

Dinner etiquette

Fieldwork: 14th - 31st May 2024

Sample: 2,054 UK adults 18+

Total	Co-habiting/eating status			Live with under-18s in household, eat together	Dinner location	
	Live alone	Live with others, eat separately	Live with others, eat together		At a dining table	On a sofa / armchair

Which, if any, of the following people do you live with in your household? Please select all that apply.

	Weighted N	2054	404	337	1267	328	931	870
	Unweighted N	2054	411	328	1270	311	934	866
A spouse or romantic partner	54%	0%	39%	76%	74%	63%	55%	
Children under the age of 18	20%	0%	25%	26%	100%	27%	16%	
Children over the age of 18	13%	0%	24%	14%	14%	13%	13%	
Your parent(s)	12%	0%	25%	13%	10%	12%	8%	
Other relatives	5%	0%	10%	5%	4%	5%	3%	
Friends	3%	0%	9%	3%	2%	3%	1%	
Roommates	4%	0%	17%	1%	1%	3%	1%	
Some other type of person	2%	0%	3%	2%	2%	2%	1%	
Don't know	1%	0%	0%	0%	0%	1%	0%	
Not applicable - I live alone	20%	100%	0%	0%	0%	12%	26%	

Thinking about the people that live with you in your household, do you tend to eat together, or separately (i.e., in different rooms or at different times)?

Asked only to those who live with others

	Weighted N	1626	-	337	1267	328	806	641
	Unweighted N	1619	-	328	1270	311	805	635
Eat together	78%	-	0%	100%	100%	89%	77%	
Eat separately	21%	-	100%	0%	0%	10%	22%	
Don't know	1%	-	0%	0%	0%	1%	1%	

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Total	Age					Gender	
	18-24	25-34	35-44	45-54	55+	Male	Female

Which, if any, of the following people do you live with in your household? Please select all that apply.

	Weighted N	18-24	25-34	35-44	45-54	55+	Male	Female
	2054	228	370	329	322	805	996	1058
	Unweighted N	243	375	296	289	851	992	1062
A spouse or romantic partner	54%	14%	46%	53%	64%	65%	53%	54%
Children under the age of 18	20%	15%	19%	43%	38%	6%	20%	20%
Children over the age of 18	13%	4%	3%	3%	30%	17%	11%	14%
Your parent(s)	12%	45%	23%	12%	5%	1%	13%	12%
Other relatives	5%	12%	7%	6%	4%	2%	5%	5%
Friends	3%	13%	7%	2%	1%	0%	4%	2%
Roommates	4%	19%	5%	2%	2%	0%	4%	3%
Some other type of person	2%	4%	3%	1%	2%	1%	2%	1%
Don't know	1%	5%	2%	1%	0%	0%	2%	1%
Not applicable - I live alone	20%	9%	16%	18%	15%	27%	20%	19%

Thinking about the people that live with you in your household, do you tend to eat together, or separately (i.e., in different rooms or at different times)?

Asked only to those who live with others

	Weighted N	18-24	25-34	35-44	45-54	55+	Male	Female
	1626	195	303	267	272	588	779	847
	Unweighted N	209	307	241	245	617	776	843
Eat together	78%	59%	77%	77%	78%	85%	76%	79%
Eat separately	21%	38%	22%	20%	21%	15%	22%	20%
Don't know	1%	3%	1%	3%	0%	1%	2%	1%

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Total	Co-habiting/eating status			Live with under-18s in household, eat together	Dinner location	
	Live alone	Live with others, eat separately	Live with others, eat together		At a dining table	On a sofa / armchair

When you eat your main evening meal at home, where do you tend to eat it?

Weighted N	2054	404	337	1267	328	931	870
Unweighted N	2054	411	328	1270	311	934	866
At a dining table	45%	29%	24%	57%	69%	100%	0%
On a sofa / armchair	42%	56%	42%	39%	27%	0%	100%
At a desk	4%	7%	12%	2%	1%	0%	0%
On my bed	5%	4%	17%	1%	2%	0%	0%
Somewhere else	2%	3%	5%	1%	2%	0%	0%
Don't know	1%	2%	0%	0%	0%	0%	0%

When you eat your main evening meal at home, are you normally watching something while you do so (e.g., on TV, a laptop, a smartphone, etc.)?

Weighted N	2054	404	337	1267	328	931	870
Unweighted N	2054	411	328	1270	311	934	866
Yes	67%	81%	78%	60%	45%	41%	93%
No	32%	17%	20%	40%	54%	58%	7%
Don't know	2%	2%	2%	0%	0%	1%	0%

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Sample: 2,054 UK adults 18+

Total	Age					Gender	
	18-24	25-34	35-44	45-54	55+	Male	Female

When you eat your main evening meal at home, where do you tend to eat it?

Weighted N	2054	228	370	329	322	805	996	1058
Unweighted N	2054	243	375	296	289	851	992	1062
At a dining table	45%	44%	40%	47%	47%	47%	46%	45%
On a sofa / armchair	42%	20%	41%	42%	46%	48%	39%	45%
At a desk	4%	13%	6%	5%	3%	2%	6%	3%
On my bed	5%	15%	8%	3%	2%	1%	4%	5%
Somewhere else	2%	4%	3%	2%	3%	2%	3%	2%
Don't know	1%	4%	2%	2%	0%	0%	2%	0%

When you eat your main evening meal at home, are you normally watching something while you do so (e.g., on TV, a laptop, a smartphone, etc.)?

Weighted N	2054	228	370	329	322	805	996	1058
Unweighted N	2054	243	375	296	289	851	992	1062
Yes	67%	65%	72%	64%	63%	67%	65%	69%
No	32%	30%	26%	34%	36%	32%	33%	31%
Don't know	2%	5%	2%	2%	0%	1%	3%	1%