

# YouGov Survey Results

Sample Size: 2362 GB Adults

Fieldwork: 25th - 26th September 2025

2023																								
		Vote in 2024 GE					EU Ref 2016		Gender		Age				Social Grade		Country			Region in England				
Total		Con	Lab	Lib Dem	Reform UK	Green	Remain	Leave	Male	Female	18-24	25-49	50-64	65+	ABC1	C2DE	England	Wales	Scotland	North	Midlands	London	Rest of South	
Weighted Sample	2362	425	607	217	255	142	829	843	1143	1219	248	976	583	555	1346	1005	2043	113	205	560	387	286	810	
Unweighted Sample	2362	378	664	243	277	155	950	829	1034	1328	184	900	626	652	1418	936	2036	121	205	573	375	224	864	
%		%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	

Generally speaking, do you think each of the following are safe or not safe for a woman to do during pregnancy?

Taking paracetamol

Safe	73	74	82	83	60	78	83	68	68	77	67	74	74	72	75	70	73	70	76	76	71	70	72
Not safe	9	8	6	2	14	4	4	9	9	8	14	8	7	7	8	9	8	9	9	8	7	11	9
Don't know	19	18	12	15	26	18	12	22	22	15	19	18	19	20	17	21	19	20	16	16	22	19	19

Eating soft cheese

Safe	32	27	30	31	39	31	28	29	40	26	49	35	29	24	32	34	33	24	32	35	32	35	31
Not safe	39	44	45	44	38	36	45	44	27	51	17	37	47	46	40	39	39	44	42	37	36	38	42
Don't know	28	29	25	25	23	33	26	27	34	23	34	28	24	30	28	27	28	32	27	28	31	26	27

Eating fish

Safe	66	73	65	73	67	67	69	67	65	66	56	58	71	77	66	66	66	59	65	68	65	69	65
Not safe	14	11	14	10	17	14	14	13	12	16	17	18	12	8	14	14	14	13	15	14	15	12	14
Don't know	20	16	20	18	17	19	17	20	23	18	27	24	17	15	20	20	20	28	20	19	21	19	21

Drinking alcohol

Safe	4	5	3	4	6	0	4	5	5	2	1	3	6	3	3	4	3	5	5	4	3	3	3
Not safe	92	91	94	92	91	97	93	91	90	95	94	94	90	90	93	91	92	93	93	94	90	90	93
Don't know	4	4	3	4	3	3	3	5	5	3	5	3	4	6	4	5	4	2	3	2	8	6	4

Smoking

Safe	1	1	1	1	1	0	1	1	1	1	1	1	0	1	0	1	1	0	0	1	1	1	0
Not safe	98	98	98	97	98	98	98	98	97	98	95	98	99	97	98	98	98	99	99	98	95	96	99
Don't know	2	1	1	2	1	2	1	1	2	1	4	1	1	2	2	1	2	1	1	1	5	3	1

Taking folic acid supplements

Safe	67	69	70	67	67	65	72	70	52	80	40	67	78	66	66	68	67	64	63	69	68	67	65
Not safe	4	5	3	2	5	4	3	4	7	2	9	4	2	5	4	5	4	3	4	4	4	3	5
Don't know	29	26	28	30	28	31	24	27	41	18	51	29	20	29	30	27	28	33	33	27	28	30	29

Swimming

Safe	90	94	91	93	90	88	95	92	86	93	71	89	94	94	89	91	89	93	93	91	87	82	92
Not safe	2	1	2	2	4	1	1	1	4	1	9	2	1	0	3	1	2	2	1	3	1	3	2
Don't know	8	5	7	6	6	11	4	7	10	6	20	8	5	5	8	8	8	5	6	6	12	14	6

Using saunas

Safe	19	21	18	23	20	21	21	17	25	14	22	16	22	20	18	21	19	13	21	21	17	21	19
Not safe	46	42	48	48	47	48	47	46	37	55	43	56	41	37	48	44	46	50	44	46	44	43	49
Don't know	34	37	34	28	33	32	32	37	38	31	35	28	37	43	34	35	34	36	35	33	39	36	32

Moderate exercise

Safe	94	97	95	96	93	93	97	95	92	96	86	93	97	97	95	94	94	96	93	96	91	95	95
Not safe	1	1	1	1	2	2	1	1	1	1	4	1	0	0	1	0	1	0	0	1	1	1	2
Don't know	5	2	4	3	4	5	3	4	7	3	10	5	3	3	4	5	4	4	7	3	8	5	4



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	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

Do you think the following are or are not safe?

