a.m. 14%
Between 8 a.m. to 9 a.m. 11%
Between 9 a.m. to 10 a.m. 8%
Between 10 a.m. to 11 a.m. 7%
After 11 a.m. 7%
Not sure 3%

2. Would you like to see the changing of the clocks eliminated, so people no longer change their clocks twice per year?

Yes, I would 63%
No, I would not 17%
Not sure 20%

3. To the best of your knowledge, is your state currently in Daylight Saving Time or Permanent Standard Time?

Daylight Saving Time 75%
Permanent Standard Time 8%
My state does not change its clocks 3%
Not sure 14%

4. You indicated that you would like to eliminate the changing of the clocks. Which time would you like to make permanent?

Asked of those who want to eliminate Daylight Saving Time

Permanent Daylight Saving Time (later sunrises and sunsets) 32%
Permanent Standard Time (earlier sunrises and sunsets) 18%
No preference 10%
Not sure 23%
Not asked - would not eliminate daylight savings 17%

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5. Which of these best fits your view?

The federal government should decide for the whole country whether to change clocks or use Permanent Standard or Daylight Saving Time 41%

States should be allowed to choose whether they change clocks for Daylight Saving Time, use Permanent Standard Time, or use Permanent Daylight Saving Time 27%

States should be allowed to choose whether to change their clocks for Daylight Saving Time or use Permanent Standard Time, but should not be allowed to use Permanent Daily Saving Time 8%

Not sure 24%

6. Would you prefer to start your day when it is dark outside or when it is light outside?

When it is dark outside 19%

When it is light outside 54%

No preference 23%

Not sure 4%

7. In the evening, would you prefer for it to get dark earlier or later?

Get dark earlier 15%

Get dark later 62%

No preference 18%

Not sure 5%

8. When thinking about Daylight Savings Time, Standard Time, and changing the clock, what values are most important to you when choosing the optimal system? Please rank the following:

	1	2	3	4	5	6	7
The option that is healthiest and most in line with human biological circadian rhythms	31%	15%	15%	12%	11%	8%	8%
The option that makes people sleep better	14%	22%	17%	14%	11%	14%	8%
The option that promotes safety in the morning, among commuters and children going to school	19%	16%	15%	16%	13%	10%	11%
The option that promotes safety at night, among people driving at night	9%	17%	14%	17%	16%	18%	9%
The option that is best for the economy	8%	11%	12%	13%	19%	16%	22%
The option that puts you in a better mood	12%	12%	14%	14%	14%	15%	20%
The option that saves the most electricity	8%	9%	14%	14%	16%	19%	20%

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9. How do you feel about the end of Daylight Saving Time coming up?

I'm looking forward to it	23%
I'm not looking forward to it	28%
I don't really care	41%
Not sure	8%

Interviewing Dates	October 28 - 30, 2024
Target population	U.S. citizens, aged 18 and over.
Sampling method	Respondents were selected from YouGov's opt-in panel to be representative of adult U.S. citizens.
Weighting	The sample was weighted according to gender, age, race, education, 2020 election turnout and Presidential vote, baseline party identification, and current voter registration status. Demographic weighting targets come from the 2019 American Community Survey. Baseline party identification is the respondent's most recent answer given prior to November 1, 2022, and is weighted to the estimated distribution at that time (33% Democratic, 31% Republican). The weights range from 0.052 to 5.09, with a mean of one and a standard deviation of 0.84.
Number of respondents	1122
Margin of error	$\pm$ 3.8% (adjusted for weighting)
Survey mode	Web-based interviews
Questions not reported	100 questions not reported.

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1. What Time Up
What time do you generally wake up on weekdays?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Before 4 a.m.	3%	3%	2%	1%	3%	4%	3%	3%	1%	2%	*
Between 4 a.m. to 5 a.m.	7%	8%	6%	5%	7%	10%	5%	6%	16%	3%	*
Between 5 a.m. to 6 a.m.	19%	22%	16%	22%	21%	18%	15%	16%	29%	21%	*
Between 6 a.m. to 7 a.m.	22%	22%	22%	16%	33%	18%	22%	24%	14%	22%	*
Between 7 a.m. to 8 a.m.	14%	14%	14%	16%	11%	15%	12%	14%	11%	14%	*
Between 8 a.m. to 9 a.m.	11%	7%	15%	15%	9%	7%	15%	12%	8%	9%	*
Between 9 a.m. to 10 a.m.	8%	6%	9%	8%	4%	7%	13%	7%	6%	10%	*
Between 10 a.m. to 11 a.m.	7%	6%	7%	7%	3%	8%	8%	7%	2%	10%	*
After 11 a.m.	7%	8%	6%	7%	5%	9%	6%	8%	3%	9%	*
Not sure	3%	2%	3%	5%	4%	2%	0%	2%	10%	0%	*
Totals	101%	98%	100%	102%	100%	98%	99%	99%	100%	100%	*
Unweighted N	(1,121)	(544)	(577)	(296)	(225)	(355)	(245)	(727)	(147)	(157)	(90)

