

All figures, unless otherwise stated, are from YouGov Plc. Total sample size was 2077 adults. Fieldwork was undertaken between 29th July - 23rd August 2024. The survey was carried out online. The figures have been weighted and are representative of all adults on Universal Credit (aged 16+).



Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q74. Over the next three months, to what extent do you think your financial situation (your ability to afford day to day necessities) will get better, get worse, or stay the same?

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
Get a lot better	5%	12%	7%	4%	2%	1%
Get a little better	14%	22%	18%	14%	10%	7%
Stay the same	35%	34%	32%	36%	38%	35%
Get a little worse	21%	13%	20%	20%	23%	27%
Get a lot worse	19%	11%	15%	19%	22%	26%
Don't know	6%	5%	6%	7%	5%	4%
Prefer not to say	0%	2%	1%	0%	0%	0%
Net: Better	19%	35%	26%	17%	12%	8%
Net: Worse	40%	24%	36%	39%	45%	53%

Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q1. From this list, please indicate all of your (or your partner's) current sources of income. Please tick all that apply

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
Income from benefits (e.g. Universal Credit, Child Benefit, Housing Benefit, the State Pension or tax credit)	100%	100%	100%	100%	100%	100%
Earnings as an employee, worker or self-employed worker (including cash in hand work)	41%	30%	43%	49%	46%	24%
Income in the form of non-repayable cash grants (often for people facing financial hardship) from your local authority or the Department for Communities in Northern Ireland	3%	6%	3%	3%	1%	2%
Help with rent or bills from family / friends not living with you	9%	12%	9%	10%	7%	5%
Cash support from a charity	2%	6%	2%	2%	0%	1%
Income from private pensions	3%	1%	2%	2%	1%	13%
Income from investments	4%	9%	6%	2%	1%	2%
Asylum support payments	0%	1%	1%	0%	-	-
Other	4%	2%	2%	6%	4%	4%
Not applicable - I have no source of income	-	-	-	-	-	-
Prefer not to say	-	-	-	-	-	-

Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q2b. Which benefits do you or your partner currently receive? Please select all that apply.

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults who receive benefits	2077	228	540	582	395	332
Universal Credit	100%	100%	100%	100%	100%	100%
Housing Benefit or Local Housing Allowance (please select this even if the benefit goes directly to your landlord)	20%	13%	18%	18%	23%	28%
Employment and Support Allowance	5%	2%	5%	5%	6%	8%
Jobseeker's Allowance	1%	3%	2%	1%	0%	1%
Income support	1%	2%	2%	1%	0%	0%
Child Tax Credit	3%	4%	4%	4%	2%	1%
Working Tax Credit	1%	2%	3%	2%	-	-
Child Benefit	32%	16%	35%	47%	37%	9%
Council Tax Reduction/ Council Tax Support	24%	12%	16%	24%	31%	36%
Domestic Rates Rebate	0%	-	-	-	0%	0%
Personal Independence Payment (PIP)	27%	29%	28%	22%	27%	34%
Disability Living Allowance	5%	5%	6%	6%	6%	3%
Adult Disability Payment	2%	3%	1%	2%	2%	2%
Child Disability Payment	0%	-	1%	1%	0%	0%
Scottish Child Payment	2%	-	2%	3%	2%	0%
Carer's Allowance Supplement	1%	2%	1%	0%	1%	1%
Education Maintenance Allowance	0%	-	-	0%	-	-
Pension Credit	1%	1%	1%	1%	-	0%
Attendance Allowance	1%	2%	2%	1%	0%	2%
State Pension	1%	1%	1%	1%	0%	2%
Other - benefit not listed above	5%	3%	5%	5%	5%	8%
Don't know	-	-	-	-	-	-
Prefer not to say	-	-	-	-	-	-



Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_NEW1. Which of the following statements best applies to you in relation to this support? Please select only one answer.

Unweighted base	2077	115	467	623	471	401
Base: Those on Universal Credit	2077	228	540	582	395	332
I have received this support within the last three months	8%	12%	10%	7%	6%	7%
I have applied for this support within the last three months, and I am waiting for a decision	3%	8%	3%	2%	2%	1%
I have applied for this support within the last three months, but I was unsuccessful	3%	1%	4%	4%	3%	3%
I have not applied for this support within the last three months	64%	54%	62%	64%	68%	71%
Not applicable – this support isn't available in my local area	13%	14%	10%	16%	13%	10%
Don't know	9%	10%	10%	7%	8%	9%
Prefer not to say	1%	1%	1%	0%	0%	1%
Net: Applied	6%	9%	7%	5%	4%	3%



Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_NEW2. And which of the following best describes why you have not applied for this support within the last three months? Please select only one answer.

	Unweighted base	16-24	25-34	35-44	45-54	55+
	1359	63	290	401	322	283
Base: Those who did not get support	1332	122	334	374	267	234
I was not aware of this support	42%	46%	41%	41%	42%	42%
I was not aware of this support - and do not feel I would have needed it	16%	26%	14%	15%	15%	18%
I was aware of this support but do not feel I need it	19%	8%	21%	20%	20%	16%
I was aware of this support but don't know how to apply for it	6%	2%	6%	6%	6%	10%
I was aware of this support but found the application too time consuming	1%	-	2%	2%	1%	0%
I was aware of this support but found the application too difficult to complete	3%	5%	4%	2%	3%	1%
I have previously applied for support and not been successful	3%	1%	4%	3%	3%	3%
Other	6%	5%	5%	8%	5%	5%
Don't know	4%	6%	2%	2%	5%	5%
Prefer not to say	1%	-	1%	1%	0%	0%

Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q2a. How many children under the age of 17 live with you?

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
None	56%	62%	55%	37%	56%	85%
1	23%	19%	20%	31%	27%	9%
2	16%	15%	19%	21%	16%	4%
3	4%	4%	5%	8%	1%	2%
4	1%	-	2%	2%	0%	-
5	0%	-	0%	1%	-	-
6 or more	0%	-	-	0%	-	-

Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q3a. What is the age of the child that live with you?

Unweighted base	452	22	95	186	115	34
Base: All UK Adults with children	470	44	109	179	106	31
Less than one year old	2%	3%	2%	3%	2%	-
1-5 years old	23%	42%	44%	19%	5%	4%
6-11 years old	30%	3%	40%	38%	23%	16%
12-13 years old	14%	8%	9%	15%	19%	21%
14-16 years old	30%	44%	6%	25%	50%	59%

VTU_Q3b_. What is the age of the children that live with you?

Unweighted base	452	18	126	207	84	17
Base: All UK Adults with children	451	43	137	185	68	18
Less than one year old	6%	-	12%	5%	1%	6%
1-5 years old	44%	44%	67%	39%	16%	23%
6-11 years old	68%	64%	73%	75%	47%	47%
12-13 years old	33%	49%	18%	33%	49%	40%
14-16 years old	34%	24%	15%	38%	60%	62%



Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q3. How many adults aged 17 or over live with you as part of your household?

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
No other adults	52%	23%	44%	58%	56%	67%
1 other adult	26%	19%	30%	25%	30%	21%
2 other adults	14%	27%	17%	12%	10%	8%
3 other adults	5%	20%	5%	3%	3%	3%
4 other adults	2%	7%	2%	1%	1%	1%
5 or more other adults	1%	5%	2%	0%	1%	-

Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q6. Which ONE of the following best describes where you are living at the moment?

	Unweighted base	2077	115	467	623	471	401
	Base: All UK Adults	2077	228	540	582	395	332
A flat, room or house rented by me (or partner) from a private landlord	27%	13%	29%	31%	29%	23%	
A flat, room or house rented by me (or partner) from a local council, housing association or housing co-operative	33%	22%	29%	35%	34%	43%	
A temporary flat or house provided by the local council	2%	3%	2%	2%	1%	1%	
Other statutory accommodation (e.g. supported accommodation or NASS accommodation)	1%	1%	1%	1%	1%	-	
A flat or house owned by me or my partner (with a mortgage or owned outright)	17%	4%	11%	17%	26%	24%	
I live permanently with my parents, other family members or friends	13%	43%	19%	9%	4%	3%	
I am staying with my parents, other family members or friends but this is a temporary or insecure arrangement	3%	8%	6%	2%	1%	1%	
A hotel, hostel, refuge, B&B or night shelter	0%	3%	-	0%	-	0%	
Sleeping rough/ living on the streets	0%	-	-	0%	-	-	
Other	3%	2%	2%	3%	4%	5%	
Prefer not to say	1%	1%	0%	1%	0%	0%	



Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_NEW9a. At any point in the last 12 months have you considered yourself to be at risk of homelessness? For example, if you were being evicted from your rental property, asked to leave a friend's or relative's home, left prison, or left care.

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
Yes	18%	26%	19%	18%	13%	14%
No	78%	68%	75%	79%	84%	82%
Don't know	3%	4%	4%	2%	2%	3%
Prefer not to say	1%	2%	2%	1%	1%	1%



Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_NEW9b. You said you have been at risk of becoming homeless in the last 12 months. As a result did you receive any support from your local authority?

Unweighted base	333	26	84	109	60	54
Base: All UK Adults who are at risk of becoming homeless	367	59	104	105	52	47
Yes, I did	29%	53%	19%	31%	22%	21%
No, I did not	68%	47%	80%	64%	75%	73%
Don't know	2%	-	1%	2%	-	4%
Prefer not to say	1%	-	-	3%	3%	1%



Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q10. Which ONE of the following best describes you?

	Unweighted base	2077	115	467	623	471	401
Base: All adults currently claiming universal credit	2077	228	540	582	395	332	
Full time employee (30 hours a week or more)	15%	5%	18%	21%	16%	5%	
Part-time employee (less than 30 hours a week)	17%	18%	16%	17%	22%	13%	
Self-employed or freelance	5%	5%	3%	6%	6%	6%	
On maternity or paternity leave	1%	1%	1%	1%	0%	-	
Retired (whether receiving pension or not)	1%	-	-	-	-	4%	
In full time education or training	2%	7%	2%	2%	0%	-	
Looking after home or family	6%	3%	8%	10%	5%	3%	
Signed off sick (short-term or temporarily)	2%	2%	1%	2%	3%	3%	
Long-term sick or disabled	30%	23%	25%	26%	33%	43%	
Unemployed and looking for work	14%	24%	18%	8%	10%	16%	
Unemployed and not looking for work	5%	9%	4%	4%	3%	5%	
Other	2%	2%	2%	2%	1%	3%	
Prefer not to say	1%	1%	1%	0%	-	0%	



Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q12. Apart from you, are there any other adult members of your household...(Please select all that apply)

	Unweighted base	16-24	25-34	35-44	45-54	55+
Unweighted base	992	87	271	278	219	137
Base: All UK adults who are living with any other adults (aged 17+)	1005	176	304	243	173	109
Working full-time as an employee	40%	47%	50%	35%	29%	30%
Working part-time as an employee	20%	28%	18%	19%	18%	19%
Self-employed or freelance	11%	24%	8%	7%	8%	7%
No other adults in household are working	34%	21%	26%	40%	48%	47%
Prefer not to say	4%	3%	6%	4%	2%	3%
Net: Employed	55%	65%	63%	51%	44%	45%
Net: Working	62%	76%	68%	56%	50%	51%



Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q64. You previously mentioned that you are not working at the moment. Which, if any, of the following reasons best describe why you are not working at the moment. Please select all that apply.

	Unweighted base	16-24	25-34	35-44	45-54	55+
Base: Adults who are unemployed, looking after family, long term sick, other	1130	71	255	296	242	266
I have a health condition (physical or mental) that means that I cannot work	1182	140	309	295	207	232
I would like to work, but it is difficult to find work which allows me to manage my health condition	56%	55%	46%	55%	62%	63%
I have caring responsibilities that means that I cannot work	26%	28%	29%	27%	22%	23%
I would like to work, but it is difficult to find work which allows me to manage my caring responsibilities	13%	8%	16%	17%	13%	9%
Lack of affordable or available childcare means I cannot work	8%	3%	9%	12%	7%	3%
Lack of affordable or available care for the person who, for health reasons, I provide unpaid care for means I cannot work	5%	6%	8%	6%	2%	-
I don't want to lose my benefits	3%	1%	4%	4%	2%	3%
I have tried to find work but haven't been successful	4%	6%	6%	4%	2%	3%
I can't find work close enough to where I live / where I can travel to	19%	27%	25%	12%	15%	17%
I am looking for a specific type of role or job that I haven't found or hasn't been available	7%	9%	11%	4%	5%	7%
I only want to work specific hours and haven't found a suitable job	7%	11%	11%	7%	4%	4%
I don't have a permanent place to live	5%	3%	7%	5%	4%	2%
I don't have sufficient access to the internet	2%	5%	3%	2%	1%	0%
I am waiting to hear back from jobs that I have applied for	1%	1%	0%	0%	1%	1%
I want some time out of trying to find work	12%	16%	17%	10%	7%	8%
I don't have the right skills or qualifications to find work	2%	4%	2%	2%	1%	1%
Other	7%	11%	11%	6%	5%	2%
Not applicable – there is no particular reason that I am not working	9%	14%	7%	10%	8%	7%
Don't know	0%	-	0%	-	0%	1%
Prefer not to say	0%	-	-	1%	1%	0%
Net: Any	1%	-	1%	1%	3%	2%
	98%	100%	99%	98%	96%	97%



Total	Age				
	16-24	25-34	35-44	45-54	55+

For each of the following questions please give an answer on a scale of 1 to 10, where 1 is "not at all satisfied" and 10 is "completely satisfied" please remember that there are no right or wrong answers.

VTU_QNEW5a_1. Overall, how satisfied are you with your life nowadays?

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
1 - Not at all satisfied [1]	15%	14%	16%	16%	13%	15%
2 [2]	7%	5%	5%	8%	8%	10%
3 [3]	14%	8%	14%	14%	16%	17%
4 [4]	13%	14%	14%	12%	14%	14%
5 [5]	14%	15%	16%	12%	15%	15%
6 [6]	12%	14%	11%	12%	12%	11%
7 [7]	11%	12%	10%	12%	14%	9%
8 [8]	7%	5%	9%	8%	5%	5%
9 [9]	2%	1%	1%	3%	3%	3%
10 - Completely satisfied [10]	4%	12%	4%	3%	1%	1%
Prefer not to say	0%	1%	0%	-	0%	0%
Net: Not Satisfied	49%	41%	48%	49%	50%	56%
Net: Satisfied	36%	42%	36%	39%	35%	29%
Mean	4.59	5.10	4.63	4.62	4.51	4.24



Total	Age				
	16-24	25-34	35-44	45-54	55+

For each of the following questions please give an answer on a scale of 1 to 10, where 1 is "not at all worthwhile" and 10 is "completely worthwhile" please remember that there are no right or wrong answers.

VTU_NEW5b_1. Overall, to what extent do you feel that the things you do in your life are worthwhile?

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
1 - Not at all worthwhile [1]	12%	11%	13%	12%	9%	14%
2 [2]	8%	7%	7%	8%	9%	9%
3 [3]	12%	6%	10%	13%	14%	13%
4 [4]	11%	9%	11%	11%	11%	14%
5 [5]	15%	12%	19%	13%	14%	13%
6 [6]	10%	16%	10%	8%	8%	11%
7 [7]	12%	14%	10%	11%	17%	9%
8 [8]	10%	9%	11%	11%	10%	9%
9 [9]	3%	3%	2%	5%	3%	3%
10 - Completely worthwhile [10]	6%	10%	6%	7%	4%	5%
Prefer not to say	1%	1%	0%	-	0%	2%
Net: Not worthwhile	43%	34%	41%	44%	43%	50%
Net: Worthwhile	42%	53%	39%	42%	43%	36%
Mean	5.02	5.49	4.97	5.07	5.04	4.68

Total	Age				
	16-24	25-34	35-44	45-54	55+

For each of the following questions please give an answer on a scale of 1 to 10, where 1 is "not at all happy" and 10 is "completely happy" please remember that there are no right or wrong answers.

VTU_NEW5c_1. Overall, how happy did you feel yesterday

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
1 - Not at all happy [1]	12%	11%	11%	13%	11%	16%
2 [2]	8%	6%	7%	8%	9%	10%
3 [3]	10%	11%	10%	8%	13%	12%
4 [4]	11%	9%	13%	11%	10%	12%
5 [5]	16%	11%	17%	17%	16%	13%
6 [6]	10%	13%	13%	9%	9%	10%
7 [7]	13%	14%	12%	13%	15%	11%
8 [8]	9%	7%	8%	10%	10%	8%
9 [9]	5%	4%	6%	5%	4%	4%
10 - Completely happy [10]	5%	14%	3%	5%	4%	4%
Prefer not to say	0%	1%	-	-	0%	1%
Net: Not happy	42%	37%	41%	40%	43%	49%
Net: Happy	42%	51%	42%	43%	41%	37%
Mean	5.03	5.55	5.05	5.09	4.94	4.64

Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_NEW5d. On a scale of 1 to 10, where 1 is "Not at all anxious" and 10 is "completely anxious", overall, how anxious did you feel yesterday?

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
1 - Not at all anxious [1]	7%	3%	6%	8%	7%	10%
2 [2]	6%	3%	5%	4%	8%	8%
3 [3]	8%	10%	8%	9%	8%	5%
4 [4]	8%	7%	6%	9%	9%	9%
5 [5]	11%	13%	10%	9%	11%	12%
6 [6]	11%	8%	13%	12%	10%	8%
7 [7]	16%	15%	17%	14%	19%	15%
8 [8]	14%	11%	14%	15%	13%	14%
9 [9]	7%	7%	7%	7%	5%	10%
10 - Completely anxious [10]	13%	22%	13%	13%	9%	9%
Prefer not to say	0%	1%	0%	0%	0%	0%
Net: Not anxious	28%	23%	24%	30%	32%	32%
Net: Anxious	61%	64%	65%	61%	57%	56%
Mean	6.08	6.67	6.24	6.06	5.77	5.84

Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q55. Not counting the people you live with, how often, if at all, do you have contact with your relatives, friends or neighbours? This could be in person, by phone, letter, email or through the internet.

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
On most days	42%	39%	49%	43%	39%	36%
Once or twice a week	34%	38%	30%	32%	38%	35%
Once or twice a month	11%	10%	12%	10%	10%	11%
Less often than once a month	9%	4%	6%	10%	10%	13%
Never	3%	5%	3%	3%	2%	5%
Don't know	1%	3%	1%	1%	-	1%
Net: At least once a week	76%	78%	79%	76%	78%	71%
Net: Once a month or less often	19%	15%	17%	20%	20%	24%

VTU_NEW7. How often do you feel lonely?

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
Always/ often	25%	27%	29%	24%	20%	23%
Some of the time	34%	44%	34%	35%	29%	30%
Occasionally	26%	22%	25%	26%	32%	24%
Never	15%	6%	11%	15%	18%	21%
Prefer not to say	1%	1%	1%	1%	0%	1%

Total	Age				
	16-24	25-34	35-44	45-54	55+

disability_NEW_a. Do you have any physical or mental health conditions or illnesses lasting or expected to last 12 months or more?

Unweighted base	2048	111	455	616	470	396
Base: All	2043	220	526	576	394	328
Yes, a physical disability	20%	19%	13%	21%	21%	30%
Yes, a long-term physical condition or illness	31%	20%	26%	29%	37%	46%
Yes, a mental health condition (including stress, depression or anxiety)	53%	52%	61%	52%	46%	50%
Yes, a learning disability or learning difficulty	8%	20%	11%	6%	5%	2%
None of the above	26%	28%	24%	30%	28%	17%
Don't know	3%	5%	3%	2%	2%	2%
Prefer not to say	2%	4%	3%	2%	1%	1%
Net: Any disability	70%	63%	70%	67%	69%	80%

disability_NEW_b. Do any of your conditions or illnesses reduce your ability to carry out day to day activities?

Unweighted base	1401	70	299	394	322	316
Base: Those with a disability, mental health condition or long term health issue	1380	133	346	374	267	261
Yes, a lot	53%	64%	51%	52%	52%	51%
Yes, a little	40%	32%	41%	41%	38%	44%
Not at all	7%	3%	8%	8%	10%	5%
Net: Yes	93%	97%	92%	92%	90%	95%



Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q15a. Does anyone else in your household have any physical or mental health conditions lasting or expected to last 12 months or more?

Unweighted base	1445	97	377	492	315	164
Base: All adults currently claiming Universal Credit who don't live alone	1482	195	432	457	261	137
Yes, but it doesn't reduce their ability to carry out day to day activities	12%	11%	18%	10%	9%	12%
Yes, and it does reduce their ability to carry out day to day activities	35%	40%	31%	33%	36%	46%
No, no one else in my household has any health conditions	45%	34%	44%	49%	51%	40%
Don't know	5%	14%	5%	4%	3%	-
Prefer not to say	3%	4%	3%	5%	2%	2%
Net: Yes	47%	48%	48%	43%	45%	58%

VTU_Q16. Your Universal Credit payments can include additional amounts to help with different costs. Does your household receive any of the following on top of the standard basic payment (Standard Allowance)? Please select all that apply.

Unweighted base	2077	115	467	623	471	401
Base: All adults currently claiming Universal Credit	2077	228	540	582	395	332
Extra money to help with your housing costs (paid to yourself or directly to your landlord)	26%	22%	29%	31%	24%	19%
Extra money for caring for someone	11%	14%	11%	12%	13%	5%
Extra money if someone you live with is disabled	8%	6%	6%	11%	9%	3%
Extra money for children living at home, excluding childcare costs	19%	10%	23%	28%	20%	4%
Extra money for childcare	7%	11%	9%	7%	4%	0%
Extra money because you have a disability or health condition, which limits your capability to work	26%	29%	26%	22%	25%	30%
None of the above	32%	36%	31%	27%	30%	41%
I don't know what the Universal Credit payment covers	10%	11%	7%	11%	10%	9%
Prefer not to say	2%	3%	3%	1%	2%	1%
Net: Any extra money	57%	51%	59%	60%	59%	50%

Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q17. How long have you currently been claiming Universal Credit for?

Unweighted base	2077	115	467	623	471	401
Base: All adults currently claiming Universal Credit	2077	228	540	582	395	332
Under 3 months	3%	7%	5%	2%	1%	1%
3 to 6 months	11%	18%	11%	8%	10%	8%
7 to 12 months	15%	25%	14%	12%	13%	15%
More than 12 months	70%	44%	68%	77%	74%	76%
Don't know	1%	3%	1%	0%	0%	0%
Prefer not to say	1%	3%	1%	1%	1%	0%

VTU_Q18. Which of the following statements about the benefit(s) you receive to support you with your housing costs best describes the situation of the household?

Unweighted base	729	23	163	231	163	149
Base: All UK Adults who rent and claim Housing Benefit/ LHA or who have UC payment to support housing costs	713	48	188	216	138	123
The benefit I/we receive covers all of our rent	53%	66%	58%	54%	46%	45%
The benefit I/we receive does not cover all of our rent	45%	31%	41%	45%	51%	52%
Don't know	1%	-	1%	1%	1%	3%
Prefer not to say	1%	3%	0%	0%	1%	0%

Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q19. What impact, if any does the shortfall between the benefit(s) you receive to support you with your housing costs and your rent have on your ability to afford day-to-day costs?

Unweighted base	347	6	68	106	87	80
Base: All UK Adults whose UC, Housing Benefit or LHA does not cover all of rent	322	15	77	97	71	63
A great deal	33%	55%	27%	27%	36%	38%
A fair amount	36%	45%	34%	36%	36%	37%
Just a little	21%	-	26%	23%	20%	20%
Makes no difference	7%	-	7%	8%	9%	4%
Don't know	3%	-	6%	5%	-	1%
Prefer not to say	-	-	-	-	-	-

VTU_Q20b. Are you currently having your benefit award reduced because you are considered to have a spare bedroom, i.e. the 'bedroom tax' or under occupancy charge?

Unweighted base	689	24	132	207	157	169
Base: All UK Social renters	673	50	156	198	131	139
Yes - but I am claiming a Discretionary Housing Payment This is an extra payment that provides financial support to help with rent or housing costs) from my local authority to cover it	7%	31%	3%	5%	7%	7%
Yes - and I am not claiming a Discretionary Housing Payment from my local authority to cover it	13%	4%	13%	8%	19%	21%
No	73%	61%	74%	80%	72%	66%
Don't know	6%	3%	9%	7%	2%	6%
Prefer not to say	1%	-	0%	1%	1%	-
Net: Yes	21%	35%	16%	12%	25%	28%



Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q21. Is part of your or your partner's benefit income (including tax credits) currently being deducted in order to pay a benefit advance, benefit overpayments, loans from the Department for Work and Pensions or other debts and fines?

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults who have income from any benefits	2077	228	540	582	395	332
Yes, it is	27%	27%	24%	30%	27%	24%
No, it isn't	62%	51%	62%	61%	64%	69%
Don't know	9%	19%	11%	7%	7%	6%
Prefer not to say	2%	4%	3%	2%	2%	2%

Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q22. For which of the following reasons is part of your or your partner's benefit income being deducted?
Please select all that apply

	Unweighted base	16-24	25-34	35-44	45-54	55+
Unweighted base	537	26	106	182	125	98
Base: All UK Adults who have benefit deductions	553	61	130	176	106	80
To repay an advance payment taken to cover the five-week wait for Universal Credit	32%	34%	39%	31%	33%	18%
To repay an advance payment taken to cover a specific expense (a budgeting advance)	36%	33%	51%	35%	25%	28%
To repay an advance payment taken on because of a change in circumstances	10%	41%	12%	6%	4%	1%
To repay previous benefit overpayments (e.g. from the DWP, HMRC, or the Council)	40%	17%	29%	46%	58%	41%
To repay a Hardship Payment from the DWP	4%	9%	4%	4%	5%	-
To repay a court fine/ fines	7%	24%	6%	8%	4%	2%
To repay council tax arrears	9%	11%	9%	9%	7%	14%
Because of deductions from third parties (e.g. to repay arrears on rent or energy bills)	6%	3%	6%	10%	6%	2%
Other debts and fines	6%	7%	4%	10%	3%	1%
Don't know	3%	3%	3%	1%	2%	6%
Prefer not to say	1%	-	1%	1%	1%	1%

Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q26. Which ONE of the following statements best describes how well you are keeping up with your bills and credit commitments at the moment?

	Unweighted base	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
I am keeping up with all bills and credit commitments without any difficulty	16%	21%	20%	16%	12%	14%
I am keeping up with all bills and credit commitments but it is a struggle from time to time	31%	29%	35%	29%	33%	29%
I am keeping up with all bills and credit commitments but it is a constant struggle	29%	15%	23%	32%	33%	38%
I am having real financial problems and have fallen behind with many bills or credit commitments	17%	13%	15%	21%	20%	17%
I don't have any bills or credit commitments	3%	14%	4%	0%	0%	1%
Don't know	1%	5%	1%	1%	1%	0%
Prefer not to say	2%	3%	3%	1%	1%	2%
Net: Managing to keep up with bills	76%	65%	78%	77%	78%	80%
Net: Struggling	60%	44%	58%	61%	66%	67%

VTU_Q27. You've said that you're finding it a struggle to keep up with your bills or credit commitment at the moment or from time to time. How long have you been managing like this?

	Unweighted base	66	342	509	409	335
Base: All UK Adults who struggle to keep up with bills or credit commitment	1661	129	393	473	340	276
For the last three months	6%	6%	9%	6%	6%	5%
For the last six months	15%	33%	15%	12%	15%	11%
For the last 12 months	23%	31%	22%	23%	21%	22%
For the last 2-3 years	22%	10%	20%	23%	24%	28%
For the last 3-5 years	12%	4%	12%	12%	13%	12%
For longer than 5 years but not always	7%	3%	4%	8%	10%	10%
For as long as I can remember	10%	5%	11%	13%	9%	9%
Don't know	3%	7%	5%	2%	1%	2%
Prefer not to say	1%	1%	2%	1%	1%	0%



Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_60_2. Over the last three months, have you ever experienced any of the following? Please select one option on each row - My financial situation impacting my ability to find or go to work

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
Yes, I have	23%	36%	27%	23%	17%	16%
No, I haven't	59%	43%	54%	61%	67%	66%
Don't know/can't remember	11%	13%	11%	11%	8%	11%
Prefer not to say	7%	9%	8%	6%	8%	7%



Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q28. Are you and/ or your partner currently behind with any of the following household bills? Please select all that apply

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
Council tax	14%	11%	14%	16%	14%	14%
Council tax, including water and sewage	2%	-	1%	3%	2%	2%
Your Domestic Rates	0%	-	-	0%	-	-
Gas or electricity	18%	19%	17%	21%	18%	15%
Water and sewage	13%	10%	12%	15%	13%	12%
Telephone/mobile phone/broadband	8%	15%	9%	7%	5%	4%
TV licence	6%	12%	6%	5%	4%	7%
Rent or mortgage costs	10%	15%	11%	10%	9%	10%
School Meal Payments	0%	-	0%	0%	-	-
Other arrears	10%	5%	10%	10%	11%	9%
Not applicable - I am/ we are up-to-date with all payments	56%	50%	56%	56%	59%	57%
Don't know	3%	7%	5%	2%	1%	2%
Prefer not to say	3%	8%	2%	3%	2%	2%
Net: Any who are behind on bills	38%	35%	38%	39%	38%	39%

Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q61. Many people use different sources of money to tide them over. Which, if any, of the following sources have you or your partner currently borrowed money or got credit from that you will need to repay? Please select all that apply. If you have not borrowed any money please select the not applicable option.

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
Friend or family	30%	25%	34%	34%	29%	21%
Bank loan or Credit Union	7%	3%	8%	10%	8%	4%
Your personal overdraft	19%	20%	19%	21%	19%	17%
Credit card	38%	26%	36%	46%	38%	33%
Payday loans / doorstep lender / Money Shop	4%	6%	6%	5%	3%	2%
Pawnbroker	3%	3%	3%	3%	3%	2%
Unlicensed lender (e.g. loan shark(s))	1%	2%	1%	1%	1%	0%
Car finance	6%	6%	8%	7%	8%	2%
Catalogues paid by instalment a form of credit debt, built up when you've purchased items from shopping catalogues	10%	5%	9%	14%	9%	10%
"Buy Now Pay Later" online payments from providers such as Klarna, or Afterpay a form of short term financing that allows consumers to make purchases and pay for them over time.	24%	19%	30%	29%	19%	14%
Hire purchase payments for appliances (e.g. fridge, washing machine, business equipment, etc.) is used to buy consumer goods, where the buyer makes an initial down payment and then pays in instalments.	5%	5%	5%	6%	7%	5%
Other	2%	2%	2%	3%	2%	3%
Not applicable - We do not owe money to any lender	31%	44%	29%	24%	31%	39%
Net: Any sources	69%	56%	71%	76%	69%	61%



Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q62. Households are reporting an increase in their cost of living, including increases in food costs, utilities and household expenses. In the last six months (since February 2024), please select any of the following that apply to you or any of your household members. If none of the options apply, please select the 'Not applicable' option. I or someone in my household has...

	Unweighted base	16-24	25-34	35-44	45-54	55+
	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
not dressed appropriately for the weather because I/we cannot afford suitable clothes or shoes	18%	16%	18%	21%	17%	12%
not been able to replace or repair major electrical goods such as a refrigerator, TV or washing machine when it's been broken because I/we cannot afford it	27%	22%	27%	31%	25%	27%
gone without a shower or bath because I/we cannot afford it	16%	8%	12%	18%	19%	20%
gone without basic toiletries such as soap, shampoo, toothbrush, toothpaste or sanitary items because I/we cannot afford them	15%	20%	15%	16%	14%	11%
not been able to keep our home warm because I/we cannot afford it	29%	18%	23%	31%	33%	37%
visited a food bank	16%	17%	13%	18%	14%	20%
not been able to adequately furnish our home because I/we cannot afford it	25%	24%	27%	27%	23%	20%
not had essential dental treatment done because I/we cannot afford it	33%	19%	32%	36%	33%	37%
not gotten prescriptions because I/we cannot afford it	6%	10%	6%	7%	5%	4%
not made an essential journey because I/we could not afford it	22%	18%	23%	22%	23%	21%
not got pain relief or over the counter medication because I/we cannot afford it	12%	9%	13%	15%	11%	9%
Not applicable – I have not experienced any of the issues listed in the last six months	29%	31%	30%	27%	30%	27%
Don't know	3%	5%	4%	3%	1%	1%
Prefer not to say	2%	1%	3%	3%	2%	1%
Net: Any	66%	63%	63%	68%	66%	70%



Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_QNEW7. We want to understand any particular pressure that families with children are facing. In the last six months (since February 2024), please select any of the following that apply to your child or children. If none of the options apply, please select the 'Not applicable' option. My child has/my children have...

	Unweighted base	16-24	25-34	35-44	45-54	55+
Unweighted base	904	40	221	393	199	51
Base: Those with children	921	87	246	364	175	50
not dressed appropriately for the weather because I/we cannot afford suitable clothes or shoes	11%	16%	11%	10%	12%	10%
gone without a shower or bath because I/we cannot afford it	6%	10%	5%	6%	6%	2%
gone without basic toiletries such as soap, shampoo, toothbrush, toothpaste or sanitary items because I/we cannot afford them	6%	18%	5%	4%	7%	6%
not had essential dental treatment done because I/we cannot afford it	9%	14%	10%	7%	7%	7%
not got prescriptions because I/we cannot afford it	2%	8%	1%	1%	2%	1%
not got pain relief or over the counter medication because I/we cannot afford it	4%	9%	4%	4%	4%	3%
not made an essential journey because I/we could not afford it	10%	18%	10%	10%	10%	2%
Not attended school / missed school because we could not afford it	4%	4%	5%	3%	4%	3%
Missed out training and / or extracurricular activities because we could not afford it	26%	18%	25%	28%	26%	31%
Not applicable – My child has / children have not experienced any of the issues listed in the last six months	57%	43%	58%	59%	60%	57%
Don't know	2%	-	3%	2%	1%	-
Prefer not to say	2%	3%	2%	2%	4%	-
Net: Any	39%	55%	37%	37%	35%	43%



Total	Age				
	16-24	25-34	35-44	45-54	55+

These next questions are about the food eaten in your household, and whether you are able to afford the food you need. For the following statements, please tell us whether the statement was often true, sometimes true, or never true for you or your household in the last 30 days

VTU_Q30_1. // we worried whether our food would run out before I / we got money to buy more

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
Often true	20%	23%	21%	24%	17%	16%
Sometimes true	38%	34%	38%	37%	40%	40%
Never true	37%	34%	35%	35%	40%	40%
Don't know	3%	9%	3%	1%	2%	1%
Prefer not to say	2%	1%	3%	3%	2%	3%



Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q30_2. The food that I / we bought just didn't last, and I / we didn't have money to get more

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
Often true	14%	17%	15%	15%	12%	10%
Sometimes true	34%	29%	31%	35%	38%	39%
Never true	46%	44%	47%	44%	48%	46%
Don't know	3%	9%	5%	3%	1%	2%
Prefer not to say	2%	1%	3%	3%	1%	3%

VTU_Q30_3. I / we couldn't afford to eat balanced meals

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
Often true	22%	23%	21%	23%	21%	21%
Sometimes true	37%	34%	36%	37%	38%	39%
Never true	35%	32%	36%	34%	38%	38%
Don't know	4%	8%	4%	3%	2%	2%
Prefer not to say	2%	2%	3%	3%	1%	1%



Total	Age				
	16-24	25-34	35-44	45-54	55+

Thinking about the past thirty days, could you tell us to what extent, if at all, are the following statements true?
 VTU_Q63_1. I or members of my household cut down the size of meals or skip meals because there wasn't enough money for food

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
This is often true	19%	22%	20%	19%	17%	16%
This is sometimes true	35%	29%	30%	37%	39%	42%
This is never true	41%	37%	44%	40%	43%	38%
Don't know	3%	11%	4%	2%	1%	3%
Prefer not to say	2%	1%	3%	3%	1%	1%

VTU_Q63_2. I or members of my household were hungry but did not have enough money for food

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
This is often true	11%	21%	11%	11%	10%	6%
This is sometimes true	26%	20%	24%	28%	27%	28%
This is never true	57%	49%	57%	56%	61%	60%
Don't know	3%	10%	5%	3%	1%	1%
Prefer not to say	3%	0%	4%	3%	2%	4%

Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q38. For the following question, by "food bank", we mean organisations that are run by a charity or local community group, that provide emergency food to people in need. How often in the past 30 days, have you, or anyone else in your household, received a free food parcel from a food bank or other emergency food provider? (please select one option only)

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
Have not received one in the last 30 days	84%	75%	83%	86%	86%	85%
Once	5%	6%	5%	5%	4%	5%
Two or three times	4%	9%	4%	3%	2%	3%
Four to six times	1%	-	1%	0%	1%	3%
More than six times	0%	1%	0%	0%	0%	1%
Don't know	3%	7%	3%	2%	3%	2%
Prefer not to say	3%	3%	4%	2%	3%	1%



Total	Age				
	16-24	25-34	35-44	45-54	55+

Q55L_fparcel. In the last 12 months, how often, if ever, have you, or anyone else in your household, received a free parcel of food from a food bank or other emergency food provider? Please select one option only

Unweighted base	1772	88	392	539	408	345
Base: All who haven't used a food bank in the last 30 days	1741	171	447	500	340	283
Once in the last year	7%	6%	5%	9%	7%	5%
Two or three times in the last year	5%	5%	6%	6%	5%	5%
Four to six times in the last year	1%	3%	1%	1%	0%	1%
More than six times but not every month	1%	-	-	1%	1%	1%
Every month or more often	0%	-	-	0%	0%	0%
Not applicable - I have never received a free parcel of food from a food bank or any other emergency food provider	84%	79%	86%	82%	85%	87%
Don't know	1%	5%	2%	1%	1%	0%
Prefer not to say	1%	2%	0%	1%	1%	1%

Total	Age				
	16-24	25-34	35-44	45-54	55+

Q55N_foodpantry. Some people buy food at a low cost for themselves and their households from places other than mainstream food shops or supermarkets, especially when they are finding it difficult to make ends meet. For instance, they might go to a food pantry or social supermarket where you can obtain a range of food items for a single low-cost payment or low-cost monthly membership fee. How often, if ever, have you obtained food from a place like this in the last 12 months? Please select one answer only.

