



Mental Health
Fieldwork Dates: 27th - 30th April 2018

Conducted by YouGov
On behalf of YouGovNY

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BACKGROUND

This spreadsheet contains survey data collected and analysed by YouGov plc. No information contained within this spreadsheet may be published without the consent of YouGov Plc and the client named on the front cover.

Methodology: This survey has been conducted using an online interview administered to members of the YouGov Plc panel of 1.2 million individuals who have agreed to take part in surveys. Emails are sent to panellists selected at random from the base sample. The e-mail invites them to take part in a survey and provides a generic survey link. Once a panel member clicks on the link they are sent to the survey that they are most required for, according to the sample definition and quotas. (The sample definition could be "US adult population" or a subset such as "US adult females"). Invitations to surveys don't expire and respondents can be sent to any available survey. The responding sample is weighted to the profile of the sample definition to provide a representative reporting sample. The profile is normally derived from census data or, if not available from the census, from industry accepted data.

YouGov plc make every effort to provide representative information. All results are based on a sample and are therefore subject to statistical errors normally associated with sample-based information.

For further information about the results in this spreadsheet, please contact YouGov Plc +1 888.729.0773 or email omnibus.us@yougov.com quoting the survey details

EDITOR'S NOTES - all press releases should contain the following information

All figures, unless otherwise stated, are from YouGov Plc. Total sample size was 1142 adults. Fieldwork was undertaken between 27th - 30th April 2018. The survey was carried out online. The figures have been weighted and are representative of all US adults (aged 18+).

NOTE: All press releases or other publications must be checked by YouGov Plc before use. YouGov requires 48hours to check a press release unless otherwise agreed.

- YouGov is registered with the Information Commissioner
- YouGov is a member of the British Polling Council

Any percentages calculated on bases fewer than 50 respondents must not be reported as they do not represent a wide enough cross-section of the target population to be considered statistically reliable. These figures will be italicised.

YouGovNY
Mental Health

US_nat Sample: 27th - 30th April 2018



Total	Gender		Age			Region				Race				No HS, High school graduate
	Male	Female	18 to 34	35 to 54	55+	Northeast	Midwest	South	West	White	Black	Hispanic	Other (NET)	
	A	B	C	D	E	F	G	H	I	J	K	L	M	

zKh6B. Have you ever received treatment for a mental health issue (e.g., anxiety, depression, mental illness, etc.)?

Unweighted base	1142	481	661	300	357	485	236	223	378	305	807	117	122	96	401
Base: All US adults	1133	563	570	352	361	420	237	206	380	310	729	139	172	93	476
Yes, I am currently receiving treatment	17%	14%	20%	21%	21%	11%	20%	21%	11%	20%	20%	8%	14%	16%	15%
			A	E	E		H	H		H	K	*	*	*	
Yes, I have in the past, but no longer do	16%	14%	18%	18%	18%	12%	11%	17%	20%	15%	17%	9%	20%	12%	15%
			E	E				F			*	K*	*	*	
No, I have never	62%	67%	57%	55%	54%	74%	65%	56%	64%	60%	60%	75%	59%	67%	63%
		B				C.D					J.L*	*	*	*	
Prefer not to say	5%	5%	5%	6%	6%	3%	4%	6%	5%	5%	4%	9%	7%	5%	6%
											J*	*	*	*	

gOoTD. Have you ever taken prescription medicine for a mental health issue (e.g., anxiety, depression, mental illness, etc.)?

Unweighted base	383	131	252	122	147	114	72	81	126	104	293	20	42	28	122
Base: All US adults who have ever received treatment for a mental health issue	374	157	217	137	143	95	72	78	118	107	266	23	59	26	145
Yes, I am currently taking prescription medicine	54%	52%	56%	50%	57%	56%	67%	61%	43%	53%	58%	41%	46%	43%	53%
						*	H*	H*		*	*	**	*	**	*
Yes, I have in the past, but no longer do	34%	33%	34%	35%	30%	38%	18%	30%	43%	37%	32%	33%	39%	43%	38%
						*	*	*	F	F*	*	**	*	**	*
No, I have never	11%	13%	9%	12%	13%	5%	13%	9%	13%	8%	9%	26%	11%	14%	9%
						*	*	*	*	*	*	**	*	**	*
Prefer not to say	1%	2%	0%	2%	-	1%	1%	-	1%	2%	1%	-	2%	-	1%
						*	*	*	*	*	*	**	*	**	*

Q3_1. To what extent do you agree or disagree with each of the following statements? Please select one option on each row.