	Total	Party ID			2024 Vote Intent		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< $50K	$50-100K	$100K+	Northeast	Midwest	South	West
Before 4 a.m.	3%	2%	2%	4%	2%	5%	5%	2%	1%	4%	6%	2%	1%
Between 4 a.m. to 5 a.m.	7%	6%	8%	7%	6%	9%	7%	6%	7%	5%	7%	8%	7%
Between 5 a.m. to 6 a.m.	19%	17%	17%	23%	17%	22%	19%	20%	22%	23%	18%	19%	17%
Between 6 a.m. to 7 a.m.	22%	20%	18%	29%	21%	27%	15%	25%	34%	23%	22%	23%	21%
Between 7 a.m. to 8 a.m.	14%	12%	15%	14%	14%	14%	12%	16%	16%	12%	9%	16%	16%
Between 8 a.m. to 9 a.m.	11%	15%	9%	10%	13%	9%	11%	12%	10%	10%	14%	9%	12%

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	Total	Party ID			2024 Vote Intent		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< $50K	$50-100K	$100K+	Northeast	Midwest	South	West
Between 9 a.m. to 10 a.m.	8%	8%	11%	4%	9%	6%	10%	6%	4%	10%	8%	6%	8%
Between 10 a.m. to 11 a.m.	7%	8%	7%	5%	8%	3%	7%	8%	2%	5%	7%	7%	7%
After 11 a.m.	7%	7%	10%	3%	8%	5%	11%	3%	5%	8%	9%	7%	6%
Not sure	3%	4%	3%	1%	1%	1%	3%	1%	0%	1%	1%	3%	5%
Totals	101%	99%	100%	100%	99%	101%	100%	99%	101%	101%	101%	100%	100%
Unweighted N	(1,121)	(396)	(394)	(331)	(489)	(425)	(448)	(321)	(234)	(197)	(226)	(426)	(272)

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2. Eliminate Daylight Saving Time
Would you like to see the changing of the clocks eliminated, so people no longer change their clocks twice per year?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, I would	63%	62%	64%	53%	56%	67%	74%	66%	45%	66%	*
No, I would not	17%	18%	16%	21%	19%	14%	14%	17%	21%	16%	*
Not sure	20%	20%	21%	26%	25%	19%	12%	17%	34%	18%	*
Totals	100%	100%	101%	100%	100%	100%	100%	100%	100%	100%	*
Unweighted N	(1,122)	(544)	(578)	(296)	(225)	(356)	(245)	(727)	(147)	(157)	(91)

	Total	Party ID			2024 Vote Intent		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< $50K	$50-100K	$100K+	Northeast	Midwest	South	West
Yes, I would	63%	63%	60%	66%	66%	69%	58%	74%	66%	62%	61%	66%	60%
No, I would not	17%	20%	12%	19%	17%	17%	20%	11%	18%	18%	15%	18%	15%
Not sure	20%	18%	28%	15%	17%	14%	22%	15%	16%	20%	24%	16%	25%
Totals	100%	101%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Unweighted N	(1,122)	(396)	(395)	(331)	(489)	(425)	(449)	(321)	(234)	(197)	(226)	(426)	(273)

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3. Which Time Setting Now
To the best of your knowledge, is your state currently in Daylight Saving Time or Permanent Standard Time?