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
Once in the last year	4%	5%	5%	4%	3%	1%
Two or three times in the last year	6%	9%	6%	5%	6%	4%
Four to six times in the last year	3%	7%	3%	4%	2%	2%
More than six times but not every month	2%	1%	2%	2%	2%	3%
Every month or more often	4%	2%	3%	4%	6%	5%
Not applicable - I have never received food from a place like this	76%	66%	75%	78%	76%	81%
Don't know	3%	4%	4%	3%	3%	2%
Prefer not to say	2%	5%	2%	1%	2%	1%

Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q39. In the last 12 months, have you personally experienced any of the following? Please select all that apply.

	Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332	
Being evicted from your home	4%	6%	5%	4%	2%	3%	
One or more of your children becoming disabled or experiencing poor health	6%	3%	5%	7%	8%	6%	
Separation or divorce	5%	8%	5%	7%	5%	2%	
Other household/relationship breakdown	7%	7%	10%	8%	4%	4%	
Becoming long-term sick or disabled	14%	15%	13%	14%	14%	18%	
Death of partner	1%	0%	0%	1%	1%	2%	
Other bereavement	13%	14%	13%	13%	15%	14%	
Domestic violence or abuse	5%	5%	8%	4%	4%	2%	
Relationship with your parents/family breaking down	11%	16%	16%	9%	7%	8%	
Alcohol dependency	4%	4%	4%	4%	5%	6%	
Illicit drug dependency	2%	3%	3%	2%	1%	0%	
A problem with gambling	2%	5%	1%	1%	2%	1%	
Getting into trouble with the police e.g. an arrest or a caution	2%	3%	2%	2%	2%	2%	
Being discharged from prison	0%	1%	1%	0%	-	-	
Problem with your right to work or live in the UK	1%	0%	1%	0%	-	-	
Debt/ bankruptcy	16%	9%	16%	20%	15%	15%	
Lost a job	11%	13%	15%	9%	8%	9%	
Any other challenging life experience not listed above	21%	19%	23%	26%	18%	16%	
None of these things	36%	37%	33%	34%	39%	42%	
Prefer not to say	3%	2%	4%	3%	3%	2%	
Net: Any	61%	61%	63%	63%	58%	56%	

Total	Age				
	16-24	25-34	35-44	45-54	55+

Over the last three months, have you experienced any of the following? Please select one option on each row
 VTU_Q41_1. I have fallen into debt because I couldn't keep up with essential bills (e.g. rent or utilities)

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
Yes, I have	34%	22%	35%	40%	36%	31%
No, I haven't	61%	70%	60%	56%	60%	64%
Don't know/can't remember	2%	6%	2%	2%	2%	1%
Prefer not to say	3%	2%	3%	2%	2%	4%

VTU_Q41_2. I have been unable to travel to work or essential appointments (e.g. GP, school run, dentists or hospital appointments) because I couldn't afford to use public transport or the fuel costs to get there

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
Yes, I have	22%	21%	24%	23%	21%	22%
No, I haven't	72%	69%	69%	72%	76%	73%
Don't know/can't remember	4%	8%	4%	3%	2%	3%
Prefer not to say	2%	2%	3%	2%	1%	2%



Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q41_3. I have needed to skip meals to keep up with other essential costs (e.g. utilities or rent).

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
Yes, I have	36%	30%	36%	39%	36%	38%
No, I haven't	58%	63%	56%	56%	59%	57%
Don't know/can't remember	3%	5%	4%	2%	3%	2%
Prefer not to say	3%	2%	4%	3%	1%	3%

VTU_Q41_4. I have been unable to cook hot food because I couldn't afford to use the oven or other utilities.

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
Yes, I have	16%	16%	14%	17%	17%	18%
No, I haven't	78%	76%	79%	78%	78%	78%
Don't know/can't remember	4%	6%	4%	3%	4%	3%
Prefer not to say	2%	3%	3%	2%	1%	2%

Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q41_5. I have been unable to dress appropriately for the weather because I didn't have and wasn't able to afford suitable shoes or clothes.

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
Yes, I have	24%	22%	25%	28%	23%	17%
No, I haven't	70%	70%	67%	66%	74%	77%
Don't know/can't remember	3%	5%	5%	2%	2%	3%
Prefer not to say	3%	3%	3%	3%	1%	3%

VTU_Q41_6. I have been unable to afford to heat my home when I needed to

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
Yes, I have	33%	27%	29%	35%	37%	37%
No, I haven't	61%	63%	64%	59%	59%	59%
Don't know/can't remember	4%	9%	5%	4%	2%	3%
Prefer not to say	2%	1%	3%	3%	1%	2%

VTU_Q41_7. I have been unable to dress my children appropriately for the weather because I didn't have and weren't able to afford suitable shoes or clothes.

Unweighted base	904	40	221	393	199	51
Base: Those with children	921	87	246	364	175	50
Yes, I have	14%	13%	10%	14%	18%	15%
No, I haven't	81%	75%	86%	81%	78%	81%
Don't know/can't remember	2%	5%	1%	3%	1%	-
Prefer not to say	3%	6%	3%	2%	3%	4%

Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q41_8. I have been unable to wash properly or keep clean because I couldn't afford basic toiletries such as soap, shampoo, toothbrushes, toothpaste or sanitary items.

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
Yes, I have	16%	18%	15%	18%	15%	12%
No, I haven't	79%	76%	79%	78%	81%	84%
Don't know/can't remember	3%	4%	3%	2%	3%	1%
Prefer not to say	2%	2%	3%	2%	2%	3%

VTU_Q41_9. I have been unable to afford to turn the lights on in my home when I needed to

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
Yes, I have	14%	12%	10%	16%	16%	15%
No, I haven't	81%	83%	84%	79%	79%	78%
Don't know/can't remember	4%	4%	4%	4%	3%	5%
Prefer not to say	2%	1%	3%	1%	1%	2%

Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q41_10. I have been unable to afford medical prescriptions, pain relief or other over the counter medication

Unweighted base	1731	101	388	524	390	328
Base: Those in England	1765	201	457	497	332	278
Yes, I have	17%	18%	17%	20%	16%	11%
No, I haven't	77%	69%	76%	75%	79%	83%
Don't know/can't remember	4%	10%	3%	3%	3%	4%
Prefer not to say	3%	2%	4%	2%	2%	2%

VTU_Q41_11. I have been unable to replace a major electrical good that had broken (like a refrigerator, TV, washing machine, boiler) because I couldn't afford to

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
Yes, I have	36%	40%	33%	40%	33%	36%
No, I haven't	57%	51%	59%	53%	63%	59%
Don't know/can't remember	4%	6%	5%	4%	3%	2%
Prefer not to say	2%	3%	3%	2%	1%	3%

VTU_Q41_12. I have been unable to purchase adequate furniture for my home when I needed it

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
Yes, I have	38%	37%	38%	41%	38%	31%
No, I haven't	55%	52%	53%	52%	58%	63%
Don't know/can't remember	5%	8%	6%	5%	4%	3%
Prefer not to say	2%	2%	3%	1%	1%	3%



Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q41_13. I have been unable to pay for essential dental treatment for myself or a member of my household when it was needed because I couldn't afford to do so

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
Yes, I have	36%	20%	37%	37%	38%	42%
No, I haven't	56%	67%	55%	56%	56%	51%
Don't know/can't remember	5%	9%	5%	5%	4%	3%
Prefer not to say	3%	4%	4%	2%	2%	3%

VTU_Q41_14. I had to cancel plans with family or friends because I couldn't afford to see them

Unweighted base	2077	115	467	623	471	401
Base: All UK Adults	2077	228	540	582	395	332
Yes, I have	54%	42%	52%	62%	57%	50%
No, I haven't	40%	48%	41%	33%	39%	45%
Don't know/can't remember	4%	9%	4%	3%	3%	4%
Prefer not to say	2%	1%	3%	2%	1%	1%



Total	Age				
	16-24	25-34	35-44	45-54	55+

VTU_Q73. You stated that you have been unable to travel to work or go to essential appointments because you couldn't afford to use public transport or for the fuel costs to get there. Please can you let us know which of these have you missed in the last three months due to not being able to afford to travel (Please select all that apply):

	Unweighted base	16-24	25-34	35-44	45-54	55+
Base: Those who are unable to get to work for essential appointments	446	25	107	133	97	84
	462	48	128	131	83	72
Work	21%	36%	26%	22%	14%	10%
Doctors appointment	38%	47%	46%	37%	30%	30%
Hospital appointment	39%	34%	32%	39%	44%	50%
Dentist appointment	21%	21%	18%	28%	16%	20%
Children have missed school	7%	3%	11%	9%	5%	1%
Benefits appointment	15%	21%	17%	13%	9%	16%
Other	11%	3%	10%	13%	12%	13%
Don't know	6%	8%	6%	7%	3%	5%
Prefer not to say	6%	3%	7%	6%	5%	9%

essentials_dv. Used essentials

	Unweighted base	16-24	25-34	35-44	45-54	55+
Base: All	2077	115	467	623	471	401
	2077	228	540	582	395	332
Yes	73%	72%	70%	75%	74%	75%
No	23%	21%	24%	21%	24%	23%
Missing	4%	6%	6%	4%	2%	3%

foodbank_dv. Used foodbank

	Unweighted base	16-24	25-34	35-44	45-54	55+
Base: All	2077	115	467	623	471	401
	2077	228	540	582	395	332
Any use a food bank	22%	26%	20%	24%	19%	22%
Do not use a food bank	70%	59%	71%	70%	73%	74%
Missing	8%	15%	8%	6%	7%	4%

Cell Contents (Column Percentages)



Total	Age				
	16-24	25-34	35-44	45-54	55+

All figures, unless otherwise stated, are from YouGov Plc. Total sample size was 2077 adults. Fieldwork was undertaken between 29th July - 23rd August 2024. The survey was carried out online. The figures have been weighted and are representative of all adults on Universal Credit (aged 16+).



Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_Q74. Over the next three months, to what extent do you think your financial situation (your ability to afford day to day necessities) will get better, get worse, or stay the same?

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
Get a lot better	3%	3%	4%	9%	6%	5%	4%	4%	3%
Get a little better	14%	11%	9%	25%	13%	14%	14%	11%	15%
Stay the same	37%	39%	41%	24%	34%	35%	33%	39%	24%
Get a little worse	22%	20%	21%	20%	20%	21%	21%	21%	35%
Get a lot worse	17%	21%	18%	18%	21%	19%	19%	18%	19%
Don't know	7%	6%	5%	4%	5%	6%	8%	6%	4%
Prefer not to say	0%	-	0%	1%	1%	0%	0%	-	-
Net: Better	17%	14%	14%	34%	19%	19%	18%	16%	18%
Net: Worse	38%	41%	40%	38%	41%	40%	40%	39%	54%



Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_NEW1. Which of the following statements best applies to you in relation to this support? Please select only one answer.

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: Those on Universal Credit	522	327	192	236	489	1765	166	104	42
I have received this support within the last three months	7%	5%	8%	14%	8%	8%	6%	12%	9%
I have applied for this support within the last three months, and I am waiting for a decision	2%	2%	1%	7%	3%	3%	0%	1%	2%
I have applied for this support within the last three months, but I was unsuccessful	3%	3%	2%	2%	2%	3%	4%	8%	3%
I have not applied for this support within the last three months	64%	63%	61%	54%	63%	62%	78%	75%	76%
Not applicable – this support isn't available in my local area	13%	17%	16%	14%	14%	15%	3%	2%	4%
Don't know	11%	9%	11%	7%	9%	9%	8%	3%	4%
Prefer not to say	0%	-	1%	2%	1%	1%	-	-	2%
Net: Applied	6%	6%	3%	10%	5%	6%	5%	8%	5%

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_NEW2. And which of the following best describes why you have not applied for this support within the last three months? Please select only one answer.

	North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland
Unweighted base	326	211	126	124	307	1094	136	82	47
Base: Those who did not get support	334	207	118	127	307	1093	130	78	31
I was not aware of this support	38%	40%	37%	51%	41%	41%	48%	53%	35%
I was not aware of this support - and do not feel I would have needed it	18%	19%	15%	10%	18%	17%	12%	16%	10%
I was aware of this support but do not feel I need it	19%	18%	25%	17%	17%	19%	22%	16%	17%
I was aware of this support but don't know how to apply for it	7%	8%	6%	6%	6%	7%	2%	2%	9%
I was aware of this support but found the application too time consuming	1%	2%	1%	2%	1%	1%	1%	-	2%
I was aware of this support but found the application too difficult to complete	4%	2%	-	5%	1%	3%	3%	2%	3%
I have previously applied for support and not been successful	3%	2%	3%	3%	4%	3%	2%	2%	9%
Other	5%	3%	11%	3%	7%	6%	6%	4%	8%
Don't know	4%	5%	2%	3%	4%	4%	4%	4%	5%
Prefer not to say	2%	0%	-	-	0%	1%	-	1%	2%

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_Q2a. How many children under the age of 17 live with you?

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
None	58%	50%	57%	58%	53%	55%	62%	58%	48%
1	23%	25%	25%	22%	19%	22%	25%	27%	25%
2	13%	19%	14%	15%	21%	17%	9%	14%	18%
3	5%	5%	2%	3%	5%	5%	3%	1%	7%
4	1%	0%	1%	3%	1%	1%	-	-	2%
5	-	0%	0%	-	0%	0%	1%	-	-
6 or more	-	0%	-	-	0%	0%	-	-	-

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_Q3a. What is the age of the child that live with you?

Unweighted base	110	81	47	45	88	371	42	27	12
Base: All UK Adults with children	119	82	48	51	91	391	41	28	10
Less than one year old	2%	1%	-	-	8%	3%	3%	-	-
1-5 years old	26%	24%	15%	18%	26%	23%	22%	16%	34%
6-11 years old	26%	36%	29%	31%	35%	31%	32%	24%	7%
12-13 years old	16%	11%	10%	14%	14%	14%	11%	28%	14%
14-16 years old	30%	27%	47%	38%	17%	29%	31%	33%	44%

VTU_Q3b_. What is the age of the children that live with you?

Unweighted base	100	85	33	47	129	394	22	17	19
Base: All UK Adults with children	101	82	34	47	138	403	21	16	11
Less than one year old	6%	5%	2%	2%	8%	6%	10%	14%	5%
1-5 years old	34%	37%	59%	56%	46%	43%	47%	42%	53%
6-11 years old	71%	71%	64%	68%	65%	68%	69%	82%	50%
12-13 years old	30%	32%	21%	34%	40%	34%	27%	11%	33%
14-16 years old	41%	32%	29%	44%	29%	34%	34%	30%	25%



Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_Q3. How many adults aged 17 or over live with you as part of your household?

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
No other adults	54%	52%	53%	43%	50%	51%	59%	57%	45%
1 other adult	24%	27%	30%	25%	24%	26%	26%	25%	32%
2 other adults	14%	13%	11%	18%	14%	14%	11%	15%	20%
3 other adults	4%	6%	3%	7%	8%	6%	3%	4%	2%
4 other adults	2%	1%	0%	3%	3%	2%	-	0%	1%
5 or more other adults	1%	1%	1%	5%	1%	1%	-	-	-

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_Q6. Which ONE of the following best describes where you are living at the moment?

	Unweighted base	506	328	195	222	480	1731	174	109	63
	Base: All UK Adults	522	327	192	236	489	1765	166	104	42
A flat, room or house rented by me (or partner) from a private landlord	27%	26%	23%	31%	29%	28%	22%	26%	12%	
A flat, room or house rented by me (or partner) from a local council, housing association or housing co-operative	31%	31%	37%	27%	35%	32%	41%	37%	35%	
A temporary flat or house provided by the local council	1%	1%	0%	3%	2%	2%	1%	2%	-	
Other statutory accommodation (e.g. supported accommodation or NASS accommodation)	1%	1%	2%	-	-	1%	0%	1%	-	
A flat or house owned by me or my partner (with a mortgage or owned outright)	19%	21%	19%	12%	13%	17%	16%	13%	35%	
I live permanently with my parents, other family members or friends	14%	16%	13%	17%	11%	14%	12%	8%	15%	
I am staying with my parents, other family members or friends but this is a temporary or insecure arrangement	3%	1%	2%	6%	4%	3%	4%	9%	-	
A hotel, hostel, refuge, B&B or night shelter	0%	-	1%	1%	1%	1%	-	-	-	
Sleeping rough/ living on the streets	-	-	-	-	0%	0%	-	-	-	
Other	3%	3%	2%	1%	4%	3%	3%	4%	2%	
Prefer not to say	1%	0%	1%	2%	0%	1%	0%	1%	-	



Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_NEW9a. At any point in the last 12 months have you considered yourself to be at risk of homelessness? For example, if you were being evicted from your rental property, asked to leave a friend's or relative's home, left prison, or left care.

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
Yes	16%	17%	13%	23%	22%	18%	15%	16%	10%
No	80%	81%	78%	74%	74%	78%	81%	81%	86%
Don't know	3%	2%	5%	1%	3%	3%	3%	3%	5%
Prefer not to say	1%	0%	4%	2%	2%	2%	1%	-	-



Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_NEW9b. You said you have been at risk of becoming homeless in the last 12 months. As a result did you receive any support from your local authority?

Unweighted base	70	48	25	51	93	287	23	17	6
Base: All UK Adults who are at risk of becoming homeless	83	54	25	53	105	321	25	17	4
Yes, I did	13%	25%	31%	35%	45%	30%	16%	21%	16%
No, I did not	85%	68%	66%	61%	54%	67%	80%	79%	84%
Don't know	1%	5%	-	2%	1%	2%	-	-	-
Prefer not to say	1%	2%	3%	2%	1%	1%	4%	-	-

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_Q10. Which ONE of the following best describes you?

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All adults currently claiming universal credit	522	327	192	236	489	1765	166	104	42
Full time employee (30 hours a week or more)	15%	14%	17%	22%	13%	15%	10%	13%	18%
Part-time employee (less than 30 hours a week)	16%	18%	14%	16%	20%	17%	14%	21%	19%
Self-employed or freelance	5%	4%	4%	9%	5%	5%	2%	6%	6%
On maternity or paternity leave	1%	1%	-	0%	1%	1%	1%	-	-
Retired (whether receiving pension or not)	1%	1%	1%	1%	0%	1%	-	1%	2%
In full time education or training	1%	2%	2%	2%	2%	2%	4%	2%	5%
Looking after home or family	7%	5%	8%	3%	8%	6%	8%	6%	7%
Signed off sick (short-term or temporarily)	3%	1%	2%	1%	2%	2%	5%	-	3%
Long-term sick or disabled	30%	34%	30%	21%	29%	29%	35%	28%	33%
Unemployed and looking for work	14%	17%	13%	16%	11%	14%	17%	20%	-
Unemployed and not looking for work	6%	3%	7%	4%	5%	5%	2%	3%	5%
Other	2%	2%	1%	3%	3%	2%	1%	-	-
Prefer not to say	1%	-	1%	1%	1%	1%	1%	-	-



Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_Q12. Apart from you, are there any other adult members of your household...(Please select all that apply)

	Unweighted base	231	162	91	121	237	842	70	46	34
Base: All UK adults who are living with any other adults (aged 17+)		241	157	90	135	245	868	69	45	23
Working full-time as an employee	38%	35%	40%	50%	41%	40%	35%	44%	40%	
Working part-time as an employee	17%	17%	21%	24%	26%	21%	18%	15%	9%	
Self-employed or freelance	6%	6%	6%	18%	16%	11%	9%	11%	12%	
No other adults in household are working	39%	42%	39%	19%	29%	34%	46%	29%	39%	
Prefer not to say	5%	2%	6%	5%	4%	4%	-	4%	3%	
Net: Employed	50%	50%	52%	68%	59%	56%	50%	57%	49%	
Net: Working	56%	56%	55%	75%	67%	62%	54%	68%	58%	

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_Q64. You previously mentioned that you are not working at the moment. Which, if any, of the following reasons best describe why you are not working at the moment. Please select all that apply.

	Unweighted base	284	190	105	96	260	935	105	60	30
Base: Adults who are unemployed, looking after family, long term sick, other		305	198	114	110	273	1000	104	59	19
I have a health condition (physical or mental) that means that I cannot work	56%	53%	57%	46%	60%	56%	54%	51%	70%	
I would like to work, but it is difficult to find work which allows me to manage my health condition	26%	26%	25%	17%	29%	26%	31%	27%	22%	
I have caring responsibilities that means that I cannot work	15%	11%	13%	8%	14%	13%	12%	17%	20%	
I would like to work, but it is difficult to find work which allows me to manage my caring responsibilities	9%	8%	4%	5%	8%	7%	5%	12%	10%	
Lack of affordable or available childcare means I cannot work	5%	4%	7%	1%	6%	5%	5%	7%	-	
Lack of affordable or available care for the person who, for health reasons, I provide unpaid care for means I cannot work	3%	3%	2%	4%	3%	3%	4%	3%	3%	
I don't want to lose my benefits	3%	4%	6%	1%	6%	4%	6%	2%	-	
I have tried to find work but haven't been successful	19%	22%	19%	19%	17%	19%	17%	20%	-	
I can't find work close enough to where I live / where I can travel to	8%	9%	5%	2%	9%	8%	5%	9%	-	
I am looking for a specific type of role or job that I haven't found or hasn't been available	9%	12%	4%	5%	6%	8%	2%	11%	-	
I only want to work specific hours and haven't found a suitable job	4%	5%	3%	3%	6%	4%	5%	8%	4%	
I don't have a permanent place to live	2%	1%	-	2%	6%	3%	1%	-	-	
I don't have sufficient access to the internet	0%	1%	-	-	1%	1%	1%	2%	-	
I am waiting to hear back from jobs that I have applied for	10%	14%	9%	23%	10%	12%	9%	8%	4%	
I want some time out of trying to find work	2%	1%	1%	2%	0%	1%	3%	11%	-	
I don't have the right skills or qualifications to find work	6%	6%	6%	7%	8%	6%	12%	7%	4%	
Other	6%	8%	9%	12%	10%	9%	11%	5%	6%	
Not applicable – there is no particular reason that I am not working	0%	0%	-	-	-	0%	-	1%	2%	
Don't know	0%	0%	1%	-	1%	0%	-	-	-	
Prefer not to say	2%	1%	2%	-	1%	1%	2%	1%	-	
Net: Any		98%	99%	97%	100%	98%	98%	98%	98%	98%

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

For each of the following questions please give an answer on a scale of 1 to 10, where 1 is "not at all satisfied" and 10 is "completely satisfied" please remember that there are no right or wrong answers.

VTU_QNEW5a_1. Overall, how satisfied are you with your life nowadays?

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
1 - Not at all satisfied [1]	16%	15%	11%	13%	15%	14%	20%	16%	15%
2 [2]	7%	7%	9%	12%	6%	7%	4%	6%	5%
3 [3]	14%	14%	14%	12%	14%	14%	17%	15%	13%
4 [4]	11%	17%	13%	13%	14%	13%	14%	8%	15%
5 [5]	16%	14%	17%	11%	13%	14%	10%	21%	14%
6 [6]	17%	10%	11%	11%	11%	12%	9%	8%	13%
7 [7]	8%	13%	11%	15%	11%	11%	14%	17%	5%
8 [8]	6%	4%	10%	6%	9%	7%	7%	8%	12%
9 [9]	3%	2%	2%	3%	2%	2%	2%	2%	5%
10 - Completely satisfied [10]	3%	4%	1%	5%	6%	4%	1%	-	2%
Prefer not to say	0%	-	-	1%	0%	0%	1%	-	-
Net: Not Satisfied	48%	53%	47%	50%	48%	49%	55%	45%	48%
Net: Satisfied	36%	33%	35%	39%	38%	36%	34%	35%	38%
Mean	4.51	4.48	4.63	4.70	4.78	4.62	4.33	4.52	4.72

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

For each of the following questions please give an answer on a scale of 1 to 10, where 1 is "not at all worthwhile" and 10 is "completely worthwhile" please remember that there are no right or wrong answers.

VTU_NEW5b_1. Overall, to what extent do you feel that the things you do in your life are worthwhile?

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
1 - Not at all worthwhile [1]	12%	12%	12%	11%	9%	11%	16%	17%	13%
2 [2]	10%	7%	7%	5%	7%	8%	10%	7%	6%
3 [3]	10%	12%	13%	12%	14%	12%	11%	8%	8%
4 [4]	11%	13%	17%	8%	11%	12%	9%	11%	9%
5 [5]	14%	15%	12%	15%	13%	14%	17%	20%	20%
6 [6]	13%	8%	10%	10%	10%	10%	8%	9%	10%
7 [7]	12%	14%	10%	12%	13%	13%	8%	9%	9%
8 [8]	8%	10%	12%	13%	10%	10%	12%	13%	11%
9 [9]	3%	3%	4%	4%	3%	3%	3%	1%	3%
10 - Completely worthwhile [10]	6%	5%	3%	8%	8%	6%	4%	3%	11%
Prefer not to say	0%	0%	0%	1%	1%	1%	1%	-	-
Net: Not worthwhile	43%	44%	49%	37%	42%	43%	46%	44%	36%
Net: Worthwhile	42%	40%	39%	47%	44%	43%	36%	36%	44%
Mean	4.95	4.95	4.88	5.38	5.20	5.07	4.66	4.70	5.35

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

For each of the following questions please give an answer on a scale of 1 to 10, where 1 is "not at all happy" and 10 is "completely happy" please remember that there are no right or wrong answers.

VTU_NEW5c_1. Overall, how happy did you feel yesterday

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
1 - Not at all happy [1]	13%	11%	13%	11%	11%	12%	17%	13%	11%
2 [2]	7%	8%	7%	7%	8%	7%	11%	12%	5%
3 [3]	11%	10%	10%	11%	12%	11%	6%	6%	15%
4 [4]	12%	13%	12%	10%	11%	11%	13%	9%	9%
5 [5]	14%	19%	17%	15%	15%	16%	12%	18%	10%
6 [6]	12%	8%	11%	9%	11%	10%	10%	11%	9%
7 [7]	14%	10%	11%	16%	12%	13%	15%	12%	18%
8 [8]	8%	11%	10%	7%	9%	9%	7%	6%	9%
9 [9]	5%	5%	2%	5%	4%	4%	4%	9%	9%
10 - Completely happy [10]	4%	4%	4%	8%	9%	6%	3%	4%	3%
Prefer not to say	0%	-	-	1%	0%	0%	1%	-	-
Net: Not happy	43%	43%	44%	39%	41%	42%	47%	40%	41%
Net: Happy	43%	38%	39%	46%	44%	42%	40%	42%	49%
Mean	4.95	5.00	4.83	5.28	5.20	5.06	4.70	4.97	5.26

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_NEW5d. On a scale of 1 to 10, where 1 is "Not at all anxious" and 10 is "completely anxious", overall, how anxious did you feel yesterday?

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
1 - Not at all anxious [1]	7%	7%	6%	8%	7%	7%	7%	7%	7%
2 [2]	7%	4%	8%	4%	5%	6%	6%	6%	11%
3 [3]	7%	9%	4%	8%	10%	8%	9%	5%	4%
4 [4]	9%	6%	6%	8%	8%	8%	10%	5%	3%
5 [5]	10%	9%	10%	16%	10%	11%	9%	10%	10%
6 [6]	12%	12%	9%	11%	11%	11%	9%	10%	10%
7 [7]	17%	15%	19%	12%	14%	15%	17%	27%	14%
8 [8]	12%	15%	17%	13%	15%	14%	14%	10%	14%
9 [9]	7%	8%	6%	9%	5%	7%	7%	10%	9%
10 - Completely anxious [10]	12%	14%	14%	10%	14%	13%	11%	11%	18%
Prefer not to say	0%	0%	1%	1%	0%	0%	1%	-	-
Net: Not anxious	30%	26%	24%	29%	30%	28%	32%	23%	25%
Net: Anxious	59%	64%	65%	55%	60%	60%	57%	67%	65%
Mean	5.94	6.28	6.32	5.91	6.08	6.08	5.92	6.27	6.35

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_Q55. Not counting the people you live with, how often, if at all, do you have contact with your relatives, friends or neighbours? This could be in person, by phone, letter, email or through the internet.

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
On most days	43%	40%	40%	46%	40%	42%	45%	43%	55%
Once or twice a week	33%	32%	37%	33%	36%	34%	36%	32%	28%
Once or twice a month	10%	12%	11%	11%	12%	11%	7%	9%	6%
Less often than once a month	10%	12%	6%	6%	8%	9%	6%	10%	9%
Never	3%	3%	5%	2%	3%	3%	5%	4%	-
Don't know	1%	0%	1%	2%	2%	1%	1%	1%	2%
Net: At least once a week	76%	72%	77%	79%	76%	76%	81%	75%	83%
Net: Once a month or less often	20%	24%	17%	17%	20%	20%	13%	20%	15%

VTU_NEW7. How often do you feel lonely?

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
Always/ often	24%	24%	29%	22%	24%	24%	29%	27%	28%
Some of the time	33%	36%	29%	34%	39%	35%	27%	34%	19%
Occasionally	24%	26%	30%	30%	23%	25%	28%	27%	34%
Never	19%	14%	11%	11%	14%	15%	16%	12%	18%
Prefer not to say	1%	1%	1%	2%	0%	1%	1%	-	2%

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

disability_NEW_a. Do you have any physical or mental health conditions or illnesses lasting or expected to last 12 months or more?

Unweighted base	501	320	194	215	476	1706	174	106	62
Base: All	515	319	192	225	484	1735	166	101	41
Yes, a physical disability	19%	22%	21%	13%	23%	20%	19%	20%	25%
Yes, a long-term physical condition or illness	28%	33%	34%	28%	32%	31%	32%	34%	40%
Yes, a mental health condition (including stress, depression or anxiety)	54%	57%	52%	40%	54%	52%	53%	61%	55%
Yes, a learning disability or learning difficulty	7%	7%	6%	8%	10%	8%	9%	11%	5%
None of the above	27%	25%	18%	34%	26%	26%	23%	22%	22%
Don't know	3%	2%	7%	5%	1%	3%	1%	3%	-
Prefer not to say	3%	1%	2%	2%	2%	2%	2%	-	-
Net: Any disability	67%	72%	73%	59%	71%	69%	74%	76%	78%

disability_NEW_b. Do any of your conditions or illnesses reduce your ability to carry out day to day activities?

Unweighted base	327	231	141	125	334	1158	124	74	45
Base: Those with a disability, mental health condition or long term health issue	337	226	135	129	330	1157	122	71	31
Yes, a lot	54%	54%	48%	45%	54%	52%	55%	53%	57%
Yes, a little	39%	40%	48%	46%	37%	40%	39%	41%	38%
Not at all	6%	7%	4%	10%	10%	7%	6%	5%	5%
Net: Yes	94%	93%	96%	90%	90%	93%	94%	95%	95%

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_Q15a. Does anyone else in your household have any physical or mental health conditions lasting or expected to last 12 months or more?

Unweighted base	351	245	132	153	347	1228	103	73	41
Base: All adults currently claiming Universal Credit who don't live alone	368	244	136	168	363	1279	102	73	28
Yes, but it doesn't reduce their ability to carry out day to day activities	12%	10%	15%	10%	12%	12%	19%	12%	11%
Yes, and it does reduce their ability to carry out day to day activities	30%	41%	37%	29%	40%	35%	34%	39%	26%
No, no one else in my household has any health conditions	48%	44%	43%	50%	41%	45%	47%	40%	54%
Don't know	5%	5%	6%	8%	4%	5%	2%	7%	2%
Prefer not to say	5%	3%	1%	3%	4%	4%	1%	3%	7%
Net: Yes	42%	49%	49%	39%	51%	46%	50%	51%	37%

VTU_Q16. Your Universal Credit payments can include additional amounts to help with different costs. Does your household receive any of the following on top of the standard basic payment (Standard Allowance)? Please select all that apply.

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All adults currently claiming Universal Credit	522	327	192	236	489	1765	166	104	42
Extra money to help with your housing costs (paid to yourself or directly to your landlord)	26%	23%	26%	22%	31%	26%	27%	26%	19%
Extra money for caring for someone	9%	13%	11%	12%	12%	11%	9%	5%	11%
Extra money if someone you live with is disabled	7%	9%	10%	4%	8%	8%	7%	5%	12%
Extra money for children living at home, excluding childcare costs	18%	18%	23%	14%	23%	19%	19%	20%	20%
Extra money for childcare	6%	7%	4%	8%	9%	7%	3%	3%	6%
Extra money because you have a disability or health condition, which limits your capability to work	25%	25%	27%	19%	27%	25%	32%	24%	26%
None of the above	32%	35%	27%	39%	28%	32%	33%	25%	24%
I don't know what the Universal Credit payment covers	10%	10%	10%	12%	7%	9%	8%	13%	12%
Prefer not to say	2%	2%	1%	2%	2%	2%	1%	4%	3%
Net: Any extra money	56%	52%	62%	47%	63%	57%	58%	59%	61%

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_Q17. How long have you currently been claiming Universal Credit for?

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All adults currently claiming Universal Credit	522	327	192	236	489	1765	166	104	42
Under 3 months	2%	3%	1%	6%	3%	3%	2%	1%	3%
3 to 6 months	10%	10%	10%	15%	9%	10%	10%	10%	21%
7 to 12 months	16%	13%	15%	21%	14%	15%	8%	15%	12%
More than 12 months	70%	71%	73%	56%	72%	69%	77%	72%	64%
Don't know	1%	2%	1%	0%	1%	1%	1%	1%	-
Prefer not to say	1%	0%	1%	2%	1%	1%	2%	1%	-

VTU_Q18. Which of the following statements about the benefit(s) you receive to support you with your housing costs best describes the situation of the household?

Unweighted base	159	101	69	72	191	592	74	43	20
Base: All UK Adults who rent and claim Housing Benefit/ LHA or who have UC payment to support housing costs	166	99	65	67	194	591	68	42	12
The benefit I/we receive covers all of our rent	50%	55%	46%	47%	55%	52%	67%	43%	57%
The benefit I/we receive does not cover all of our rent	48%	41%	53%	49%	43%	46%	33%	57%	38%
Don't know	2%	2%	1%	1%	2%	1%	-	-	6%
Prefer not to say	-	3%	-	3%	0%	1%	-	-	-

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_Q19. What impact, if any does the shortfall between the benefit(s) you receive to support you with your housing costs and your rent have on your ability to afford day-to-day costs?

Unweighted base	79	44	38	37	88	286	27	26	8
Base: All UK Adults whose UC, Housing Benefit or LHA does not cover all of rent	80	41	34	33	84	272	22	24	5
A great deal	24%	21%	30%	44%	48%	34%	27%	23%	18%
A fair amount	42%	29%	35%	30%	37%	36%	18%	50%	46%
Just a little	24%	37%	25%	14%	8%	20%	37%	20%	36%
Makes no difference	8%	9%	7%	2%	6%	7%	13%	3%	-
Don't know	3%	4%	3%	11%	-	3%	5%	4%	-
Prefer not to say	-	-	-	-	-	-	-	-	-

VTU_Q20b. Are you currently having your benefit award reduced because you are considered to have a spare bedroom, i.e. the 'bedroom tax' or under occupancy charge?