Mental health is not taken as seriously as physical health in the US

Unweighted base	1142	481	661	300	357	485	236	223	378	305	807	117	122	96	401
Base: All US adults	1133	563	570	352	361	420	237	206	380	310	729	139	172	93	476
Strongly agree	42%	37%	47%	44%	44%	39%	39%	45%	39%	46%	43%	41%	37%	44%	33%
			A								*	*	*	*	
Somewhat agree	35%	39%	31%	28%	32%	44%	36%	36%	37%	32%	38%	30%	30%	28%	40%
		B				C.D					M	*	*	*	O
Somewhat disagree	9%	10%	8%	11%	10%	7%	13%	8%	9%	7%	7%	10%	11%	18%	9%
											*	*	J*	*	
Strongly disagree	6%	6%	5%	5%	9%	4%	4%	5%	6%	7%	5%	3%	13%	4%	6%
					E						*	*	J.K.M*	*	
Not sure	8%	8%	9%	12%	6%	6%	8%	7%	9%	7%	6%	16%	10%	7%	12%
				D.E							J*	*	*	*	O.P.Q
Net: Agree	77%	76%	79%	72%	76%	83%	75%	80%	76%	78%	82%	71%	66%	71%	73%
						C.D					K.L.M	*	*	*	
Net: Disagree	15%	17%	13%	16%	18%	11%	17%	13%	15%	15%	12%	13%	23%	22%	15%
					E						*	*	J*	J*	

Q3_2. To what extent do you agree or disagree with each of the following statements? Please select one option on each row.

Everyone should be in therapy

Unweighted base	1142	481	661	300	357	485	236	223	378	305	807	117	122	96	401
Base: All US adults	1133	563	570	352	361	420	237	206	380	310	729	139	172	93	476
Strongly agree	6%	7%	6%	12%	6%	2%	4%	5%	6%	9%	6%	6%	10%	7%	7%
				D.E	E						*	*	*	*	
Somewhat agree	16%	12%	20%	21%	17%	11%	20%	14%	14%	16%	13%	19%	25%	20%	15%
			A	E	E						*	*	J*	*	

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Mental Health

US_nat Sample: 27th - 30th April 2018



Total	Education			Marital Status						Children under the age of 18		Income		
	Some college, 2-year	4-year	Post Grad	Married	Separated	Divorced	Widowed	Never married	Domestic / civil partnership	Yes	No	Under \$40k	\$40k to \$80k	\$80k+
	O	P	Q	R	S	T	U	V	W	X	Y	Z	AA	AB

zKh6B. Have you ever received treatment for a mental health issue (e.g., anxiety, depression, mental illness, etc.)?

Unweighted base	1142	393	222	126	578	17	141	56	317	33	285	857	409	328	263
Base: All US adults	1133	358	192	107	543	18	126	50	362	34	301	832	424	316	249
Yes, I am currently receiving treatment	17%	21%	16%	15%	17%	24%	19%	13%	17%	21%	25%	14%	20%	20%	11%
Yes, I have in the past, but no longer do	16%	15%	20%	17%	14%	52%	18%	15%	16%	23%	19%	15%	18%	14%	14%
No, I have never	62%	61%	60%	64%	66%	18%	58%	71%	60%	48%	49%	67%	56%	62%	72%
Prefer not to say	5%	4%	4%	4%	3%	6%	5%	1%	7%	8%	6%	4%	5%	4%	2%

gOoTD. Have you ever taken prescription medicine for a mental health issue (e.g., anxiety, depression, mental illness, etc.)?