		Gender		Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Daylight Saving Time	75%	75%	75%	48%	69%	88%	88%	79%	65%	64%	*
Permanent Standard Time	8%	9%	7%	12%	12%	4%	5%	6%	11%	15%	*
My state does not change its clocks	3%	2%	3%	4%	3%	1%	3%	3%	1%	2%	*
Not sure	14%	14%	14%	36%	15%	7%	3%	11%	23%	19%	*
Totals	100%	100%	99%	100%	99%	100%	99%	99%	100%	100%	*
Unweighted N	(1,122)	(544)	(578)	(296)	(225)	(356)	(245)	(727)	(147)	(157)	(91)

		Party ID			2024 Vote Intent		Family Income (3 category)			Region			
	Total	Dem	Ind	Rep	Harris	Trump	< $50K	$50-100K	$100K+	Northeast	Midwest	South	West
Daylight Saving Time	75%	70%	73%	83%	81%	81%	75%	74%	81%	77%	84%	78%	61%
Permanent Standard Time	8%	10%	7%	6%	9%	7%	6%	11%	8%	10%	4%	6%	13%
My state does not change its clocks	3%	2%	3%	4%	3%	4%	3%	4%	2%	1%	1%	1%	10%
Not sure	14%	17%	17%	8%	7%	8%	16%	11%	10%	12%	11%	15%	17%
Totals	100%	99%	100%	101%	100%	100%	100%	100%	101%	100%	100%	100%	101%
Unweighted N	(1,122)	(396)	(395)	(331)	(489)	(425)	(449)	(321)	(234)	(197)	(226)	(426)	(273)

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4. Preferred Time Setting
You indicated that you would like to eliminate the changing of the clocks. Which time would you like to make permanent?

Asked of those who want to eliminate Daylight Saving Time

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Permanent Daylight Saving Time (later sunrises and sunsets)	32%	29%	35%	18%	34%	36%	37%	36%	19%	25%	*
Permanent Standard Time (earlier sunrises and sunsets)	18%	20%	16%	20%	13%	17%	23%	17%	15%	21%	*
No preference	10%	11%	10%	10%	7%	10%	13%	10%	8%	15%	*
Not sure	23%	22%	24%	31%	27%	22%	13%	19%	38%	23%	*
Not asked - would not eliminate daylight savings	17%	18%	16%	21%	19%	14%	14%	17%	21%	16%	*
Totals	100%	100%	101%	100%	100%	99%	100%	99%	101%	100%	*
Unweighted N	(1,120)	(544)	(576)	(295)	(225)	(355)	(245)	(726)	(147)	(156)	(91)

	Total	Party ID			2024 Vote Intent		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< $50K	$50-100K	$100K+	Northeast	Midwest	South	West
Permanent Daylight Saving Time (later sunrises and sunsets)	32%	33%	27%	38%	37%	32%	27%	41%	39%	37%	30%	32%	30%
Permanent Standard Time (earlier sunrises and sunsets)	18%	20%	18%	17%	19%	22%	19%	20%	16%	14%	16%	21%	18%
No preference	10%	8%	12%	10%	7%	14%	10%	13%	8%	8%	12%	11%	8%
Not sure	23%	20%	32%	16%	20%	15%	24%	16%	19%	23%	27%	18%	27%

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	Total	Party ID			2024 Vote Intent		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< $50K	$50-100K	$100K+	Northeast	Midwest	South	West
Not asked - would not eliminate daylight savings	17%	20%	12%	19%	17%	17%	20%	11%	18%	18%	15%	18%	15%
Totals	100%	101%	101%	100%	100%	100%	100%	101%	100%	100%	100%	100%	98%
Unweighted N	(1,120)	(394)	(395)	(331)	(487)	(425)	(447)	(321)	(234)	(197)	(226)	(426)	(271)

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5. State Control

Which of these best fits your view?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
The federal government should decide for the whole country whether to change clocks or use Permanent Standard or Daylight Saving Time	41%	45%	38%	38%	46%	40%	42%	45%	34%	30%	*
States should be allowed to choose whether they change clocks for Daylight Saving Time, use Permanent Standard Time, or use Permanent Daylight Saving Time	27%	25%	28%	24%	21%	28%	32%	26%	21%	29%	*
States should be allowed to choose whether to change their clocks for Daylight Saving Time or use Permanent Standard Time, but should not be allowed to use Permanent Daily Saving Time	8%	9%	8%	9%	10%	9%	6%	7%	15%	10%	*
Not sure	24%	21%	27%	29%	23%	24%	20%	22%	30%	30%	*
Totals	100%	100%	101%	100%	100%	101%	100%	100%	100%	99%	*
Unweighted N	(1,120)	(543)	(577)	(296)	(223)	(356)	(245)	(726)	(146)	(157)	(91)