Vaccines in general

Are safe	84	90	91	93	75	91	92	83	85	84	87	82	83	88	89	78	85	82	81	83	83	83	87
Are not safe	7	4	4	4	13	4	4	9	7	7	4	8	7	6	5	10	7	7	7	9	7	6	5
Don't know	9	6	5	3	12	5	5	8	9	9	10	10	9	6	7	12	8	11	12	7	9	11	8

COVID-19 vaccine

Are safe	69	77	79	79	45	83	80	65	72	67	75	65	67	77	74	62	70	62	69	66	68	70	73
Are not safe	16	10	10	9	35	10	10	21	15	17	13	18	17	13	12	22	16	21	16	19	17	17	14
Don't know	14	13	11	12	20	7	11	15	12	16	13	17	16	10	14	15	14	17	15	15	15	13	14

Measles, mumps and rubella (MMR) vaccine

Are safe	87	90	93	95	82	92	94	87	86	88	85	86	87	91	90	83	87	84	87	88	86	84	88
Are not safe	4	2	3	2	8	4	2	5	4	5	5	4	6	3	3	5	4	5	5	5	2	5	4
Don't know	9	8	5	3	11	4	4	8	11	7	10	10	7	7	7	12	9	11	9	7	12	10	8

In a previous question you said that you think taking paracetamol is not safe for a woman to do during pregnancy. Why do you think this?

[Asked only to those who said they think taking paracetamol is unsafe for a woman to do during pregnancy; n=185]

Generic/non-descript/non-neurodevelopmental "it can affect the baby"	20	16	26	17	22	0	23	14	12	30	30	16	16	25	20	21	21	16	20	27	32	20	13
Because any drug/painkiller taken during pregnancy isn't safe	19	16	19	16	15	29	22	18	16	22	20	11	27	23	21	15	19	18	18	14	9	33	19
Say it actually is safe depending on the dose	8	23	5	0	6	0	2	7	7	10	19	8	5	4	7	10	10	0	0	4	4	15	12
Because it is a man-made drug	6	2	3	0	6	15	2	7	8	3	5	8	5	2	2	10	5	15	6	13	6	0	2
Manufacturers say not to	6	8	2	0	11	0	4	7	7	5	10	6	3	5	9	1	7	0	0	3	11	4	9
Should only take medication prescribed by doctors	6	10	11	0	6	0	10	10	3	8	0	5	5	13	7	3	4	0	20	2	6	0	7
May cause autism/ADHD/neurodevelopmental issues	5	9	0	0	13	28	7	6	4	5	0	3	9	7	7	2	5	0	0	2	2	9	7
Friends / family / doctors / "the advice" says it is unsafe	5	0	8	0	10	0	2	9	3	7	0	6	9	2	3	7	5	6	0	5	3	6	6
Donald Trump said so	4	7	0	0	7	0	0	6	5	3	7	5	5	0	5	3	5	0	0	0	0	7	8
Not enough is known about the impact	3	0	7	18	0	11	8	1	0	7	0	2	5	7	3	3	2	22	0	5	3	2	1
Research says not to	3	5	0	0	0	0	0	4	6	0	7	5	0	0	4	2	3	0	10	2	6	7	0
"Recent news"	2	0	0	0	5	0	5	4	3	1	0	1	3	6	2	3	2	0	6	0	0	3	3
Can cause harm to the mother	2	0	0	18	3	0	2	1	3	1	7	0	2	3	2	2	2	9	0	0	0	0	4
Doctors / professionals advise not to	1	0	3	31	0	0	2	3	2	1	0	1	4	0	3	0	2	0	0	0	5	4	1
Other	6	2	8	0	3	17	6	4	9	3	10	7	3	4	9	2	7	10	0	4	4	13	6
Don't know	13	13	13	0	0	0	10	9	20	6	9	19	11	7	9	19	12	20	25	18	17	4	9

\*Any percentages calculated on bases fewer than 100 respondents do not represent a wide enough cross-section of the target population to be considered statistically reliable. These figures should not be used.