Unweighted base	383	144	79	38	179	12	51	15	111	15	128	255	161	116	67
Base: All US adults who have ever received treatment for a mental health issue	374	126	69	34	166	13	46	14	119	15	133	241	164	108	63
Yes, I am currently taking prescription medicine	54%	56%	54%	56%	58%	41%	52%	38%	54%	52%	56%	53%	54%	58%	49%
Yes, I have in the past, but no longer do	34%	33%	31%	28%	33%	38%	32%	60%	34%	23%	35%	34%	34%	32%	41%
No, I have never	11%	9%	15%	16%	8%	20%	16%	2%	11%	18%	9%	11%	12%	10%	8%
Prefer not to say	1%	2%	-	-	1%	-	-	-	1%	7%	-	2%	-	-	1%

Q3_1. To what extent do you agree or disagree with each of the following statements? Please select one option on each row.

Mental health is not taken as seriously as physical health in the US

Unweighted base	1142	393	222	126	578	17	141	56	317	33	285	857	409	328	263
Base: All US adults	1133	358	192	107	543	18	126	50	362	34	301	832	424	316	249
Strongly agree	42%	49%	48%	49%	42%	47%	35%	34%	47%	31%	40%	43%	43%	43%	42%
Somewhat agree	35%	29%	33%	40%	36%	45%	42%	42%	29%	43%	31%	37%	30%	37%	41%
Somewhat disagree	9%	10%	10%	5%	10%	8%	6%	8%	9%	13%	12%	8%	9%	7%	9%
Strongly disagree	6%	6%	4%	5%	4%	-	10%	10%	6%	5%	8%	5%	6%	7%	6%
Not sure	8%	7%	4%	2%	8%	-	7%	6%	10%	8%	9%	8%	11%	6%	2%
Net: Agree	77%	77%	82%	88%	78%	92%	77%	76%	75%	74%	71%	79%	74%	80%	83%
Net: Disagree	15%	16%	14%	10%	14%	8%	16%	18%	15%	18%	20%	13%	15%	14%	14%

Q3_2. To what extent do you agree or disagree with each of the following statements? Please select one option on each row.

Everyone should be in therapy

Unweighted base	1142	393	222	126	578	17	141	56	317	33	285	857	409	328	263
Base: All US adults	1133	358	192	107	543	18	126	50	362	34	301	832	424	316	249
Strongly agree	6%	5%	9%	5%	6%	6%	3%	2%	9%	3%	10%	5%	8%	5%	5%
Somewhat agree	16%	16%	18%	16%	17%	-	9%	15%	17%	22%	20%	14%	16%	17%	17%

YouGovNY
Mental Health

US_nat Sample: 27th - 30th April 2018



Total	
	Prefer not to say
	AC

zKh6B. Have you ever received treatment for a mental health issue (e.g., anxiety, depression, mental illness, etc.)?

Unweighted base	1142	142
Base: All US adults	1133	144
Yes, I am currently receiving treatment	17%	11%
Yes, I have in the past, but no longer do	16%	16%
No, I have never	62%	63%
Prefer not to say	5%	10%
		AAAB

gOoTD. Have you ever taken prescription medicine for a mental health issue (e.g., anxiety, depression, mental illness, etc.)?

Unweighted base	383	39
Base: All US adults who have ever received treatment for a mental health issue	374	39
Yes, I am currently taking prescription medicine	54%	52%
Yes, I have in the past, but no longer do	34%	27%
No, I have never	11%	12%
Prefer not to say	1%	8%
		Z_AA*

Q3_1. To what extent do you agree or disagree with each of the following statements? Please select one option on each row.

Mental health is not taken as seriously as physical health in the US

Unweighted base	1142	142
Base: All US adults	1133	144
Strongly agree	42%	37%
Somewhat agree	35%	35%
Somewhat disagree	9%	13%
Strongly disagree	6%	2%
Not sure	8%	13%
Net: Agree	77%	72%
Net: Disagree	15%	15%
		AAAB

Q3_2. To what extent do you agree or disagree with each of the following statements? Please select one option on each row.