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	Total	Party ID			2024 Vote Intent		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< $50K	$50-100K	$100K+	Northeast	Midwest	South	West
The federal government should decide for the whole country whether to change clocks or use Permanent Standard or Daylight Saving Time	41%	47%	39%	38%	49%	39%	37%	46%	47%	47%	47%	41%	32%
States should be allowed to choose whether they change clocks for Daylight Saving Time, use Permanent Standard Time, or use Permanent Daylight Saving Time	27%	25%	21%	34%	22%	35%	27%	26%	29%	21%	28%	28%	27%
States should be allowed to choose whether to change their clocks for Daylight Saving Time or use Permanent Standard Time, but should not be allowed to use Permanent Daily Saving Time	8%	8%	7%	10%	8%	9%	10%	9%	6%	9%	7%	8%	10%
Not sure	24%	20%	33%	18%	22%	17%	27%	19%	18%	24%	18%	23%	31%
Totals	100%	100%	100%	100%	101%	100%	101%	100%	100%	101%	100%	100%	100%
Unweighted N	(1,120)	(395)	(394)	(331)	(488)	(425)	(447)	(321)	(234)	(197)	(226)	(424)	(273)

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6. Prefer Light or Dark Mornings
Would you prefer to start your day when it is dark outside or when it is light outside?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
When it is dark outside	19%	23%	15%	21%	13%	19%	22%	20%	9%	21%	*
When it is light outside	54%	48%	60%	48%	62%	53%	53%	53%	65%	50%	*
No preference	23%	26%	21%	22%	20%	25%	25%	23%	23%	22%	*
Not sure	4%	4%	4%	9%	5%	2%	0%	4%	4%	7%	*
Totals	100%	101%	100%	100%	100%	99%	100%	100%	101%	100%	*
Unweighted N	(1,120)	(543)	(577)	(295)	(224)	(356)	(245)	(726)	(146)	(157)	(91)

	Total	Party ID			2024 Vote Intent		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< $50K	$50-100K	$100K+	Northeast	Midwest	South	West
When it is dark outside	19%	15%	19%	23%	14%	23%	18%	21%	21%	15%	22%	22%	14%
When it is light outside	54%	59%	51%	53%	59%	53%	52%	54%	57%	57%	49%	55%	56%
No preference	23%	22%	26%	21%	24%	20%	27%	20%	19%	24%	25%	20%	25%
Not sure	4%	5%	4%	3%	3%	4%	4%	5%	3%	3%	4%	4%	5%
Totals	100%	101%	100%	100%	100%	100%	101%	100%	100%	99%	100%	101%	100%
Unweighted N	(1,120)	(394)	(395)	(331)	(487)	(425)	(448)	(321)	(233)	(196)	(226)	(425)	(273)

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7. Prefer Light or Dark Evenings
In the evening, would you prefer for it to get dark earlier or later?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Get dark earlier	15%	17%	13%	18%	14%	14%	15%	15%	18%	17%	*
Get dark later	62%	58%	66%	51%	63%	68%	64%	63%	54%	63%	*
No preference	18%	21%	15%	22%	18%	14%	19%	18%	20%	13%	*
Not sure	5%	4%	6%	9%	5%	4%	2%	4%	8%	7%	*
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	*
Unweighted N	(1,121)	(544)	(577)	(296)	(225)	(356)	(244)	(726)	(147)	(157)	(91)

	Total	Party ID			2024 Vote Intent		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< $50K	$50-100K	$100K+	Northeast	Midwest	South	West
Get dark earlier	15%	19%	14%	12%	13%	14%	18%	14%	13%	12%	15%	18%	11%
Get dark later	62%	64%	59%	64%	69%	60%	59%	62%	69%	63%	67%	60%	61%
No preference	18%	13%	21%	20%	15%	21%	18%	20%	14%	20%	14%	17%	21%
Not sure	5%	4%	6%	5%	3%	4%	5%	4%	4%	4%	4%	5%	7%
Totals	100%	100%	100%	101%	100%	99%	100%	100%	100%	99%	100%	100%	100%
Unweighted N	(1,121)	(396)	(394)	(331)	(489)	(424)	(448)	(321)	(234)	(197)	(226)	(425)	(273)

