

YouGov Survey Results

Sample Size: 2362 GB Adults

Fieldwork: 25th - 26th September 2025

Vote in 2024 GE EU Ref 2016 Gender Age Social Grade Country Region in England Lib Reform Rest of Lab Male Female 18-24 25-49 50-64 65+ ABC1 C2DE England Wales Midlands Total Con Green Remain Scotland North Leave London Dem UK South Weighted Sample 2362 255 142 829 1219 248 976 555 1005 2043 205 560 387 286 810 Unweighted Sample 2362 378 664 243 277 155 950 2036 205 375 224 864 829 1328 184 900 626 936 121

Generally speaking, do you think each of the following are safe or not safe for a woman to do																							
during pregnancy?																							
Taking paracetamol Saf	. 72	I 74	00	00	60	70	00	60	60	77	l 67	71	71	70	75	70 I	70	70	76	1 76	74	70	70
Sair Not saf		74 8	82 6	83 2	60 14	78 4	83 4	68 9	68 9	77 8	67 14	74 8	74 7	72 7	75 8	70 9	73 8	70 9	76 9	76 8	71 7	70 11	72 9
Don't know		18	12	15	26	18	12	22	22	15	19	18	, 19	20	17	21	19	20	16	16	22	19	19
Eating soft cheese	v 13	10	12	10	20	10	12	22	22	13	19	10	13	20	17	21	13	20	10	10	22	13	13
Saf	e 32	27	30	31	39	31	28	29	40	26	49	35	29	24	32	34	33	24	32	35	32	35	31
Not saf		44	45	44	38	36	45	44	27	51	17	37	47	46	40	39	39	44	42	37	36	38	42
Don't know		29	25	25	23	33	26	27	34	23	34	28	24	30	28	27	28	32	27	28	31	26	27
Eating fish						• •			٠.					•••		1		02			٠.	0	
	e 66	73	65	73	67	67	69	67	65	66	56	58	71	77	66	66	66	59	65	68	65	69	65
Not safe		11	14	10	17	14	14	13	12	16	17	18	12	8	14	14	14	13	15	14	15	12	14
Don't know		16	20	18	17	19	17	20	23	18	27	24	17	15	20	20	20	28	20	19	21	19	21
Drinking alcohol		•							•							•				•			
Saf	e 4	5	3	4	6	0	4	5	5	2	1	3	6	3	3	4	3	5	5	4	3	3	3
Not safe	e 92	91	94	92	91	97	93	91	90	95	94	94	90	90	93	91	92	93	93	94	90	90	93
Don't know	v 4	4	3	4	3	3	3	5	5	3	5	3	4	6	4	5	4	2	3	2	8	6	4
Smoking		-							-		•			-		-				•			
Saf	e 1	1	1	1	1	0	1	1	1	1	1	1	0	1	0	1	1	0	0	1	1	1	0
Not safe	98	98	98	97	98	98	98	98	97	98	95	98	99	97	98	98	98	99	99	98	95	96	99
Don't know	v 2	1	1	2	1	2	1	1	2	1	4	1	1	2	2	1	2	1	1	1	5	3	1
Taking folic acid supplements																Ē							
Saf		69	70	67	67	65	72	70	52	80	40	67	78	66	66	68	67	64	63	69	68	67	65
Not safe		5	3	2	5	4	3	4	7	2	9	4	2	5	4	5	4	3	4	4	4	3	5
Don't know	v 29	26	28	30	28	31	24	27	41	18	51	29	20	29	30	27	28	33	33	27	28	30	29
Swimming		•				ī																	
	90	94	91	93	90	88	95	92	86	93	71	89	94	94	89	91	89	93	93	91	87	82	92
Not saf		1	2	2	4	1	1	1	4	1	9	2	1	0	3	1	2	2	1	3	1	3	2
Don't know	v 8	5	7	6	6	11	4	7	10	6	20	8	5	5	8	8	8	5	6	6	12	14	6
Using saunas	40	I 04	40	00	00	ا م	0.4	47	l 05	4.4	Loo	40	00	00	40	o. 1	40	40	0.4	I 04	4-7	0.4	40
	e 19	21	18	23	20	21	21	17	25	14	22	16	22	20	18	21	19	13	21	21	17	21	19
Not safe		42	48	48	47 33	48	47	46	37	55	43	56	41 37	37	48	44	46	50 36	44	46	44	43	49
Don't know	v 34	37	34	28	33	32	32	37	38	31	35	28	37	43	34	35	34	36	35	33	39	36	32
Moderate exercise	e 94	97	95	96	93	93	97	95	92	96	86	02	97	97	95	94	0.4	06	93	96	01	95	05
Sar Not saf		1	95 1	96 1	93	93	97	95 1	92	96 1		93 1	97	0		0	94 1	96 0	93	96	91 1	95 1	95 2
Not sar Don't knov		2	4	3	4	5	3	4	7	3	4 10	5	3	3	1 4	5	4	4	7	3	8	5	4
Don't know	v 5	_	4	3	4	ບ	3	4	′	3	10	ວ	3	3	4	ວ	4	4	1	٥	0	υ	4