Unweighted base	160	104	77	64	167	572	76	41	-
Base: All UK Social renters	160	100	71	64	171	566	69	38	-
Yes - but I am claiming a Discretionary Housing Payment (This is an extra payment that provides financial support to help with rent or housing costs) from my local authority to cover it	3%	4%	3%	3%	11%	5%	26%	-	-
Yes - and I am not claiming a Discretionary Housing Payment from my local authority to cover it	17%	12%	12%	11%	14%	14%	6%	21%	-
No	75%	77%	77%	80%	71%	75%	61%	67%	-
Don't know	5%	5%	8%	6%	4%	5%	8%	12%	-
Prefer not to say	0%	2%	-	-	0%	1%	-	-	-
Net: Yes	20%	15%	16%	14%	25%	19%	31%	21%	-

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_Q21. Is part of your or your partner's benefit income (including tax credits) currently being deducted in order to pay a benefit advance, benefit overpayments, loans from the Department for Work and Pensions or other debts and fines?

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults who have income from any benefits	522	327	192	236	489	1765	166	104	42
Yes, it is	31%	26%	17%	31%	24%	27%	24%	30%	27%
No, it isn't	58%	63%	69%	57%	64%	62%	66%	60%	59%
Don't know	8%	8%	11%	9%	10%	9%	7%	7%	13%
Prefer not to say	3%	3%	3%	3%	1%	2%	3%	3%	2%

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_Q22. For which of the following reasons is part of your or your partner's benefit income being deducted?
Please select all that apply

	Unweighted base	150	86	36	67	111	450	40	30	17
Base: All UK Adults who have benefit deductions		162	85	33	72	120	471	40	31	11
To repay an advance payment taken to cover the five-week wait for Universal Credit		31%	32%	29%	40%	35%	33%	17%	22%	38%
To repay an advance payment taken to cover a specific expense (a budgeting advance)		43%	33%	38%	36%	32%	37%	24%	29%	28%
To repay an advance payment taken on because of a change in circumstances		8%	3%	2%	16%	18%	11%	9%	8%	5%
To repay previous benefit overpayments (e.g. from the DWP, HMRC, or the Council)		37%	46%	34%	39%	35%	38%	45%	60%	53%
To repay a Hardship Payment from the DWP		4%	4%	7%	7%	2%	4%	4%	5%	-
To repay a court fine/ fines		8%	6%	1%	5%	15%	9%	-	3%	-
To repay council tax arrears		10%	3%	3%	14%	8%	8%	28%	5%	-
Because of deductions from third parties (e.g. to repay arrears on rent or energy bills)		5%	3%	18%	12%	7%	7%	2%	-	-
Other debts and fines		6%	6%	6%	8%	7%	6%	2%	2%	-
Don't know		2%	4%	4%	3%	2%	3%	-	4%	-
Prefer not to say		2%	-	-	-	-	1%	-	3%	-

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_Q26. Which ONE of the following statements best describes how well you are keeping up with your bills and credit commitments at the moment?

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
I am keeping up with all bills and credit commitments without any difficulty	16%	19%	12%	24%	13%	16%	17%	14%	12%
I am keeping up with all bills and credit commitments but it is a struggle from time to time	32%	33%	32%	32%	30%	32%	28%	27%	41%
I am keeping up with all bills and credit commitments but it is a constant struggle	28%	30%	33%	20%	31%	29%	32%	29%	22%
I am having real financial problems and have fallen behind with many bills or credit commitments	18%	15%	16%	19%	19%	17%	17%	20%	19%
I don't have any bills or credit commitments	2%	3%	3%	4%	3%	3%	3%	4%	5%
Don't know	2%	1%	1%	0%	1%	1%	1%	3%	-
Prefer not to say	2%	0%	4%	2%	2%	2%	2%	3%	-
Net: Managing to keep up with bills	76%	81%	77%	76%	74%	77%	77%	70%	76%
Net: Struggling	60%	62%	65%	52%	61%	60%	60%	56%	63%

VTU_Q27. You've said that you're finding it a struggle to keep up with your bills or credit commitment at the moment or from time to time. How long have you been managing like this?

Unweighted base	402	258	164	165	392	1381	139	87	54
Base: All UK Adults who struggle to keep up with bills or credit commitment	407	251	155	165	391	1369	129	79	34
For the last three months	5%	9%	8%	3%	5%	6%	13%	6%	10%
For the last six months	17%	12%	12%	15%	18%	15%	12%	11%	8%
For the last 12 months	23%	25%	20%	31%	20%	23%	18%	24%	36%
For the last 2-3 years	25%	22%	19%	20%	20%	22%	30%	24%	18%
For the last 3-5 years	12%	11%	16%	14%	12%	12%	8%	11%	9%
For longer than 5 years but not always	7%	7%	8%	6%	9%	8%	5%	6%	7%
For as long as I can remember	9%	10%	12%	8%	12%	10%	14%	12%	6%
Don't know	2%	3%	5%	1%	4%	3%	-	4%	5%
Prefer not to say	1%	1%	-	2%	1%	1%	0%	3%	-



Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_60_2. Over the last three months, have you ever experienced any of the following? Please select one option on each row - My financial situation impacting my ability to find or go to work

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
Yes, I have	23%	22%	15%	31%	24%	24%	20%	24%	14%
No, I haven't	57%	61%	65%	54%	58%	59%	62%	61%	68%
Don't know/can't remember	12%	13%	10%	9%	9%	11%	10%	7%	15%
Prefer not to say	8%	4%	9%	6%	8%	7%	7%	8%	3%



Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_Q28. Are you and/ or your partner currently behind with any of the following household bills? Please select all that apply

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
Council tax	15%	17%	12%	20%	16%	16%	-	15%	-
Council tax, including water and sewage	-	-	-	-	-	-	21%	-	-
Your Domestic Rates	-	-	-	-	-	-	-	-	1%
Gas or electricity	17%	20%	14%	23%	21%	19%	16%	17%	3%
Water and sewage	12%	14%	10%	18%	15%	14%	-	16%	2%
Telephone/mobile phone/broadband	7%	5%	7%	10%	9%	8%	8%	9%	7%
TV licence	4%	6%	5%	10%	8%	6%	3%	3%	6%
Rent or mortgage costs	11%	8%	8%	22%	10%	11%	4%	5%	7%
School Meal Payments	-	-	-	-	-	-	1%	-	-
Other arrears	8%	9%	9%	8%	10%	9%	11%	12%	17%
Not applicable - I am/ we are up-to-date with all payments	57%	59%	57%	48%	56%	56%	54%	61%	66%
Don't know	5%	1%	2%	1%	3%	3%	4%	3%	-
Prefer not to say	3%	2%	6%	4%	3%	3%	2%	1%	4%
Net: Any who are behind on bills	35%	37%	35%	47%	39%	38%	41%	35%	30%

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_Q61. Many people use different sources of money to tide them over. Which, if any, of the following sources have you or your partner currently borrowed money or got credit from that you will need to repay? Please select all that apply. If you have not borrowed any money please select the not applicable option.

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
Friend or family	30%	25%	29%	34%	30%	29%	33%	31%	31%
Bank loan or Credit Union	8%	7%	5%	10%	6%	7%	7%	5%	17%
Your personal overdraft	18%	20%	16%	18%	22%	19%	19%	22%	19%
Credit card	38%	36%	38%	35%	40%	38%	36%	35%	35%
Payday loans / doorstep lender / Money Shop	5%	3%	4%	7%	4%	4%	4%	6%	4%
Pawnbroker	3%	3%	3%	5%	2%	3%	2%	3%	-
Unlicensed lender (e.g. loan shark(s))	2%	0%	-	2%	2%	1%	-	1%	-
Car finance	7%	3%	7%	7%	6%	6%	9%	1%	16%
Catalogues paid by instalment a form of credit debt, built up when you've purchased items from shopping catalogues	12%	10%	10%	4%	9%	10%	15%	10%	19%
"Buy Now Pay Later" online payments from providers such as Klarna, or Afterpay a form of short term financing that allows consumers to make purchases and pay for them over time.	23%	21%	22%	23%	26%	23%	26%	31%	35%
Hire purchase payments for appliances (e.g. fridge, washing machine, business equipment, etc.) is used to buy consumer goods, where the buyer makes an initial down payment and then pays in instalments.	7%	3%	5%	4%	5%	5%	11%	4%	8%
Other	2%	4%	2%	3%	2%	2%	0%	5%	3%
Not applicable - We do not owe money to any lender	32%	33%	28%	33%	30%	31%	31%	30%	29%
Net: Any sources	68%	67%	72%	67%	70%	69%	69%	70%	71%

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_Q62. Households are reporting an increase in their cost of living, including increases in food costs, utilities and household expenses. In the last six months (since February 2024), please select any of the following that apply to you or any of your household members. If none of the options apply, please select the 'Not applicable' option. I or someone in my household has...

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
not dressed appropriately for the weather because I/we cannot afford suitable clothes or shoes	18%	17%	15%	16%	18%	17%	23%	18%	13%
not been able to replace or repair major electrical goods such as a refrigerator, TV or washing machine when it's been broken because I/we cannot afford it	28%	28%	25%	20%	29%	27%	28%	31%	32%
gone without a shower or bath because I/we cannot afford it	16%	16%	15%	13%	18%	16%	17%	20%	10%
gone without basic toiletries such as soap, shampoo, toothbrush, toothpaste or sanitary items because I/we cannot afford them	14%	14%	14%	16%	18%	15%	16%	14%	10%
not been able to keep our home warm because I/we cannot afford it	28%	31%	28%	23%	29%	28%	34%	35%	31%
visited a food bank	16%	17%	12%	15%	22%	17%	9%	14%	10%
not been able to adequately furnish our home because I/we cannot afford it	26%	20%	20%	22%	30%	25%	25%	28%	20%
not had essential dental treatment done because I/we cannot afford it	32%	32%	34%	30%	38%	33%	25%	34%	22%
not gotten prescriptions because I/we cannot afford it	6%	7%	8%	6%	9%	7%	-	-	-
not made an essential journey because I/we could not afford it	21%	21%	20%	21%	27%	22%	20%	19%	12%
not got pain relief or over the counter medication because I/we cannot afford it	11%	14%	12%	8%	15%	12%	12%	10%	7%
Not applicable – I have not experienced any of the issues listed in the last six months	28%	30%	27%	33%	23%	28%	35%	33%	37%
Don't know	2%	2%	4%	4%	3%	3%	3%	4%	2%
Prefer not to say	4%	2%	3%	3%	2%	3%	1%	2%	2%
Net: Any	66%	66%	66%	60%	72%	67%	61%	61%	59%

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_QNEW7. We want to understand any particular pressure that families with children are facing. In the last six months (since February 2024), please select any of the following that apply to your child or children. If none of the options apply, please select the 'Not applicable' option. My child has/my children have...

Unweighted base	210	166	80	92	217	765	64	44	31
Base: Those with children	220	164	83	98	229	793	63	44	22
not dressed appropriately for the weather because I/we cannot afford suitable clothes or shoes	11%	10%	15%	11%	11%	11%	10%	5%	7%
gone without a shower or bath because I/we cannot afford it	5%	7%	4%	12%	5%	6%	3%	5%	3%
gone without basic toiletries such as soap, shampoo, toothbrush, toothpaste or sanitary items because I/we cannot afford them	7%	6%	1%	15%	5%	6%	8%	4%	-
not had essential dental treatment done because I/we cannot afford it	10%	5%	11%	13%	7%	9%	6%	15%	5%
not got prescriptions because I/we cannot afford it	1%	4%	1%	3%	2%	2%	-	-	-
not got pain relief or over the counter medication because I/we cannot afford it	4%	5%	-	7%	4%	4%	4%	5%	2%
not made an essential journey because I/we could not afford it	7%	8%	12%	17%	12%	10%	10%	6%	7%
Not attended school / missed school because we could not afford it	6%	6%	1%	5%	1%	4%	4%	-	10%
Missed out training and / or extracurricular activities because we could not afford it	23%	20%	31%	30%	29%	26%	27%	33%	29%
Not applicable – My child has / children have not experienced any of the issues listed in the last six months	61%	65%	57%	48%	50%	56%	61%	61%	59%
Don't know	1%	3%	1%	2%	2%	2%	2%	2%	-
Prefer not to say	1%	3%	3%	6%	2%	3%	-	-	-
Net: Any	37%	30%	39%	44%	46%	39%	37%	37%	41%



Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

These next questions are about the food eaten in your household, and whether you are able to afford the food you need. For the following statements, please tell us whether the statement was often true, sometimes true, or never true for you or your household in the last 30 days

VTU_Q30_1. I/we worried whether our food would run out before I/we got money to buy more

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
Often true	17%	21%	17%	18%	25%	20%	18%	25%	20%
Sometimes true	43%	37%	38%	38%	36%	39%	35%	33%	39%
Never true	35%	38%	38%	40%	34%	36%	40%	34%	40%
Don't know	2%	1%	2%	4%	3%	2%	5%	4%	1%
Prefer not to say	3%	3%	4%	1%	2%	2%	1%	4%	-



Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_Q30_2. The food that I / we bought just didn't last, and I / we didn't have money to get more

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
Often true	12%	15%	13%	13%	16%	14%	13%	13%	11%
Sometimes true	34%	35%	32%	33%	37%	35%	30%	38%	27%
Never true	48%	46%	46%	51%	40%	46%	50%	40%	59%
Don't know	2%	2%	5%	2%	5%	3%	5%	7%	2%
Prefer not to say	3%	2%	4%	0%	2%	2%	2%	3%	2%

VTU_Q30_3. I / we couldn't afford to eat balanced meals

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
Often true	20%	19%	20%	19%	26%	22%	22%	30%	17%
Sometimes true	38%	40%	37%	35%	36%	37%	37%	31%	41%
Never true	34%	36%	37%	41%	34%	36%	33%	35%	42%
Don't know	4%	3%	3%	4%	3%	3%	7%	4%	-
Prefer not to say	4%	2%	3%	-	1%	2%	2%	1%	-



Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

Thinking about the past thirty days, could you tell us to what extent, if at all, are the following statements true?
 VTU_Q63_1. I or members of my household cut down the size of meals or skip meals because there wasn't enough money for food

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
This is often true	19%	20%	11%	18%	21%	19%	18%	19%	20%
This is sometimes true	34%	35%	42%	33%	37%	36%	33%	36%	32%
This is never true	40%	41%	40%	46%	37%	40%	43%	39%	45%
Don't know	4%	3%	3%	3%	3%	3%	4%	6%	1%
Prefer not to say	4%	2%	4%	0%	2%	2%	1%	-	2%

VTU_Q63_2. I or members of my household were hungry but did not have enough money for food

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
This is often true	12%	12%	6%	10%	14%	12%	7%	14%	6%
This is sometimes true	23%	29%	28%	26%	25%	26%	28%	26%	27%
This is never true	58%	55%	58%	60%	55%	57%	60%	52%	64%
Don't know	3%	2%	5%	3%	3%	3%	3%	7%	2%
Prefer not to say	5%	2%	3%	1%	2%	3%	2%	1%	1%

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_Q38. For the following question, by "food bank", we mean organisations that are run by a charity or local community group, that provide emergency food to people in need. How often in the past 30 days, have you, or anyone else in your household, received a free food parcel from a food bank or other emergency food provider? (please select one option only)

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
Have not received one in the last 30 days	82%	87%	86%	77%	82%	83%	91%	92%	90%
Once	6%	5%	4%	6%	6%	6%	2%	2%	3%
Two or three times	4%	3%	1%	7%	5%	4%	-	2%	4%
Four to six times	1%	0%	1%	2%	2%	1%	1%	-	-
More than six times	0%	1%	0%	0%	1%	1%	-	-	-
Don't know	2%	2%	3%	3%	4%	3%	5%	4%	1%
Prefer not to say	5%	2%	4%	5%	1%	3%	1%	-	2%

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

Q55L_fparcel. In the last 12 months, how often, if ever, have you, or anyone else in your household, received a free parcel of food from a food bank or other emergency food provider? Please select one option only

Unweighted base	416	288	169	176	409	1458	156	101	57
Base: All who haven't used a food bank in the last 30 days	426	284	166	181	400	1457	151	95	38
Once in the last year	8%	5%	6%	5%	8%	7%	5%	8%	3%
Two or three times in the last year	4%	8%	4%	7%	4%	5%	4%	10%	4%
Four to six times in the last year	1%	1%	2%	1%	1%	1%	1%	-	2%
More than six times but not every month	0%	1%	1%	1%	1%	1%	1%	-	2%
Every month or more often	0%	0%	-	-	0%	0%	-	-	-
Not applicable - I have never received a free parcel of food from a food bank or any other emergency food provider	84%	83%	86%	83%	83%	84%	88%	78%	88%
Don't know	2%	0%	-	3%	2%	1%	2%	3%	-
Prefer not to say	0%	1%	2%	1%	1%	1%	-	1%	2%

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

Q55N_foodpantry. Some people buy food at a low cost for themselves and their households from places other than mainstream food shops or supermarkets, especially when they are finding it difficult to make ends meet. For instance, they might go to a food pantry or social supermarket where you can obtain a range of food items for a single low-cost payment or low-cost monthly membership fee. How often, if ever, have you obtained food from a place like this in the last 12 months? Please select one answer only.

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
Once in the last year	4%	5%	2%	5%	4%	4%	3%	2%	-
Two or three times in the last year	7%	5%	3%	11%	5%	6%	2%	4%	4%
Four to six times in the last year	5%	2%	2%	3%	5%	4%	-	1%	-
More than six times but not every month	2%	1%	2%	2%	2%	2%	2%	3%	3%
Every month or more often	5%	4%	4%	3%	5%	5%	2%	2%	2%
Not applicable - I have never received food from a place like this	70%	78%	83%	68%	76%	74%	87%	82%	89%
Don't know	4%	2%	2%	4%	3%	3%	3%	4%	2%
Prefer not to say	3%	1%	2%	5%	0%	2%	2%	2%	-

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_Q39. In the last 12 months, have you personally experienced any of the following? Please select all that apply.

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
Being evicted from your home	3%	4%	3%	5%	5%	4%	4%	1%	2%
One or more of your children becoming disabled or experiencing poor health	7%	9%	7%	3%	6%	7%	2%	6%	8%
Separation or divorce	6%	2%	10%	4%	7%	6%	3%	5%	4%
Other household/relationship breakdown	6%	5%	7%	9%	10%	7%	7%	8%	3%
Becoming long-term sick or disabled	13%	17%	13%	15%	15%	14%	13%	12%	18%
Death of partner	0%	1%	1%	2%	1%	1%	1%	1%	-
Other bereavement	14%	13%	12%	12%	14%	13%	13%	14%	12%
Domestic violence or abuse	3%	6%	6%	7%	5%	5%	5%	5%	3%
Relationship with your parents/family breaking down	9%	11%	14%	14%	10%	11%	13%	9%	8%
Alcohol dependency	4%	3%	3%	4%	5%	4%	8%	2%	7%
Illicit drug dependency	2%	1%	-	4%	2%	2%	3%	4%	2%
A problem with gambling	1%	-	2%	3%	1%	1%	3%	1%	1%
Getting into trouble with the police e.g. an arrest or a caution	2%	3%	4%	4%	1%	2%	1%	2%	-
Being discharged from prison	0%	-	-	2%	-	0%	-	-	-
Problem with your right to work or live in the UK	1%	-	-	0%	0%	1%	-	-	-
Debt/ bankruptcy	17%	17%	14%	14%	17%	16%	14%	20%	12%
Lost a job	9%	11%	15%	13%	11%	11%	10%	6%	3%
Any other challenging life experience not listed above	21%	22%	18%	20%	24%	22%	23%	21%	9%
None of these things	36%	35%	37%	34%	36%	36%	37%	38%	50%
Prefer not to say	3%	3%	2%	6%	3%	3%	0%	2%	5%
Net: Any	61%	62%	61%	60%	61%	61%	62%	60%	45%

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

Over the last three months, have you experienced any of the following? Please select one option on each row
 VTU_Q41_1. I have fallen into debt because I couldn't keep up with essential bills (e.g. rent or utilities)

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
Yes, I have	32%	35%	37%	39%	33%	34%	35%	35%	30%
No, I haven't	62%	61%	56%	58%	62%	60%	62%	57%	68%
Don't know/can't remember	2%	1%	3%	3%	2%	2%	1%	7%	-
Prefer not to say	3%	3%	4%	1%	3%	3%	2%	1%	2%

VTU_Q41_2. I have been unable to travel to work or essential appointments (e.g. GP, school run, dentists or hospital appointments) because I couldn't afford to use public transport or the fuel costs to get there

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
Yes, I have	22%	22%	19%	26%	22%	23%	16%	26%	23%
No, I haven't	71%	75%	71%	69%	72%	71%	77%	66%	74%
Don't know/can't remember	4%	2%	4%	3%	3%	3%	4%	8%	2%
Prefer not to say	3%	1%	6%	2%	2%	3%	3%	-	2%

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_Q41_3. I have needed to skip meals to keep up with other essential costs (e.g. utilities or rent).

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
Yes, I have	36%	38%	32%	33%	37%	36%	37%	42%	41%
No, I haven't	56%	58%	61%	60%	56%	57%	60%	55%	58%
Don't know/can't remember	3%	3%	3%	6%	3%	3%	2%	3%	2%
Prefer not to say	5%	1%	5%	1%	4%	3%	1%	-	-

VTU_Q41_4. I have been unable to cook hot food because I couldn't afford to use the oven or other utilities.

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
Yes, I have	16%	18%	12%	19%	16%	16%	12%	19%	23%
No, I haven't	79%	78%	79%	74%	78%	78%	85%	72%	76%
Don't know/can't remember	3%	2%	5%	7%	4%	4%	2%	8%	1%
Prefer not to say	2%	2%	3%	-	3%	2%	1%	1%	-

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_Q41_5. I have been unable to dress appropriately for the weather because I didn't have and wasn't able to afford suitable shoes or clothes.

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
Yes, I have	24%	24%	19%	26%	24%	24%	25%	27%	25%
No, I haven't	69%	73%	72%	65%	71%	70%	71%	66%	72%
Don't know/can't remember	3%	1%	5%	6%	3%	3%	2%	6%	3%
Prefer not to say	4%	2%	4%	3%	3%	3%	2%	2%	-

VTU_Q41_6. I have been unable to afford to heat my home when I needed to

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
Yes, I have	33%	31%	31%	34%	30%	32%	41%	40%	44%
No, I haven't	62%	62%	61%	59%	63%	62%	56%	50%	56%
Don't know/can't remember	3%	5%	4%	6%	4%	4%	3%	10%	-
Prefer not to say	3%	2%	3%	1%	2%	2%	1%	-	-

VTU_Q41_7. I have been unable to dress my children appropriately for the weather because I didn't have and weren't able to afford suitable shoes or clothes.

Unweighted base	210	166	80	92	217	765	64	44	31
Base: Those with children	220	164	83	98	229	793	63	44	22
Yes, I have	13%	14%	13%	22%	13%	14%	13%	7%	12%
No, I haven't	83%	84%	80%	66%	82%	81%	84%	87%	85%
Don't know/can't remember	1%	1%	-	9%	2%	2%	3%	6%	-
Prefer not to say	3%	2%	7%	3%	3%	3%	-	-	3%

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_Q41_8. I have been unable to wash properly or keep clean because I couldn't afford basic toiletries such as soap, shampoo, toothbrushes, toothpaste or sanitary items.

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
Yes, I have	12%	18%	12%	17%	17%	15%	18%	19%	13%
No, I haven't	81%	79%	82%	78%	78%	80%	79%	75%	85%
Don't know/can't remember	3%	2%	2%	2%	2%	2%	2%	6%	-
Prefer not to say	3%	1%	4%	3%	3%	3%	1%	-	3%

VTU_Q41_9. I have been unable to afford to turn the lights on in my home when I needed to

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
Yes, I have	10%	15%	14%	19%	14%	14%	12%	20%	13%
No, I haven't	83%	81%	79%	76%	80%	81%	83%	75%	85%
Don't know/can't remember	4%	3%	5%	5%	4%	4%	3%	5%	2%
Prefer not to say	2%	1%	3%	1%	2%	2%	1%	-	-

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_Q41_10. I have been unable to afford medical prescriptions, pain relief or other over the counter medication

Unweighted base	506	328	195	222	480	1731	-	-	-
Base: Those in England	522	327	192	236	489	1765	-	-	-
Yes, I have	16%	18%	15%	17%	17%	17%	-	-	-
No, I haven't	77%	78%	76%	74%	77%	77%	-	-	-
Don't know/can't remember	3%	3%	4%	7%	3%	4%	-	-	-
Prefer not to say	4%	1%	5%	1%	3%	3%	-	-	-

VTU_Q41_11. I have been unable to replace a major electrical good that had broken (like a refrigerator, TV, washing machine, boiler) because I couldn't afford to

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
Yes, I have	39%	36%	38%	33%	35%	36%	37%	35%	35%
No, I haven't	54%	58%	56%	60%	59%	57%	56%	57%	64%
Don't know/can't remember	5%	4%	4%	3%	3%	4%	6%	6%	1%
Prefer not to say	2%	2%	3%	4%	3%	3%	2%	2%	-

VTU_Q41_12. I have been unable to purchase adequate furniture for my home when I needed it

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
Yes, I have	38%	37%	34%	35%	37%	37%	41%	42%	37%
No, I haven't	54%	58%	55%	58%	56%	56%	52%	50%	61%
Don't know/can't remember	5%	4%	7%	6%	4%	5%	6%	7%	-
Prefer not to say	3%	2%	3%	1%	2%	2%	1%	1%	2%



Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_Q41_13. I have been unable to pay for essential dental treatment for myself or a member of my household when it was needed because I couldn't afford to do so

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
Yes, I have	34%	36%	39%	37%	40%	37%	27%	43%	20%
No, I haven't	57%	55%	54%	56%	53%	55%	68%	46%	78%
Don't know/can't remember	4%	7%	3%	6%	4%	5%	3%	9%	-
Prefer not to say	4%	2%	4%	2%	3%	3%	2%	2%	2%

VTU_Q41_14. I had to cancel plans with family or friends because I couldn't afford to see them

Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All UK Adults	522	327	192	236	489	1765	166	104	42
Yes, I have	54%	52%	56%	51%	56%	54%	53%	63%	48%
No, I haven't	40%	41%	37%	42%	39%	40%	44%	33%	49%
Don't know/can't remember	5%	6%	4%	6%	3%	4%	3%	4%	3%
Prefer not to say	2%	2%	3%	1%	2%	2%	1%	-	-

Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

VTU_Q73. You stated that you have been unable to travel to work or go to essential appointments because you couldn't afford to use public transport or for the fuel costs to get there. Please can you let us know which of these have you missed in the last three months due to not being able to afford to travel (Please select all that apply):

	North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland
Unweighted base	107	68	40	55	106	376	28	28	14
Base: Those who are unable to get to work for essential appointments	117	73	37	62	110	399	27	27	10
Work	18%	19%	19%	30%	24%	22%	17%	19%	11%
Doctors appointment	43%	36%	39%	28%	35%	37%	44%	50%	51%
Hospital appointment	34%	41%	47%	31%	44%	39%	53%	29%	53%
Dentist appointment	21%	26%	20%	21%	17%	21%	15%	29%	25%
Children have missed school	9%	11%	-	6%	3%	7%	10%	3%	22%
Benefits appointment	9%	19%	3%	24%	19%	16%	9%	11%	-
Other	8%	14%	9%	10%	16%	12%	11%	3%	-
Don't know	8%	4%	6%	12%	1%	6%	-	7%	9%
Prefer not to say	9%	7%	7%	5%	2%	6%	2%	17%	6%

essentials_dv. Used essentials

	North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland
Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All	522	327	192	236	489	1765	166	104	42
Yes	73%	75%	72%	70%	78%	74%	67%	66%	68%
No	23%	22%	21%	26%	19%	22%	28%	28%	27%
Missing	4%	3%	7%	4%	4%	4%	5%	6%	5%

foodbank_dv. Used foodbank

	North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland
Unweighted base	506	328	195	222	480	1731	174	109	63
Base: All	522	327	192	236	489	1765	166	104	42
Any use a food bank	23%	23%	17%	26%	25%	23%	13%	21%	16%
Do not use a food bank	69%	72%	74%	64%	68%	69%	80%	71%	80%
Missing	8%	5%	9%	10%	7%	8%	7%	8%	5%



Region								
North	Midlands	East	London	South	NET: England	Scotland	Wales	Northern Ireland

All figures, unless otherwise stated, are from YouGov Plc. Total sample size was 2077 adults. Fieldwork was undertaken between 29th July - 23rd August 2024. The survey was carried out online. The figures have been weighted and are representative of all adults on Universal Credit (aged 16+).



UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_Q74. Over the next three months, to what extent do you think your financial situation (your ability to afford day to day necessities) will get better, get worse, or stay the same?

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
Get a lot better	2%	5%	1%	3%	4%	4%	9%	8%	4%	4%	4%	3%
Get a little better	13%	16%	13%	11%	11%	9%	25%	13%	13%	11%	14%	15%
Stay the same	34%	37%	38%	41%	37%	41%	24%	31%	38%	39%	33%	24%
Get a little worse	20%	20%	25%	21%	18%	21%	20%	20%	21%	21%	21%	35%
Get a lot worse	22%	14%	17%	22%	21%	18%	18%	21%	19%	18%	19%	19%
Don't know	10%	7%	5%	2%	9%	5%	4%	6%	5%	6%	8%	4%
Prefer not to say	-	1%	-	-	-	0%	1%	1%	0%	-	0%	-
Net: Better	15%	21%	14%	14%	15%	14%	34%	21%	17%	16%	18%	18%
Net: Worse	42%	34%	42%	43%	40%	40%	38%	41%	40%	39%	40%	54%

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_NEW1. Which of the following statements best applies to you in relation to this support? Please select only one answer.

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: Those on Universal Credit	108	230	185	151	176	192	236	288	201	104	166	42
I have received this support within the last three months	4%	6%	9%	6%	5%	8%	14%	11%	4%	12%	6%	9%
I have applied for this support within the last three months, and I am waiting for a decision	-	4%	1%	1%	3%	1%	7%	4%	2%	1%	0%	2%
I have applied for this support within the last three months, but I was unsuccessful	5%	3%	3%	1%	5%	2%	2%	3%	2%	8%	4%	3%
I have not applied for this support within the last three months	69%	64%	61%	66%	61%	61%	54%	58%	71%	75%	78%	76%
Not applicable – this support isn't available in my local area	15%	11%	14%	18%	16%	16%	14%	16%	12%	2%	3%	4%
Don't know	8%	11%	11%	7%	11%	11%	7%	8%	10%	3%	8%	4%
Prefer not to say	-	0%	-	-	-	1%	2%	2%	0%	-	-	2%
Net: Applied	5%	7%	4%	3%	8%	3%	10%	6%	3%	8%	5%	5%

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_NEW2. And which of the following best describes why you have not applied for this support within the last three months? Please select only one answer.

Unweighted base	66	147	113	103	108	126	124	162	145	82	136	47
Base: Those who did not get support	74	146	113	100	107	118	127	166	142	78	130	31
I was not aware of this support	36%	34%	43%	42%	39%	37%	51%	46%	36%	53%	48%	35%
I was not aware of this support - and do not feel I would have needed it	20%	19%	15%	23%	16%	15%	10%	16%	21%	16%	12%	10%
I was aware of this support but do not feel I need it	14%	20%	22%	15%	21%	25%	17%	14%	20%	16%	22%	17%
I was aware of this support but don't know how to apply for it	6%	9%	6%	9%	8%	6%	6%	7%	5%	2%	2%	9%
I was aware of this support but found the application too time consuming	1%	-	2%	3%	1%	1%	2%	1%	2%	-	1%	2%
I was aware of this support but found the application too difficult to complete	4%	5%	3%	2%	3%	-	5%	1%	1%	2%	3%	3%
I have previously applied for support and not been successful	3%	4%	1%	2%	2%	3%	3%	3%	5%	2%	2%	9%
Other	8%	4%	5%	3%	3%	11%	3%	7%	7%	4%	6%	8%
Don't know	6%	3%	3%	2%	7%	2%	3%	5%	3%	4%	4%	5%
Prefer not to say	2%	1%	2%	-	1%	-	-	-	1%	1%	-	2%

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_Q2a. How many children under the age of 17 live with you?

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
None	60%	59%	55%	43%	56%	57%	58%	49%	59%	58%	62%	48%
1	26%	19%	25%	33%	18%	25%	22%	20%	17%	27%	25%	25%
2	11%	14%	14%	19%	18%	14%	15%	23%	18%	14%	9%	18%
3	2%	7%	5%	5%	6%	2%	3%	6%	4%	1%	3%	7%
4	1%	1%	1%	1%	-	1%	3%	1%	1%	-	-	2%
5	-	-	-	-	1%	0%	-	1%	-	-	1%	-
6 or more	-	-	-	-	1%	-	-	-	0%	-	-	-

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_Q3a. What is the age of the child that live with you?

Unweighted base	25	41	44	50	31	47	45	54	34	27	42	12
Base: All UK Adults with children	29	43	47	50	32	48	51	56	34	28	41	10
Less than one year old	3%	-	2%	-	4%	-	-	2%	17%	-	3%	-
1-5 years old	36%	20%	26%	22%	27%	15%	18%	28%	24%	16%	22%	34%
6-11 years old	20%	30%	27%	45%	22%	29%	31%	38%	29%	24%	32%	7%
12-13 years old	13%	20%	14%	12%	11%	10%	14%	12%	17%	28%	11%	14%
14-16 years old	27%	30%	31%	21%	36%	47%	38%	20%	12%	33%	31%	44%

VTU_Q3b. What is the age of the children that live with you?

Unweighted base	14	50	36	38	47	33	47	78	51	17	22	19
Base: All UK Adults with children	15	50	37	37	44	34	47	90	48	16	21	11
Less than one year old	6%	3%	11%	7%	4%	2%	2%	11%	2%	14%	10%	5%
1-5 years old	32%	40%	27%	30%	42%	59%	56%	48%	43%	42%	47%	53%
6-11 years old	82%	71%	67%	68%	74%	64%	68%	67%	60%	82%	69%	50%
12-13 years old	36%	38%	18%	31%	33%	21%	34%	42%	38%	11%	27%	33%
14-16 years old	23%	41%	50%	32%	32%	29%	44%	27%	31%	30%	34%	25%

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_Q3. How many adults aged 17 or over live with you as part of your household?

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
No other adults	62%	50%	54%	48%	55%	53%	43%	47%	54%	57%	59%	45%
1 other adult	21%	26%	24%	31%	24%	30%	25%	25%	23%	25%	26%	32%
2 other adults	11%	17%	13%	15%	11%	11%	18%	16%	11%	15%	11%	20%
3 other adults	3%	3%	7%	4%	7%	3%	7%	8%	8%	4%	3%	2%
4 other adults	2%	4%	1%	1%	2%	0%	3%	3%	3%	0%	-	1%
5 or more other adults	-	0%	2%	1%	1%	1%	5%	1%	1%	-	-	-

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_Q6. Which ONE of the following best describes where you are living at the moment?

	Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42	
A flat, room or house rented by me (or partner) from a private landlord	19%	33%	25%	24%	27%	23%	31%	29%	30%	26%	22%	12%	
A flat, room or house rented by me (or partner) from a local council, housing association or housing co-operative	41%	27%	29%	29%	33%	37%	27%	36%	33%	37%	41%	35%	
A temporary flat or house provided by the local council	-	2%	1%	1%	1%	0%	3%	4%	1%	2%	1%	-	
Other statutory accommodation (e.g. supported accommodation or NASS accommodation)	-	1%	1%	-	3%	2%	-	-	-	1%	0%	-	
A flat or house owned by me or my partner (with a mortgage or owned outright)	17%	18%	21%	24%	18%	19%	12%	10%	18%	13%	16%	35%	
I live permanently with my parents, other family members or friends	17%	11%	14%	18%	14%	13%	17%	11%	11%	8%	12%	15%	
I am staying with my parents, other family members or friends but this is a temporary or insecure arrangement	1%	3%	3%	1%	1%	2%	6%	4%	4%	9%	4%	-	
A hotel, hostel, refuge, B&B or night shelter	-	-	1%	-	-	1%	1%	2%	-	-	-	-	
Sleeping rough/ living on the streets	-	-	-	-	-	-	-	0%	-	-	-	-	
Other	3%	3%	4%	3%	3%	2%	1%	4%	3%	4%	3%	2%	
Prefer not to say	1%	0%	1%	1%	-	1%	2%	-	1%	1%	0%	-	

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_NEW9a. At any point in the last 12 months have you considered yourself to be at risk of homelessness? For example, if you were being evicted from your rental property, asked to leave a friend's or relative's home, left prison, or left care.