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8A. Ranking Factors Determining Time System — The option that is healthiest and most in line with human biological circadian rhythms
When thinking about Daylight Savings Time, Standard Time, and changing the clock, what values are most important to you when choosing the optimal system? Please rank the following:

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
1	31%	31%	32%	29%	33%	31%	33%	34%	23%	27%	*
2	15%	13%	16%	16%	17%	15%	12%	16%	14%	7%	*
3	15%	15%	15%	17%	11%	14%	17%	14%	11%	19%	*
4	12%	13%	10%	11%	17%	8%	11%	10%	18%	15%	*
5	11%	11%	10%	10%	7%	13%	11%	9%	15%	12%	*
6	8%	8%	9%	10%	5%	11%	7%	8%	11%	12%	*
7	8%	9%	8%	7%	9%	8%	9%	9%	9%	8%	*
Totals	100%	100%	100%	100%	99%	100%	100%	100%	101%	100%	*
Unweighted N	(1,087)	(534)	(553)	(290)	(217)	(349)	(231)	(706)	(144)	(151)	(86)

	Total	Party ID			2024 Vote Intent		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< $50K	$50-100K	$100K+	Northeast	Midwest	South	West
1	31%	27%	37%	31%	33%	33%	31%	29%	36%	19%	39%	29%	39%
2	15%	17%	14%	13%	17%	13%	13%	17%	16%	16%	16%	14%	15%
3	15%	19%	11%	14%	14%	14%	13%	14%	19%	18%	15%	14%	12%
4	12%	12%	13%	10%	12%	10%	13%	13%	9%	18%	10%	10%	12%
5	11%	10%	12%	10%	10%	8%	12%	9%	5%	6%	11%	15%	7%
6	8%	9%	8%	9%	7%	10%	8%	11%	5%	12%	5%	9%	8%
7	8%	7%	6%	13%	8%	12%	11%	5%	10%	10%	4%	10%	8%
Totals	100%	101%	101%	100%	101%	100%	101%	98%	100%	99%	100%	101%	101%
Unweighted N	(1,087)	(386)	(378)	(323)	(474)	(413)	(433)	(314)	(229)	(196)	(220)	(414)	(257)

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8B. Ranking Factors Determining Time System — The option that makes people sleep better
When thinking about Daylight Savings Time, Standard Time, and changing the clock, what values are most important to you when choosing the optimal system? Please rank the following:

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
1	14%	17%	11%	16%	14%	16%	11%	14%	19%	14%	*
2	22%	21%	23%	24%	21%	21%	21%	23%	9%	26%	*
3	17%	13%	20%	16%	16%	18%	16%	18%	15%	14%	*
4	14%	14%	15%	13%	15%	16%	11%	13%	17%	15%	*
5	11%	11%	12%	6%	15%	11%	13%	11%	18%	7%	*
6	14%	14%	13%	15%	11%	12%	19%	15%	9%	15%	*
7	8%	10%	7%	10%	8%	7%	9%	7%	13%	10%	*
Totals	100%	100%	101%	100%	100%	101%	100%	101%	100%	101%	*
Unweighted N	(1,084)	(533)	(551)	(290)	(214)	(350)	(230)	(707)	(141)	(151)	(85)

	Total	Party ID			2024 Vote Intent		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< $50K	$50-100K	$100K+	Northeast	Midwest	South	West
1	14%	15%	15%	13%	12%	11%	16%	14%	10%	18%	11%	16%	11%
2	22%	20%	23%	22%	20%	24%	19%	21%	27%	19%	25%	20%	23%
3	17%	17%	15%	17%	19%	15%	18%	17%	13%	11%	22%	13%	22%
4	14%	18%	9%	16%	17%	16%	12%	13%	21%	13%	12%	15%	15%
5	11%	12%	10%	12%	13%	12%	12%	12%	10%	11%	9%	13%	10%
6	14%	12%	14%	15%	12%	15%	14%	14%	12%	13%	15%	14%	13%
7	8%	6%	13%	6%	7%	7%	9%	10%	6%	15%	6%	8%	6%
Totals	100%	100%	99%	101%	100%	100%	100%	101%	99%	100%	100%	99%	100%
Unweighted N	(1,084)	(383)	(377)	(324)	(473)	(412)	(433)	(313)	(227)	(195)	(220)	(413)	(256)