Everyone should be in therapy

Unweighted base	1142	142
Base: All US adults	1133	144
Strongly agree	6%	8%
Somewhat agree	16%	12%

YouGovNY
Mental Health

US_nat Sample: 27th - 30th April 2018



	Total	Gender		Age			Region				Race				No HS, High school graduate
		Male	Female	18 to 34	35 to 54	55+	Northeast	Midwest	South	West	White	Black	Hispanic	Other (NET)	
Somewhat disagree	23%	22%	25%	24%	27%	20%	23%	31%	22%	21%	25%	15%	24%	23%	21%
					E			H,J			*	*	*		
Strongly disagree	43%	50%	35%	29%	39%	57%	44%	40%	44%	41%	47%	40%	30%	35%	43%
		B			C	C,D					LM	*	*	*	
Not sure	11%	9%	14%	14%	10%	11%	8%	11%	13%	12%	9%	20%	11%	15%	14%
		A									J*	*	*	*	
Net: Agree	22%	19%	26%	33%	24%	13%	24%	19%	21%	26%	18%	25%	35%	27%	21%
		A		D,E	E						*	J*	J*	J*	
Net: Disagree	66%	72%	60%	54%	66%	77%	68%	70%	66%	62%	72%	55%	54%	58%	64%
		B		C	C	C,D					K,L,M	*	*	*	

Q3_3. To what extent do you agree or disagree with each of the following statements? Please select one option on each row.

Most people could deal with their mental health issues on their own if they wanted to

Unweighted base	1142	481	661	300	357	485	236	223	378	305	807	117	122	96	401
Base: All US adults	1133	563	570	352	361	420	237	206	380	310	729	139	172	93	476
Strongly agree	9%	11%	8%	12%	8%	6%	10%	8%	7%	10%	7%	12%	12%	12%	8%
		B		E							*	*	*	*	
Somewhat agree	23%	26%	19%	23%	21%	23%	22%	19%	26%	21%	25%	11%	27%	16%	27%
		B									K	*	K*	*	P,Q
Somewhat disagree	27%	26%	28%	27%	25%	30%	32%	33%	23%	25%	28%	22%	25%	32%	25%
							H	H			*	*	*	*	
Strongly disagree	32%	28%	36%	27%	36%	33%	29%	31%	34%	33%	32%	43%	25%	29%	27%
			A		C						J,L*	*	*	*	
Not sure	10%	8%	11%	11%	10%	9%	7%	9%	10%	11%	8%	12%	11%	12%	13%
											*	*	*	*	O
Net: Agree	31%	37%	25%	35%	30%	29%	32%	27%	33%	31%	31%	23%	39%	28%	36%
		B									*	*	K*	*	P,Q
Net: Disagree	59%	54%	64%	55%	61%	62%	61%	64%	57%	58%	60%	66%	50%	60%	51%
		A				C					L*	*	*	*	

Q3_4. To what extent do you agree or disagree with each of the following statements? Please select one option on each row.

Many people who claim to have mental health issues are simply making excuses

Unweighted base	1142	481	661	300	357	485	236	223	378	305	807	117	122	96	401
Base: All US adults	1133	563	570	352	361	420	237	206	380	310	729	139	172	93	476
Strongly agree	8%	9%	7%	9%	7%	6%	4%	6%	9%	10%	8%	7%	9%	6%	11%
								F	F		*	*	*	*	Q
Somewhat agree	23%	28%	18%	23%	22%	23%	26%	20%	24%	20%	23%	13%	30%	21%	27%
		B									K	*	K*	*	O,P
Somewhat disagree	25%	25%	24%	24%	22%	28%	25%	26%	24%	25%	25%	28%	14%	36%	20%
											L	*	J,L*	*	
Strongly disagree	31%	26%	36%	31%	34%	28%	32%	32%	29%	32%	31%	34%	29%	25%	24%
			A								*	*	*	*	
Not sure	14%	13%	16%	12%	16%	15%	13%	17%	14%	14%	13%	19%	18%	11%	18%
											*	*	*	*	Q
Net: Agree	30%	37%	25%	33%	29%	30%	30%	26%	34%	30%	31%	19%	39%	28%	38%
		B									K	*	K*	*	O,P,Q
Net: Disagree	55%	51%	60%	55%	55%	55%	57%	57%	52%	56%	56%	62%	43%	62%	44%
		A									L	L*	*	L*	

Q3_5. To what extent do you agree or disagree with each of the following statements? Please select one option on each row.