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CI 2023															
					P	arty / Gender				Vac	ccines in ger	eral	Takir	ng paracet	amol
	Total	l ab+Mala	I D+Mala	Con+Mala	Dof+Mala	LabtEamala	I D+Esmals	Con+Female	Dof+Comolo	Ara aafa	Are not	Don't	Coto	Not safe	Don't
	TOLAI	Labtiviale	LDTIVIAIE	Continuale	ReiTiviale	Labtrelliale	LDTFelliale	Contremale	Reitreiliale	Are sale	safe	know	Sale	NOT Sale	know
Weighted Sample	2362	289	106	209	141	318	112	216	114	1990	163	209	1719	202	441
Unweighted Sample	2362	291	108	171	140	373	135	207	137	2021	152	189	1760	185	417
•	0/_	0/2	0/6	0/2	0/2	0/2	0/2	0/2	0/2	0/2	0/2	0/2	0/2	0/2	0/2

	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
Generally speaking, do you think each of the following are safe or not safe for a woman to do															
during pregnancy? Taking paracetamol															
Safe	73	80	78	73	50	84	88	75	73	78	36	48	100	0	0
Not safe		6	3	7	17	5	1	9	11	6	32	12	0	100	0
Don't know	19	14	19	21	34	11	11	16	16	15	32	40	0	0	100
Eating soft cheese										•			•		
Safe	32	37	36	38	49	24	27	17	27	33	33	29	35	35	23
Not safe	39	32	33	28	28	56	54	59	49	41	32	33	43	46	22
Don't know	28	31	31	34	23	20	19	24	24	26	35	38	22	19	55
Eating fish															
Safe		64	72	72	71	67	73	74	61	68	56	48	71	60	47
Not safe		13	9	10	11	15	11	11	23	14	19	15	14	22	11
Don't know	20	23	19	17	17	18	16	15	16	18	25	37	15	19	42
Drinking alcohol															
Safe		4	4	8	8	3	3	2	4	4	7	2	4	1	2
Not safe		93	91	87	89	95	93	94	93	93	88	88	93	96	88
	4	3	5	4	3	3	4	4	3	3	5	10	3	3	10
Smoking			•						•				1 4	•	•
Safe		0 98	0 99	1 98	1 98	1 98	2 96	1 98	0 99	1 98	3 95	0 92	1	0 100	0 92
Not safe			99 1	98 1	98 1			98 1	99 1	98		92 8	99	0	92 7
Don't know	2	2	1	1	1	1	2	1	1	1	2	8	0	U	/
Taking folic acid supplements Safe	67	59	53	51	55	79	81	86	82	68	60	59	1 74	56	41
Not safe		4	4	9	7	2	1	2	3	4	9	4	3	18	3
Don't know		37	43	40	39	19	18	12	15	28	30	37	23	26	56
Swimming	23	01	40	40	00	13	10	12	10	20	00	01	20	20	00
Safe	90	89	91	92	85	94	95	96	96	91	89	75	94	86	76
Not safe		3	3	2	6	0	0	0	1	2	4	2	2	7	2
Don't know	8	8	6	5	8	6	5	4	3	6	6	23	4	7	22
Using saunas													•		
Safe	19	27	24	27	23	11	23	15	15	19	26	13	22	20	10
Not safe	46	36	41	36	37	58	55	48	59	47	37	43	49	57	30
Don't know	34	37	35	37	39	31	22	37	26	33	37	44	29	23	60
Moderate exercise										-			-		
Safe	94	95	93	96	91	95	99	98	96	96	92	84	97	94	84
Not safe	1	0	2	1	4	1	0	0	0	1	2	3	1	3	1
Don't know	5	4	5	3	5	3	1	2	4	4	6	13	2	3	16