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8C. Ranking Factors Determining Time System — The option that promotes safety in the morning, among commuters and children going to school
When thinking about Daylight Savings Time, Standard Time, and changing the clock, what values are most important to you when choosing the optimal system? Please rank the following:

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
1	19%	18%	19%	12%	17%	21%	24%	19%	19%	11%	*
2	16%	15%	17%	19%	13%	15%	19%	14%	24%	17%	*
3	15%	16%	15%	17%	15%	13%	18%	15%	16%	14%	*
4	16%	14%	17%	19%	14%	18%	11%	15%	15%	20%	*
5	13%	16%	11%	17%	13%	12%	13%	15%	6%	16%	*
6	10%	12%	9%	10%	17%	9%	5%	10%	14%	14%	*
7	11%	10%	12%	7%	12%	13%	10%	12%	7%	9%	*
Totals	100%	101%	100%	101%	101%	101%	100%	100%	101%	101%	*
Unweighted N	(1,083)	(528)	(555)	(288)	(214)	(348)	(233)	(705)	(142)	(150)	(86)

	Total	Party ID			2024 Vote Intent		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< $50K	$50-100K	$100K+	Northeast	Midwest	South	West
1	19%	16%	19%	21%	15%	23%	18%	18%	20%	19%	19%	22%	13%
2	16%	17%	18%	12%	20%	12%	16%	13%	18%	18%	19%	16%	12%
3	15%	16%	17%	14%	15%	16%	15%	16%	15%	17%	14%	14%	19%
4	16%	17%	14%	15%	15%	15%	13%	19%	13%	14%	15%	17%	15%
5	13%	12%	14%	14%	15%	14%	16%	10%	17%	15%	15%	11%	15%
6	10%	9%	12%	10%	10%	10%	10%	11%	9%	8%	10%	12%	10%
7	11%	12%	6%	13%	9%	10%	11%	14%	9%	9%	8%	10%	15%
Totals	100%	99%	100%	99%	99%	100%	99%	101%	101%	100%	100%	102%	99%
Unweighted N	(1,083)	(384)	(378)	(321)	(473)	(411)	(429)	(311)	(230)	(197)	(218)	(411)	(257)

8D. Ranking Factors Determining Time System — The option that promotes safety at night, among people driving at night
When thinking about Daylight Savings Time, Standard Time, and changing the clock, what values are most important to you when choosing the optimal system? Please rank the following:

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
1	9%	6%	11%	13%	6%	8%	10%	7%	11%	17%	*
2	17%	17%	16%	12%	19%	15%	20%	15%	20%	20%	*
3	14%	13%	15%	18%	14%	15%	10%	13%	22%	16%	*
4	17%	17%	17%	18%	12%	19%	18%	19%	14%	14%	*
5	16%	15%	17%	15%	19%	18%	12%	17%	16%	15%	*
6	18%	20%	16%	16%	21%	16%	20%	20%	9%	12%	*
7	9%	11%	7%	8%	10%	9%	11%	10%	8%	7%	*
Totals	100%	99%	99%	100%	101%	100%	101%	101%	100%	101%	*
Unweighted N	(1,080)	(526)	(554)	(285)	(214)	(349)	(232)	(702)	(140)	(152)	(86)

	Total	Party ID			2024 Vote Intent		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< $50K	$50-100K	$100K+	Northeast	Midwest	South	West
1	9%	11%	9%	6%	13%	8%	10%	9%	6%	15%	9%	9%	5%
2	17%	17%	14%	18%	16%	16%	15%	21%	14%	18%	15%	17%	16%
3	14%	15%	17%	11%	16%	10%	14%	14%	14%	14%	12%	18%	10%
4	17%	16%	16%	18%	16%	16%	18%	14%	13%	18%	21%	14%	17%
5	16%	16%	16%	17%	15%	19%	15%	15%	21%	11%	15%	15%	24%
6	18%	16%	17%	20%	14%	20%	18%	17%	24%	14%	18%	18%	22%
7	9%	8%	10%	10%	10%	11%	9%	10%	8%	11%	9%	9%	7%
Totals	100%	99%	99%	100%	100%	100%	99%	100%	100%	101%	99%	100%	101%
Unweighted N	(1,080)	(383)	(374)	(323)	(470)	(411)	(430)	(309)	(228)	(197)	(217)	(412)	(254)