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
Yes	20%	17%	13%	13%	20%	13%	23%	27%	14%	16%	15%	10%
No	78%	79%	83%	82%	80%	78%	74%	68%	81%	81%	81%	86%
Don't know	1%	4%	4%	5%	-	5%	1%	3%	2%	3%	3%	5%
Prefer not to say	1%	1%	1%	0%	-	4%	2%	2%	2%	-	1%	-



UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_NEW9b. You said you have been at risk of becoming homeless in the last 12 months. As a result did you receive any support from your local authority?

Unweighted base	18	32	20	18	30	25	51	64	29	17	23	6
Base: All UK Adults who are at risk of becoming homeless	22	38	24	19	35	25	53	77	28	17	25	4
Yes, I did	10%	18%	7%	31%	22%	31%	35%	52%	26%	21%	16%	16%
No, I did not	86%	82%	89%	66%	70%	66%	61%	47%	72%	79%	80%	84%
Don't know	-	-	4%	3%	6%	-	2%	-	2%	-	-	-
Prefer not to say	4%	-	-	-	2%	3%	2%	1%	-	-	4%	-

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_Q10. Which ONE of the following best describes you?

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All adults currently claiming universal credit	108	230	185	151	176	192	236	288	201	104	166	42
Full time employee (30 hours a week or more)	10%	19%	11%	17%	11%	17%	22%	15%	11%	13%	10%	18%
Part-time employee (less than 30 hours a week)	11%	18%	16%	18%	17%	14%	16%	21%	19%	21%	14%	19%
Self-employed or freelance	5%	4%	8%	4%	4%	4%	9%	4%	6%	6%	2%	6%
On maternity or paternity leave	2%	-	1%	1%	-	-	0%	1%	1%	-	1%	-
Retired (whether receiving pension or not)	1%	0%	1%	0%	1%	1%	1%	0%	-	1%	-	2%
In full time education or training	1%	2%	1%	2%	2%	2%	2%	1%	2%	2%	4%	5%
Looking after home or family	7%	6%	7%	4%	7%	8%	3%	7%	8%	6%	8%	7%
Signed off sick (short-term or temporarily)	6%	3%	1%	1%	2%	2%	1%	2%	1%	-	5%	3%
Long-term sick or disabled	32%	29%	30%	36%	32%	30%	21%	25%	35%	28%	35%	33%
Unemployed and looking for work	15%	12%	15%	13%	20%	13%	16%	12%	10%	20%	17%	-
Unemployed and not looking for work	8%	5%	6%	4%	2%	7%	4%	5%	4%	3%	2%	5%
Other	2%	3%	1%	1%	2%	1%	3%	4%	3%	-	1%	-
Prefer not to say	1%	-	1%	-	-	1%	1%	1%	1%	-	1%	-



UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_Q12. Apart from you, are there any other adult members of your household...(Please select all that apply)

	38	109	84	83	79	91	121	140	97	46	70	34
Unweighted base	38	109	84	83	79	91	121	140	97	46	70	34
Base: All UK adults who are living with any other adults (aged 17+)	41	115	86	79	78	90	135	153	93	45	69	23
Working full-time as an employee	37%	39%	37%	35%	35%	40%	50%	33%	53%	44%	35%	40%
Working part-time as an employee	9%	23%	12%	20%	13%	21%	24%	25%	26%	15%	18%	9%
Self-employed or freelance	11%	3%	6%	9%	4%	6%	18%	17%	14%	11%	9%	12%
No other adults in household are working	45%	38%	38%	39%	45%	39%	19%	32%	23%	29%	46%	39%
Prefer not to say	2%	4%	8%	-	4%	6%	5%	5%	1%	4%	-	3%
Net: Employed	42%	56%	47%	53%	48%	52%	68%	53%	69%	57%	50%	49%
Net: Working	53%	58%	53%	61%	51%	55%	75%	62%	76%	68%	54%	58%

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_Q64. You previously mentioned that you are not working at the moment. Which, if any, of the following reasons best describe why you are not working at the moment. Please select all that apply.

	Unweighted base	62	119	103	84	106	105	96	141	119	60	105	30
Base: Adults who are unemployed, looking after family, long term sick, other		69	127	110	87	111	114	110	152	121	59	104	19
I have a health condition (physical or mental) that means that I cannot work	64%	57%	51%	58%	50%	57%	46%	60%	60%	60%	51%	54%	70%
I would like to work, but it is difficult to find work which allows me to manage my health condition	27%	24%	27%	25%	27%	25%	17%	25%	33%	33%	27%	31%	22%
I have caring responsibilities that means that I cannot work	13%	17%	15%	11%	12%	13%	8%	17%	11%	11%	17%	12%	20%
I would like to work, but it is difficult to find work which allows me to manage my caring responsibilities	6%	12%	7%	7%	9%	4%	5%	11%	4%	4%	12%	5%	10%
Lack of affordable or available childcare means I cannot work	11%	1%	6%	1%	6%	7%	1%	8%	3%	3%	7%	5%	-
Lack of affordable or available care for the person who, for health reasons, I provide unpaid care for means I cannot work	6%	1%	2%	3%	3%	2%	4%	4%	1%	1%	3%	4%	3%
I don't want to lose my benefits	5%	3%	3%	4%	5%	6%	1%	4%	8%	8%	2%	6%	-
I have tried to find work but haven't been successful	19%	19%	19%	21%	23%	19%	19%	19%	19%	15%	20%	17%	-
I can't find work close enough to where I live / where I can travel to	12%	7%	8%	7%	10%	5%	2%	6%	12%	12%	9%	5%	-
I am looking for a specific type of role or job that I haven't found or hasn't been available	8%	7%	12%	10%	13%	4%	5%	7%	7%	5%	11%	2%	-
I only want to work specific hours and haven't found a suitable job	7%	1%	4%	2%	7%	3%	3%	8%	4%	4%	8%	5%	4%
I don't have a permanent place to live	-	3%	1%	1%	2%	-	2%	7%	4%	4%	-	1%	-
I don't have sufficient access to the internet	-	1%	-	1%	1%	-	-	1%	2%	2%	2%	1%	-
I am waiting to hear back from jobs that I have applied for	2%	14%	9%	14%	15%	9%	23%	14%	5%	5%	8%	9%	4%
I want some time out of trying to find work	-	3%	1%	1%	1%	1%	2%	1%	-	-	11%	3%	-
I don't have the right skills or qualifications to find work	7%	5%	6%	6%	6%	6%	7%	8%	8%	8%	7%	12%	4%
Other	5%	5%	7%	8%	8%	9%	12%	7%	14%	14%	5%	11%	6%
Not applicable – there is no particular reason that I am not working	-	1%	-	1%	-	-	-	-	-	-	1%	-	2%
Don't know	1%	0%	-	1%	-	1%	-	1%	1%	1%	-	-	-
Prefer not to say	2%	-	3%	2%	-	2%	-	1%	1%	1%	1%	2%	-
Net: Any	97%	99%	97%	97%	100%	97%	100%	99%	98%	98%	98%	98%	98%

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

For each of the following questions please give an answer on a scale of 1 to 10, where 1 is "not at all satisfied" and 10 is "completely satisfied" please remember that there are no right or wrong answers.

VTU_QNEW5a_1. Overall, how satisfied are you with your life nowadays?

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
1 - Not at all satisfied [1]	28%	15%	10%	15%	16%	11%	13%	14%	15%	16%	20%	15%
2 [2]	5%	7%	7%	6%	7%	9%	12%	5%	6%	6%	4%	5%
3 [3]	8%	15%	16%	14%	14%	14%	12%	14%	13%	15%	17%	13%
4 [4]	7%	11%	15%	20%	14%	13%	13%	15%	12%	8%	14%	15%
5 [5]	15%	16%	16%	13%	15%	17%	11%	15%	11%	21%	10%	14%
6 [6]	21%	12%	20%	10%	10%	11%	11%	8%	14%	8%	9%	13%
7 [7]	8%	10%	6%	16%	10%	11%	15%	9%	13%	17%	14%	5%
8 [8]	2%	6%	7%	3%	6%	10%	6%	8%	10%	8%	7%	12%
9 [9]	3%	3%	2%	3%	1%	2%	3%	1%	3%	2%	2%	5%
10 - Completely satisfied [10]	2%	4%	1%	1%	6%	1%	5%	9%	1%	-	1%	2%
Prefer not to say	-	-	1%	-	-	-	1%	0%	-	-	1%	-
Net: Not Satisfied	48%	48%	48%	55%	52%	47%	50%	49%	47%	45%	55%	48%
Net: Satisfied	37%	36%	35%	33%	33%	35%	39%	35%	42%	35%	34%	38%
Mean	4.18	4.63	4.57	4.42	4.52	4.63	4.70	4.82	4.74	4.52	4.33	4.72

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

For each of the following questions please give an answer on a scale of 1 to 10, where 1 is "not at all worthwhile" and 10 is "completely worthwhile" please remember that there are no right or wrong answers.

VTU_NEW5b_1. Overall, to what extent do you feel that the things you do in your life are worthwhile?

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
1 - Not at all worthwhile [1]	20%	11%	9%	11%	13%	12%	11%	11%	7%	17%	16%	13%
2 [2]	14%	8%	11%	9%	6%	7%	5%	6%	9%	7%	10%	6%
3 [3]	11%	10%	11%	13%	10%	13%	12%	14%	14%	8%	11%	8%
4 [4]	11%	10%	11%	15%	12%	17%	8%	11%	11%	11%	9%	9%
5 [5]	12%	11%	19%	13%	17%	12%	15%	15%	11%	20%	17%	20%
6 [6]	11%	13%	13%	8%	8%	10%	10%	8%	13%	9%	8%	10%
7 [7]	8%	15%	11%	15%	13%	10%	12%	14%	11%	9%	8%	9%
8 [8]	6%	10%	7%	8%	12%	12%	13%	9%	13%	13%	12%	11%
9 [9]	2%	3%	3%	3%	2%	4%	4%	3%	3%	1%	3%	3%
10 - Completely worthwhile [10]	5%	8%	5%	4%	6%	3%	8%	9%	6%	3%	4%	11%
Prefer not to say	-	1%	0%	1%	-	0%	1%	1%	1%	-	1%	-
Net: Not worthwhile	55%	39%	42%	48%	41%	49%	37%	42%	42%	44%	46%	36%
Net: Worthwhile	33%	49%	39%	38%	41%	39%	47%	43%	46%	36%	36%	44%
Mean	4.27	5.29	4.92	4.84	5.05	4.88	5.38	5.22	5.17	4.70	4.66	5.35

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

For each of the following questions please give an answer on a scale of 1 to 10, where 1 is "not at all happy" and 10 is "completely happy" please remember that there are no right or wrong answers.

VTU_NEW5c_1. Overall, how happy did you feel yesterday

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
1 - Not at all happy [1]	21%	12%	10%	11%	11%	13%	11%	12%	9%	13%	17%	11%
2 [2]	4%	9%	6%	9%	8%	7%	7%	8%	7%	12%	11%	5%
3 [3]	9%	11%	12%	9%	11%	10%	11%	12%	12%	6%	6%	15%
4 [4]	15%	9%	13%	11%	15%	12%	10%	11%	11%	9%	13%	9%
5 [5]	11%	13%	18%	18%	20%	17%	15%	14%	17%	18%	12%	10%
6 [6]	15%	13%	8%	10%	6%	11%	9%	9%	13%	11%	10%	9%
7 [7]	17%	11%	17%	11%	9%	11%	16%	12%	12%	12%	15%	18%
8 [8]	1%	11%	9%	11%	11%	10%	7%	8%	10%	6%	7%	9%
9 [9]	2%	6%	4%	6%	5%	2%	5%	4%	4%	9%	4%	9%
10 - Completely happy [10]	4%	4%	3%	4%	4%	4%	8%	11%	5%	4%	3%	3%
Prefer not to say	-	-	0%	-	-	-	1%	1%	-	-	1%	-
Net: Not happy	49%	41%	41%	40%	45%	44%	39%	42%	39%	40%	47%	41%
Net: Happy	40%	46%	41%	41%	36%	39%	46%	44%	44%	42%	40%	49%
Mean	4.54	5.07	5.04	5.04	4.96	4.83	5.28	5.22	5.17	4.97	4.70	5.26

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_NEW5d. On a scale of 1 to 10, where 1 is "Not at all anxious" and 10 is "completely anxious", overall, how anxious did you feel yesterday?

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
1 - Not at all anxious [1]	3%	10%	7%	7%	7%	6%	8%	7%	7%	7%	7%	7%
2 [2]	8%	6%	8%	3%	4%	8%	4%	4%	6%	6%	6%	11%
3 [3]	7%	6%	9%	8%	10%	4%	8%	8%	12%	5%	9%	4%
4 [4]	10%	9%	8%	11%	2%	6%	8%	8%	8%	5%	10%	3%
5 [5]	13%	9%	10%	8%	11%	10%	16%	9%	11%	10%	9%	10%
6 [6]	8%	11%	15%	14%	10%	9%	11%	9%	14%	10%	9%	10%
7 [7]	17%	18%	16%	12%	18%	19%	12%	14%	15%	27%	17%	14%
8 [8]	14%	10%	14%	11%	18%	17%	13%	16%	14%	10%	14%	14%
9 [9]	8%	7%	5%	8%	8%	6%	9%	6%	5%	10%	7%	9%
10 - Completely anxious [10]	12%	14%	8%	17%	13%	14%	10%	19%	7%	11%	11%	18%
Prefer not to say	-	-	0%	1%	-	1%	1%	1%	-	-	1%	-
Net: Not anxious	28%	31%	31%	30%	22%	24%	29%	27%	34%	23%	32%	25%
Net: Anxious	59%	60%	58%	62%	67%	65%	55%	63%	55%	67%	57%	65%
Mean	6.18	6.00	5.73	6.22	6.34	6.32	5.91	6.41	5.60	6.27	5.92	6.35

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_Q55. Not counting the people you live with, how often, if at all, do you have contact with your relatives, friends or neighbours? This could be in person, by phone, letter, email or through the internet.

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
On most days	45%	45%	39%	42%	38%	40%	46%	41%	38%	43%	45%	55%
Once or twice a week	36%	29%	37%	33%	32%	37%	33%	34%	39%	32%	36%	28%
Once or twice a month	9%	10%	11%	11%	12%	11%	11%	11%	12%	9%	7%	6%
Less often than once a month	5%	13%	8%	11%	13%	6%	6%	9%	7%	10%	6%	9%
Never	4%	2%	4%	3%	4%	5%	2%	3%	3%	4%	5%	-
Don't know	1%	0%	1%	-	1%	1%	2%	2%	1%	1%	1%	2%
Net: At least once a week	81%	74%	76%	75%	70%	77%	79%	74%	77%	75%	81%	83%
Net: Once a month or less often	14%	23%	19%	23%	26%	17%	17%	21%	19%	20%	13%	15%

VTU_NEW7. How often do you feel lonely?

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
Always/ often	30%	23%	21%	22%	25%	29%	22%	22%	27%	27%	29%	28%
Some of the time	35%	29%	37%	39%	34%	29%	34%	42%	34%	34%	27%	19%
Occasionally	20%	23%	26%	25%	26%	30%	30%	24%	22%	27%	28%	34%
Never	14%	24%	16%	15%	13%	11%	11%	11%	17%	12%	16%	18%
Prefer not to say	1%	1%	-	-	2%	1%	2%	0%	0%	-	1%	2%

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

disability_NEW_a. Do you have any physical or mental health conditions or illnesses lasting or expected to last 12 months or more?

Unweighted base	99	225	177	148	172	194	215	270	206	106	174	62
Base: All	108	226	181	146	174	192	225	285	199	101	166	41
Yes, a physical disability	20%	20%	16%	24%	21%	21%	13%	21%	27%	20%	19%	25%
Yes, a long-term physical condition or illness	28%	28%	29%	34%	32%	34%	28%	27%	39%	34%	32%	40%
Yes, a mental health condition (including stress, depression or anxiety)	57%	52%	54%	61%	53%	52%	40%	51%	58%	61%	53%	55%
Yes, a learning disability or learning difficulty	4%	9%	7%	10%	5%	6%	8%	9%	11%	11%	9%	5%
None of the above	23%	28%	27%	22%	27%	18%	34%	29%	22%	22%	23%	22%
Don't know	4%	2%	3%	2%	1%	7%	5%	2%	1%	3%	1%	-
Prefer not to say	4%	3%	4%	1%	2%	2%	2%	3%	1%	-	2%	-
Net: Any disability	69%	68%	66%	75%	70%	73%	59%	66%	77%	76%	74%	78%

disability_NEW_b. Do any of your conditions or illnesses reduce your ability to carry out day to day activities?

Unweighted base	67	148	112	109	122	141	125	181	153	74	124	45
Base: Those with a disability, mental health condition or long term health issue	73	148	116	106	119	135	129	181	149	71	122	31
Yes, a lot	65%	53%	50%	59%	49%	48%	45%	52%	56%	53%	55%	57%
Yes, a little	30%	40%	46%	36%	43%	48%	46%	37%	36%	41%	39%	38%
Not at all	6%	7%	5%	6%	8%	4%	10%	10%	9%	5%	6%	5%
Net: Yes	94%	93%	95%	94%	92%	96%	90%	90%	91%	95%	94%	95%

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_Q15a. Does anyone else in your household have any physical or mental health conditions lasting or expected to last 12 months or more?

Unweighted base	59	159	133	127	118	132	153	204	143	73	103	41
Base: All adults currently claiming Universal Credit who don't live alone	67	164	138	125	119	136	168	222	142	73	102	28
Yes, but it doesn't reduce their ability to carry out day to day activities	12%	14%	10%	7%	14%	15%	10%	13%	12%	12%	19%	11%
Yes, and it does reduce their ability to carry out day to day activities	27%	33%	27%	42%	40%	37%	29%	42%	37%	39%	34%	26%
No, no one else in my household has any health conditions	50%	45%	52%	47%	40%	43%	50%	39%	44%	40%	47%	54%
Don't know	7%	4%	5%	4%	5%	6%	8%	3%	4%	7%	2%	2%
Prefer not to say	3%	3%	7%	3%	3%	1%	3%	4%	4%	3%	1%	7%
Net: Yes	39%	47%	37%	46%	52%	49%	39%	53%	48%	51%	50%	37%

VTU_Q16. Your Universal Credit payments can include additional amounts to help with different costs. Does your household receive any of the following on top of the standard basic payment (Standard Allowance)? Please select all that apply.

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All adults currently claiming Universal Credit	108	230	185	151	176	192	236	288	201	104	166	42
Extra money to help with your housing costs (paid to yourself or directly to your landlord)	29%	27%	22%	21%	25%	26%	22%	31%	30%	26%	27%	19%
Extra money for caring for someone	7%	10%	10%	13%	13%	11%	12%	14%	9%	5%	9%	11%
Extra money if someone you live with is disabled	2%	7%	9%	10%	8%	10%	4%	9%	7%	5%	7%	12%
Extra money for children living at home, excluding childcare costs	20%	17%	17%	20%	16%	23%	14%	23%	22%	20%	19%	20%
Extra money for childcare	9%	6%	4%	7%	6%	4%	8%	11%	6%	3%	3%	6%
Extra money because you have a disability or health condition, which limits your capability to work	26%	27%	21%	28%	22%	27%	19%	24%	33%	24%	32%	26%
None of the above	35%	28%	36%	30%	40%	27%	39%	28%	28%	25%	33%	24%
I don't know what the Universal Credit payment covers	9%	8%	13%	14%	8%	10%	12%	9%	5%	13%	8%	12%
Prefer not to say	1%	2%	2%	1%	3%	1%	2%	1%	2%	4%	1%	3%
Net: Any extra money	55%	61%	49%	55%	50%	62%	47%	62%	65%	59%	58%	61%

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_Q17. How long have you currently been claiming Universal Credit for?

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All adults currently claiming Universal Credit	108	230	185	151	176	192	236	288	201	104	166	42
Under 3 months	5%	1%	1%	4%	3%	1%	6%	5%	-	1%	2%	3%
3 to 6 months	8%	11%	10%	7%	13%	10%	15%	11%	6%	10%	10%	21%
7 to 12 months	16%	17%	13%	15%	12%	15%	21%	14%	15%	15%	8%	12%
More than 12 months	70%	69%	72%	71%	71%	73%	56%	68%	78%	72%	77%	64%
Don't know	-	1%	1%	3%	1%	1%	0%	1%	1%	1%	1%	-
Prefer not to say	1%	0%	2%	-	1%	1%	2%	2%	0%	1%	2%	-

VTU_Q18. Which of the following statements about the benefit(s) you receive to support you with your housing costs best describes the situation of the household?

Unweighted base	30	77	52	43	58	69	72	109	82	43	74	20
Base: All UK Adults who rent and claim Housing Benefit/LHA or who have UC payment to support housing costs	34	80	52	42	57	65	67	116	78	42	68	12
The benefit I/we receive covers all of our rent	64%	47%	47%	59%	51%	46%	47%	58%	51%	43%	67%	57%
The benefit I/we receive does not cover all of our rent	36%	52%	50%	38%	43%	53%	49%	40%	47%	57%	33%	38%
Don't know	-	1%	3%	3%	1%	1%	1%	2%	1%	-	-	6%
Prefer not to say	-	-	-	-	5%	-	3%	0%	-	-	-	-

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_Q19. What impact, if any does the shortfall between the benefit(s) you receive to support you with your housing costs and your rent have on your ability to afford day-to-day costs?

Unweighted base	12	39	28	18	26	38	37	48	40	26	27	8
Base: All UK Adults whose UC, Housing Benefit or LHA does not cover all of rent	12	41	26	16	25	34	33	47	37	24	22	5
A great deal	18%	26%	24%	12%	28%	30%	44%	53%	42%	23%	27%	18%
A fair amount	49%	45%	33%	28%	30%	35%	30%	36%	39%	50%	18%	46%
Just a little	26%	19%	30%	45%	31%	25%	14%	4%	14%	20%	37%	36%
Makes no difference	-	8%	11%	11%	8%	7%	2%	7%	5%	3%	13%	-
Don't know	7%	2%	2%	4%	4%	3%	11%	-	-	4%	5%	-
Prefer not to say	-	-	-	-	-	-	-	-	-	-	-	-

VTU_Q20b. Are you currently having your benefit award reduced because you are considered to have a spare bedroom, i.e. the 'bedroom tax' or under occupancy charge?

Unweighted base	41	67	52	44	60	77	64	93	74	41	76	-
Base: All UK Social renters	44	63	54	43	57	71	64	104	67	38	69	-
Yes - but I am claiming a Discretionary Housing Payment This is an extra payment that provides financial support to help with rent or housing costs) from my local authority to cover it	2%	4%	3%	1%	6%	3%	3%	17%	-	-	26%	-
Yes - and I am not claiming a Discretionary Housing Payment from my local authority to cover it	26%	15%	12%	11%	12%	12%	11%	15%	12%	21%	6%	-
No	72%	74%	77%	75%	79%	77%	80%	64%	81%	67%	61%	-
Don't know	-	5%	9%	10%	1%	8%	6%	4%	6%	12%	8%	-
Prefer not to say	-	1%	-	1%	3%	-	-	-	1%	-	-	-
Net: Yes	28%	19%	14%	13%	17%	16%	14%	33%	12%	21%	31%	-

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_Q21. Is part of your or your partner's benefit income (including tax credits) currently being deducted in order to pay a benefit advance, benefit overpayments, loans from the Department for Work and Pensions or other debts and fines?

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults who have income from any benefits	108	230	185	151	176	192	236	288	201	104	166	42
Yes, it is	39%	32%	26%	20%	31%	17%	31%	30%	16%	30%	24%	27%
No, it isn't	48%	62%	59%	68%	59%	69%	57%	58%	72%	60%	66%	59%
Don't know	9%	4%	12%	10%	7%	11%	9%	11%	10%	7%	7%	13%
Prefer not to say	4%	2%	3%	2%	3%	3%	3%	1%	1%	3%	3%	2%

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_Q22. For which of the following reasons is part of your or your partner's benefit income being deducted?
Please select all that apply

	Unweighted base	38	64	48	32	54	36	67	75	36	30	40	17
Base: All UK Adults who have benefit deductions		42	73	47	31	54	33	72	86	33	31	40	11
To repay an advance payment taken to cover the five-week wait for Universal Credit		31%	34%	26%	35%	30%	29%	40%	42%	17%	22%	17%	38%
To repay an advance payment taken to cover a specific expense (a budgeting advance)		50%	41%	40%	22%	40%	38%	36%	32%	33%	29%	24%	28%
To repay an advance payment taken on because of a change in circumstances		9%	12%	-	-	5%	2%	16%	23%	4%	8%	9%	5%
To repay previous benefit overpayments (e.g. from the DWP, HMRC, or the Council)		43%	35%	37%	51%	44%	34%	39%	29%	49%	60%	45%	53%
To repay a Hardship Payment from the DWP		7%	4%	2%	6%	3%	7%	7%	3%	-	5%	4%	-
To repay a court fine/ fines		11%	5%	9%	6%	6%	1%	5%	20%	2%	3%	-	-
To repay council tax arrears		13%	5%	14%	2%	4%	3%	14%	7%	10%	5%	28%	-
Because of deductions from third parties (e.g. to repay arrears on rent or energy bills)		-	9%	5%	-	5%	18%	12%	4%	12%	-	2%	-
Other debts and fines		3%	5%	8%	2%	8%	6%	8%	5%	11%	2%	2%	-
Don't know		-	2%	5%	7%	2%	4%	3%	1%	7%	4%	-	-
Prefer not to say		3%	2%	3%	-	-	-	-	-	-	3%	-	-

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_Q26. Which ONE of the following statements best describes how well you are keeping up with your bills and credit commitments at the moment?

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
I am keeping up with all bills and credit commitments without any difficulty	11%	19%	16%	20%	19%	12%	24%	10%	18%	14%	17%	12%
I am keeping up with all bills and credit commitments but it is a struggle from time to time	34%	31%	33%	37%	29%	32%	32%	33%	26%	27%	28%	41%
I am keeping up with all bills and credit commitments but it is a constant struggle	28%	27%	30%	28%	31%	33%	20%	29%	35%	29%	32%	22%
I am having real financial problems and have fallen behind with many bills or credit commitments	20%	18%	15%	10%	19%	16%	19%	22%	14%	20%	17%	19%
I don't have any bills or credit commitments	3%	2%	1%	5%	1%	3%	4%	2%	6%	4%	3%	5%
Don't know	3%	2%	3%	1%	1%	1%	0%	2%	-	3%	1%	-
Prefer not to say	2%	1%	2%	-	1%	4%	2%	3%	2%	3%	2%	-
Net: Managing to keep up with bills	73%	77%	78%	85%	79%	77%	76%	71%	79%	70%	77%	76%
Net: Struggling	62%	58%	63%	65%	60%	65%	52%	62%	61%	56%	60%	63%

VTU_Q27. You've said that you're finding it a struggle to keep up with your bills or credit commitment at the moment or from time to time. How long have you been managing like this?

Unweighted base	83	174	145	116	142	164	165	229	163	87	139	54
Base: All UK Adults who struggle to keep up with bills or credit commitment	88	175	144	113	138	155	165	240	150	79	129	34
For the last three months	4%	5%	6%	10%	8%	8%	3%	5%	6%	6%	13%	10%
For the last six months	17%	21%	11%	14%	11%	12%	15%	22%	11%	11%	12%	8%
For the last 12 months	20%	24%	23%	20%	29%	20%	31%	19%	21%	24%	18%	36%
For the last 2-3 years	30%	21%	26%	28%	17%	19%	20%	18%	23%	24%	30%	18%
For the last 3-5 years	10%	11%	13%	10%	12%	16%	14%	10%	14%	11%	8%	9%
For longer than 5 years but not always	5%	8%	8%	6%	9%	8%	6%	8%	10%	6%	5%	7%
For as long as I can remember	12%	7%	9%	10%	10%	12%	8%	12%	11%	12%	14%	6%
Don't know	2%	2%	3%	2%	3%	5%	1%	4%	4%	4%	-	5%
Prefer not to say	1%	1%	1%	-	1%	-	2%	2%	1%	3%	0%	-



UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_60_2. Over the last three months, have you ever experienced any of the following? Please select one option on each row - My financial situation impacting my ability to find or go to work

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
Yes, I have	30%	23%	21%	17%	26%	15%	31%	30%	16%	24%	20%	14%
No, I haven't	51%	60%	56%	62%	60%	65%	54%	53%	67%	61%	62%	68%
Don't know/can't remember	12%	9%	15%	18%	8%	10%	9%	9%	9%	7%	10%	15%
Prefer not to say	7%	8%	8%	3%	5%	9%	6%	8%	8%	8%	7%	3%

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_Q28. Are you and/ or your partner currently behind with any of the following household bills? Please select all that apply

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
Council tax	15%	16%	14%	14%	20%	12%	20%	17%	15%	15%	-	-
Council tax, including water and sewage	-	-	-	-	-	-	-	-	-	-	21%	-
Your Domestic Rates	-	-	-	-	-	-	-	-	-	-	-	1%
Gas or electricity	16%	17%	17%	16%	22%	14%	23%	25%	14%	17%	16%	3%
Water and sewage	12%	14%	9%	10%	17%	10%	18%	17%	13%	16%	-	2%
Telephone/mobile phone/broadband	7%	8%	7%	4%	6%	7%	10%	12%	5%	9%	8%	7%
TV licence	4%	4%	5%	4%	7%	5%	10%	12%	3%	3%	3%	6%
Rent or mortgage costs	15%	10%	9%	7%	9%	8%	22%	14%	6%	5%	4%	7%
School Meal Payments	-	-	-	-	-	-	-	-	-	-	1%	-
Other arrears	9%	10%	7%	10%	8%	9%	8%	13%	7%	12%	11%	17%
Not applicable - I am/ we are up-to-date with all payments	54%	53%	64%	66%	54%	57%	48%	49%	64%	61%	54%	66%
Don't know	8%	6%	3%	2%	1%	2%	1%	4%	3%	3%	4%	-
Prefer not to say	4%	3%	1%	2%	2%	6%	4%	3%	2%	1%	2%	4%
Net: Any who are behind on bills	35%	38%	32%	31%	43%	35%	47%	44%	31%	35%	41%	30%

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_Q61. Many people use different sources of money to tide them over. Which, if any, of the following sources have you or your partner currently borrowed money or got credit from that you will need to repay? Please select all that apply. If you have not borrowed any money please select the not applicable option.

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
Friend or family	34%	30%	28%	26%	23%	29%	34%	35%	21%	31%	33%	31%
Bank loan or Credit Union	6%	12%	3%	8%	7%	5%	10%	5%	8%	5%	7%	17%
Your personal overdraft	19%	20%	15%	18%	21%	16%	18%	23%	20%	22%	19%	19%
Credit card	38%	40%	35%	41%	32%	38%	35%	43%	37%	35%	36%	35%
Payday loans / doorstep lender / Money Shop	6%	4%	4%	1%	4%	4%	7%	5%	2%	6%	4%	4%
Pawnbroker	2%	4%	2%	2%	3%	3%	5%	2%	2%	3%	2%	-
Unlicensed lender (e.g. loan shark(s))	-	1%	3%	-	1%	-	2%	3%	-	1%	-	-
Car finance	9%	7%	5%	4%	3%	7%	7%	8%	4%	1%	9%	16%
Catalogues paid by instalment a form of credit debt, built up when you've purchased items from shopping catalogues	14%	12%	12%	13%	7%	10%	4%	10%	7%	10%	15%	19%
"Buy Now Pay Later" online payments from providers such as Klarna, or Afterpay a form of short term financing that allows consumers to make purchases and pay for them over time.	25%	24%	20%	21%	20%	22%	23%	27%	24%	31%	26%	35%
Hire purchase payments for appliances (e.g. fridge, washing machine, business equipment, etc.) is used to buy consumer goods, where the buyer makes an initial down payment and then pays in instalments.	8%	6%	7%	3%	4%	5%	4%	5%	5%	4%	11%	8%
Other	3%	1%	2%	1%	6%	2%	3%	3%	2%	5%	0%	3%
Not applicable - We do not owe money to any lender	33%	30%	35%	33%	33%	28%	33%	26%	36%	30%	31%	29%
Net: Any sources	67%	70%	65%	67%	68%	72%	67%	74%	64%	70%	69%	71%

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_Q62. Households are reporting an increase in their cost of living, including increases in food costs, utilities and household expenses. In the last six months (since February 2024), please select any of the following that apply to you or any of your household members. If none of the options apply, please select the 'Not applicable' option. I or someone in my household has...

	Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults		108	230	185	151	176	192	236	288	201	104	166	42
not dressed appropriately for the weather because I/we cannot afford suitable clothes or shoes		23%	19%	12%	17%	17%	15%	16%	16%	20%	18%	23%	13%
not been able to replace or repair major electrical goods such as a refrigerator, TV or washing machine when it's been broken because I/we cannot afford it		32%	25%	28%	28%	27%	25%	20%	26%	32%	31%	28%	32%
gone without a shower or bath because I/we cannot afford it		19%	17%	13%	15%	17%	15%	13%	15%	21%	20%	17%	10%
gone without basic toiletries such as soap, shampoo, toothbrush, toothpaste or sanitary items because I/we cannot afford them		17%	15%	12%	11%	16%	14%	16%	19%	16%	14%	16%	10%
not been able to keep our home warm because I/we cannot afford it		34%	29%	23%	30%	31%	28%	23%	28%	31%	35%	34%	31%
visited a food bank		20%	16%	14%	13%	20%	12%	15%	25%	16%	14%	9%	10%
not been able to adequately furnish our home because I/we cannot afford it		39%	22%	23%	16%	23%	20%	22%	29%	30%	28%	25%	20%
not had essential dental treatment done because I/we cannot afford it		33%	31%	32%	33%	30%	34%	30%	35%	43%	34%	25%	22%
not gotten prescriptions because I/we cannot afford it		4%	5%	7%	6%	7%	8%	6%	11%	7%	-	-	-
not made an essential journey because I/we could not afford it		23%	23%	17%	20%	21%	20%	21%	30%	22%	19%	20%	12%
not got pain relief or over the counter medication because I/we cannot afford it		14%	11%	8%	13%	15%	12%	8%	15%	15%	10%	12%	7%
Not applicable – I have not experienced any of the issues listed in the last six months		21%	29%	32%	32%	28%	27%	33%	21%	27%	33%	35%	37%
Don't know		1%	3%	3%	1%	2%	4%	4%	4%	1%	4%	3%	2%
Prefer not to say		3%	2%	5%	1%	3%	3%	3%	2%	1%	2%	1%	2%
Net: Any		75%	65%	61%	66%	67%	66%	60%	73%	71%	61%	61%	59%

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_QNEW7. We want to understand any particular pressure that families with children are facing. In the last six months (since February 2024), please select any of the following that apply to your child or children. If none of the options apply, please select the 'Not applicable' option. My child has/my children have...