Workplaces should take active steps to help their employees' mental health

YouGovNY
Mental Health

US_nat Sample: 27th - 30th April 2018



	Total	Education			Marital Status						Children under the age of 18		Income		
		Some college, 2-year	4-year	Post Grad	Married	Separated	Divorced	Widowed	Never married	Domestic / civil partnership	Yes	No	Under \$40k	\$40k to \$80k	\$80k+
Somewhat disagree	23%	25%	24%	29%	20%	51% **	27%	23%	25%	32% **	26%	22%	26%	24%	19%
Strongly disagree	43%	44%	39%	44%	46% V	34% **	51% V	48% *	35%	31% **	32%	47% X	37%	45% Z	50% Z
Not sure	11%	10%	10%	7%	10%	9% **	10%	12% *	14%	12% **	11%	12%	14%	9%	8%
Net: Agree	22%	22%	27%	21%	23% T	6% **	12%	17% *	26% T	25% **	31% Y	19%	24%	22%	23%
Net: Disagree	66%	68%	63%	73%	67% **	85% **	78% R.V	71% *	60%	63% **	58% Y	69% X	62%	69%	69%

Q3_3. To what extent do you agree or disagree with each of the following statements? Please select one option on each row.

Most people could deal with their mental health issues on their own if they wanted to

Unweighted base	1142	393	222	126	578	17	141	56	317	33	285	857	409	328	263
Base: All US adults	1133	358	192	107	543	18	126	50	362	34	301	832	424	316	249
Strongly agree	9%	10%	9%	6%	8%	6% **	11%	3% *	9%	7% **	11%	8%	9%	7%	8%
Somewhat agree	23%	21%	16%	17%	23%	20% **	17%	40% R.T.V*	21%	34% **	23%	22%	21%	24%	23%
Somewhat disagree	27%	29%	31%	26%	27%	41% **	32%	19% *	27%	31% **	25%	28%	28%	28%	29%
Strongly disagree	32%	34% N	35% N	43% N	32%	29% **	34%	33% *	33%	19% **	30%	33%	31%	34%	33%
Not sure	10%	5%	9%	8%	10%	4% **	6%	5% *	11%	8% **	10%	9%	12%	7%	7%
Net: Agree	31%	31%	24%	23%	31%	26% **	28%	43% *	30%	41% **	34%	30%	30%	31%	31%
Net: Disagree	59%	64% N	67% N	69% N	59%	69% **	66%	51% *	60%	50% **	56%	61%	58%	62% AC	63% AC

Q3_4. To what extent do you agree or disagree with each of the following statements? Please select one option on each row.

Many people who claim to have mental health issues are simply making excuses

Unweighted base	1142	393	222	126	578	17	141	56	317	33	285	857	409	328	263
Base: All US adults	1133	358	192	107	543	18	126	50	362	34	301	832	424	316	249
Strongly agree	8%	6%	6%	2%	8%	6% **	7%	7% *	9%	3% **	10%	7%	8%	9% AB	4%
Somewhat agree	23%	20%	18%	21%	25% V	17% **	24%	35% V*	19%	9% **	26%	21%	23%	21%	24%
Somewhat disagree	25%	26%	27%	35% N	26%	29% **	24%	31% *	21%	44% **	25%	25%	25%	22%	32% AAAC
Strongly disagree	31%	35% N	37% N	35% N	29%	41% **	30%	16% *	35% U	30% **	27%	32%	27%	36% Z	32%
Not sure	14%	12%	12%	7%	12%	8% **	15%	12% *	17%	15% **	12%	15%	17% AB	12%	7%
Net: Agree	30%	26%	24%	23%	33%	22% **	31%	41% *	27%	11% **	36% Y	28%	31%	30%	29%
Net: Disagree	55%	61% N	64% N	70% N	55%	70% **	54%	47% *	56%	74% **	52%	57%	52%	58% AC	64% Z.AC

Q3_5. To what extent do you agree or disagree with each of the following statements? Please select one option on each row.

Workplaces should take active steps to help their employees' mental health

YouGovNY
Mental Health

US_nat Sample: 27th - 30th April 2018



	Total	Prefer not to say
Somewhat disagree	23%	23%
Strongly disagree	43%	42%
Not sure	11%	15%
Net: Agree	22%	19%
Net: Disagree	66%	65%

Q3_3. To what extent do you agree or disagree with each of the following statements? Please select one option on each row.