8E. Ranking Factors Determining Time System — The option that is best for the economy
When thinking about Daylight Savings Time, Standard Time, and changing the clock, what values are most important to you when choosing the optimal system? Please rank the following:

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
1	8%	9%	7%	10%	11%	6%	8%	8%	15%	7%	*
2	11%	14%	8%	8%	10%	17%	8%	13%	12%	7%	*
3	12%	13%	10%	10%	11%	12%	13%	13%	8%	9%	*
4	13%	12%	14%	13%	12%	10%	19%	15%	9%	13%	*
5	19%	18%	19%	14%	18%	20%	22%	21%	12%	11%	*
6	16%	14%	17%	14%	12%	18%	17%	14%	20%	17%	*
7	22%	19%	24%	32%	26%	17%	14%	17%	24%	36%	*
Totals	101%	99%	99%	101%	100%	100%	101%	101%	100%	100%	*
Unweighted N	(1,079)	(529)	(550)	(287)	(213)	(347)	(232)	(705)	(140)	(150)	(84)

	Total	Party ID			2024 Vote Intent		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< $50K	$50-100K	$100K+	Northeast	Midwest	South	West
1	8%	8%	7%	9%	7%	8%	9%	9%	8%	9%	6%	8%	11%
2	11%	10%	11%	13%	8%	13%	13%	8%	12%	10%	12%	14%	8%
3	12%	9%	10%	16%	8%	16%	10%	13%	11%	11%	11%	14%	9%
4	13%	10%	16%	13%	13%	16%	15%	10%	16%	6%	11%	14%	19%
5	19%	16%	20%	20%	17%	18%	16%	21%	19%	23%	23%	14%	20%
6	16%	20%	11%	16%	19%	16%	15%	15%	17%	19%	16%	15%	13%
7	22%	26%	25%	13%	27%	15%	21%	24%	17%	22%	22%	22%	20%
Totals	101%	99%	100%	100%	99%	102%	99%	100%	100%	100%	101%	101%	100%
Unweighted N	(1,079)	(383)	(374)	(322)	(468)	(412)	(430)	(310)	(226)	(194)	(218)	(411)	(256)

8F. Ranking Factors Determining Time System — The option that puts you in a better mood

When thinking about Daylight Savings Time, Standard Time, and changing the clock, what values are most important to you when choosing the optimal system? Please rank the following:

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
1	12%	10%	14%	17%	13%	13%	5%	12%	11%	12%	*
2	12%	12%	11%	14%	13%	10%	11%	12%	11%	13%	*
3	14%	17%	12%	13%	18%	12%	14%	14%	13%	17%	*
4	14%	15%	12%	12%	13%	16%	14%	14%	15%	14%	*
5	14%	13%	14%	20%	11%	11%	13%	12%	19%	18%	*
6	15%	13%	16%	12%	14%	16%	16%	15%	18%	10%	*
7	20%	19%	21%	12%	18%	22%	27%	22%	13%	16%	*
Totals	101%	99%	100%	100%	100%	100%	100%	101%	100%	100%	*
Unweighted N	(1,084)	(531)	(553)	(287)	(214)	(351)	(232)	(707)	(140)	(151)	(86)

	Total	Party ID			2024 Vote Intent		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< $50K	$50-100K	$100K+	Northeast	Midwest	South	West
1	12%	15%	10%	11%	12%	9%	11%	12%	15%	14%	10%	11%	14%
2	12%	11%	11%	13%	12%	12%	16%	13%	7%	10%	9%	12%	16%
3	14%	13%	17%	13%	15%	16%	15%	13%	16%	13%	15%	14%	13%
4	14%	10%	14%	17%	12%	15%	14%	14%	13%	16%	12%	15%	10%
5	14%	17%	10%	13%	14%	12%	13%	15%	10%	16%	13%	14%	10%
6	15%	13%	18%	13%	15%	14%	15%	12%	17%	16%	15%	16%	12%
7	20%	20%	20%	20%	19%	21%	17%	20%	21%	14%	24%	18%	25%
Totals	101%	99%	100%	100%	99%	99%	101%	99%	99%	99%	98%	100%	100%
Unweighted N	(1,084)	(385)	(375)	(324)	(471)	(413)	(431)	(313)	(228)	(195)	(219)	(414)	(256)

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8G. Ranking Factors Determining Time System — The option that saves the most electricity
When thinking about Daylight Savings Time, Standard Time, and changing the clock, what values are most important to you when choosing the optimal system? Please rank the following:

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
1	8%	9%	7%	5%	7%	7%	13%	8%	4%	13%	*
2	9%	7%	10%	8%	7%	8%	13%	9%	11%	10%	*
3	14%	13%	14%	9%	17%	16%	12%	14%	17%	12%	*
4	14%	14%	15%	14%	16%	13%	15%	14%	12%	9%	*
5	16%	16%	15%	18%	16%	15%	14%	15%	13%	22%	*
6	19%	18%	19%	24%	19%	18%	15%	18%	18%	19%	*
7	20%	22%	20%	23%	18%	23%	17%	21%	25%	14%	*
Totals	100%	99%	100%	101%	100%	100%	99%	99%	100%	99%	*
Unweighted N	(1,082)	(528)	(554)	(285)	(212)	(351)	(234)	(706)	(140)	(151)	(85)

	Total	Party ID			2024 Vote Intent		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< $50K	$50-100K	$100K+	Northeast	Midwest	South	West
1	8%	9%	6%	10%	9%	8%	8%	10%	5%	7%	9%	7%	10%
2	9%	8%	9%	9%	8%	10%	10%	8%	5%	8%	5%	9%	12%
3	14%	12%	14%	15%	14%	14%	15%	13%	13%	16%	11%	13%	15%
4	14%	16%	16%	11%	15%	13%	14%	16%	14%	16%	17%	14%	11%
5	16%	15%	18%	14%	15%	16%	15%	17%	18%	17%	13%	18%	13%
6	19%	20%	19%	17%	21%	14%	18%	19%	17%	18%	19%	18%	21%
7	20%	20%	18%	24%	18%	25%	20%	16%	27%	18%	25%	21%	17%
Totals	100%	100%	100%	100%	100%	100%	100%	99%	99%	100%	99%	100%	99%
Unweighted N	(1,082)	(385)	(373)	(324)	(471)	(413)	(430)	(309)	(230)	(196)	(219)	(411)	(256)

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9. Feelings about Daylight Saving Time
How do you feel about the end of Daylight Saving Time coming up?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
I'm looking forward to it	23%	25%	22%	22%	28%	26%	15%	18%	31%	38%	*
I'm not looking forward to it	28%	23%	33%	17%	22%	30%	42%	33%	11%	25%	*
I don't really care	41%	46%	37%	49%	39%	39%	38%	42%	43%	30%	*
Not sure	8%	7%	8%	11%	11%	5%	5%	7%	16%	7%	*
Totals	100%	101%	100%	99%	100%	100%	100%	100%	101%	100%	*
Unweighted N	(1,120)	(543)	(577)	(296)	(224)	(356)	(244)	(725)	(147)	(157)	(91)

	Total	Party ID			2024 Vote Intent		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< $50K	$50-100K	$100K+	Northeast	Midwest	South	West
I'm looking forward to it	23%	29%	22%	18%	30%	19%	25%	22%	23%	23%	24%	26%	17%
I'm not looking forward to it	28%	25%	23%	37%	29%	37%	25%	32%	32%	26%	27%	29%	28%
I don't really care	41%	38%	45%	40%	36%	40%	41%	40%	40%	44%	40%	38%	44%
Not sure	8%	8%	10%	5%	5%	4%	9%	6%	5%	7%	9%	6%	11%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	99%	100%
Unweighted N	(1,120)	(394)	(395)	(331)	(487)	(425)	(449)	(320)	(233)	(197)	(226)	(426)	(271)

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Interviewing Dates	October 28 - 30, 2024
Target population	U.S. citizens, aged 18 and over.
Sampling method	Respondents were selected from YouGov's opt-in panel to be representative of adult U.S. citizens.
Weighting	The sample was weighted according to gender, age, race, education, 2020 election turnout and Presidential vote, baseline party identification, and current voter registration status. Demographic weighting targets come from the 2019 American Community Survey. Baseline party identification is the respondent's most recent answer given prior to November 1, 2022, and is weighted to the estimated distribution at that time (33% Democratic, 31% Republican). The weights range from 0.052 to 5.09, with a mean of one and a standard deviation of 0.84.
Number of respondents	1122
Margin of error	± 3.8% (adjusted for weighting)
Survey mode	Web-based interviews
Questions not reported	100 questions not reported.