	Unweighted base	39	91	80	88	78	80	92	132	85	44	64	31
Base: Those with children		43	93	84	87	77	83	98	146	82	44	63	22
not dressed appropriately for the weather because I/we cannot afford suitable clothes or shoes		-	16%	10%	12%	9%	15%	11%	12%	10%	5%	10%	7%
gone without a shower or bath because I/we cannot afford it		3%	7%	3%	9%	5%	4%	12%	5%	4%	5%	3%	3%
gone without basic toiletries such as soap, shampoo, toothbrush, toothpaste or sanitary items because I/we cannot afford them		-	7%	9%	5%	6%	1%	15%	7%	3%	4%	8%	-
not had essential dental treatment done because I/we cannot afford it		3%	11%	12%	6%	3%	11%	13%	7%	7%	15%	6%	5%
not got prescriptions because I/we cannot afford it		5%	1%	-	3%	5%	1%	3%	3%	-	-	-	-
not got pain relief or over the counter medication because I/we cannot afford it		2%	2%	7%	6%	3%	-	7%	3%	7%	5%	4%	2%
not made an essential journey because I/we could not afford it		3%	9%	6%	9%	8%	12%	17%	17%	5%	6%	10%	7%
Not attended school / missed school because we could not afford it		-	11%	4%	3%	8%	1%	5%	1%	-	-	4%	10%
Missed out training and / or extracurricular activities because we could not afford it		15%	25%	24%	25%	15%	31%	30%	28%	31%	33%	27%	29%
Not applicable – My child has / children have not experienced any of the issues listed in the last six months		74%	54%	61%	63%	67%	57%	48%	47%	55%	61%	61%	59%
Don't know		-	2%	1%	4%	2%	1%	2%	0%	4%	2%	2%	-
Prefer not to say		2%	-	2%	-	6%	3%	6%	3%	1%	-	-	-
Net: Any		24%	44%	36%	33%	26%	39%	44%	50%	39%	37%	37%	41%

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

These next questions are about the food eaten in your household, and whether you are able to afford the food you need. For the following statements, please tell us whether the statement was often true, sometimes true, or never true for you or your household in the last 30 days

VTU_Q30_1. // we worried whether our food would run out before I / we got money to buy more

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
Often true	18%	20%	13%	20%	22%	17%	18%	32%	16%	25%	18%	20%
Sometimes true	46%	40%	44%	33%	40%	38%	38%	37%	35%	33%	35%	39%
Never true	28%	35%	39%	44%	33%	38%	40%	26%	45%	34%	40%	40%
Don't know	4%	2%	1%	1%	2%	2%	4%	3%	3%	4%	5%	1%
Prefer not to say	5%	2%	4%	2%	3%	4%	1%	2%	2%	4%	1%	-

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_Q30_2. The food that I / we bought just didn't last, and I / we didn't have money to get more

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
Often true	13%	16%	8%	12%	19%	13%	13%	21%	10%	13%	13%	11%
Sometimes true	36%	32%	36%	34%	35%	32%	33%	35%	40%	38%	30%	27%
Never true	43%	49%	49%	51%	42%	46%	51%	37%	44%	40%	50%	59%
Don't know	5%	2%	2%	2%	2%	5%	2%	5%	4%	7%	5%	2%
Prefer not to say	3%	2%	5%	1%	2%	4%	0%	2%	2%	3%	2%	2%

VTU_Q30_3. I / we couldn't afford to eat balanced meals

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
Often true	23%	21%	19%	18%	21%	20%	19%	28%	23%	30%	22%	17%
Sometimes true	45%	38%	35%	42%	38%	37%	35%	38%	33%	31%	37%	41%
Never true	26%	35%	37%	36%	36%	37%	41%	29%	41%	35%	33%	42%
Don't know	2%	4%	4%	2%	3%	3%	4%	3%	2%	4%	7%	-
Prefer not to say	4%	2%	5%	2%	2%	3%	-	2%	1%	1%	2%	-

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

Thinking about the past thirty days, could you tell us to what extent, if at all, are the following statements true?
 VTU_Q63_1. I or members of my household cut down the size of meals or skip meals because there wasn't enough money for food

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
This is often true	25%	21%	11%	16%	23%	11%	18%	26%	14%	19%	18%	20%
This is sometimes true	33%	33%	35%	33%	36%	42%	33%	37%	36%	36%	33%	32%
This is never true	31%	41%	45%	45%	37%	40%	46%	32%	45%	39%	43%	45%
Don't know	7%	3%	3%	5%	1%	3%	3%	3%	3%	6%	4%	1%
Prefer not to say	4%	2%	6%	1%	2%	4%	0%	2%	2%	-	1%	2%

VTU_Q63_2. I or members of my household were hungry but did not have enough money for food

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
This is often true	11%	17%	7%	11%	13%	6%	10%	18%	7%	14%	7%	6%
This is sometimes true	27%	19%	25%	28%	29%	28%	26%	26%	24%	26%	28%	27%
This is never true	51%	59%	60%	57%	52%	58%	60%	48%	65%	52%	60%	64%
Don't know	5%	3%	2%	2%	2%	5%	3%	4%	2%	7%	3%	2%
Prefer not to say	6%	3%	6%	2%	3%	3%	1%	3%	2%	1%	2%	1%

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_Q38. For the following question, by "food bank", we mean organisations that are run by a charity or local community group, that provide emergency food to people in need. How often in the past 30 days, have you, or anyone else in your household, received a free food parcel from a food bank or other emergency food provider? (please select one option only)

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
Have not received one in the last 30 days	79%	80%	85%	94%	81%	86%	77%	77%	89%	92%	91%	90%
Once	9%	6%	5%	2%	8%	4%	6%	7%	3%	2%	2%	3%
Two or three times	1%	7%	2%	1%	5%	1%	7%	7%	3%	2%	-	4%
Four to six times	1%	2%	1%	-	1%	1%	2%	3%	-	-	1%	-
More than six times	1%	0%	-	1%	0%	0%	0%	1%	1%	-	-	-
Don't know	2%	2%	2%	1%	3%	3%	3%	3%	5%	4%	5%	1%
Prefer not to say	8%	2%	6%	1%	2%	4%	5%	2%	-	-	1%	2%

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

Q55L_fparcel. In the last 12 months, how often, if ever, have you, or anyone else in your household, received a free parcel of food from a food bank or other emergency food provider? Please select one option only

Unweighted base	77	185	154	146	142	169	176	222	187	101	156	57
Base: All who haven't used a food bank in the last 30 days	85	185	157	143	142	166	181	221	179	95	151	38
Once in the last year	12%	7%	7%	3%	7%	6%	5%	10%	7%	8%	5%	3%
Two or three times in the last year	5%	6%	2%	8%	9%	4%	7%	4%	4%	10%	4%	4%
Four to six times in the last year	1%	0%	2%	1%	1%	2%	1%	1%	1%	-	1%	2%
More than six times but not every month	-	1%	-	1%	1%	1%	1%	-	1%	-	1%	2%
Every month or more often	-	-	1%	-	0%	-	-	-	0%	-	-	-
Not applicable - I have never received a free parcel of food from a food bank or any other emergency food provider	81%	83%	87%	86%	80%	86%	83%	83%	84%	78%	88%	88%
Don't know	1%	3%	0%	1%	-	-	3%	2%	2%	3%	2%	-
Prefer not to say	-	-	1%	-	2%	2%	1%	2%	1%	1%	-	2%

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

Q55N_foodpantry. Some people buy food at a low cost for themselves and their households from places other than mainstream food shops or supermarkets, especially when they are finding it difficult to make ends meet. For instance, they might go to a food pantry or social supermarket where you can obtain a range of food items for a single low-cost payment or low-cost monthly membership fee. How often, if ever, have you obtained food from a place like this in the last 12 months? Please select one answer only.

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
Once in the last year	4%	4%	3%	5%	6%	2%	5%	5%	2%	2%	3%	-
Two or three times in the last year	7%	9%	5%	4%	6%	3%	11%	7%	2%	4%	2%	4%
Four to six times in the last year	3%	5%	7%	3%	1%	2%	3%	7%	2%	1%	-	-
More than six times but not every month	-	4%	0%	2%	1%	2%	2%	2%	2%	3%	2%	3%
Every month or more often	7%	6%	4%	6%	2%	4%	3%	6%	4%	2%	2%	2%
Not applicable - I have never received food from a place like this	68%	68%	75%	79%	78%	83%	68%	70%	84%	82%	87%	89%
Don't know	6%	3%	3%	2%	3%	2%	4%	3%	4%	4%	3%	2%
Prefer not to say	6%	1%	4%	0%	2%	2%	5%	1%	-	2%	2%	-

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_Q39. In the last 12 months, have you personally experienced any of the following? Please select all that apply.

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
Being evicted from your home	2%	4%	2%	4%	3%	3%	5%	6%	5%	1%	4%	2%
One or more of your children becoming disabled or experiencing poor health	1%	8%	8%	9%	9%	7%	3%	6%	7%	6%	2%	8%
Separation or divorce	8%	4%	7%	3%	2%	10%	4%	10%	2%	5%	3%	4%
Other household/relationship breakdown	12%	6%	3%	6%	4%	7%	9%	11%	8%	8%	7%	3%
Becoming long-term sick or disabled	13%	15%	10%	16%	18%	13%	15%	14%	16%	12%	13%	18%
Death of partner	1%	0%	-	1%	1%	1%	2%	0%	1%	1%	1%	-
Other bereavement	13%	14%	14%	13%	14%	12%	12%	16%	13%	14%	13%	12%
Domestic violence or abuse	3%	4%	2%	4%	7%	6%	7%	6%	3%	5%	5%	3%
Relationship with your parents/family breaking down	10%	9%	10%	14%	8%	14%	14%	10%	11%	9%	13%	8%
Alcohol dependency	5%	5%	3%	2%	5%	3%	4%	4%	6%	2%	8%	7%
Illicit drug dependency	2%	-	4%	1%	1%	-	4%	1%	2%	4%	3%	2%
A problem with gambling	4%	-	2%	-	-	2%	3%	2%	1%	1%	3%	1%
Getting into trouble with the police e.g. an arrest or a caution	3%	2%	1%	2%	3%	4%	4%	1%	1%	2%	1%	-
Being discharged from prison	-	1%	1%	-	-	-	2%	-	-	-	-	-
Problem with your right to work or live in the UK	-	3%	-	-	-	-	0%	-	1%	-	-	-
Debt/ bankruptcy	19%	19%	12%	14%	20%	14%	14%	16%	18%	20%	14%	12%
Lost a job	11%	10%	7%	11%	11%	15%	13%	10%	11%	6%	10%	3%
Any other challenging life experience not listed above	18%	25%	18%	25%	18%	18%	20%	21%	29%	21%	23%	9%
None of these things	32%	34%	42%	31%	39%	37%	34%	35%	37%	38%	37%	50%
Prefer not to say	5%	1%	4%	1%	4%	2%	6%	4%	2%	2%	0%	5%
Net: Any	63%	65%	53%	67%	57%	61%	60%	61%	61%	60%	62%	45%

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

Over the last three months, have you experienced any of the following? Please select one option on each row
 VTU_Q41_1. I have fallen into debt because I couldn't keep up with essential bills (e.g. rent or utilities)

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
Yes, I have	33%	31%	34%	34%	37%	37%	39%	34%	31%	35%	35%	30%
No, I haven't	59%	66%	59%	65%	57%	56%	58%	61%	64%	57%	62%	68%
Don't know/can't remember	4%	1%	3%	1%	2%	3%	3%	2%	3%	7%	1%	-
Prefer not to say	5%	2%	3%	1%	4%	4%	1%	3%	3%	1%	2%	2%

VTU_Q41_2. I have been unable to travel to work or essential appointments (e.g. GP, school run, dentists or hospital appointments) because I couldn't afford to use public transport or the fuel costs to get there

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
Yes, I have	23%	25%	18%	17%	27%	19%	26%	26%	17%	26%	16%	23%
No, I haven't	66%	70%	74%	81%	69%	71%	69%	66%	80%	66%	77%	74%
Don't know/can't remember	6%	2%	5%	2%	2%	4%	3%	5%	2%	8%	4%	2%
Prefer not to say	6%	2%	3%	-	2%	6%	2%	2%	2%	-	3%	2%

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_Q41_3. I have needed to skip meals to keep up with other essential costs (e.g. utilities or rent).

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
Yes, I have	45%	36%	31%	35%	40%	32%	33%	42%	30%	42%	37%	41%
No, I haven't	45%	57%	61%	63%	55%	61%	60%	51%	64%	55%	60%	58%
Don't know/can't remember	1%	3%	4%	2%	3%	3%	6%	4%	3%	3%	2%	2%
Prefer not to say	8%	4%	4%	0%	2%	5%	1%	4%	4%	-	1%	-

VTU_Q41_4. I have been unable to cook hot food because I couldn't afford to use the oven or other utilities.

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
Yes, I have	17%	18%	13%	15%	20%	12%	19%	19%	12%	19%	12%	23%
No, I haven't	77%	79%	79%	81%	75%	79%	74%	75%	81%	72%	85%	76%
Don't know/can't remember	1%	2%	4%	3%	1%	5%	7%	4%	4%	8%	2%	1%
Prefer not to say	5%	1%	3%	1%	3%	3%	-	3%	3%	1%	1%	-

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_Q41_5. I have been unable to dress appropriately for the weather because I didn't have and wasn't able to afford suitable shoes or clothes.

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
Yes, I have	29%	25%	19%	22%	26%	19%	26%	24%	24%	27%	25%	25%
No, I haven't	62%	69%	73%	77%	69%	72%	65%	71%	72%	66%	71%	72%
Don't know/can't remember	3%	3%	4%	1%	2%	5%	6%	3%	2%	6%	2%	3%
Prefer not to say	6%	3%	4%	-	3%	4%	3%	3%	2%	2%	2%	-

VTU_Q41_6. I have been unable to afford to heat my home when I needed to

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
Yes, I have	40%	34%	28%	29%	32%	31%	34%	31%	29%	40%	41%	44%
No, I haven't	55%	61%	66%	64%	61%	61%	59%	62%	66%	50%	56%	56%
Don't know/can't remember	1%	4%	2%	6%	3%	4%	6%	5%	4%	10%	3%	-
Prefer not to say	5%	1%	4%	1%	4%	3%	1%	3%	2%	-	1%	-

VTU_Q41_7. I have been unable to dress my children appropriately for the weather because I didn't have and weren't able to afford suitable shoes or clothes.

Unweighted base	39	91	80	88	78	80	92	132	85	44	64	31
Base: Those with children	43	93	84	87	77	83	98	146	82	44	63	22
Yes, I have	5%	19%	10%	18%	9%	13%	22%	18%	5%	7%	13%	12%
No, I haven't	91%	80%	84%	82%	85%	80%	66%	79%	87%	87%	84%	85%
Don't know/can't remember	-	1%	1%	-	1%	-	9%	2%	1%	6%	3%	-
Prefer not to say	4%	-	5%	-	5%	7%	3%	1%	7%	-	-	3%

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_Q41_8. I have been unable to wash properly or keep clean because I couldn't afford basic toiletries such as soap, shampoo, toothbrushes, toothpaste or sanitary items.

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
Yes, I have	15%	12%	11%	17%	19%	12%	17%	19%	13%	19%	18%	13%
No, I haven't	77%	81%	83%	83%	76%	82%	78%	75%	83%	75%	79%	85%
Don't know/can't remember	5%	4%	2%	-	3%	2%	2%	2%	2%	6%	2%	-
Prefer not to say	3%	3%	4%	-	2%	4%	3%	3%	2%	-	1%	3%

VTU_Q41_9. I have been unable to afford to turn the lights on in my home when I needed to

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
Yes, I have	10%	10%	11%	11%	18%	14%	19%	16%	10%	20%	12%	13%
No, I haven't	81%	86%	81%	87%	76%	79%	76%	78%	83%	75%	83%	85%
Don't know/can't remember	5%	3%	4%	2%	4%	5%	5%	4%	5%	5%	3%	2%
Prefer not to say	3%	1%	4%	-	2%	3%	1%	2%	2%	-	1%	-

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_Q41_10. I have been unable to afford medical prescriptions, pain relief or other over the counter medication

Unweighted base	99	227	180	154	174	195	222	272	208	-	-	-
Base: Those in England	108	230	185	151	176	192	236	288	201	-	-	-
Yes, I have	19%	16%	15%	16%	19%	15%	17%	20%	13%	-	-	-
No, I haven't	71%	78%	78%	80%	76%	76%	74%	74%	82%	-	-	-
Don't know/can't remember	7%	2%	3%	3%	4%	4%	7%	3%	3%	-	-	-
Prefer not to say	3%	4%	4%	0%	2%	5%	1%	3%	2%	-	-	-

VTU_Q41_11. I have been unable to replace a major electrical good that had broken (like a refrigerator, TV, washing machine, boiler) because I couldn't afford to

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
Yes, I have	47%	37%	37%	37%	35%	38%	33%	34%	35%	35%	37%	35%
No, I haven't	44%	58%	53%	58%	59%	56%	60%	59%	60%	57%	56%	64%
Don't know/can't remember	5%	4%	7%	4%	3%	4%	3%	4%	3%	6%	6%	1%
Prefer not to say	4%	1%	2%	-	3%	3%	4%	4%	3%	2%	2%	-

VTU_Q41_12. I have been unable to purchase adequate furniture for my home when I needed it

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
Yes, I have	48%	34%	37%	32%	41%	34%	35%	38%	36%	42%	41%	37%
No, I haven't	44%	58%	55%	64%	52%	55%	58%	54%	58%	50%	52%	61%
Don't know/can't remember	4%	6%	4%	4%	4%	7%	6%	4%	4%	7%	6%	-
Prefer not to say	4%	2%	4%	-	3%	3%	1%	3%	2%	1%	1%	2%

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_Q41_13. I have been unable to pay for essential dental treatment for myself or a member of my household when it was needed because I couldn't afford to do so

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
Yes, I have	39%	33%	34%	38%	34%	39%	37%	38%	44%	43%	27%	20%
No, I haven't	53%	60%	57%	54%	56%	54%	56%	53%	52%	46%	68%	78%
Don't know/can't remember	4%	3%	6%	7%	8%	3%	6%	6%	3%	9%	3%	-
Prefer not to say	5%	4%	3%	1%	2%	4%	2%	3%	2%	2%	2%	2%

VTU_Q41_14. I had to cancel plans with family or friends because I couldn't afford to see them

Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All UK Adults	108	230	185	151	176	192	236	288	201	104	166	42
Yes, I have	54%	54%	53%	51%	53%	56%	51%	58%	52%	63%	53%	48%
No, I haven't	38%	42%	38%	43%	39%	37%	42%	37%	42%	33%	44%	49%
Don't know/can't remember	5%	3%	6%	7%	5%	4%	6%	3%	4%	4%	3%	3%
Prefer not to say	2%	1%	3%	-	3%	3%	1%	2%	2%	-	1%	-

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

VTU_Q73. You stated that you have been unable to travel to work or go to essential appointments because you couldn't afford to use public transport or for the fuel costs to get there. Please can you let us know which of these have you missed in the last three months due to not being able to afford to travel (Please select all that apply):

Unweighted base	22	52	33	26	42	40	55	72	34	28	28	14
Base: Those who are unable to get to work for essential appointments	25	58	34	25	48	37	62	76	33	27	27	10
Work	17%	20%	16%	7%	26%	19%	30%	25%	22%	19%	17%	11%
Doctors appointment	39%	50%	34%	16%	47%	39%	28%	37%	31%	50%	44%	51%
Hospital appointment	43%	26%	42%	44%	39%	47%	31%	42%	49%	29%	53%	53%
Dentist appointment	19%	21%	22%	28%	24%	20%	21%	20%	8%	29%	15%	25%
Children have missed school	5%	12%	8%	13%	10%	-	6%	5%	-	3%	10%	22%
Benefits appointment	4%	9%	15%	9%	24%	3%	24%	17%	24%	11%	9%	-
Other	10%	4%	15%	9%	17%	9%	10%	15%	18%	3%	11%	-
Don't know	8%	8%	7%	12%	-	6%	12%	2%	-	7%	-	9%
Prefer not to say	14%	11%	3%	4%	8%	7%	5%	3%	-	17%	2%	6%
essentials_dv. Used essentials												
Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All	108	230	185	151	176	192	236	288	201	104	166	42
Yes	80%	74%	67%	75%	75%	72%	70%	79%	76%	66%	67%	68%
No	16%	23%	27%	23%	21%	21%	26%	16%	22%	28%	28%	27%
Missing	4%	3%	6%	2%	4%	7%	4%	5%	2%	6%	5%	5%
foodbank_dv. Used foodbank												
Unweighted base	99	227	180	154	174	195	222	272	208	109	174	63
Base: All	108	230	185	151	176	192	236	288	201	104	166	42
Any use a food bank	26%	26%	18%	16%	29%	17%	26%	29%	18%	21%	13%	16%
Do not use a food bank	64%	67%	74%	81%	64%	74%	64%	63%	75%	71%	80%	80%
Missing	10%	7%	8%	3%	6%	9%	10%	7%	8%	8%	7%	5%

UK regions and countries lived in [calculated from postcode]											
North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	Wales	Scotland	Northern Ireland

All figures, unless otherwise stated, are from YouGov Plc. Total sample size was 2077 adults. Fieldwork was undertaken between 29th July - 23rd August 2024. The survey was carried out online. The figures have been weighted and are representative of all adults on Universal Credit (aged 16+).



Working status (original)	
Working	Not working

VTU_Q74. Over the next three months, to what extent do you think your financial situation (your ability to afford day to day necessities) will get better, get worse, or stay the same?

Unweighted base	838	1229
Base: All UK Adults	773	1292
Get a lot better	7%	3%
Get a little better	22%	9%
Stay the same	34%	36%
Get a little worse	19%	22%
Get a lot worse	14%	22%
Don't know	4%	7%
Prefer not to say	0%	0%
Net: Better	29%	13%
Net: Worse	33%	44%

Working status (original)	
Working	Not working

VTU_Q1. From this list, please indicate all of your (or your partner's) current sources of income. Please tick all that apply

	Unweighted base	838	1229
Base: All UK Adults		773	1292
Income from benefits (e.g. Universal Credit, Child Benefit, Housing Benefit, the State Pension or tax credit)	100%	100%	
Earnings as an employee, worker or self-employed worker (including cash in hand work)	90%	11%	
Income in the form of non-repayable cash grants (often for people facing financial hardship) from your local authority or the Department for Communities in Northern Ireland	4%	2%	
Help with rent or bills from family / friends not living with you	8%	9%	
Cash support from a charity	4%	1%	
Income from private pensions	4%	3%	
Income from investments	7%	2%	
Asylum support payments	1%	0%	
Other	3%	4%	
Not applicable - I have no source of income	-	-	
Prefer not to say	-	-	

Working status (original)	
Working	Not working

VTU_Q2b. Which benefits do you or your partner currently receive? Please select all that apply.

	Unweighted base	838	1229
Base: All UK Adults who receive benefits		773	1292
Universal Credit	100%	100%	
Housing Benefit or Local Housing Allowance (please select this even if the benefit goes directly to your landlord)	12%	24%	
Employment and Support Allowance	3%	7%	
Jobseeker's Allowance	1%	2%	
Income support	2%	0%	
Child Tax Credit	4%	3%	
Working Tax Credit	3%	0%	
Child Benefit	48%	23%	
Council Tax Reduction/ Council Tax Support	16%	28%	
Domestic Rates Rebate	0%	0%	
Personal Independence Payment (PIP)	10%	38%	
Disability Living Allowance	4%	6%	
Adult Disability Payment	1%	2%	
Child Disability Payment	1%	0%	
Scottish Child Payment	2%	1%	
Carer's Allowance Supplement	0%	1%	
Education Maintenance Allowance	-	0%	
Pension Credit	1%	0%	
Attendance Allowance	2%	1%	
State Pension	1%	1%	
Other - benefit not listed above	2%	7%	
Don't know	-	-	
Prefer not to say	-	-	



Working status (original)	
Working	Not working

VTU_NEW1. Which of the following statements best applies to you in relation to this support? Please select only one answer.

	Unweighted base	838	1229
	Base: Those on Universal Credit	773	1292
I have received this support within the last three months		10%	7%
I have applied for this support within the last three months, and I am waiting for a decision		4%	2%
I have applied for this support within the last three months, but I was unsuccessful		3%	3%
I have not applied for this support within the last three months		61%	66%
Not applicable – this support isn't available in my local area		13%	12%
Don't know		8%	9%
Prefer not to say		1%	1%
Net: Applied		7%	5%



Working status (original)	
Working	Not working

VTU_NEW2. And which of the following best describes why you have not applied for this support within the last three months? Please select only one answer.

	527	828
Unweighted base	527	828
Base: Those who did not get support	469	859
I was not aware of this support	40%	43%
I was not aware of this support - and do not feel I would have needed it	18%	15%
I was aware of this support but do not feel I need it	22%	17%
I was aware of this support but don't know how to apply for it	6%	6%
I was aware of this support but found the application too time consuming	1%	1%
I was aware of this support but found the application too difficult to complete	1%	3%
I have previously applied for support and not been successful	3%	3%
Other	5%	6%
Don't know	3%	4%
Prefer not to say	1%	1%



Working status (original)	
Working	Not working

VTU_Q2a. How many children under the age of 17 live with you?

Unweighted base	838	1229
Base: All UK Adults	773	1292
None	34%	69%
1	34%	16%
2	25%	11%
3	6%	4%
4	2%	1%
5	0%	0%
6 or more	-	0%



Working status (original)	
Working	Not working

VTU_Q3a. What is the age of the child that live with you?

Unweighted base	272	179
Base: All UK Adults with children	260	208
Less than one year old	1%	4%
1-5 years old	20%	27%
6-11 years old	33%	27%
12-13 years old	15%	14%
14-16 years old	31%	28%

VTU_Q3b_. What is the age of the children that live with you?

Unweighted base	265	185
Base: All UK Adults with children	252	196
Less than one year old	3%	11%
1-5 years old	43%	44%
6-11 years old	67%	69%
12-13 years old	37%	27%
14-16 years old	34%	35%



Working status (original)	
Working	Not working

VTU_Q3. How many adults aged 17 or over live with you as part of your household?

Unweighted base	838	1229
Base: All UK Adults	773	1292
No other adults	51%	52%
1 other adult	27%	25%
2 other adults	14%	14%
3 other adults	5%	6%
4 other adults	2%	2%
5 or more other adults	2%	1%

Working status (original)	
Working	Not working

VTU_Q6. Which ONE of the following best describes where you are living at the moment?

	Unweighted base	838	1229
	Base: All UK Adults	773	1292
A flat, room or house rented by me (or partner) from a private landlord	35%		22%
A flat, room or house rented by me (or partner) from a local council, housing association or housing co-operative	28%		36%
A temporary flat or house provided by the local council	1%		2%
Other statutory accommodation (e.g. supported accommodation or NASS accommodation)	1%		1%
A flat or house owned by me or my partner (with a mortgage or owned outright)	23%		13%
I live permanently with my parents, other family members or friends	8%		17%
I am staying with my parents, other family members or friends but this is a temporary or insecure arrangement	1%		5%
A hotel, hostel, refuge, B&B or night shelter	-		1%
Sleeping rough/ living on the streets	-		0%
Other	3%		3%
Prefer not to say	1%		1%



Working status (original)	
Working	Not working

VTU_NEW9a. At any point in the last 12 months have you considered yourself to be at risk of homelessness? For example, if you were being evicted from your rental property, asked to leave a friend's or relative's home, left prison, or left care.

Unweighted base	838	1229
Base: All UK Adults	773	1292
Yes	17%	18%
No	81%	77%
Don't know	2%	4%
Prefer not to say	1%	1%



Working status (original)	
Working	Not working

VTU_NEW9b. You said you have been at risk of becoming homeless in the last 12 months. As a result did you receive any support from your local authority?

Unweighted base	118	215
Base: All UK Adults who are at risk of becoming homeless	128	239
Yes, I did	34%	26%
No, I did not	63%	71%
Don't know	2%	1%
Prefer not to say	1%	2%



Working status (original)	
Working	Not working

VTU_Q10. Which ONE of the following best describes you?

	Unweighted base	838	1229
Base: All adults currently claiming universal credit		773	1292
Full time employee (30 hours a week or more)	40%	-	-
Part-time employee (less than 30 hours a week)	46%	-	-
Self-employed or freelance	14%	-	-
On maternity or paternity leave	-	1%	-
Retired (whether receiving pension or not)	-	1%	-
In full time education or training	-	3%	-
Looking after home or family	-	10%	-
Signed off sick (short-term or temporarily)	-	3%	-
Long-term sick or disabled	-	48%	-
Unemployed and looking for work	-	23%	-
Unemployed and not looking for work	-	7%	-
Other	-	3%	-
Prefer not to say	-	-	-



Working status (original)	
Working	Not working

VTU_Q12. Apart from you, are there any other adult members of your household...(Please select all that apply)

	413	574
Unweighted base	413	574
Base: All UK adults who are living with any other adults (aged 17+)	382	617
Working full-time as an employee	39%	41%
Working part-time as an employee	29%	14%
Self-employed or freelance	16%	7%
No other adults in household are working	25%	40%
Prefer not to say	1%	5%
Net: Employed	64%	50%
Net: Working	74%	54%



Working status (original)	
Working	Not working

VTU_Q64. You previously mentioned that you are not working at the moment. Which, if any, of the following reasons best describe why you are not working at the moment. Please select all that apply.

Unweighted base	-	1130
Base: Adults who are unemployed, looking after family, long term sick, other	-	1182
I have a health condition (physical or mental) that means that I cannot work	-	56%
I would like to work, but it is difficult to find work which allows me to manage my health condition	-	26%
I have caring responsibilities that means that I cannot work	-	13%
I would like to work, but it is difficult to find work which allows me to manage my caring responsibilities	-	8%
Lack of affordable or available childcare means I cannot work	-	5%
Lack of affordable or available care for the person who, for health reasons, I provide unpaid care for means I cannot work	-	3%
I don't want to lose my benefits	-	4%
I have tried to find work but haven't been successful	-	19%
I can't find work close enough to where I live / where I can travel to	-	7%
I am looking for a specific type of role or job that I haven't found or hasn't been available	-	7%
I only want to work specific hours and haven't found a suitable job	-	5%
I don't have a permanent place to live	-	2%
I don't have sufficient access to the internet	-	1%
I am waiting to hear back from jobs that I have applied for	-	12%
I want some time out of trying to find work	-	2%
I don't have the right skills or qualifications to find work	-	7%
Other	-	9%
Not applicable – there is no particular reason that I am not working	-	0%
Don't know	-	0%
Prefer not to say	-	1%
Net: Any	-	98%



Working status (original)	
Working	Not working

For each of the following questions please give an answer on a scale of 1 to 10, where 1 is "not at all satisfied" and 10 is "completely satisfied" please remember that there are no right or wrong answers.

VTU_QNEW5a_1. Overall, how satisfied are you with your life nowadays?

Unweighted base	838	1229
Base: All UK Adults	773	1292
1 - Not at all satisfied [1]	5%	21%
2 [2]	5%	9%
3 [3]	9%	17%
4 [4]	12%	14%
5 [5]	12%	16%
6 [6]	16%	10%
7 [7]	18%	7%
8 [8]	11%	5%
9 [9]	4%	1%
10 - Completely satisfied [10]	7%	2%
Prefer not to say	-	0%
Net: Not Satisfied	32%	60%
Net: Satisfied	56%	24%
Mean	5.71	3.93



Working status (original)	
Working	Not working

For each of the following questions please give an answer on a scale of 1 to 10, where 1 is "not at all worthwhile" and 10 is "completely worthwhile" please remember that there are no right or wrong answers.

VTU_NEW5b_1. Overall, to what extent do you feel that the things you do in your life are worthwhile?

	Unweighted base	838	1229
Base: All UK Adults		773	1292
1 - Not at all worthwhile [1]	4%		17%
2 [2]	4%		10%
3 [3]	8%		14%
4 [4]	10%		12%
5 [5]	15%		15%
6 [6]	10%		10%
7 [7]	18%		9%
8 [8]	16%		7%
9 [9]	5%		2%
10 - Completely worthwhile [10]	10%		4%
Prefer not to say	0%		1%
Net: Not worthwhile	26%		53%
Net: Worthwhile	59%		32%
Mean	6.13		4.37



Working status (original)	
Working	Not working

For each of the following questions please give an answer on a scale of 1 to 10, where 1 is "not at all happy" and 10 is "completely happy" please remember that there are no right or wrong answers.

VTU_NEW5c_1. Overall, how happy did you feel yesterday

Unweighted base	838	1229
Base: All UK Adults	773	1292
1 - Not at all happy [1]	5%	17%
2 [2]	5%	9%
3 [3]	8%	12%
4 [4]	10%	12%
5 [5]	14%	17%
6 [6]	11%	10%
7 [7]	16%	11%
8 [8]	14%	5%
9 [9]	7%	3%
10 - Completely happy [10]	10%	3%
Prefer not to say	0%	0%
Net: Not happy	28%	50%
Net: Happy	58%	33%
Mean	6.02	4.44



Working status (original)	
Working	Not working

VTU_NEW5d. On a scale of 1 to 10, where 1 is "Not at all anxious" and 10 is "completely anxious", overall, how anxious did you feel yesterday?

Unweighted base	838	1229
Base: All UK Adults	773	1292
1 - Not at all anxious [1]	10%	5%
2 [2]	7%	5%
3 [3]	10%	7%
4 [4]	9%	7%
5 [5]	10%	11%
6 [6]	12%	10%
7 [7]	15%	17%
8 [8]	13%	14%
9 [9]	5%	8%
10 - Completely anxious [10]	8%	16%
Prefer not to say	0%	0%
Net: Not anxious	36%	23%
Net: Anxious	53%	65%
Mean	5.49	6.44

Working status (original)	
Working	Not working

VTU_Q55. Not counting the people you live with, how often, if at all, do you have contact with your relatives, friends or neighbours? This could be in person, by phone, letter, email or through the internet.

Unweighted base	838	1229
Base: All UK Adults	773	1292
On most days	48%	39%
Once or twice a week	35%	33%
Once or twice a month	9%	11%
Less often than once a month	4%	11%
Never	2%	4%
Don't know	1%	1%
Net: At least once a week	84%	72%
Net: Once a month or less often	14%	23%

VTU_NEW7. How often do you feel lonely?

Unweighted base	838	1229
Base: All UK Adults	773	1292
Always/ often	13%	31%
Some of the time	35%	33%
Occasionally	32%	22%
Never	19%	12%
Prefer not to say	0%	1%



Working status (original)	
Working	Not working

disability_NEW_a. Do you have any physical or mental health conditions or illnesses lasting or expected to last 12 months or more?

	Working	Not working
Unweighted base	825	1213
Base: All	760	1271
Yes, a physical disability	8%	27%
Yes, a long-term physical condition or illness	19%	39%
Yes, a mental health condition (including stress, depression or anxiety)	37%	62%
Yes, a learning disability or learning difficulty	5%	10%
None of the above	47%	13%
Don't know	2%	3%
Prefer not to say	2%	2%
Net: Any disability	49%	82%

disability_NEW_b. Do any of your conditions or illnesses reduce your ability to carry out day to day activities?

	Working	Not working
Unweighted base	405	990
Base: Those with a disability, mental health condition or long term health issue	361	1012
Yes, a lot	23%	63%
Yes, a little	60%	33%
Not at all	17%	4%
Net: Yes	83%	96%



Working status (original)	
Working	Not working

VTU_Q15a. Does anyone else in your household have any physical or mental health conditions lasting or expected to last 12 months or more?

Unweighted base	687	751
Base: All adults currently claiming Universal Credit who don't live alone	648	825
Yes, but it doesn't reduce their ability to carry out day to day activities	11%	14%
Yes, and it does reduce their ability to carry out day to day activities	28%	41%
No, no one else in my household has any health conditions	57%	36%
Don't know	2%	7%
Prefer not to say	2%	4%
Net: Yes	39%	53%

VTU_Q16. Your Universal Credit payments can include additional amounts to help with different costs. Does your household receive any of the following on top of the standard basic payment (Standard Allowance)? Please select all that apply.

Unweighted base	838	1229
Base: All adults currently claiming Universal Credit	773	1292
Extra money to help with your housing costs (paid to yourself or directly to your landlord)	29%	24%
Extra money for caring for someone	12%	10%
Extra money if someone you live with is disabled	8%	7%
Extra money for children living at home, excluding childcare costs	30%	13%
Extra money for childcare	15%	1%
Extra money because you have a disability or health condition, which limits your capability to work	9%	36%
None of the above	32%	31%
I don't know what the Universal Credit payment covers	9%	10%
Prefer not to say	1%	2%
Net: Any extra money	58%	57%



Working status (original)	
Working	Not working

VTU_Q17. How long have you currently been claiming Universal Credit for?

	Working	Not working
Unweighted base	838	1229
Base: All adults currently claiming Universal Credit	773	1292
Under 3 months	3%	3%
3 to 6 months	14%	8%
7 to 12 months	19%	12%
More than 12 months	63%	75%
Don't know	1%	1%
Prefer not to say	1%	1%

VTU_Q18. Which of the following statements about the benefit(s) you receive to support you with your housing costs best describes the situation of the household?