Most people could deal with their mental health issues on their own if they wanted to

	Unweighted base	1142	142
Base: All US adults	1133	144	
Strongly agree	9%	12%	
Somewhat agree	23%	24%	
Somewhat disagree	27%	23%	
Strongly disagree	32%	28%	
Not sure	10%	14%	
Net: Agree	31%	36%	
Net: Disagree	59%	51%	

Q3_4. To what extent do you agree or disagree with each of the following statements? Please select one option on each row.

Many people who claim to have mental health issues are simply making excuses

	Unweighted base	1142	142
Base: All US adults	1133	144	
Strongly agree	8%	11%	
Somewhat agree	23%	23%	
Somewhat disagree	25%	17%	
Strongly disagree	31%	28%	
Not sure	14%	21%	
Net: Agree	30%	33%	AA,AB
Net: Disagree	55%	46%	

Q3_5. To what extent do you agree or disagree with each of the following statements? Please select one option on each row.

Workplaces should take active steps to help their employees' mental health

YouGovNY
Mental Health

US_nat Sample: 27th - 30th April 2018



	Total	Gender		Age			Region				Race				No HS, High school graduate
		Male	Female	18 to 34	35 to 54	55+	Northeast	Midwest	South	West	White	Black	Hispanic	Other (NET)	
Unweighted base	1142	481	661	300	357	485	236	223	378	305	807	117	122	96	401
Base: All US adults	1133	563	570	352	361	420	237	206	380	310	729	139	172	93	476
Strongly agree	36%	31%	41%	40%	42%	28%	36%	37%	34%	38%	33%	40%	43%	37%	32%
			A	E	E							*	*	*	
Somewhat agree	41%	44%	38%	37%	38%	48%	43%	42%	42%	39%	45%	37%	29%	40%	38%
					C.D						L	*	*	*	
Somewhat disagree	8%	10%	6%	7%	6%	11%	5%	10%	10%	8%	10%	4%	7%	9%	8%
			B		D				F		*	*	*	*	
Strongly disagree	5%	6%	4%	5%	5%	5%	5%	2%	6%	5%	4%	6%	6%	4%	7%
									G		*	*	*	*	O
Not sure	10%	9%	10%	11%	10%	8%	11%	10%	9%	10%	8%	13%	15%	10%	14%
											*	J*	*	*	O.P.Q
Net: Agree	77%	75%	80%	77%	79%	76%	79%	79%	76%	77%	79%	77%	72%	77%	71%
											*	*	*	*	
Net: Disagree	13%	16%	10%	12%	11%	16%	10%	11%	16%	13%	14%	11%	13%	13%	15%
			B		D						*	*	*	*	O

Q3.6. To what extent do you agree or disagree with each of the following statements? Please select one option on each row.

Mental health issues like anxiety and depression are over-diagnosed in the US

Unweighted base	1142	481	661	300	357	485	236	223	378	305	807	117	122	96	401
Base: All US adults	1133	563	570	352	361	420	237	206	380	310	729	139	172	93	476
Strongly agree	11%	12%	9%	12%	12%	9%	11%	9%	11%	11%	11%	11%	11%	8%	13%
											*	*	*	*	Q
Somewhat agree	24%	30%	19%	27%	21%	25%	27%	26%	22%	24%	25%	19%	25%	29%	22%
			B								*	*	*	*	
Somewhat disagree	27%	26%	28%	28%	27%	27%	27%	27%	28%	26%	28%	26%	28%	22%	26%
											*	*	*	*	
Strongly disagree	22%	17%	26%	19%	24%	21%	18%	20%	23%	23%	22%	23%	18%	23%	20%
			A								*	*	*	*	
Not sure	16%	14%	18%	14%	17%	18%	17%	17%	15%	16%	15%	20%	18%	18%	19%
											*	*	*	*	
Net: Agree	35%	42%	28%	39%	33%	34%	39%	35%	33%	35%	35%	31%	36%	37%	36%
			B								*	*	*	*	
Net: Disagree	49%	43%	54%	47%	51%	48%	44%	48%	52%	49%	50%	49%	46%	45%	46%
			A								*	*	*	*	

J7M1. How did you learn about mental health issues (e.g., anxiety, depression, mental illness, etc.) as a child? Please select all that apply. If you were never taught about mental health issues as a child, please select the 'Not applicable' option.