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Fieldwork: 25th - 26th September 2025

IIDCI EUEU																							
			V	ote in 20	24 GE		EU Ref	2016	Gender			Ą	ge		Social	Grade		Country	'		Region in	n England	
	Total	Con	Lab	Lib Dem	Reform UK	Green	Remain	Leave	Male	Female	18-24	25-49	50-64	65+	ABC1	C2DE	England	Wales	Scotland	North	Midlands	London	Rest of South
Weighted Sample	2362	425	607	217	255	142	829	843	1143	1219	248	976	583	555	1346	1005	2043	113	205	560	387	286	810
Unweighted Sample	2362	378	664	243	277	155	950	829	1034	1328	184	900	626	652	1418	936	2036	121	205	573	375	224	864
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

Do you think the following are or are not safe? Vaccines in general

٧a	cines in general																							
	Are safe	84	90	91	93	75	91	92	83	85	84	87	82	83	88	89	78	85	82	81	83	83	83	87
	Are not safe	7	4	4	4	13	4	4	9	7	7	4	8	7	6	5	10	7	7	7	9	7	6	5
	Don't know	9	6	5	3	12	5	5	8	9	9	10	10	9	6	7	12	8	11	12	7	9	11	8
CC	VID-19 vaccine		_					-		_											-			
	Are safe	69	77	79	79	45	83	80	65	72	67	75	65	67	77	74	62	70	62	69	66	68	70	73
	Are not safe	16	10	10	9	35	10	10	21	15	17	13	18	17	13	12	22	16	21	16	19	17	17	14
	Don't know	14	13	11	12	20	7	11	15	12	16	13	17	16	10	14	15	14	17	15	15	15	13	14
Me	asles, mumps and rubella (MMR) vaccine		_					-		_		_				-					-			
	Are safe	87	90	93	95	82	92	94	87	86	88	85	86	87	91	90	83	87	84	87	88	86	84	88
	Are not safe	4	2	3	2	8	4	2	5	4	5	5	4	6	3	3	5	4	5	5	5	2	5	4
	Don't know	9	8	5	3	11	4	4	8	11	7	10	10	7	7	7	12	9	11	9	7	12	10	8

In a previous question you said that you think taking paracetamol is not safe for a woman to do during pregnancy. Why do you think this?

[Asked only to those who said they think taking paracetamol is unsafe for a woman to do during pregnancy; n=185]

pregnancy; n=185]						_		-			_					_				_			
Generic/non-descript/non-neurodevelopmental "it can affect the baby"	20	16	26	17	22	0	23	14	12	30	30	16	16	25	20	21	21	16	20	27	32	20	13
Because any drug/painkiller taken during pregnancy isn't safe	19	16	19	16	15	29	22	18	16	22	20	11	27	23	21	15	19	18	18	14	9	33	19
Say it actually is safe depending on the dose	8	23	5	0	6	0	2	7	7	10	19	8	5	4	7	10	10	0	0	4	4	15	12
Because it is a man-made drug	6	2	3	0	6	15	2	7	8	3	5	8	5	2	2	10	5	15	6	13	6	0	2
Manufacturers say not to	6	8	2	0	11	0	4	7	7	5	10	6	3	5	9	1	7	0	0	3	11	4	9
Should only take medication prescribed by doctors	6	10	11	0	6	0	10	10	3	8	0	5	5	13	7	3	4	0	20	2	6	0	7
May cause autism/ADHD/neurodevelopmental issues	5	9	0	0	13	28	7	6	4	5	0	3	9	7	7	2	5	0	0	2	2	9	7
Friends / family / doctors / "the advice" says it is unsafe	5	0	8	0	10	0	2	9	3	7	0	6	9	2	3	7	5	6	0	5	3	6	6
Donald Trump said so	4	7	0	0	7	0	0	6	5	3	7	5	5	0	5	3	5	0	0	0	0	7	8
Not enough is known about the impact	3	0	7	18	0	11	8	1	0	7	0	2	5	7	3	3	2	22	0	5	3	2	1
Research says not to	3	5	0	0	0	0	0	4	6	0	7	5	0	0	4	2	3	0	10	2	6	7	0
"Recent news"	2	0	0	0	5	0	5	4	3	1	0	1	3	6	2	3	2	0	6	0	0	3	3
Can cause harm to the mother	2	0	0	18	3	0	2	1	3	1	7	0	2	3	2	2	2	9	0	0	0	0	4
Doctors / professionals advise not to	1	0	3	31	0	0	2	3	2	1	0	1	4	0	3	0	2	0	0	0	5	4	1
Other	6	2	8	0	3	17	6	4	9	3	10	7	3	4	9	2	7	10	0	4	4	13	6
Don't know	13	13	13	0	0	0	10	9	20	6	9	19	11	7	9	19	12	20	25	18	17	4	9