	Working	Not working
Unweighted base	268	459
Base: All UK Adults who rent and claim Housing Benefit/LHA or who have UC payment to support housing costs	245	466
The benefit I/we receive covers all of our rent	39%	60%
The benefit I/we receive does not cover all of our rent	59%	38%
Don't know	1%	2%
Prefer not to say	1%	1%

Working status (original)	
Working	Not working

VTU_Q19. What impact, if any does the shortfall between the benefit(s) you receive to support you with your housing costs and your rent have on your ability to afford day-to-day costs?

	Working	Not working
Unweighted base	167	180
Base: All UK Adults whose UC, Housing Benefit or LHA does not cover all of rent	145	177
A great deal	27%	37%
A fair amount	37%	35%
Just a little	25%	19%
Makes no difference	9%	5%
Don't know	2%	4%
Prefer not to say	-	-

VTU_Q20b. Are you currently having your benefit award reduced because you are considered to have a spare bedroom, i.e. the 'bedroom tax' or under occupancy charge?

	Working	Not working
Unweighted base	232	452
Base: All UK Social renters	214	453
Yes - but I am claiming a Discretionary Housing Payment This is an extra payment that provides financial support to help with rent or housing costs) from my local authority to cover it	11%	5%
Yes – and I am not claiming a Discretionary Housing Payment from my local authority to cover it	9%	16%
No	74%	73%
Don't know	5%	6%
Prefer not to say	0%	1%
Net: Yes	20%	21%



Working status (original)	
Working	Not working

VTU_Q21. Is part of your or your partner's benefit income (including tax credits) currently being deducted in order to pay a benefit advance, benefit overpayments, loans from the Department for Work and Pensions or other debts and fines?

	Working	Not working
Unweighted base	838	1229
Base: All UK Adults who have income from any benefits	773	1292
Yes, it is	26%	27%
No, it isn't	64%	61%
Don't know	8%	9%
Prefer not to say	2%	3%

Working status (original)	
Working	Not working

VTU_Q22. For which of the following reasons is part of your or your partner's benefit income being deducted?
Please select all that apply

	Unweighted base	198	338
Base: All UK Adults who have benefit deductions		202	350
To repay an advance payment taken to cover the five-week wait for Universal Credit	36%		29%
To repay an advance payment taken to cover a specific expense (a budgeting advance)	20%		44%
To repay an advance payment taken on because of a change in circumstances	21%		4%
To repay previous benefit overpayments (e.g. from the DWP, HMRC, or the Council)	48%		36%
To repay a Hardship Payment from the DWP	3%		5%
To repay a court fine/ fines	12%		5%
To repay council tax arrears	7%		11%
Because of deductions from third parties (e.g. to repay arrears on rent or energy bills)	6%		7%
Other debts and fines	5%		6%
Don't know	4%		2%
Prefer not to say	1%		1%

Working status (original)	
Working	Not working

VTU_Q26. Which ONE of the following statements best describes how well you are keeping up with your bills and credit commitments at the moment?

	Unweighted base	838	1229
Base: All UK Adults		773	1292
I am keeping up with all bills and credit commitments without any difficulty		20%	14%
I am keeping up with all bills and credit commitments but it is a struggle from time to time		38%	27%
I am keeping up with all bills and credit commitments but it is a constant struggle		26%	31%
I am having real financial problems and have fallen behind with many bills or credit commitments		13%	20%
I don't have any bills or credit commitments		1%	4%
Don't know		1%	2%
Prefer not to say		0%	2%
Net: Managing to keep up with bills		85%	72%
Net: Struggling		65%	58%

VTU_Q27. You've said that you're finding it a struggle to keep up with your bills or credit commitment at the moment or from time to time. How long have you been managing like this?

	Unweighted base	662	994
Base: All UK Adults who struggle to keep up with bills or credit commitment		603	1003
For the last three months		7%	6%
For the last six months		17%	13%
For the last 12 months		24%	22%
For the last 2-3 years		21%	23%
For the last 3-5 years		12%	12%
For longer than 5 years but not always		6%	8%
For as long as I can remember		8%	12%
Don't know		3%	3%
Prefer not to say		1%	1%

Working status (original)	
Working	Not working

VTU_60_2. Over the last three months, have you ever experienced any of the following? Please select one option on each row - My financial situation impacting my ability to find or go to work

Unweighted base	838	1229
Base: All UK Adults	773	1292
Yes, I have	22%	24%
No, I haven't	72%	52%
Don't know/can't remember	5%	14%
Prefer not to say	2%	10%



Working status (original)	
Working	Not working

VTU_Q28. Are you and/ or your partner currently behind with any of the following household bills? Please select all that apply

	838	1229
Unweighted base	838	1229
Base: All UK Adults	773	1292
Council tax	15%	14%
Council tax, including water and sewage	1%	2%
Your Domestic Rates	-	0%
Gas or electricity	17%	19%
Water and sewage	11%	14%
Telephone/mobile phone/broadband	8%	8%
TV licence	7%	5%
Rent or mortgage costs	12%	10%
School Meal Payments	0%	0%
Other arrears	8%	10%
Not applicable - I am/ we are up-to-date with all payments	61%	53%
Don't know	2%	4%
Prefer not to say	1%	4%
Net: Any who are behind on bills	36%	39%

Working status (original)	
Working	Not working

VTU_Q61. Many people use different sources of money to tide them over. Which, if any, of the following sources have you or your partner currently borrowed money or got credit from that you will need to repay? Please select all that apply. If you have not borrowed any money please select the not applicable option.

Unweighted base	838	1229
Base: All UK Adults	773	1292
Friend or family	28%	31%
Bank loan or Credit Union	11%	5%
Your personal overdraft	20%	19%
Credit card	48%	32%
Payday loans / doorstep lender / Money Shop	6%	4%
Pawnbroker	2%	3%
Unlicensed lender (e.g. loan shark(s))	1%	1%
Car finance	11%	4%
Catalogues paid by instalment - a form of credit debt, built up when you've purchased items from shopping catalogues	10%	10%
"Buy Now Pay Later" online payments from providers such as Klarna, or Afterpay - a form of short term financing that allows consumers to make purchases and pay for them over time.	27%	22%
Hire purchase payments for appliances (e.g. fridge, washing machine, business equipment, etc.) is used to buy consumer goods, where the buyer makes an initial down payment and then pays in instalments.	6%	5%
Other	2%	3%
Not applicable - We do not owe money to any lender	25%	35%
Net: Any sources	75%	65%

Working status (original)	
Working	Not working

VTU_Q62. Households are reporting an increase in their cost of living, including increases in food costs, utilities and household expenses. In the last six months (since February 2024), please select any of the following that apply to you or any of your household members. If none of the options apply, please select the 'Not applicable' option. I or someone in my household has...

Unweighted base	838	1229
Base: All UK Adults	773	1292
not dressed appropriately for the weather because I/we cannot afford suitable clothes or shoes	12%	21%
not been able to replace or repair major electrical goods such as a refrigerator, TV or washing machine when it's been broken because I/we cannot afford it	24%	29%
gone without a shower or bath because I/we cannot afford it	10%	20%
gone without basic toiletries such as soap, shampoo, toothbrush, toothpaste or sanitary items because I/we cannot afford them	12%	17%
not been able to keep our home warm because I/we cannot afford it	24%	32%
visited a food bank	12%	19%
not been able to adequately furnish our home because I/we cannot afford it	20%	27%
not had essential dental treatment done because I/we cannot afford it	32%	33%
not gotten prescriptions because I/we cannot afford it	9%	4%
not made an essential journey because I/we could not afford it	16%	25%
not got pain relief or over the counter medication because I/we cannot afford it	10%	13%
Not applicable – I have not experienced any of the issues listed in the last six months	33%	26%
Don't know	2%	3%
Prefer not to say	2%	3%
Net: Any	64%	67%



Working status (original)	
Working	Not working

VTU_QNEW7. We want to understand any particular pressure that families with children are facing. In the last six months (since February 2024), please select any of the following that apply to your child or children. If none of the options apply, please select the 'Not applicable' option. My child has/my children have...

	Unweighted base	537	364
Base: Those with children	513	404	
not dressed appropriately for the weather because I/we cannot afford suitable clothes or shoes	8%	15%	
gone without a shower or bath because I/we cannot afford it	5%	7%	
toothbrush, toothpaste or sanitary items because I/we cannot afford them	5%	7%	
not had essential dental treatment done because I/we cannot afford it	6%	11%	
not got prescriptions because I/we cannot afford it	2%	1%	
not got pain relief or over the counter medication because I/we cannot afford it	4%	5%	
not made an essential journey because I/we could not afford it	8%	12%	
Not attended school / missed school because we could not afford it	2%	6%	
Missed out training and / or extracurricular activities because we could not afford it	23%	30%	
Not applicable – My child has / children have not experienced any of the issues listed in the last six months	62%	51%	
Don't know	1%	2%	
Prefer not to say	1%	3%	
Net: Any	35%	44%	



Working status (original)	
Working	Not working

These next questions are about the food eaten in your household, and whether you are able to afford the food you need. For the following statements, please tell us whether the statement was often true, sometimes true, or never true for you or your household in the last 30 days

VTU_Q30_1. *I / we worried whether our food would run out before I / we got money to buy more*

Unweighted base	838	1229
Base: All UK Adults	773	1292
Often true	16%	23%
Sometimes true	36%	39%
Never true	44%	32%
Don't know	2%	3%
Prefer not to say	2%	3%



Working status (original)	
Working	Not working

VTU_Q30_2. The food that I / we bought just didn't last, and I / we didn't have money to get more

Unweighted base	838	1229
Base: All UK Adults	773	1292
Often true	10%	16%
Sometimes true	31%	37%
Never true	55%	41%
Don't know	3%	4%
Prefer not to say	1%	3%

VTU_Q30_3. I / we couldn't afford to eat balanced meals

Unweighted base	838	1229
Base: All UK Adults	773	1292
Often true	16%	26%
Sometimes true	37%	37%
Never true	44%	31%
Don't know	2%	4%
Prefer not to say	1%	2%

Working status (original)	
Working	Not working

Thinking about the past thirty days, could you tell us to what extent, if at all, are the following statements true?
 VTU_Q63_1. I or members of my household cut down the size of meals or skip meals because there wasn't enough money for food

Unweighted base	838	1229
Base: All UK Adults	773	1292
This is often true	14%	22%
This is sometimes true	35%	36%
This is never true	48%	36%
Don't know	2%	4%
Prefer not to say	2%	2%

VTU_Q63_2. I or members of my household were hungry but did not have enough money for food

Unweighted base	838	1229
Base: All UK Adults	773	1292
This is often true	9%	13%
This is sometimes true	21%	28%
This is never true	66%	52%
Don't know	3%	4%
Prefer not to say	2%	3%

Working status (original)	
Working	Not working

VTU_Q38. For the following question, by "food bank", we mean organisations that are run by a charity or local community group, that provide emergency food to people in need. How often in the past 30 days, have you, or anyone else in your household, received a free food parcel from a food bank or other emergency food provider? (please select one option only)

Unweighted base	838	1229
Base: All UK Adults	773	1292
Have not received one in the last 30 days	85%	83%
Once	4%	6%
Two or three times	6%	3%
Four to six times	1%	1%
More than six times	0%	0%
Don't know	2%	3%
Prefer not to say	2%	3%



Working status (original)	
Working	Not working

Q55L_fparcel. In the last 12 months, how often, if ever, have you, or anyone else in your household, received a free parcel of food from a food bank or other emergency food provider? Please select one option only

	Working	Not working
Unweighted base	733	1031
Base: All who haven't used a food bank in the last 30 days	656	1075
Once in the last year	5%	8%
Two or three times in the last year	5%	6%
Four to six times in the last year	1%	1%
More than six times but not every month	0%	1%
Every month or more often	0%	0%
Not applicable - I have never received a free parcel of food from a food bank or any other emergency food provider	88%	81%
Don't know	1%	2%
Prefer not to say	1%	1%

Working status (original)	
Working	Not working

Q55N_foodpantry. Some people buy food at a low cost for themselves and their households from places other than mainstream food shops or supermarkets, especially when they are finding it difficult to make ends meet. For instance, they might go to a food pantry or social supermarket where you can obtain a range of food items for a single low-cost payment or low-cost monthly membership fee. How often, if ever, have you obtained food from a place like this in the last 12 months? Please select one answer only.

Unweighted base	838	1229
Base: All UK Adults	773	1292
Once in the last year	4%	3%
Two or three times in the last year	8%	5%
Four to six times in the last year	4%	3%
More than six times but not every month	2%	2%
Every month or more often	3%	5%
Not applicable - I have never received food from a place like this	75%	77%
Don't know	2%	4%
Prefer not to say	1%	2%

Working status (original)	
Working	Not working

VTU_Q39. In the last 12 months, have you personally experienced any of the following? Please select all that apply.

	Unweighted base	838	1229
Base: All UK Adults	773	1292	
Being evicted from your home	3%	4%	
One or more of your children becoming disabled or experiencing poor health	8%	5%	
Separation or divorce	6%	5%	
Other household/relationship breakdown	8%	7%	
Becoming long-term sick or disabled	8%	18%	
Death of partner	1%	1%	
Other bereavement	11%	15%	
Domestic violence or abuse	4%	5%	
Relationship with your parents/family breaking down	7%	13%	
Alcohol dependency	2%	6%	
Illicit drug dependency	2%	2%	
A problem with gambling	2%	1%	
Getting into trouble with the police e.g. an arrest or a caution	1%	2%	
Being discharged from prison	1%	0%	
Problem with your right to work or live in the UK	1%	0%	
Debt/ bankruptcy	15%	17%	
Lost a job	8%	12%	
Any other challenging life experience not listed above	15%	25%	
None of these things	44%	32%	
Prefer not to say	3%	3%	
Net: Any	54%	65%	

Working status (original)	
Working	Not working

Over the last three months, have you experienced any of the following? Please select one option on each row
 VTU_Q41_1. I have fallen into debt because I couldn't keep up with essential bills (e.g. rent or utilities)

Unweighted base	838	1229
Base: All UK Adults	773	1292
Yes, I have	31%	37%
No, I haven't	66%	58%
Don't know/can't remember	2%	3%
Prefer not to say	2%	3%

VTU_Q41_2. I have been unable to travel to work or essential appointments (e.g. GP, school run, dentists or hospital appointments) because I couldn't afford to use public transport or the fuel costs to get there

Unweighted base	838	1229
Base: All UK Adults	773	1292
Yes, I have	16%	26%
No, I haven't	80%	67%
Don't know/can't remember	2%	4%
Prefer not to say	1%	3%



Working status (original)	
Working	Not working

VTU_Q41_3. I have needed to skip meals to keep up with other essential costs (e.g. utilities or rent).

Unweighted base	838	1229
Base: All UK Adults	773	1292
Yes, I have	30%	40%
No, I haven't	66%	53%
Don't know/can't remember	3%	3%
Prefer not to say	2%	3%

VTU_Q41_4. I have been unable to cook hot food because I couldn't afford to use the oven or other utilities.

Unweighted base	838	1229
Base: All UK Adults	773	1292
Yes, I have	13%	19%
No, I haven't	83%	75%
Don't know/can't remember	4%	4%
Prefer not to say	1%	3%



Working status (original)	
Working	Not working

VTU_Q41_5. I have been unable to dress appropriately for the weather because I didn't have and wasn't able to afford suitable shoes or clothes.

Unweighted base	838	1229
Base: All UK Adults	773	1292
Yes, I have	17%	28%
No, I haven't	79%	65%
Don't know/can't remember	2%	4%
Prefer not to say	2%	3%

VTU_Q41_6. I have been unable to afford to heat my home when I needed to

Unweighted base	838	1229
Base: All UK Adults	773	1292
Yes, I have	29%	35%
No, I haven't	65%	58%
Don't know/can't remember	4%	4%
Prefer not to say	1%	2%

VTU_Q41_7. I have been unable to dress my children appropriately for the weather because I didn't have and weren't able to afford suitable shoes or clothes.

Unweighted base	537	364
Base: Those with children	513	404
Yes, I have	12%	16%
No, I haven't	85%	76%
Don't know/can't remember	2%	2%
Prefer not to say	1%	6%



Working status (original)	
Working	Not working

VTU_Q41_8. I have been unable to wash properly or keep clean because I couldn't afford basic toiletries such as soap, shampoo, toothbrushes, toothpaste or sanitary items.

Unweighted base	838	1229
Base: All UK Adults	773	1292
Yes, I have	11%	19%
No, I haven't	86%	76%
Don't know/can't remember	2%	2%
Prefer not to say	1%	3%

VTU_Q41_9. I have been unable to afford to turn the lights on in my home when I needed to

Unweighted base	838	1229
Base: All UK Adults	773	1292
Yes, I have	12%	15%
No, I haven't	85%	78%
Don't know/can't remember	3%	4%
Prefer not to say	1%	2%



Working status (original)	
Working	Not working

VTU_Q41_10. I have been unable to afford medical prescriptions, pain relief or other over the counter medication

Unweighted base	712	1010
Base: Those in England	670	1084
Yes, I have	18%	16%
No, I haven't	78%	76%
Don't know/can't remember	3%	4%
Prefer not to say	1%	3%

VTU_Q41_11. I have been unable to replace a major electrical good that had broken (like a refrigerator, TV, washing machine, boiler) because I couldn't afford to

Unweighted base	838	1229
Base: All UK Adults	773	1292
Yes, I have	33%	38%
No, I haven't	62%	54%
Don't know/can't remember	4%	4%
Prefer not to say	2%	3%

VTU_Q41_12. I have been unable to purchase adequate furniture for my home when I needed it

Unweighted base	838	1229
Base: All UK Adults	773	1292
Yes, I have	34%	39%
No, I haven't	62%	52%
Don't know/can't remember	3%	6%
Prefer not to say	1%	3%

Working status (original)	
Working	Not working

VTU_Q41_13. I have been unable to pay for essential dental treatment for myself or a member of my household when it was needed because I couldn't afford to do so

Unweighted base	838	1229
Base: All UK Adults	773	1292
Yes, I have	35%	37%
No, I haven't	58%	55%
Don't know/can't remember	4%	5%
Prefer not to say	2%	3%

VTU_Q41_14. I had to cancel plans with family or friends because I couldn't afford to see them

Unweighted base	838	1229
Base: All UK Adults	773	1292
Yes, I have	54%	55%
No, I haven't	42%	39%
Don't know/can't remember	3%	5%
Prefer not to say	1%	2%



Working status (original)	
Working	Not working

VTU_Q73. You stated that you have been unable to travel to work or go to essential appointments because you couldn't afford to use public transport or for the fuel costs to get there. Please can you let us know which of these have you missed in the last three months due to not being able to afford to travel (Please select all that apply):

	Working	Not working
Unweighted base	128	318
Base: Those who are unable to get to work for essential appointments	127	335
Work	51%	10%
Doctors appointment	28%	42%
Hospital appointment	22%	46%
Dentist appointment	19%	22%
Children have missed school	7%	7%
Benefits appointment	15%	14%
Other	11%	11%
Don't know	7%	5%
Prefer not to say	6%	6%

essentials_dv. Used essentials

	Working	Not working
Unweighted base	838	1229
Base: All	773	1292
Yes	70%	75%
No	27%	20%
Missing	3%	5%

foodbank_dv. Used foodbank

	Working	Not working
Unweighted base	838	1229
Base: All	773	1292
Any use a food bank	20%	23%
Do not use a food bank	75%	68%
Missing	5%	9%

Working status (original)	
Working	Not working

All figures, unless otherwise stated, are from YouGov Plc. Total sample size was 2077 adults. Fieldwork was undertaken between 29th July - 23rd August 2024. The survey was carried out online. The figures have been weighted and are representative of all adults on Universal Credit (aged 16+).



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_Q74. Over the next three months, to what extent do you think your financial situation (your ability to afford day to day necessities) will get better, get worse, or stay the same?

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
Get a lot better	9%	2%	1%	4%	5%	4%	3%	7%	9%	5%
Get a little better	19%	16%	10%	10%	15%	12%	17%	14%	20%	17%
Stay the same	31%	40%	39%	31%	35%	36%	35%	34%	30%	34%
Get a little worse	20%	23%	24%	32%	20%	20%	22%	22%	24%	22%
Get a lot worse	17%	13%	23%	19%	19%	21%	17%	16%	16%	16%
Don't know	4%	6%	3%	3%	7%	6%	5%	6%	2%	5%
Prefer not to say	-	1%	-	1%	1%	1%	0%	0%	-	0%
Net: Better	28%	17%	12%	14%	20%	17%	20%	21%	29%	22%
Net: Worse	37%	36%	46%	51%	38%	41%	39%	38%	40%	39%



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_NEW1. Which of the following statements best applies to you in relation to this support? Please select only one answer.

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: Those on Universal Credit	188	99	347	68	1375	1156	470	332	119	921
I have received this support within the last three months	14%	4%	7%	6%	8%	6%	8%	11%	17%	10%
I have applied for this support within the last three months, and I am waiting for a decision	5%	2%	1%	1%	3%	2%	2%	3%	9%	3%
I have applied for this support within the last three months, but I was unsuccessful	3%	6%	2%	-	3%	2%	5%	3%	7%	4%
I have not applied for this support within the last three months	59%	72%	65%	66%	64%	68%	64%	58%	49%	60%
Not applicable – this support isn't available in my local area	13%	5%	15%	19%	12%	11%	13%	17%	15%	15%
Don't know	5%	9%	9%	7%	9%	10%	7%	8%	3%	7%
Prefer not to say	0%	1%	0%	1%	1%	1%	1%	1%	-	1%
Net: Applied	8%	8%	3%	1%	6%	4%	7%	6%	17%	8%



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_NEW2. And which of the following best describes why you have not applied for this support within the last three months? Please select only one answer.

Unweighted base	155	96	268	47	793	800	296	200	63	559
Base: Those who did not get support	111	71	226	45	878	781	302	191	58	551
I was not aware of this support	38%	38%	48%	40%	41%	44%	41%	36%	37%	39%
I was not aware of this support - and do not feel I would have needed it	21%	19%	11%	22%	16%	17%	14%	16%	11%	15%
I was aware of this support but do not feel I need it	21%	23%	18%	20%	18%	17%	19%	24%	28%	22%
I was aware of this support but don't know how to apply for it	6%	6%	8%	9%	5%	6%	6%	6%	6%	6%
I was aware of this support but found the application too time consuming	2%	1%	1%	3%	1%	1%	0%	3%	2%	2%
I was aware of this support but found the application too difficult to complete	1%	-	1%	-	4%	3%	2%	2%	3%	2%
I have previously applied for support and not been successful	1%	2%	4%	-	3%	2%	4%	4%	2%	4%
Other	3%	6%	6%	2%	6%	5%	7%	5%	5%	6%
Don't know	6%	5%	3%	2%	4%	4%	3%	3%	5%	3%
Prefer not to say	2%	-	-	2%	1%	0%	2%	-	-	1%



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_Q3a. What is the age of the child that live with you?

Unweighted base	63	37	93	16	243	-	452	-	-	452
Base: All UK Adults with children	49	29	88	19	285	-	470	-	-	470
Less than one year old	2%	2%	2%	-	3%	-	2%	-	-	2%
1-5 years old	25%	36%	8%	16%	26%	-	23%	-	-	23%
6-11 years old	37%	21%	24%	21%	33%	-	30%	-	-	30%
12-13 years old	13%	16%	18%	7%	13%	-	14%	-	-	14%
14-16 years old	23%	24%	48%	56%	25%	-	30%	-	-	30%

VTU_Q3b_. What is the age of the children that live with you?

Unweighted base	126	62	93	11	160	-	-	332	120	452
Base: All UK Adults with children	103	49	84	12	203	-	-	332	119	451
Less than one year old	8%	11%	2%	9%	6%	-	-	4%	12%	6%
1-5 years old	57%	57%	29%	27%	41%	-	-	40%	56%	44%
6-11 years old	78%	67%	64%	52%	66%	-	-	64%	78%	68%
12-13 years old	31%	25%	42%	32%	32%	-	-	29%	44%	33%
14-16 years old	26%	27%	44%	52%	34%	-	-	31%	43%	34%



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_Q3. How many adults aged 17 or over live with you as part of your household?

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
No other adults	6%	8%	66%	71%	57%	51%	55%	52%	38%	52%
1 other adult	65%	70%	25%	13%	18%	22%	28%	30%	38%	30%
2 other adults	22%	15%	7%	13%	15%	15%	13%	10%	19%	13%
3 other adults	4%	3%	3%	1%	7%	7%	2%	5%	5%	3%
4 other adults	3%	-	-	1%	3%	2%	1%	2%	1%	1%
5 or more other adults	1%	4%	-	-	1%	2%	1%	1%	-	1%



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_Q6. Which ONE of the following best describes where you are living at the moment?

	Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921	
A flat, room or house rented by me (or partner) from a private landlord	27%	29%	26%	24%	27%	26%	27%	29%	28%	28%	
A flat, room or house rented by me (or partner) from a local council, housing association or housing co-operative	26%	38%	39%	38%	32%	31%	36%	34%	40%	36%	
A temporary flat or house provided by the local council	2%	2%	1%	-	2%	1%	3%	1%	2%	2%	
Other statutory accommodation (e.g. supported accommodation or NASS accommodation)	1%	-	-	-	1%	1%	0%	-	-	0%	
A flat or house owned by me or my partner (with a mortgage or owned outright)	39%	17%	25%	31%	11%	11%	21%	27%	23%	24%	
I live permanently with my parents, other family members or friends	2%	5%	2%	3%	19%	20%	7%	3%	3%	5%	
I am staying with my parents, other family members or friends but this is a temporary or insecure arrangement	-	3%	1%	3%	5%	5%	2%	1%	1%	2%	
A hotel, hostel, refuge, B&B or night shelter	-	-	-	-	1%	1%	1%	-	-	0%	
Sleeping rough/ living on the streets	-	-	0%	-	-	-	0%	-	-	0%	
Other	3%	3%	5%	1%	2%	3%	3%	3%	1%	3%	
Prefer not to say	1%	3%	-	-	1%	0%	0%	1%	2%	1%	



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_NEW9a. At any point in the last 12 months have you considered yourself to be at risk of homelessness? For example, if you were being evicted from your rental property, asked to leave a friend's or relative's home, left prison, or left care.

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
Yes	18%	9%	16%	15%	19%	19%	14%	17%	24%	16%
No	79%	86%	82%	81%	76%	76%	84%	79%	74%	81%
Don't know	3%	2%	2%	3%	3%	3%	2%	2%	-	2%
Prefer not to say	0%	2%	0%	1%	2%	2%	0%	2%	2%	1%



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_NEW9b. You said you have been at risk of becoming homeless in the last 12 months. As a result did you receive any support from your local authority?

Unweighted base	42	11	64	10	206	207	56	45	25	126
Base: All UK Adults who are at risk of becoming homeless	35	9	56	10	257	219	64	55	29	148
Yes, I did	40%	14%	23%	-	30%	22%	35%	44%	37%	39%
No, I did not	60%	86%	72%	92%	67%	75%	58%	54%	63%	58%
Don't know	-	-	2%	-	2%	1%	2%	2%	-	2%
Prefer not to say	-	-	3%	8%	1%	1%	4%	-	-	2%



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_Q10. Which ONE of the following best describes you?

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All adults currently claiming universal credit	188	99	347	68	1375	1156	470	332	119	921
Full time employee (30 hours a week or more)	29%	17%	18%	13%	12%	7%	25%	23%	27%	25%
Part-time employee (less than 30 hours a week)	21%	22%	19%	15%	16%	11%	24%	28%	21%	25%
Self-employed or freelance	8%	4%	8%	5%	4%	4%	6%	6%	4%	6%
On maternity or paternity leave	0%	1%	1%	-	1%	0%	1%	2%	1%	1%
Retired (whether receiving pension or not)	2%	1%	1%	-	0%	1%	-	-	-	-
In full time education or training	2%	1%	1%	-	2%	1%	3%	3%	4%	3%
Looking after home or family	10%	23%	5%	4%	5%	2%	9%	12%	24%	12%
Signed off sick (short-term or temporarily)	0%	-	2%	2%	3%	3%	2%	-	1%	1%
Long-term sick or disabled	20%	19%	35%	49%	29%	41%	15%	18%	9%	15%
Unemployed and looking for work	3%	7%	7%	6%	18%	21%	8%	4%	4%	6%
Unemployed and not looking for work	4%	2%	3%	3%	5%	6%	4%	1%	5%	3%
Other	1%	3%	1%	1%	3%	2%	2%	3%	1%	2%
Prefer not to say	-	-	0%	2%	1%	1%	0%	1%	-	0%



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_Q12. Apart from you, are there any other adult members of your household...(Please select all that apply)

Unweighted base	236	120	139	22	475	541	209	165	77	451
Base: All UK adults who are living with any other adults (aged 17+)	178	91	119	20	598	561	209	161	74	444
Working full-time as an employee	46%	45%	33%	40%	39%	38%	43%	46%	37%	43%
Working part-time as an employee	19%	23%	17%	31%	20%	18%	21%	22%	32%	23%
Self-employed or freelance	11%	12%	5%	10%	11%	9%	10%	17%	6%	12%
No other adults in household are working	30%	26%	46%	45%	34%	40%	31%	22%	32%	28%
Prefer not to say	2%	3%	1%	-	5%	5%	2%	2%	2%	2%
Net: Employed	59%	63%	49%	51%	54%	50%	60%	64%	63%	62%
Net: Working	68%	71%	53%	55%	60%	55%	66%	76%	66%	70%



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_Q64. You previously mentioned that you are not working at the moment. Which, if any, of the following reasons best describe why you are not working at the moment. Please select all that apply.

	Unweighted base	94	67	208	44	717	806	157	121	46	324
Base: Adults who are unemployed, looking after family, long term sick, other		71	52	177	43	839	829	180	124	50	354
I have a health condition (physical or mental) that means that I cannot work	55%	38%	65%	66%	54%	62%	37%	49%	36%	41%	
I would like to work, but it is difficult to find work which allows me to manage my health condition	10%	16%	24%	23%	29%	30%	21%	16%	8%	17%	
I have caring responsibilities that means that I cannot work	28%	22%	12%	21%	12%	7%	28%	28%	40%	29%	
I would like to work, but it is difficult to find work which allows me to manage my caring responsibilities	9%	13%	12%	7%	6%	3%	18%	15%	24%	18%	
Lack of affordable or available childcare means I cannot work	13%	12%	4%	3%	4%	-	15%	12%	28%	16%	
Lack of affordable or available care for the person who, for health reasons, I provide unpaid care for means I cannot work	8%	5%	4%	3%	2%	1%	7%	6%	9%	7%	
I don't want to lose my benefits	3%	3%	2%	2%	5%	5%	4%	4%	-	3%	
I have tried to find work but haven't been successful	4%	14%	10%	7%	22%	22%	15%	6%	5%	10%	
I can't find work close enough to where I live / where I can travel to	2%	4%	5%	9%	8%	9%	5%	3%	5%	4%	
I am looking for a specific type of role or job that I haven't found or hasn't been available	7%	-	3%	5%	9%	8%	9%	4%	5%	6%	
I only want to work specific hours and haven't found a suitable job	7%	4%	4%	3%	5%	3%	7%	8%	8%	7%	
I don't have a permanent place to live	-	-	1%	2%	3%	3%	1%	2%	-	1%	
I don't have sufficient access to the internet	1%	-	1%	-	1%	1%	1%	1%	-	1%	
I am waiting to hear back from jobs that I have applied for	2%	2%	3%	4%	15%	14%	9%	4%	4%	6%	
I want some time out of trying to find work	2%	1%	-	5%	2%	2%	3%	-	3%	2%	
I don't have the right skills or qualifications to find work	-	4%	4%	2%	9%	8%	8%	1%	3%	5%	
Other	3%	9%	9%	13%	9%	8%	12%	9%	5%	10%	
Not applicable – there is no particular reason that I am not working	1%	2%	1%	-	-	0%	0%	-	-	0%	
Don't know	-	1%	1%	-	0%	0%	1%	-	-	0%	
Prefer not to say	1%	4%	1%	-	1%	1%	3%	1%	1%	2%	
Net: Any		98%	93%	97%	100%	98%	98%	96%	99%	99%	98%



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

For each of the following questions please give an answer on a scale of 1 to 10, where 1 is "not at all satisfied" and 10 is "completely satisfied" please remember that there are no right or wrong answers.

VTU_QNEW5a_1. Overall, how satisfied are you with your life nowadays?

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
1 - Not at all satisfied [1]	5%	12%	14%	22%	16%	19%	12%	6%	14%	10%
2 [2]	3%	5%	9%	7%	7%	9%	5%	5%	5%	5%
3 [3]	13%	8%	15%	22%	14%	15%	13%	13%	9%	12%
4 [4]	11%	13%	15%	6%	13%	15%	10%	12%	11%	11%
5 [5]	13%	17%	13%	9%	15%	14%	15%	15%	11%	15%
6 [6]	12%	10%	10%	15%	12%	11%	15%	9%	13%	13%
7 [7]	17%	20%	11%	9%	10%	8%	17%	15%	17%	16%
8 [8]	13%	10%	7%	8%	6%	5%	9%	10%	11%	9%
9 [9]	5%	3%	3%	1%	2%	1%	3%	3%	3%	3%
10 - Completely satisfied [10]	8%	1%	2%	-	4%	2%	2%	10%	7%	6%
Prefer not to say	-	0%	-	-	0%	0%	-	0%	-	0%
Net: Not Satisfied	32%	38%	54%	57%	51%	58%	39%	37%	39%	38%
Net: Satisfied	55%	44%	33%	33%	34%	27%	46%	47%	50%	47%
Mean	5.77	5.06	4.43	4.04	4.47	4.08	5.03	5.52	5.26	5.24



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

For each of the following questions please give an answer on a scale of 1 to 10, where 1 is "not at all worthwhile" and 10 is "completely worthwhile" please remember that there are no right or wrong answers.

VTU_NEW5b_1. Overall, to what extent do you feel that the things you do in your life are worthwhile?

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
1 - Not at all worthwhile [1]	6%	9%	12%	16%	13%	16%	7%	4%	10%	7%
2 [2]	2%	5%	11%	10%	8%	11%	5%	4%	5%	5%
3 [3]	11%	9%	13%	16%	12%	13%	13%	8%	7%	10%
4 [4]	7%	13%	12%	10%	12%	13%	9%	11%	13%	10%
5 [5]	13%	14%	12%	12%	16%	15%	15%	15%	10%	14%
6 [6]	11%	11%	11%	8%	10%	10%	11%	9%	10%	10%
7 [7]	14%	17%	13%	11%	11%	10%	15%	15%	12%	15%
8 [8]	19%	13%	7%	8%	10%	7%	16%	12%	15%	14%
9 [9]	6%	4%	4%	2%	2%	2%	4%	4%	9%	5%
10 - Completely worthwhile [10]	11%	5%	6%	6%	6%	3%	6%	16%	9%	10%
Prefer not to say	0%	0%	0%	-	1%	1%	-	0%	-	0%
Net: Not worthwhile	26%	36%	47%	52%	44%	52%	34%	27%	34%	31%
Net: Worthwhile	61%	49%	41%	36%	39%	32%	51%	58%	55%	54%
Mean	6.19	5.41	4.85	4.58	4.90	4.38	5.55	6.23	5.80	5.83



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

For each of the following questions please give an answer on a scale of 1 to 10, where 1 is "not at all happy" and 10 is "completely happy" please remember that there are no right or wrong answers.

VTU_NEW5c_1. Overall, how happy did you feel yesterday

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
1 - Not at all happy [1]	7%	9%	13%	15%	13%	15%	9%	7%	11%	8%
2 [2]	4%	8%	9%	14%	8%	9%	7%	5%	8%	6%
3 [3]	9%	6%	10%	14%	11%	12%	10%	8%	5%	9%
4 [4]	10%	15%	13%	12%	11%	12%	10%	12%	17%	11%
5 [5]	10%	11%	16%	9%	17%	16%	14%	18%	11%	15%
6 [6]	8%	15%	10%	10%	10%	10%	12%	7%	9%	10%
7 [7]	19%	15%	11%	10%	13%	12%	13%	15%	14%	14%
8 [8]	14%	13%	8%	7%	8%	6%	12%	12%	11%	12%
9 [9]	8%	4%	5%	5%	4%	4%	7%	5%	2%	6%
10 - Completely happy [10]	11%	4%	6%	2%	5%	3%	6%	11%	13%	8%
Prefer not to say	0%	0%	-	-	0%	0%	-	0%	-	0%
Net: Not happy	30%	37%	45%	56%	43%	48%	35%	31%	40%	34%
Net: Happy	60%	51%	39%	35%	40%	36%	50%	51%	48%	50%
Mean	6.07	5.35	4.93	4.42	4.92	4.58	5.48	5.80	5.47	5.59



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_NEW5d. On a scale of 1 to 10, where 1 is "Not at all anxious" and 10 is "completely anxious", overall, how anxious did you feel yesterday?