Unweighted base	1142	481	661	300	357	485	236	223	378	305	807	117	122	96	401
Base: All US adults	1133	563	570	352	361	420	237	206	380	310	729	139	172	93	476
At school from teachers	14%	15%	14%	23%	12%	9%	15%	14%	12%	17%	13%	16%	15%	20%	12%
				D.E							*	*	*	*	
From parents or other family	24%	24%	24%	29%	24%	20%	23%	25%	25%	23%	26%	22%	21%	20%	20%
				E							*	*	*	*	
From friends	14%	15%	12%	18%	13%	9%	11%	14%	12%	17%	14%	7%	15%	19%	11%
				E							*	*	*	K*	
From media - books, films, television, music, etc.	21%	22%	21%	28%	23%	15%	24%	22%	19%	22%	19%	22%	23%	36%	16%
				E	E						*	*	*	J.K.L*	
From a doctor	18%	19%	17%	24%	19%	13%	20%	15%	17%	21%	16%	23%	25%	16%	19%
				E	E						*	J*	*	*	
Another source	3%	2%	3%	3%	1%	4%	3%	4%	2%	2%	3%	0%	1%	6%	2%
					D						*	*	*	K*	
Not applicable - I was not taught about mental health issues as a child	33%	31%	34%	19%	32%	44%	32%	37%	33%	30%	36%	26%	26%	26%	33%

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	Total	Education			Marital Status						Children under the age of 18		Income		
		Some college, 2-year	4-year	Post Grad	Married	Separated	Divorced	Widowed	Never married	Domestic / civil partnership	Yes	No	Under \$40k	\$40k to \$80k	\$80k+
Unweighted base	1142	393	222	126	578	17	141	56	317	33	285	857	409	328	263
Base: All US adults	1133	358	192	107	543	18	126	50	362	34	301	832	424	316	249
Strongly agree	36%	37%	40%	42%	32%	26%	31%	33%	46%	30%	40%	35%	38%	36%	36%
Somewhat agree	41%	47%	41%	34%	43%	58%	48%	37%	36%	42%	36%	43%	42%	43%	44%
Somewhat disagree	8%	7%	9%	16%	9%	8%	10%	21%	5%	7%	10%	8%	6%	8%	11%
Strongly disagree	5%	2%	4%	3%	4%	8%	6%	5%	3%	15%	4%	5%	4%	6%	3%
Not sure	10%	7%	6%	5%	11%	-	5%	3%	10%	7%	11%	9%	11%	7%	6%
Net: Agree	77%	84%	81%	77%	75%	84%	79%	70%	82%	72%	76%	78%	80%	79%	80%
Net: Disagree	13%	10%	12%	18%	14%	16%	16%	27%	8%	21%	13%	13%	9%	15%	14%

Q3.6. To what extent do you agree or disagree with each of the following statements? Please select one option on each row.

Mental health issues like anxiety and depression are over-diagnosed in the US

Unweighted base	1142	393	222	126	578	17	141	56	317	33	285	857	409	328	263
Base: All US adults	1133	358	192	107	543	18	126	50	362	34	301	832	424	316	249
Strongly agree	11%	10%	9%	6%	11%	10%	11%	7%	11%	7%	12%	10%	9%	10%	13%
Somewhat agree	24%	26%	23%	31%	25%	26%	18%	31%	24%	38%	26%	24%	21%	26%	29%
Somewhat disagree	27%	27%	31%	25%	27%	32%	32%	24%	26%	35%	30%	26%	30%	25%	27%
Strongly disagree	22%	22%	23%	27%	21%	24%	25%	19%	22%	14%	18%	23%	22%	25%	18%
Not sure	16%	16%	14%	11%	17%	8%	14%	19%	17%	6%	15%	17%	18%	14%	13%
Net: Agree	35%	36%	32%	37%	36%	36%	29%	38%	35%	45%	38%	34%	30%	36%	42%
Net: Disagree	49%	49%	54%	52%	48%	56%	57%	43%	48%	49%	48%	49%	52%	51%	45%

J7IM1. How did you learn about mental health issues (e.g., anxiety, depression, mental illness, etc.) as a child? Please select all that apply. If you were never taught about mental health issues as a child, please select the 'Not applicable' option.