^{*}Any percentages calculated on bases fewer than 100 respondents do not represent a wide enough cross-section of the target population to be considered statistically reliable. These figures should not be used.



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Fieldwork: 25th - 26th September 2025

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						Vac	ccines in gen	eral	Takir	ng paracet	amol				
	Total	otal Lab+Male LD+Male Con+Male Ref+Male Lab+Female LD+Female Con+Female Ref+Femal								Are safe	Are not	Don't	Safe	Not safe	Don't
											safe	know			know
Weighted Sample		289	106	209	141	318	112	216	114	1990	163	209	1719	202	441
Unweighted Sample		291 %	108 %	171 %	140 %	373 %	135	207 %	137 %	2021 %	152 %	189 %	1760	185	417 %
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
Do you think the following are or are not safe?															
Vaccines in general															
Are safe	84	91	94	91	78	91	93	89	72	100	0	0	91	62	69
Are not safe	7	4	4	3	11	4	4	5	14	0	100	0	3	26	12
Don't know	9	6	2	6	11	5	3	6	14	0	0	100	6	13	19
COVID-19 vaccine													•		
Are safe	69	82	85	79	47	75	74	74	42	82	0	6	76	39	57
Are not safe	16	8	10	9	32	11	9	11	39	8	95	37	11	45	23
Don't know	14	9	6	12	21	13	17	15	19	11	5	57	13	16	20
Measles, mumps and rubella (MMR) vaccine										_					
Are safe	87	91	95	90	82	94	95	91	81	97	32	38	92	70	74
Are not safe	4	3	1	2	6	2	2	1	11	1	44	7	2	20	5
Don't know	9	5	4	8	12	4	3	8	8	3	24	54	5	11	21
In a previous question you said that you think taking paracetamol is not safe for a woman to do during pregnancy. Why do you think this? [Asked only to those who said they think taking paracetamol is unsafe for a woman to do during pregnancy; n=185]															
Generic/non-descript/non-neurodevelopmental "it can affect the baby"	20	21	21	0	12	31	0	28	40	23	22	2	0	20	0
Because any drug/painkiller taken during pregnancy isn't safe	19	26	19	8	12	11	0	22	19	17	18	27	0	19	0
Say it actually is safe depending on the dose	8	0	0	30	3	11	0	18	12	12	0	7	0	8	0
Because it is a man-made drug	6	0	0	5	10	7	0	0	0	5	11	0	0	6	0
Manufacturers say not to	6	0	0	10	11	5	0	7	9	6	4	7	0	6	0
Should only take medication prescribed by doctors	6	7	0	7	4	16	0	12	9	6	6	2	0	6	0
May cause autism/ADHD/neurodevelopmental issues	5	0	0	6	15	0	0	11	10	5	5	0	0	5	0
Friends / family / doctors / "the advice" says it is unsafe	5	6	0	0	9	11	0	0	10	3	8	7	0	5	0
Donald Trump said so	4	0	0	7	10	0	0	6	0	4	2	10	0	4	0
Not enough is known about the impact	3	0	0	0	0	16	100	0	0	3	6	0	0	3	0
Research says not to	3	0	0	11	0	0	0	0	0	3	4	6	0	3	0
"Recent news"	2	0	0	0	8	0	0	0	0	3	1	0	0	2	0
Can cause harm to the mother	2	0	22	0	4	0	0	0	0	3	0	3	0	2	0
Doctors / professionals advise not to	1	6	38	0	0	0	0	0	0	0	2	5	0	1	0
Other	6	15	0	0	5	0	0	4	0	7	7	0	0	6	0
Don't know	13	24	0	16	0	0	0	11	0	10	10	36	0	13	0

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