Unweighted base	1142	393	222	126	578	17	141	56	317	33	285	857	409	328	263
Base: All US adults	1133	358	192	107	543	18	126	50	362	34	301	832	424	316	249
At school from teachers	14%	12%	22%	17%	12%	3%	9%	11%	21%	7%	15%	14%	14%	14%	17%
From parents or other family	24%	23%	33%	31%	25%	17%	18%	16%	26%	19%	26%	23%	24%	29%	22%
From friends	14%	13%	21%	14%	11%	9%	12%	10%	18%	8%	14%	13%	13%	14%	14%
From media - books, films, television, music, etc.	21%	22%	32%	26%	21%	8%	10%	11%	30%	6%	20%	22%	17%	23%	24%
From a doctor	18%	17%	21%	16%	16%	32%	12%	15%	23%	21%	23%	17%	23%	17%	16%
Another source	3%	3%	3%	4%	3%	-	3%	6%	2%	6%	2%	3%	3%	3%	3%
Not applicable - I was not taught about mental health issues as a child	33%	36%	26%	29%	36%	34%	46%	36%	22%	31%	34%	32%	33%	32%	32%

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	Total	Prefer not to say
Unweighted base	1142	142
Base: All US adults	1133	144
Strongly agree	36%	30%
Somewhat agree	41%	31%
Somewhat disagree	8%	11%
Strongly disagree	5%	8%
Not sure	10%	20%
Net: Agree	77%	61%
Net: Disagree	13%	19%
		Z

Q3_6. To what extent do you agree or disagree with each of the following statements? Please select one option on each row.

Mental health issues like anxiety and depression are over-diagnosed in the US

	Total	Prefer not to say
Unweighted base	1142	142
Base: All US adults	1133	144
Strongly agree	11%	13%
Somewhat agree	24%	24%
Somewhat disagree	27%	23%
Strongly disagree	22%	19%
Not sure	16%	21%
Net: Agree	35%	38%
Net: Disagree	49%	42%

J7IM1. How did you learn about mental health issues (e.g., anxiety, depression, mental illness, etc.) as a child? Please select all that apply. If you were never taught about mental health issues as a child, please select the 'Not applicable' option.

	Total	Prefer not to say
Unweighted base	1142	142
Base: All US adults	1133	144
At school from teachers	14%	13%
From parents or other family	24%	15%
From friends	14%	13%
From media - books, films, television, music, etc.	21%	28%
From a doctor	18%	12%
Another source	3%	2%
Not applicable - I was not taught about mental health issues as a child	33%	34%
		Z



	Total	Gender		Age			Region				Race				No HS, High school graduate
		Male	Female	18 to 34	35 to 54	55+	Northeast	Midwest	South	West	White	Black	Hispanic	Other (NET)	
Don't know / can't recall	12%	12%	13%	14%	C 13%	C.D 11%	11%	11%	13%	13%	13%	*	*	*	15%
Prefer not to say	2%	1%	3% A	2%	2%	1%	1%	0%	2%	2%	1%	0% *	5% J*	3% *	2%

Cell Contents (Column Percentages, Statistical Test Results), Statistics (Column Proportions, (95%): A/B, C/D/E, F/G/H/I, J/K/L/M, N/O/P/Q, R/S/T/U/V/W, X/Y, Z/AA/AB/AC, AD/AE/AF/AG/AH/AI/AJ/AK/AL/AM/AN/AO/AP, Minimum Base: 30 (**), Small Base: 100 (*))

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	Total	Education			Marital Status						Children under the age of 18		Income		
		Some college, 2-year	4-year	Post Grad	Married	Separated	Divorced	Widowed	Never married	Domestic / civil partnership	Yes	No	Under \$40k	\$40k to \$80k	\$80k+
		P			V	**	R.V	*		**					
Don't know / can't recall	12%	11%	9%	8%	11%	8%	12%	15%	13%	23%	9%	13%	12%	10%	12%
Prefer not to say	2%	1%	1%	0%	2%	6%	2%	1%	-	6%	2%	1%	2%	1%	1%
					V	**	V	V*		**					

Cell Contents (Col

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	Total	Prefer not to say
Don't know / can't recall	12%	20%
Prefer not to say	2%	4%
		AA

Cell Contents (Col