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
1 - Not at all anxious [1]	8%	11%	8%	14%	6%	6%	9%	7%	11%	8%
2 [2]	7%	8%	8%	-	5%	6%	6%	6%	2%	6%
3 [3]	8%	6%	6%	7%	8%	7%	10%	8%	8%	9%
4 [4]	11%	8%	10%	6%	7%	7%	7%	9%	10%	8%
5 [5]	10%	10%	10%	6%	11%	11%	12%	7%	9%	10%
6 [6]	12%	9%	11%	10%	11%	11%	10%	13%	8%	11%
7 [7]	14%	20%	14%	21%	16%	18%	13%	16%	12%	14%
8 [8]	13%	12%	14%	17%	14%	15%	14%	11%	16%	13%
9 [9]	5%	4%	6%	6%	8%	8%	7%	6%	7%	6%
10 - Completely anxious [10]	13%	12%	13%	14%	13%	11%	13%	16%	17%	14%
Prefer not to say	0%	0%	-	-	1%	1%	0%	0%	-	0%
Net: Not anxious	34%	34%	32%	27%	26%	26%	32%	30%	31%	31%
Net: Anxious	56%	55%	58%	67%	62%	62%	56%	62%	60%	59%
Mean	5.81	5.65	5.92	6.18	6.19	6.15	5.87	6.09	6.18	5.99

Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_Q55. Not counting the people you live with, how often, if at all, do you have contact with your relatives, friends or neighbours? This could be in person, by phone, letter, email or through the internet.

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
On most days	41%	32%	43%	44%	43%	37%	52%	46%	43%	48%
Once or twice a week	36%	39%	35%	36%	33%	34%	33%	36%	32%	34%
Once or twice a month	10%	16%	11%	6%	10%	12%	7%	9%	14%	8%
Less often than once a month	9%	9%	9%	7%	9%	10%	6%	7%	7%	7%
Never	4%	3%	2%	6%	3%	5%	1%	2%	4%	2%
Don't know	-	1%	1%	1%	1%	2%	1%	1%	-	1%
Net: At least once a week	77%	71%	78%	80%	76%	71%	85%	81%	75%	82%
Net: Once a month or less often	19%	24%	19%	13%	19%	23%	13%	16%	21%	15%

VTU_NEW7. How often do you feel lonely?

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
Always/ often	15%	17%	25%	31%	26%	29%	21%	17%	21%	20%
Some of the time	30%	26%	33%	37%	35%	32%	35%	37%	35%	36%
Occasionally	31%	38%	27%	21%	24%	25%	26%	30%	25%	27%
Never	23%	20%	15%	8%	13%	13%	18%	14%	18%	17%
Prefer not to say	1%	-	1%	3%	1%	1%	0%	1%	1%	1%



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

disability_NEW_a. Do you have any physical or mental health conditions or illnesses lasting or expected to last 12 months or more?

Unweighted base	246	129	404	70	1199	1161	440	329	118	887
Base: All	185	98	343	68	1349	1141	457	329	116	902
Yes, a physical disability	18%	13%	23%	32%	20%	25%	16%	13%	13%	14%
Yes, a long-term physical condition or illness	27%	28%	38%	38%	30%	39%	22%	21%	17%	21%
Yes, a mental health condition (including stress, depression or anxiety)	33%	44%	51%	58%	56%	62%	42%	39%	42%	41%
Yes, a learning disability or learning difficulty	4%	5%	4%	6%	10%	12%	4%	4%	-	4%
None of the above	45%	34%	25%	20%	23%	14%	38%	41%	47%	40%
Don't know	2%	2%	2%	2%	3%	2%	4%	4%	2%	4%
Prefer not to say	0%	4%	1%	-	3%	2%	2%	4%	1%	2%
Net: Any disability	53%	59%	72%	78%	72%	82%	56%	52%	50%	54%

disability_NEW_b. Do any of your conditions or illnesses reduce your ability to carry out day to day activities?

Unweighted base	133	74	292	55	847	938	237	170	56	463
Base: Those with a disability, mental health condition or long term health issue	96	55	245	53	931	915	246	165	55	466
Yes, a lot	50%	47%	52%	62%	53%	57%	43%	45%	41%	44%
Yes, a little	41%	37%	39%	36%	41%	38%	46%	44%	42%	45%
Not at all	9%	16%	8%	2%	6%	5%	11%	11%	17%	12%
Net: Yes	91%	84%	92%	98%	94%	95%	89%	89%	83%	88%



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_Q15a. Does anyone else in your household have any physical or mental health conditions lasting or expected to last 12 months or more?

Unweighted base	244	128	270	43	760	541	452	332	120	904
Base: All adults currently claiming Universal Credit who don't live alone	184	97	238	45	918	561	470	332	119	921
Yes, but it doesn't reduce their ability to carry out day to day activities	17%	12%	9%	5%	13%	17%	7%	12%	16%	10%
Yes, and it does reduce their ability to carry out day to day activities	41%	40%	29%	46%	35%	43%	26%	33%	41%	31%
No, no one else in my household has any health conditions	38%	41%	56%	45%	44%	30%	62%	49%	40%	54%
Don't know	2%	2%	3%	4%	6%	8%	3%	4%	2%	3%
Prefer not to say	3%	5%	3%	-	4%	5%	2%	3%	3%	3%
Net: Yes	58%	52%	38%	51%	46%	58%	33%	44%	55%	40%

VTU_Q16. Your Universal Credit payments can include additional amounts to help with different costs. Does your household receive any of the following on top of the standard basic payment (Standard Allowance)? Please select all that apply.

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All adults currently claiming Universal Credit	188	99	347	68	1375	1156	470	332	119	921
Extra money to help with your housing costs (paid to yourself or directly to your landlord)	20%	33%	26%	26%	26%	22%	29%	33%	31%	31%
Extra money for caring for someone	24%	23%	9%	4%	9%	6%	15%	17%	22%	17%
Extra money if someone you live with is disabled	18%	13%	7%	10%	6%	2%	12%	16%	21%	14%
Extra money for children living at home, excluding childcare costs	30%	27%	25%	16%	16%	2%	38%	46%	35%	41%
Extra money for childcare	11%	10%	5%	4%	6%	1%	11%	17%	16%	14%
Extra money because you have a disability or health condition, which limits your capability to work	21%	22%	26%	19%	27%	35%	15%	16%	9%	14%
None of the above	25%	24%	28%	41%	34%	38%	24%	24%	26%	24%
I don't know what the Universal Credit payment covers	12%	12%	10%	9%	9%	10%	11%	7%	9%	9%
Prefer not to say	1%	2%	1%	-	2%	2%	1%	2%	3%	2%
Net: Any extra money	62%	63%	61%	49%	55%	51%	64%	67%	62%	65%

Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_Q17. How long have you currently been claiming Universal Credit for?

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All adults currently claiming Universal Credit	188	99	347	68	1375	1156	470	332	119	921
Under 3 months	4%	5%	1%	2%	3%	3%	2%	5%	2%	3%
3 to 6 months	23%	9%	7%	8%	10%	10%	9%	14%	15%	12%
7 to 12 months	18%	14%	15%	17%	14%	14%	17%	14%	17%	16%
More than 12 months	55%	70%	77%	71%	70%	72%	69%	65%	64%	67%
Don't know	1%	1%	-	2%	1%	1%	2%	1%	0%	1%
Prefer not to say	1%	1%	1%	-	1%	1%	1%	1%	2%	1%

VTU_Q18. Which of the following statements about the benefit(s) you receive to support you with your housing costs best describes the situation of the household?

Unweighted base	56	50	158	27	438	393	164	128	44	336
Base: All UK Adults who rent and claim Housing Benefit/ LHA or who have UC payment to support housing costs	42	38	130	25	478	363	167	136	48	350
The benefit I/we receive covers all of our rent	40%	44%	48%	47%	56%	53%	53%	52%	54%	53%
The benefit I/we receive does not cover all of our rent	55%	56%	49%	53%	42%	46%	44%	43%	46%	44%
Don't know	2%	-	3%	-	1%	0%	2%	4%	-	2%
Prefer not to say	3%	-	-	-	1%	1%	1%	1%	-	1%

Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_Q19. What impact, if any does the shortfall between the benefit(s) you receive to support you with your housing costs and your rent have on your ability to afford day-to-day costs?

Unweighted base	32	27	80	15	193	189	77	58	23	158
Base: All UK Adults whose UC, Housing Benefit or LHA does not cover all of rent	23	21	63	13	201	168	73	59	22	154
A great deal	28%	21%	35%	43%	33%	30%	27%	42%	44%	35%
A fair amount	22%	30%	46%	22%	36%	42%	35%	25%	24%	30%
Just a little	38%	20%	15%	20%	21%	19%	30%	17%	25%	24%
Makes no difference	7%	21%	4%	6%	6%	6%	5%	12%	4%	8%
Don't know	5%	8%	-	9%	3%	3%	3%	3%	3%	3%
Prefer not to say	-	-	-	-	-	-	-	-	-	-

VTU_Q20b. Are you currently having your benefit award reduced because you are considered to have a spare bedroom, i.e. the 'bedroom tax' or under occupancy charge?

Unweighted base	60	49	161	28	391	388	155	104	42	301
Base: All UK Social renters	47	36	132	26	432	350	166	111	47	323
Yes - but I am claiming a Discretionary Housing Payment This is an extra payment that provides financial support to help with rent or housing costs) from my local authority to cover it	9%	3%	7%	14%	7%	8%	1%	13%	12%	7%
Yes - and I am not claiming a Discretionary Housing Payment from my local authority to cover it	21%	15%	14%	11%	12%	16%	13%	10%	7%	11%
No	70%	78%	75%	54%	73%	70%	77%	73%	77%	76%
Don't know	-	5%	4%	20%	7%	6%	8%	4%	4%	6%
Prefer not to say	-	-	1%	-	1%	0%	1%	-	-	1%
Net: Yes	30%	17%	20%	25%	20%	23%	14%	23%	19%	18%

Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_Q21. Is part of your or your partner's benefit income (including tax credits) currently being deducted in order to pay a benefit advance, benefit overpayments, loans from the Department for Work and Pensions or other debts and fines?

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults who have income from any benefits	188	99	347	68	1375	1156	470	332	119	921
Yes, it is	36%	25%	29%	22%	25%	22%	28%	34%	44%	32%
No, it isn't	53%	67%	63%	70%	62%	65%	62%	55%	48%	57%
Don't know	9%	6%	6%	5%	10%	10%	8%	8%	8%	8%
Prefer not to say	1%	2%	2%	3%	3%	3%	2%	3%	1%	2%

Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_Q22. For which of the following reasons is part of your or your partner's benefit income being deducted?
Please select all that apply

Unweighted base	87	29	112	16	293	266	121	102	48	271
Base: All UK Adults who have benefit deductions	68	25	99	15	347	255	134	112	52	298
To repay an advance payment taken to cover the five-week wait for Universal Credit	43%	24%	27%	31%	31%	26%	37%	35%	36%	36%
To repay an advance payment taken to cover a specific expense (a budgeting advance)	22%	42%	26%	11%	41%	38%	29%	37%	34%	33%
To repay an advance payment taken on because of a change in circumstances	14%	11%	4%	5%	11%	6%	10%	16%	20%	14%
To repay previous benefit overpayments (e.g. from the DWP, HMRC, or the Council)	50%	61%	58%	54%	31%	36%	50%	42%	32%	44%
To repay a Hardship Payment from the DWP	3%	6%	1%	5%	5%	5%	6%	2%	1%	4%
To repay a court fine/ fines	7%	11%	5%	9%	8%	5%	6%	14%	12%	10%
To repay council tax arrears	7%	12%	9%	11%	10%	12%	5%	10%	10%	7%
Because of deductions from third parties (e.g. to repay arrears on rent or energy bills)	5%	-	2%	-	8%	7%	5%	4%	11%	6%
Other debts and fines	6%	3%	1%	9%	7%	5%	5%	8%	3%	6%
Don't know	3%	-	5%	-	2%	3%	1%	1%	5%	2%
Prefer not to say	-	-	-	-	1%	2%	-	-	-	-



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_60_2. Over the last three months, have you ever experienced any of the following? Please select one option on each row - My financial situation impacting my ability to find or go to work

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
Yes, I have	19%	17%	20%	18%	25%	24%	20%	22%	25%	22%
No, I haven't	69%	65%	65%	68%	55%	56%	65%	63%	57%	63%
Don't know/can't remember	9%	10%	10%	6%	11%	12%	10%	8%	10%	9%
Prefer not to say	4%	8%	5%	8%	8%	8%	5%	7%	8%	6%

Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_Q28. Are you and/ or your partner currently behind with any of the following household bills? Please select all that apply

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
Council tax	13%	15%	16%	13%	14%	12%	16%	19%	16%	17%
Council tax, including water and sewage	1%	1%	2%	1%	2%	2%	2%	1%	1%	1%
Your Domestic Rates	-	-	0%	-	-	-	-	-	0%	0%
Gas or electricity	21%	21%	18%	16%	18%	15%	19%	24%	29%	22%
Water and sewage	17%	10%	13%	10%	12%	11%	15%	14%	16%	15%
Telephone/mobile phone/broadband	11%	10%	6%	5%	8%	6%	7%	11%	14%	9%
TV licence	9%	2%	5%	3%	6%	4%	6%	10%	13%	8%
Rent or mortgage costs	11%	12%	10%	6%	11%	9%	14%	12%	10%	13%
School Meal Payments	-	-	-	-	0%	-	0%	-	1%	0%
Other arrears	8%	7%	12%	6%	10%	9%	11%	8%	14%	11%
Not applicable - I am/ we are up-to-date with all payments	59%	60%	58%	62%	55%	58%	55%	54%	49%	54%
Don't know	1%	1%	2%	1%	4%	4%	2%	2%	2%	2%
Prefer not to say	1%	4%	2%	2%	3%	3%	2%	2%	3%	2%
Net: Any who are behind on bills	39%	35%	38%	35%	38%	35%	42%	42%	46%	42%

Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_Q61. Many people use different sources of money to tide them over. Which, if any, of the following sources have you or your partner currently borrowed money or got credit from that you will need to repay? Please select all that apply. If you have not borrowed any money please select the not applicable option.

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
Friend or family	30%	27%	33%	33%	29%	25%	34%	34%	45%	35%
Bank loan or Credit Union	14%	8%	7%	12%	6%	5%	10%	10%	12%	10%
Your personal overdraft	16%	21%	21%	20%	19%	16%	20%	26%	25%	23%
Credit card	43%	47%	45%	39%	34%	30%	45%	50%	46%	47%
Payday loans / doorstep lender / Money Shop	5%	3%	4%	-	5%	3%	5%	6%	9%	6%
Pawnbroker	6%	4%	2%	-	3%	2%	3%	4%	3%	3%
Unlicensed lender (e.g. loan shark(s))	1%	2%	2%	-	1%	1%	2%	1%	3%	2%
Car finance	16%	10%	6%	3%	5%	3%	9%	13%	16%	11%
Catalogues paid by instalment a form of credit debt, built up when you've purchased items from shopping catalogues	10%	13%	12%	10%	9%	6%	13%	17%	18%	15%
"Buy Now Pay Later" online payments from providers such as Klarna, or Afterpay a form of short term financing that allows consumers to make purchases and pay for them over time.	25%	30%	22%	23%	24%	17%	31%	32%	36%	32%
Hire purchase payments for appliances (e.g. fridge, washing machine, business equipment, etc.) is used to buy consumer goods, where the buyer makes an initial down payment and then pays in instalments.	11%	2%	5%	9%	5%	2%	6%	12%	13%	9%
Other	2%	2%	2%	4%	3%	3%	2%	3%	1%	2%
Not applicable - We do not owe money to any lender	24%	23%	26%	28%	34%	40%	24%	16%	14%	20%
Net: Any sources	76%	77%	74%	72%	66%	60%	76%	84%	86%	80%



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_Q62. Households are reporting an increase in their cost of living, including increases in food costs, utilities and household expenses. In the last six months (since February 2024), please select any of the following that apply to you or any of your household members. If none of the options apply, please select the 'Not applicable' option. I or someone in my household has...

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
not dressed appropriately for the weather because I/we cannot afford suitable clothes or shoes	14%	18%	20%	17%	17%	18%	17%	16%	19%	17%
not been able to replace or repair major electrical goods such as a refrigerator, TV or washing machine when it's been broken because I/we cannot afford it	24%	28%	30%	30%	27%	25%	29%	31%	33%	30%
gone without a shower or bath because I/we cannot afford it	11%	14%	21%	19%	16%	19%	13%	13%	11%	13%
gone without basic toiletries such as soap, shampoo, toothbrush, toothpaste or sanitary items because I/we cannot afford them	10%	16%	15%	16%	16%	14%	14%	17%	22%	16%
not been able to keep our home warm because I/we cannot afford it	21%	23%	38%	31%	28%	32%	28%	24%	21%	26%
visited a food bank	15%	15%	19%	20%	15%	15%	13%	21%	26%	18%
not been able to adequately furnish our home because I/we cannot afford it	19%	29%	25%	28%	25%	23%	27%	25%	27%	26%
not had essential dental treatment done because I/we cannot afford it	31%	42%	35%	46%	31%	32%	34%	32%	33%	33%
not gotten prescriptions because I/we cannot afford it	8%	11%	5%	8%	6%	5%	6%	10%	9%	8%
not made an essential journey because I/we could not afford it	20%	22%	24%	26%	21%	23%	22%	18%	20%	21%
not got pain relief or over the counter medication because I/we cannot afford it	9%	13%	12%	16%	12%	11%	12%	13%	17%	13%
Not applicable – I have not experienced any of the issues listed in the last six months	34%	26%	27%	29%	29%	30%	30%	26%	24%	28%
Don't know	1%	3%	1%	-	4%	3%	4%	2%	3%	3%
Prefer not to say	4%	2%	1%	2%	3%	3%	1%	3%	4%	2%
Net: Any	61%	69%	71%	69%	65%	65%	70%	69%	68%	



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_QNEW7. We want to understand any particular pressure that families with children are facing. In the last six months (since February 2024), please select any of the following that apply to your child or children. If none of the options apply, please select the 'Not applicable' option. My child has/my children have...

Unweighted base	189	99	186	27	403	-	452	332	120	904
Base: Those with children	151	78	172	31	488	-	470	332	119	921
not dressed appropriately for the weather because I/we cannot afford suitable clothes or shoes	11%	7%	10%	16%	11%	-	8%	13%	15%	11%
gone without a shower or bath because I/we cannot afford it	5%	5%	7%	11%	6%	-	3%	9%	7%	6%
gone without basic toiletries such as soap, shampoo, toothbrush, toothpaste or sanitary items because I/we cannot afford them	4%	6%	5%	6%	7%	-	5%	9%	6%	6%
not had essential dental treatment done because I/we cannot afford it	8%	17%	5%	18%	8%	-	7%	9%	14%	9%
not got prescriptions because I/we cannot afford it	2%	5%	1%	-	2%	-	1%	2%	5%	2%
not got pain relief or over the counter medication because I/we cannot afford it	5%	5%	1%	-	5%	-	2%	7%	4%	4%
not made an essential journey because I/we could not afford it	10%	10%	9%	16%	10%	-	10%	9%	11%	10%
Not attended school / missed school because we could not afford it	3%	4%	3%	-	4%	-	3%	4%	6%	4%
Missed out training and / or extracurricular activities because we could not afford it	22%	26%	33%	29%	25%	-	22%	31%	29%	26%
Not applicable – My child has / children have not experienced any of the issues listed in the last six months	59%	57%	59%	56%	56%	-	63%	50%	52%	57%
Don't know	2%	-	0%	-	3%	-	2%	2%	1%	2%
Prefer not to say	3%	4%	1%	4%	2%	-	2%	3%	0%	2%
Net: Any	36%	39%	40%	40%	39%	-	32%	46%	47%	39%



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

These next questions are about the food eaten in your household, and whether you are able to afford the food you need. For the following statements, please tell us whether the statement was often true, sometimes true, or never true for you or your household in the last 30 days

VTU_Q30_1. // we worried whether our food would run out before I / we got money to buy more

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
Often true	15%	19%	21%	23%	21%	19%	20%	25%	25%	22%
Sometimes true	39%	37%	40%	35%	38%	37%	38%	36%	52%	39%
Never true	45%	39%	35%	38%	36%	38%	38%	36%	20%	35%
Don't know	0%	3%	1%	2%	3%	4%	2%	2%	0%	2%
Prefer not to say	2%	2%	2%	2%	3%	2%	3%	2%	3%	2%



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_Q30_2. The food that I / we bought just didn't last, and I / we didn't have money to get more

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
Often true	11%	13%	14%	12%	15%	14%	11%	19%	15%	15%
Sometimes true	30%	27%	40%	40%	34%	35%	33%	31%	48%	34%
Never true	56%	53%	42%	44%	45%	46%	51%	43%	33%	46%
Don't know	1%	4%	2%	2%	4%	4%	3%	5%	0%	3%
Prefer not to say	2%	4%	1%	2%	2%	2%	2%	2%	3%	2%

VTU_Q30_3. I / we couldn't afford to eat balanced meals

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
Often true	16%	24%	24%	22%	22%	23%	17%	22%	30%	21%
Sometimes true	34%	27%	39%	30%	38%	36%	38%	38%	39%	38%
Never true	46%	42%	35%	42%	33%	35%	40%	36%	26%	37%
Don't know	3%	4%	2%	4%	4%	4%	3%	3%	1%	3%
Prefer not to say	2%	2%	1%	2%	2%	2%	2%	1%	3%	2%



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

Thinking about the past thirty days, could you tell us to what extent, if at all, are the following statements true?
 VTU_Q63_1. I or members of my household cut down the size of meals or skip meals because there wasn't enough money for food

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
This is often true	15%	15%	18%	25%	19%	19%	14%	23%	23%	19%
This is sometimes true	35%	29%	43%	32%	34%	34%	36%	33%	47%	36%
This is never true	47%	48%	36%	37%	41%	41%	44%	40%	25%	40%
Don't know	1%	5%	2%	4%	4%	4%	3%	3%	2%	2%
Prefer not to say	2%	3%	2%	2%	2%	2%	3%	1%	3%	2%

VTU_Q63_2. I or members of my household were hungry but did not have enough money for food

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
This is often true	8%	9%	9%	7%	13%	11%	7%	16%	14%	11%
This is sometimes true	26%	20%	27%	34%	25%	28%	22%	21%	34%	23%
This is never true	62%	60%	59%	53%	55%	55%	64%	58%	44%	59%
Don't know	2%	6%	2%	-	4%	3%	4%	3%	5%	3%
Prefer not to say	2%	5%	3%	6%	3%	3%	3%	2%	3%	3%

Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_Q38. For the following question, by "food bank", we mean organisations that are run by a charity or local community group, that provide emergency food to people in need. How often in the past 30 days, have you, or anyone else in your household, received a free food parcel from a food bank or other emergency food provider? (please select one option only)

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
Have not received one in the last 30 days	79%	84%	85%	88%	84%	85%	88%	76%	76%	82%
Once	7%	3%	6%	9%	5%	4%	6%	8%	2%	6%
Two or three times	6%	8%	2%	1%	4%	3%	2%	6%	12%	5%
Four to six times	1%	1%	2%	1%	1%	1%	1%	1%	2%	1%
More than six times	2%	-	-	-	0%	1%	-	1%	-	0%
Don't know	3%	1%	3%	-	3%	3%	2%	3%	2%	2%
Prefer not to say	2%	2%	2%	1%	3%	3%	2%	4%	5%	3%



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

Q55L_fparcel. In the last 12 months, how often, if ever, have you, or anyone else in your household, received a free parcel of food from a food bank or other emergency food provider? Please select one option only

Unweighted base	204	113	353	61	1041	1007	400	268	97	765
Base: All who haven't used a food bank in the last 30 days	149	83	296	60	1153	984	412	254	91	756
Once in the last year	8%	4%	7%	4%	7%	6%	5%	8%	15%	7%
Two or three times in the last year	3%	5%	6%	8%	5%	4%	6%	5%	12%	7%
Four to six times in the last year	2%	-	1%	3%	1%	1%	1%	2%	1%	1%
More than six times but not every month	0%	-	2%	-	0%	1%	1%	-	1%	1%
Every month or more often	0%	-	-	-	0%	0%	-	0%	-	0%
Not applicable - I have never received a free parcel of food from a food bank or any other emergency food provider	85%	85%	83%	82%	84%	85%	86%	82%	69%	82%
Don't know	1%	5%	0%	2%	2%	1%	1%	3%	2%	2%
Prefer not to say	-	1%	1%	-	1%	1%	1%	0%	-	1%

Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

Q55N_foodpantry. Some people buy food at a low cost for themselves and their households from places other than mainstream food shops or supermarkets, especially when they are finding it difficult to make ends meet. For instance, they might go to a food pantry or social supermarket where you can obtain a range of food items for a single low-cost payment or low-cost monthly membership fee. How often, if ever, have you obtained food from a place like this in the last 12 months? Please select one answer only.

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
Once in the last year	3%	2%	2%	3%	4%	3%	4%	5%	10%	5%
Two or three times in the last year	11%	5%	5%	3%	5%	4%	6%	8%	11%	8%
Four to six times in the last year	7%	3%	3%	4%	3%	2%	3%	8%	4%	5%
More than six times but not every month	1%	4%	3%	3%	2%	2%	2%	1%	3%	2%
Every month or more often	6%	6%	4%	7%	3%	3%	4%	6%	9%	5%
Not applicable - I have never received food from a place like this	69%	74%	79%	78%	76%	80%	76%	67%	57%	71%
Don't know	2%	2%	3%	2%	4%	4%	2%	4%	3%	3%
Prefer not to say	1%	4%	1%	-	2%	2%	3%	1%	3%	2%

Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_Q39. In the last 12 months, have you personally experienced any of the following? Please select all that apply.

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
Being evicted from your home	3%	3%	3%	5%	4%	4%	3%	3%	4%	3%
One or more of your children becoming disabled or experiencing poor health	13%	9%	8%	20%	4%	2%	9%	14%	15%	12%
Separation or divorce	3%	3%	12%	3%	4%	3%	7%	10%	10%	8%
Other household/relationship breakdown	4%	3%	6%	9%	8%	7%	8%	6%	10%	8%
Becoming long-term sick or disabled	8%	10%	15%	18%	15%	18%	12%	8%	8%	10%
Death of partner	1%	2%	1%	11%	0%	1%	2%	1%	-	1%
Other bereavement	11%	14%	12%	24%	14%	14%	13%	10%	16%	12%
Domestic violence or abuse	6%	3%	5%	6%	5%	4%	5%	7%	7%	6%
Relationship with your parents/family breaking down	6%	9%	11%	10%	12%	11%	9%	12%	12%	10%
Alcohol dependency	4%	4%	4%	4%	5%	6%	2%	3%	4%	2%
Illicit drug dependency	2%	1%	0%	2%	2%	3%	1%	1%	-	1%
A problem with gambling	1%	-	1%	-	2%	1%	2%	2%	1%	2%
Getting into trouble with the police e.g. an arrest or a caution	4%	4%	1%	3%	2%	2%	2%	2%	-	2%
Being discharged from prison	1%	-	-	-	0%	0%	1%	1%	-	1%
Problem with your right to work or live in the UK	1%	1%	0%	-	0%	1%	0%	0%	1%	0%
Debt/ bankruptcy	13%	15%	16%	11%	17%	16%	16%	16%	16%	16%
Lost a job	8%	8%	8%	6%	12%	13%	11%	3%	6%	8%
Any other challenging life experience not listed above	15%	19%	20%	19%	23%	23%	19%	18%	19%	19%
None of these things	45%	44%	34%	40%	35%	34%	39%	42%	31%	39%
Prefer not to say	3%	7%	2%	1%	3%	3%	3%	3%	6%	3%
Net: Any	52%	49%	64%	59%	62%	63%	58%	56%	62%	58%

Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

Over the last three months, have you experienced any of the following? Please select one option on each row
 VTU_Q41_1. I have fallen into debt because I couldn't keep up with essential bills (e.g. rent or utilities)

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
Yes, I have	32%	36%	35%	33%	34%	31%	37%	37%	44%	38%
No, I haven't	65%	63%	60%	58%	60%	63%	58%	58%	53%	57%
Don't know/can't remember	2%	1%	2%	4%	3%	2%	2%	3%	1%	2%
Prefer not to say	1%	-	3%	5%	3%	3%	2%	2%	2%	2%

VTU_Q41_2. I have been unable to travel to work or essential appointments (e.g. GP, school run, dentists or hospital appointments) because I couldn't afford to use public transport or the fuel costs to get there

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
Yes, I have	18%	21%	21%	21%	23%	23%	21%	19%	30%	21%
No, I haven't	76%	77%	75%	77%	70%	70%	74%	76%	66%	73%
Don't know/can't remember	5%	1%	3%	-	4%	4%	3%	4%	3%	3%
Prefer not to say	1%	2%	1%	3%	3%	3%	2%	2%	1%	2%



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_Q41_3. I have needed to skip meals to keep up with other essential costs (e.g. utilities or rent).

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
Yes, I have	28%	30%	42%	37%	37%	36%	35%	34%	47%	37%
No, I haven't	66%	65%	55%	56%	57%	57%	60%	60%	44%	58%
Don't know/can't remember	5%	3%	1%	3%	4%	4%	1%	4%	5%	2%
Prefer not to say	1%	2%	2%	3%	3%	3%	3%	2%	4%	3%

VTU_Q41_4. I have been unable to cook hot food because I couldn't afford to use the oven or other utilities.

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
Yes, I have	15%	11%	19%	15%	16%	18%	13%	15%	20%	14%
No, I haven't	80%	83%	76%	80%	78%	76%	81%	80%	76%	80%
Don't know/can't remember	4%	5%	4%	3%	4%	4%	4%	3%	4%	4%
Prefer not to say	1%	-	1%	3%	2%	2%	2%	2%	1%	2%



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_Q41_5. I have been unable to dress appropriately for the weather because I didn't have and wasn't able to afford suitable shoes or clothes.

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
Yes, I have	20%	24%	23%	25%	25%	24%	22%	23%	32%	24%
No, I haven't	76%	70%	72%	72%	69%	70%	71%	71%	64%	70%
Don't know/can't remember	4%	3%	2%	-	4%	4%	3%	3%	3%	3%
Prefer not to say	1%	3%	2%	3%	3%	3%	3%	3%	2%	3%

VTU_Q41_6. I have been unable to afford to heat my home when I needed to

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
Yes, I have	28%	29%	37%	36%	33%	33%	31%	34%	38%	33%
No, I haven't	68%	65%	58%	61%	60%	60%	63%	61%	56%	62%
Don't know/can't remember	3%	4%	4%	1%	5%	4%	4%	5%	4%	4%
Prefer not to say	1%	2%	1%	2%	3%	2%	3%	0%	2%	2%

VTU_Q41_7. I have been unable to dress my children appropriately for the weather because I didn't have and weren't able to afford suitable shoes or clothes.

Unweighted base	189	99	186	27	403	-	452	332	120	904
Base: Those with children	151	78	172	31	488	-	470	332	119	921
Yes, I have	14%	15%	11%	22%	14%	-	12%	15%	18%	14%
No, I haven't	82%	84%	86%	75%	79%	-	82%	82%	77%	81%
Don't know/can't remember	1%	-	2%	-	3%	-	3%	1%	1%	2%
Prefer not to say	3%	2%	1%	3%	4%	-	3%	2%	4%	3%



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_Q41_8. I have been unable to wash properly or keep clean because I couldn't afford basic toiletries such as soap, shampoo, toothbrushes, toothpaste or sanitary items.

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
Yes, I have	12%	12%	13%	13%	17%	17%	12%	15%	22%	14%
No, I haven't	85%	84%	82%	80%	78%	79%	82%	79%	76%	80%
Don't know/can't remember	2%	2%	3%	4%	3%	2%	3%	4%	1%	3%
Prefer not to say	2%	3%	3%	3%	2%	2%	4%	2%	1%	3%

VTU_Q41_9. I have been unable to afford to turn the lights on in my home when I needed to

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
Yes, I have	16%	10%	16%	14%	13%	15%	12%	14%	14%	13%
No, I haven't	80%	85%	78%	83%	81%	80%	82%	82%	77%	81%
Don't know/can't remember	3%	4%	5%	2%	4%	4%	4%	4%	9%	4%
Prefer not to say	1%	1%	1%	-	2%	2%	2%	1%	0%	2%

Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_Q41_10. I have been unable to afford medical prescriptions, pain relief or other over the counter medication

Unweighted base	213	106	343	60	1009	966	371	287	107	765
Base: Those in England	165	82	297	60	1162	972	391	295	108	793
Yes, I have	16%	20%	15%	14%	17%	14%	20%	20%	24%	20%
No, I haven't	80%	76%	79%	79%	75%	79%	73%	74%	71%	73%
Don't know/can't remember	3%	3%	6%	4%	4%	4%	4%	5%	4%	4%
Prefer not to say	1%	1%	0%	3%	3%	3%	3%	1%	2%	2%

VTU_Q41_11. I have been unable to replace a major electrical good that had broken (like a refrigerator, TV, washing machine, boiler) because I couldn't afford to

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
Yes, I have	31%	40%	42%	34%	35%	33%	37%	43%	45%	40%
No, I haven't	64%	58%	52%	59%	57%	60%	56%	52%	49%	53%
Don't know/can't remember	2%	1%	3%	6%	5%	5%	4%	4%	2%	4%
Prefer not to say	2%	2%	2%	1%	3%	2%	3%	1%	3%	3%

VTU_Q41_12. I have been unable to purchase adequate furniture for my home when I needed it

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
Yes, I have	35%	35%	38%	36%	38%	34%	42%	40%	46%	42%
No, I haven't	61%	59%	56%	61%	54%	58%	53%	54%	46%	52%
Don't know/can't remember	2%	4%	4%	1%	6%	6%	4%	3%	6%	4%
Prefer not to say	1%	2%	1%	1%	2%	2%	2%	2%	2%	2%



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_Q41_13. I have been unable to pay for essential dental treatment for myself or a member of my household when it was needed because I couldn't afford to do so

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
Yes, I have	34%	49%	38%	52%	35%	36%	38%	34%	34%	36%
No, I haven't	60%	46%	53%	43%	58%	56%	54%	58%	55%	56%
Don't know/can't remember	3%	4%	6%	2%	5%	4%	5%	6%	10%	6%
Prefer not to say	3%	1%	3%	3%	3%	3%	2%	2%	1%	2%

VTU_Q41_14. I had to cancel plans with family or friends because I couldn't afford to see them

Unweighted base	251	130	409	70	1217	1173	452	332	120	904
Base: All UK Adults	188	99	347	68	1375	1156	470	332	119	921
Yes, I have	47%	60%	59%	57%	53%	51%	57%	57%	60%	58%
No, I haven't	50%	38%	36%	40%	40%	42%	37%	39%	32%	37%
Don't know/can't remember	2%	1%	4%	2%	5%	5%	3%	3%	6%	3%
Prefer not to say	1%	1%	1%	1%	2%	2%	3%	1%	2%	2%



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

VTU_Q73. You stated that you have been unable to travel to work or go to essential appointments because you couldn't afford to use public transport or for the fuel costs to get there. Please can you let us know which of these have you missed in the last three months due to not being able to afford to travel (Please select all that apply):

	Unweighted base	25	83	14	281	268	86	62	30	178
Base: Those who are unable to get to work for essential appointments	35	21	72	14	321	266	99	62	35	196
Work	18%	18%	26%	8%	21%	17%	27%	24%	29%	27%
Doctors appointment	29%	60%	32%	11%	41%	37%	40%	36%	46%	40%
Hospital appointment	43%	35%	49%	31%	37%	39%	36%	50%	32%	40%
Dentist appointment	31%	37%	29%	12%	17%	19%	19%	34%	19%	24%
Children have missed school	15%	14%	5%	10%	6%	-	10%	23%	24%	16%
Benefits appointment	12%	19%	6%	16%	16%	17%	11%	13%	10%	12%
Other	5%	16%	7%	37%	11%	12%	12%	6%	6%	9%
Don't know	9%	5%	6%	6%	5%	6%	4%	-	15%	5%
Prefer not to say	1%	-	5%	-	8%	8%	3%	7%	5%	5%

essentials_dv. Used essentials

	Unweighted base	130	409	70	1217	1173	452	332	120	904
Base: All	188	99	347	68	1375	1156	470	332	119	921
Yes	68%	74%	77%	75%	73%	72%	72%	75%	81%	74%
No	28%	22%	21%	25%	22%	23%	24%	22%	15%	22%
Missing	5%	4%	2%	-	5%	5%	4%	4%	4%	4%

foodbank_dv. Used foodbank

	Unweighted base	130	409	70	1217	1173	452	332	120	904
Base: All	188	99	347	68	1375	1156	470	332	119	921
Any use a food bank	28%	20%	23%	25%	21%	20%	19%	28%	40%	25%
Do not use a food bank	67%	71%	71%	72%	70%	72%	75%	62%	52%	68%
Missing	5%	9%	6%	3%	9%	8%	6%	9%	8%	7%



Marital Status					Children in Household				
Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)

All figures, unless otherwise stated, are from YouGov Plc. Total sample size was 2077 adults. Fieldwork was undertaken between 29th July - 23rd August 2024. The survey was carried out online. The figures have been weighted and are representative of all adults on Universal Credit (aged 16+).



Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_Q74. Over the next three months, to what extent do you think your financial situation (your ability to afford day to day necessities) will get better, get worse, or stay the same?

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
Get a lot better	3%	3%	4%	4%	8%	-	8%	4%
Get a little better	9%	9%	12%	11%	21%	19%	17%	11%
Stay the same	36%	37%	34%	34%	35%	23%	25%	36%
Get a little worse	23%	22%	21%	19%	18%	18%	18%	22%
Get a lot worse	23%	22%	23%	29%	13%	31%	15%	21%
Don't know	5%	7%	6%	3%	5%	8%	11%	6%
Prefer not to say	0%	0%	0%	-	0%	-	6%	0%
Net: Better	12%	12%	15%	15%	30%	19%	25%	15%
Net: Worse	46%	45%	44%	49%	31%	49%	34%	43%



Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_NEW1. Which of the following statements best applies to you in relation to this support? Please select only one answer.

Unweighted base	422	679	1069	147	523	46	39	1440
Base: Those on Universal Credit	410	638	1078	165	522	54	44	1423
I have received this support within the last three months	7%	7%	7%	4%	11%	11%	5%	7%
I have applied for this support within the last three months, and I am waiting for a decision	2%	2%	2%	2%	4%	4%	10%	2%
I have applied for this support within the last three months, but I was unsuccessful	3%	3%	3%	1%	3%	4%	2%	3%
I have not applied for this support within the last three months	67%	70%	67%	65%	60%	44%	37%	68%
Not applicable – this support isn't available in my local area	11%	10%	12%	16%	15%	20%	17%	12%
Don't know	9%	8%	8%	11%	7%	18%	23%	8%
Prefer not to say	0%	0%	1%	2%	0%	-	6%	1%
Net: Applied	6%	5%	5%	2%	7%	7%	12%	5%



Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_NEW2. And which of the following best describes why you have not applied for this support within the last three months? Please select only one answer.

Unweighted base	284	474	723	95	323	21	16	985
Base: Those who did not get support	274	444	726	107	311	23	16	965
I was not aware of this support	41%	42%	43%	43%	40%	54%	46%	42%
I was not aware of this support - and do not feel I would have needed it	15%	16%	14%	17%	20%	12%	20%	15%
I was aware of this support but do not feel I need it	16%	17%	17%	14%	24%	17%	7%	17%
I was aware of this support but don't know how to apply for it	8%	7%	8%	5%	4%	-	-	7%
I was aware of this support but found the application too time consuming	1%	1%	1%	2%	1%	-	7%	1%
I was aware of this support but found the application too difficult to complete	3%	3%	3%	7%	1%	8%	-	3%
I have previously applied for support and not been successful	3%	3%	4%	2%	3%	-	-	3%
Other	7%	6%	6%	8%	4%	-	20%	6%
Don't know	3%	4%	4%	3%	3%	9%	-	4%
Prefer not to say	1%	1%	1%	1%	1%	-	-	1%

Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_Q2a. How many children under the age of 17 live with you?

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
None	68%	70%	66%	81%	31%	36%	53%	66%
1	18%	16%	18%	12%	33%	37%	16%	18%
2	10%	11%	12%	7%	26%	22%	28%	12%
3	3%	3%	4%	-	7%	4%	1%	3%
4	-	0%	1%	-	3%	1%	-	0%
5	0%	0%	0%	-	0%	-	2%	0%
6 or more	-	0%	-	-	0%	-	-	0%

Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_Q3a. What is the age of the child that live with you?

Unweighted base	66	101	183	17	172	15	6	247
Base: All UK Adults with children	72	101	191	20	173	20	7	257
Less than one year old	1%	1%	2%	-	4%	-	-	2%
1-5 years old	14%	14%	23%	25%	23%	40%	45%	21%
6-11 years old	31%	28%	34%	38%	33%	5%	14%	30%
12-13 years old	18%	19%	15%	-	14%	5%	16%	15%
14-16 years old	36%	38%	27%	37%	27%	50%	24%	32%

VTU_Q3b_. What is the age of the children that live with you?

Unweighted base	57	90	179	13	188	12	13	234
Base: All UK Adults with children	57	89	178	12	189	15	14	228
Less than one year old	1%	4%	6%	6%	6%	8%	5%	6%
1-5 years old	27%	37%	41%	46%	48%	39%	51%	39%
6-11 years old	69%	65%	70%	79%	70%	81%	47%	67%
12-13 years old	25%	32%	30%	40%	34%	41%	34%	32%
14-16 years old	39%	36%	37%	-	33%	35%	32%	35%

Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_Q3. How many adults aged 17 or over live with you as part of your household?

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
No other adults	53%	52%	54%	43%	48%	60%	50%	53%
1 other adult	26%	26%	24%	24%	28%	26%	20%	25%
2 other adults	12%	15%	15%	19%	12%	13%	15%	14%
3 other adults	7%	5%	5%	11%	6%	1%	9%	5%
4 other adults	2%	1%	1%	1%	4%	-	-	1%
5 or more other adults	1%	1%	1%	3%	2%	-	5%	1%

Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_Q6. Which ONE of the following best describes where you are living at the moment?

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
A flat, room or house rented by me (or partner) from a private landlord	19%	21%	26%	21%	33%	22%	30%	24%
A flat, room or house rented by me (or partner) from a local council, housing association or housing co-operative	43%	38%	36%	29%	26%	35%	32%	36%
A temporary flat or house provided by the local council	3%	1%	2%	1%	2%	3%	-	2%
Other statutory accommodation (e.g. supported accommodation or NASS accommodation)	0%	1%	1%	1%	0%	-	2%	1%
A flat or house owned by me or my partner (with a mortgage or owned outright)	13%	17%	12%	8%	26%	16%	11%	14%
I live permanently with my parents, other family members or friends	15%	15%	15%	30%	9%	13%	19%	15%
I am staying with my parents, other family members or friends but this is a temporary or insecure arrangement	3%	4%	5%	7%	2%	4%	-	4%
A hotel, hostel, refuge, B&B or night shelter	-	-	1%	-	0%	5%	-	0%
Sleeping rough/ living on the streets	-	-	0%	-	-	-	-	0%
Other	3%	4%	3%	3%	3%	-	2%	3%
Prefer not to say	1%	0%	0%	1%	0%	2%	5%	0%



Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_NEW9a. At any point in the last 12 months have you considered yourself to be at risk of homelessness? For example, if you were being evicted from your rental property, asked to leave a friend's or relative's home, left prison, or left care.

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
Yes	20%	18%	21%	26%	15%	20%	13%	19%
No	76%	78%	74%	67%	83%	69%	74%	77%
Don't know	3%	3%	3%	5%	2%	7%	3%	3%
Prefer not to say	1%	1%	2%	2%	1%	4%	10%	1%



Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_NEW9b. You said you have been at risk of becoming homeless in the last 12 months. As a result did you receive any support from your local authority?

Unweighted base	77	113	211	39	64	10	4	250
Base: All UK Adults who are at risk of becoming homeless	84	113	228	42	76	11	6	266
Yes, I did	36%	25%	25%	16%	44%	22%	39%	25%
No, I did not	62%	72%	72%	82%	52%	78%	61%	73%
Don't know	2%	1%	1%	-	3%	-	-	1%
Prefer not to say	-	2%	2%	2%	1%	-	-	2%



Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_Q10. Which ONE of the following best describes you?

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All adults currently claiming universal credit	410	638	1078	165	522	54	44	1423
Full time employee (30 hours a week or more)	5%	7%	9%	9%	31%	9%	10%	10%
Part-time employee (less than 30 hours a week)	7%	11%	13%	12%	29%	14%	25%	13%
Self-employed or freelance	3%	4%	4%	4%	9%	8%	-	4%
On maternity or paternity leave	0%	0%	0%	0%	1%	2%	-	0%
Retired (whether receiving pension or not)	1%	1%	1%	-	0%	-	-	1%
In full time education or training	2%	1%	2%	2%	2%	-	3%	2%
Looking after home or family	2%	4%	5%	1%	9%	21%	10%	5%
Signed off sick (short-term or temporarily)	2%	2%	3%	2%	0%	-	6%	3%
Long-term sick or disabled	66%	54%	43%	46%	0%	5%	8%	42%
Unemployed and looking for work	6%	10%	12%	16%	14%	34%	20%	13%
Unemployed and not looking for work	3%	4%	6%	6%	4%	1%	3%	5%
Other	2%	2%	2%	3%	2%	4%	8%	2%
Prefer not to say	-	0%	1%	1%	0%	3%	6%	0%



Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_Q12. Apart from you, are there any other adult members of your household...(Please select all that apply)

Unweighted base	196	320	477	81	275	18	18	665
Base: All UK adults who are living with any other adults (aged 17+)	192	305	495	95	274	22	22	670
Working full-time as an employee	36%	36%	39%	39%	41%	43%	30%	39%
Working part-time as an employee	19%	19%	19%	16%	25%	7%	17%	18%
Self-employed or freelance	8%	7%	8%	14%	16%	24%	13%	8%
No other adults in household are working	42%	44%	39%	36%	27%	17%	25%	39%
Prefer not to say	3%	3%	3%	5%	1%	9%	29%	4%
Net: Employed	50%	48%	52%	47%	63%	50%	43%	52%
Net: Working	56%	53%	58%	59%	72%	74%	46%	57%



Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_Q64. You previously mentioned that you are not working at the moment. Which, if any, of the following reasons best describe why you are not working at the moment. Please select all that apply.

	Unweighted base							
Base: Adults who are unemployed, looking after family, long term sick, other	333	485	696	99	129	29	20	938
I have a health condition (physical or mental) that means that I cannot work	329	467	727	116	148	35	22	960
I would like to work, but it is difficult to find work which allows me to manage my health condition	81%	73%	69%	69%	2%	10%	13%	67%
I have caring responsibilities that means that I cannot work	31%	37%	33%	44%	2%	5%	17%	31%
I would like to work, but it is difficult to find work which allows me to manage my caring responsibilities	7%	10%	12%	11%	21%	20%	41%	12%
Lack of affordable or available childcare means I cannot work	4%	6%	6%	4%	15%	5%	10%	6%
Lack of affordable or available care for the person who, for health reasons, I provide unpaid care for means I cannot work	2%	2%	4%	3%	10%	14%	-	4%
I don't want to lose my benefits	2%	3%	2%	6%	5%	5%	-	2%
I have tried to find work but haven't been successful	5%	4%	5%	15%	2%	12%	6%	4%
I can't find work close enough to where I live / where I can travel to	8%	13%	16%	25%	29%	35%	17%	16%
I am looking for a specific type of role or job that I haven't found or hasn't been available	5%	6%	7%	14%	8%	8%	15%	7%
I only want to work specific hours and haven't found a suitable job	4%	5%	7%	11%	13%	-	4%	7%
I don't have a permanent place to live	3%	4%	5%	7%	2%	10%	-	5%
I don't have sufficient access to the internet	2%	2%	4%	3%	1%	-	-	3%
I am waiting to hear back from jobs that I have applied for	0%	0%	1%	2%	1%	-	-	1%
I want some time out of trying to find work	3%	7%	9%	13%	25%	28%	11%	9%
I don't have the right skills or qualifications to find work	0%	1%	2%	5%	1%	3%	-	2%
Other	5%	5%	8%	18%	5%	6%	5%	7%
Not applicable – there is no particular reason that I am not working	8%	8%	7%	16%	15%	8%	3%	7%
Don't know	0%	0%	0%	0%	-	-	-	0%
Prefer not to say	1%	0%	0%	-	0%	-	-	0%
Net: Any	1%	1%	0%	1%	1%	-	22%	1%
	98%	99%	99%	98%	98%	100%	78%	98%



Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

For each of the following questions please give an answer on a scale of 1 to 10, where 1 is "not at all satisfied" and 10 is "completely satisfied" please remember that there are no right or wrong answers.

VTU_QNEW5a_1. Overall, how satisfied are you with your life nowadays?

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
1 - Not at all satisfied [1]	21%	17%	21%	22%	7%	13%	10%	18%
2 [2]	10%	7%	9%	5%	4%	9%	9%	8%
3 [3]	18%	18%	17%	12%	6%	15%	13%	17%
4 [4]	11%	15%	14%	17%	9%	20%	17%	14%
5 [5]	14%	15%	12%	16%	15%	26%	13%	14%
6 [6]	11%	12%	11%	14%	14%	14%	13%	11%
7 [7]	9%	8%	8%	6%	19%	1%	11%	9%
8 [8]	4%	5%	5%	6%	12%	2%	3%	6%
9 [9]	1%	1%	1%	1%	5%	-	2%	1%
10 - Completely satisfied [10]	2%	2%	1%	1%	9%	-	3%	2%
Prefer not to say	-	0%	0%	-	-	-	6%	0%
Net: Not Satisfied	59%	57%	61%	55%	26%	56%	49%	58%
Net: Satisfied	27%	28%	26%	28%	59%	18%	32%	28%
Mean	3.97	4.18	3.92	4.14	5.94	3.96	4.53	4.13

Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

For each of the following questions please give an answer on a scale of 1 to 10, where 1 is "not at all worthwhile" and 10 is "completely worthwhile" please remember that there are no right or wrong answers.

VTU_NEW5b_1. Overall, to what extent do you feel that the things you do in your life are worthwhile?

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
1 - Not at all worthwhile [1]	16%	14%	18%	16%	4%	10%	11%	15%
2 [2]	12%	9%	11%	12%	3%	9%	6%	10%
3 [3]	14%	15%	14%	9%	6%	11%	10%	14%
4 [4]	12%	13%	14%	11%	7%	18%	17%	13%
5 [5]	12%	14%	13%	10%	14%	30%	24%	14%
6 [6]	7%	10%	9%	18%	10%	14%	4%	10%
7 [7]	12%	11%	9%	10%	17%	9%	12%	10%
8 [8]	8%	8%	8%	10%	17%	-	4%	9%
9 [9]	2%	3%	2%	-	7%	-	3%	2%
10 - Completely worthwhile [10]	4%	4%	3%	2%	15%	-	3%	4%
Prefer not to say	1%	0%	0%	1%	0%	-	6%	1%
Net: Not worthwhile	54%	51%	57%	48%	20%	48%	44%	52%
Net: Worthwhile	33%	35%	30%	41%	65%	23%	26%	34%
Mean	4.42	4.59	4.23	4.52	6.50	4.26	4.63	4.52

Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

For each of the following questions please give an answer on a scale of 1 to 10, where 1 is "not at all happy" and 10 is "completely happy" please remember that there are no right or wrong answers.

VTU_NEW5c_1. Overall, how happy did you feel yesterday

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
1 - Not at all happy [1]	17%	13%	18%	16%	5%	5%	9%	15%
2 [2]	10%	9%	10%	8%	4%	14%	8%	9%
3 [3]	13%	11%	13%	16%	6%	14%	6%	12%
4 [4]	12%	16%	14%	6%	6%	15%	6%	13%
5 [5]	14%	16%	14%	15%	16%	20%	25%	15%
6 [6]	9%	10%	10%	14%	10%	25%	19%	10%
7 [7]	10%	11%	11%	10%	18%	7%	9%	12%
8 [8]	8%	6%	6%	7%	14%	-	9%	7%
9 [9]	4%	5%	3%	5%	6%	2%	4%	4%
10 - Completely happy [10]	5%	3%	2%	2%	13%	-	3%	3%
Prefer not to say	-	0%	0%	1%	0%	-	3%	0%
Net: Not happy	51%	49%	55%	46%	21%	47%	29%	50%
Net: Happy	35%	35%	31%	38%	63%	34%	43%	35%
Mean	4.54	4.67	4.29	4.60	6.31	4.45	5.13	4.59

Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_NEW5d. On a scale of 1 to 10, where 1 is "Not at all anxious" and 10 is "completely anxious", overall, how anxious did you feel yesterday?

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
1 - Not at all anxious [1]	7%	7%	2%	5%	13%	-	1%	5%
2 [2]	5%	5%	3%	2%	9%	-	7%	5%
3 [3]	6%	7%	5%	4%	12%	6%	17%	6%
4 [4]	8%	7%	6%	8%	8%	12%	10%	7%
5 [5]	11%	11%	9%	10%	13%	24%	-	10%
6 [6]	8%	10%	12%	11%	10%	15%	10%	11%
7 [7]	16%	16%	19%	17%	12%	16%	26%	18%
8 [8]	16%	16%	16%	15%	10%	15%	13%	15%
9 [9]	9%	8%	9%	8%	4%	8%	1%	8%
10 - Completely anxious [10]	15%	13%	18%	20%	9%	5%	8%	15%
Prefer not to say	0%	0%	0%	-	0%	-	6%	0%
Net: Not anxious	26%	26%	17%	19%	43%	17%	35%	23%
Net: Anxious	63%	62%	74%	71%	44%	58%	58%	67%
Mean	6.35	6.20	6.90	6.79	5.08	6.23	5.82	6.44

Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_Q55. Not counting the people you live with, how often, if at all, do you have contact with your relatives, friends or neighbours? This could be in person, by phone, letter, email or through the internet.

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
On most days	39%	41%	41%	41%	47%	40%	40%	41%
Once or twice a week	32%	32%	32%	28%	35%	42%	35%	34%
Once or twice a month	14%	12%	12%	19%	9%	12%	7%	11%
Less often than once a month	10%	10%	11%	9%	6%	2%	13%	10%
Never	3%	4%	4%	1%	2%	2%	2%	4%
Don't know	2%	1%	1%	2%	1%	1%	4%	1%
Net: At least once a week	71%	73%	73%	69%	82%	82%	74%	74%
Net: Once a month or less often	24%	22%	22%	28%	15%	15%	20%	21%

VTU_NEW7. How often do you feel lonely?

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
Always/ often	33%	28%	35%	39%	9%	19%	27%	31%
Some of the time	34%	33%	36%	32%	31%	55%	32%	34%
Occasionally	19%	25%	21%	20%	33%	21%	24%	24%
Never	13%	13%	7%	9%	27%	5%	14%	10%
Prefer not to say	1%	1%	1%	-	0%	-	3%	1%



Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

disability_NEW_a. Do you have any physical or mental health conditions or illnesses lasting or expected to last 12 months or more?

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All	410	638	1078	165	522	54	44	1423
Yes, a physical disability	100%	34%	24%	33%	-	-	-	29%
Yes, a long-term physical condition or illness	53%	100%	37%	38%	-	-	-	45%
Yes, a mental health condition (including stress, depression or anxiety)	62%	62%	100%	84%	-	-	-	76%
Yes, a learning disability or learning difficulty	13%	10%	13%	100%	-	-	-	12%
None of the above	-	-	-	-	100%	-	-	-
Don't know	-	-	-	-	-	100%	-	-
Prefer not to say	-	-	-	-	-	-	100%	-
Net: Any disability	100%	100%	100%	100%	-	-	-	100%

disability_NEW_b. Do any of your conditions or illnesses reduce your ability to carry out day to day activities?

Unweighted base	412	668	1034	139	-	-	-	1401
Base: Those with a disability, mental health condition or long term health issue	400	626	1040	153	-	-	-	1380
Yes, a lot	76%	61%	54%	58%	-	-	-	53%
Yes, a little	23%	34%	41%	37%	-	-	-	40%
Not at all	1%	5%	6%	6%	-	-	-	7%
Net: Yes	99%	95%	94%	94%	-	-	-	93%



Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_Q15a. Does anyone else in your household have any physical or mental health conditions lasting or expected to last 12 months or more?

Unweighted base	262	414	675	100	444	34	27	915
Base: All adults currently claiming Universal Credit who don't live alone	265	402	705	115	446	42	32	934
Yes, but it doesn't reduce their ability to carry out day to day activities	19%	15%	17%	16%	7%	12%	2%	16%
Yes, and it does reduce their ability to carry out day to day activities	46%	47%	42%	53%	23%	20%	25%	42%
No, no one else in my household has any health conditions	33%	33%	34%	23%	66%	37%	26%	36%
Don't know	5%	5%	6%	9%	2%	32%	-	5%
Prefer not to say	2%	3%	3%	2%	1%	-	48%	3%
Net: Yes	61%	59%	57%	66%	30%	31%	25%	56%

VTU_Q16. Your Universal Credit payments can include additional amounts to help with different costs. Does your household receive any of the following on top of the standard basic payment (Standard Allowance)? Please select all that apply.

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All adults currently claiming Universal Credit	410	638	1078	165	522	54	44	1423
Extra money to help with your housing costs (paid to yourself or directly to your landlord)	25%	25%	27%	23%	28%	23%	41%	25%
Extra money for caring for someone	9%	9%	10%	9%	14%	9%	17%	10%
Extra money if someone you live with is disabled	8%	8%	7%	4%	9%	5%	10%	7%
Extra money for children living at home, excluding childcare costs	16%	14%	16%	9%	28%	21%	29%	16%
Extra money for childcare	1%	2%	3%	2%	16%	9%	6%	3%
Extra money because you have a disability or health condition, which limits your capability to work	53%	46%	36%	43%	5%	2%	12%	35%
None of the above	20%	25%	29%	28%	36%	43%	26%	29%
I don't know what the Universal Credit payment covers	10%	9%	10%	10%	9%	8%	5%	10%
Prefer not to say	2%	2%	1%	3%	1%	5%	12%	1%
Net: Any extra money	68%	65%	60%	60%	54%	43%	57%	59%

Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_Q17. How long have you currently been claiming Universal Credit for?

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All adults currently claiming Universal Credit	410	638	1078	165	522	54	44	1423
Under 3 months	2%	2%	2%	2%	4%	-	3%	2%
3 to 6 months	8%	7%	7%	9%	17%	6%	7%	9%
7 to 12 months	12%	12%	11%	10%	21%	22%	23%	12%
More than 12 months	77%	78%	78%	77%	56%	67%	55%	76%
Don't know	1%	0%	1%	2%	1%	5%	-	1%
Prefer not to say	1%	1%	1%	1%	1%	1%	12%	1%

VTU_Q18. Which of the following statements about the benefit(s) you receive to support you with your housing costs best describes the situation of the household?

Unweighted base	165	250	424	41	154	18	16	533
Base: All UK Adults who rent and claim Housing Benefit/ LHA or who have UC payment to support housing costs	159	232	417	43	151	19	19	513
The benefit I/we receive covers all of our rent	59%	56%	56%	46%	44%	48%	40%	56%
The benefit I/we receive does not cover all of our rent	39%	42%	43%	51%	54%	48%	57%	42%
Don't know	2%	2%	1%	3%	0%	4%	-	2%
Prefer not to say	-	0%	0%	-	1%	-	2%	1%

Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_Q19. What impact, if any does the shortfall between the benefit(s) you receive to support you with your housing costs and your rent have on your ability to afford day-to-day costs?

Unweighted base	69	111	193	22	88	9	9	238
Base: All UK Adults whose UC, Housing Benefit or LHA does not cover all of rent	62	97	177	22	82	9	11	215
A great deal	36%	35%	32%	39%	34%	34%	13%	33%
A fair amount	41%	38%	36%	36%	39%	19%	73%	34%
Just a little	16%	19%	22%	22%	17%	36%	9%	24%
Makes no difference	7%	5%	6%	4%	9%	-	-	7%
Don't know	-	3%	3%	-	1%	11%	6%	3%
Prefer not to say	-	-	-	-	-	-	-	-

VTU_Q20b. Are you currently having your benefit award reduced because you are considered to have a spare bedroom, i.e. the 'bedroom tax' or under occupancy charge?

Unweighted base	175	254	384	45	131	18	13	519
Base: All UK Social renters	169	234	378	48	132	19	14	499
Yes - but I am claiming a Discretionary Housing Payment This is an extra payment that provides financial support to help with rent or housing costs) from my local authority to cover it	7%	7%	6%	7%	15%	5%	-	6%
Yes - and I am not claiming a Discretionary Housing Payment from my local authority to cover it	20%	19%	15%	15%	6%	16%	8%	16%
No	65%	71%	72%	73%	73%	62%	88%	73%
Don't know	8%	4%	6%	5%	5%	18%	-	6%
Prefer not to say	0%	0%	0%	-	0%	-	4%	0%
Net: Yes	26%	25%	21%	22%	21%	21%	8%	21%

Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_Q21. Is part of your or your partner's benefit income (including tax credits) currently being deducted in order to pay a benefit advance, benefit overpayments, loans from the Department for Work and Pensions or other debts and fines?

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults who have income from any benefits	410	638	1078	165	522	54	44	1423
Yes, it is	29%	25%	28%	16%	28%	22%	27%	27%
No, it isn't	59%	66%	61%	67%	64%	46%	46%	62%
Don't know	9%	7%	10%	13%	7%	28%	6%	9%
Prefer not to say	3%	2%	2%	4%	1%	4%	20%	2%

Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_Q22. For which of the following reasons is part of your or your partner's benefit income being deducted?
Please select all that apply

	Unweighted base	120	171	297	26	130	10	10	381
Base: All UK Adults who have benefit deductions		117	161	299	27	144	12	12	377
To repay an advance payment taken to cover the five-week wait for Universal Credit		33%	28%	28%	36%	38%	29%	15%	29%
To repay an advance payment taken to cover a specific expense (a budgeting advance)		35%	38%	40%	32%	31%	29%	25%	39%
To repay an advance payment taken on because of a change in circumstances		7%	4%	6%	9%	20%	-	19%	6%
To repay previous benefit overpayments (e.g. from the DWP, HMRC, or the Council)		40%	51%	41%	46%	41%	25%	25%	41%
To repay a Hardship Payment from the DWP		4%	3%	5%	5%	6%	-	-	4%
To repay a court fine/ fines		4%	7%	6%	13%	12%	17%	-	6%
To repay council tax arrears		9%	10%	13%	6%	5%	12%	-	12%
Because of deductions from third parties (e.g. to repay arrears on rent or energy bills)		6%	3%	8%	-	4%	9%	18%	7%
Other debts and fines		4%	6%	6%	5%	3%	-	37%	6%
Don't know		3%	4%	3%	-	1%	8%	-	3%
Prefer not to say		2%	-	1%	-	1%	-	5%	1%

Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_Q26. Which ONE of the following statements best describes how well you are keeping up with your bills and credit commitments at the moment?

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
I am keeping up with all bills and credit commitments without any difficulty	16%	14%	12%	14%	23%	13%	17%	14%
I am keeping up with all bills and credit commitments but it is a struggle from time to time	26%	31%	29%	26%	35%	26%	21%	30%
I am keeping up with all bills and credit commitments but it is a constant struggle	34%	33%	30%	30%	26%	19%	35%	30%
I am having real financial problems and have fallen behind with many bills or credit commitments	17%	16%	23%	16%	11%	25%	7%	20%
I don't have any bills or credit commitments	3%	3%	3%	8%	2%	6%	5%	3%
Don't know	1%	1%	1%	2%	1%	1%	-	1%
Prefer not to say	2%	2%	1%	3%	1%	9%	15%	2%
Net: Managing to keep up with bills	76%	78%	71%	71%	85%	58%	72%	74%
Net: Struggling	61%	64%	59%	56%	62%	45%	56%	60%

VTU_Q27. You've said that you're finding it a struggle to keep up with your bills or credit commitment at the moment or from time to time. How long have you been managing like this?

Unweighted base	342	561	905	112	389	36	25	1191
Base: All UK Adults who struggle to keep up with bills or credit commitment	320	512	889	119	380	38	28	1143
For the last three months	6%	5%	6%	4%	7%	13%	3%	6%
For the last six months	11%	13%	13%	11%	19%	18%	20%	13%
For the last 12 months	21%	21%	21%	20%	29%	28%	9%	21%
For the last 2-3 years	28%	26%	23%	20%	18%	14%	28%	24%
For the last 3-5 years	12%	11%	12%	12%	12%	11%	14%	12%
For longer than 5 years but not always	9%	9%	8%	9%	5%	3%	-	8%
For as long as I can remember	10%	12%	13%	17%	5%	9%	13%	12%
Don't know	2%	2%	3%	7%	3%	5%	5%	3%
Prefer not to say	1%	1%	1%	1%	1%	-	8%	1%



Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_60_2. Over the last three months, have you ever experienced any of the following? Please select one option on each row - My financial situation impacting my ability to find or go to work

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
Yes, I have	21%	22%	27%	32%	19%	30%	22%	24%
No, I haven't	55%	57%	52%	43%	72%	38%	45%	56%
Don't know/can't remember	14%	13%	13%	19%	5%	21%	6%	12%
Prefer not to say	10%	8%	8%	6%	4%	11%	27%	8%

Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_Q28. Are you and/ or your partner currently behind with any of the following household bills? Please select all that apply

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
Council tax	13%	14%	17%	10%	13%	18%	10%	15%
Council tax, including water and sewage	3%	2%	2%	2%	1%	-	-	2%
Your Domestic Rates	-	-	0%	-	-	-	-	0%
Gas or electricity	21%	19%	21%	13%	18%	9%	3%	19%
Water and sewage	14%	11%	15%	9%	10%	11%	1%	14%
Telephone/mobile phone/broadband	8%	7%	8%	7%	8%	4%	7%	7%
TV licence	6%	6%	6%	4%	8%	7%	-	5%
Rent or mortgage costs	11%	10%	13%	13%	9%	9%	10%	11%
School Meal Payments	-	-	0%	-	-	-	-	0%
Other arrears	12%	11%	13%	9%	6%	7%	2%	11%
Not applicable - I am/ we are up-to-date with all payments	53%	56%	51%	56%	62%	56%	59%	54%
Don't know	4%	4%	4%	7%	1%	9%	1%	3%
Prefer not to say	3%	2%	2%	5%	2%	6%	18%	2%
Net: Any who are behind on bills	40%	38%	42%	32%	35%	29%	22%	40%

Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_Q61. Many people use different sources of money to tide them over. Which, if any, of the following sources have you or your partner currently borrowed money or got credit from that you will need to repay? Please select all that apply. If you have not borrowed any money please select the not applicable option.

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
Friend or family	34%	31%	34%	32%	27%	31%	29%	31%
Bank loan or Credit Union	7%	5%	7%	5%	9%	-	11%	7%
Your personal overdraft	20%	20%	22%	22%	18%	9%	18%	20%
Credit card	35%	39%	37%	38%	42%	31%	31%	37%
Payday loans / doorstep lender / Money Shop	4%	3%	5%	1%	5%	-	-	4%
Pawnbroker	4%	4%	4%	3%	2%	1%	5%	3%
Unlicensed lender (e.g. loan shark(s))	1%	1%	1%	1%	1%	-	-	1%
Car finance	3%	4%	5%	4%	10%	6%	9%	5%
Catalogues paid by instalment a form of credit debt, built up when you've purchased items from shopping catalogues	14%	11%	12%	6%	9%	7%	6%	11%
"Buy Now Pay Later" online payments from providers such as Klarna, or Afterpay a form of short term financing that allows consumers to make purchases and pay for them over time.	23%	24%	27%	28%	22%	25%	15%	25%
Hire purchase payments for appliances (e.g. fridge, washing machine, business equipment, etc.) is used to buy consumer goods, where the buyer makes an initial down payment and then pays in instalments.	5%	6%	6%	5%	6%	4%	3%	6%
Other	2%	2%	3%	2%	2%	3%	4%	3%
Not applicable - We do not owe money to any lender	32%	31%	29%	32%	31%	31%	34%	31%
Net: Any sources	68%	69%	71%	68%	69%	69%	66%	69%

Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_Q62. Households are reporting an increase in their cost of living, including increases in food costs, utilities and household expenses. In the last six months (since February 2024), please select any of the following that apply to you or any of your household members. If none of the options apply, please select the 'Not applicable' option. I or someone in my household has...

	Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	44	1423
not dressed appropriately for the weather because I/we cannot afford suitable clothes or shoes	24%	20%	23%	24%	8%	20%	17%	17%	21%
not been able to replace or repair major electrical goods such as a refrigerator, TV or washing machine when it's been broken because I/we cannot afford it	31%	31%	31%	30%	21%	32%	26%	26%	29%
gone without a shower or bath because I/we cannot afford it	24%	20%	21%	20%	8%	15%	14%	14%	19%
gone without basic toiletries such as soap, shampoo, toothbrush, toothpaste or sanitary items because I/we cannot afford them	18%	17%	19%	16%	10%	18%	10%	10%	17%
not been able to keep our home warm because I/we cannot afford it	32%	35%	35%	36%	21%	27%	23%	23%	33%
visited a food bank	18%	15%	19%	14%	13%	12%	22%	22%	17%
not been able to adequately furnish our home because I/we cannot afford it	30%	26%	30%	29%	19%	23%	29%	29%	27%
not had essential dental treatment done because I/we cannot afford it	35%	38%	39%	37%	24%	47%	16%	16%	36%
not gotten prescriptions because I/we cannot afford it	4%	5%	6%	7%	8%	6%	5%	5%	6%
not made an essential journey because I/we could not afford it	31%	26%	27%	31%	13%	29%	14%	14%	25%
not got pain relief or over the counter medication because I/we cannot afford it	17%	16%	15%	14%	6%	12%	6%	6%	14%
Not applicable – I have not experienced any of the issues listed in the last six months	25%	25%	22%	23%	39%	25%	31%	31%	25%
Don't know	2%	2%	2%	5%	2%	10%	-	-	3%
Prefer not to say	3%	2%	2%	3%	2%	3%	17%	17%	2%
Net: Any	70%	71%	73%	68%	57%	62%	52%	52%	70%



Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_QNEW7. We want to understand any particular pressure that families with children are facing. In the last six months (since February 2024), please select any of the following that apply to your child or children. If none of the options apply, please select the 'Not applicable' option. My child has/my children have...

	Unweighted base	123	191	362	30	360	27	19	481
Base: Those with children		130	190	369	32	363	34	21	485
not dressed appropriately for the weather because I/we cannot afford suitable clothes or shoes		18%	19%	15%	4%	6%	25%	-	14%
gone without a shower or bath because I/we cannot afford it		10%	8%	9%	2%	4%	-	-	8%
toothbrush, toothpaste or sanitary items because I/we cannot afford them		6%	9%	8%	2%	5%	9%	-	7%
not had essential dental treatment done because I/we cannot afford it		9%	9%	10%	4%	4%	27%	21%	10%
not got prescriptions because I/we cannot afford it		1%	1%	2%	3%	2%	2%	4%	2%
not got pain relief or over the counter medication because I/we cannot afford it		6%	7%	6%	5%	2%	6%	10%	6%
not made an essential journey because I/we could not afford it		11%	13%	12%	15%	9%	30%	3%	10%
Not attended school / missed school because we could not afford it		8%	7%	6%	4%	2%	3%	11%	5%
Missed out training and / or extracurricular activities because we could not afford it		31%	32%	33%	37%	21%	29%	16%	31%
Not applicable – My child has / children have not experienced any of the issues listed in the last six months		52%	52%	53%	63%	62%	41%	43%	55%
Don't know		2%	2%	1%	-	2%	6%	-	1%
Prefer not to say		2%	1%	2%	-	2%	2%	22%	2%
Net: Any		44%	45%	43%	37%	34%	51%	35%	42%

Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

These next questions are about the food eaten in your household, and whether you are able to afford the food you need. For the following statements, please tell us whether the statement was often true, sometimes true, or never true for you or your household in the last 30 days

VTU_Q30_1. // we worried whether our food would run out before I / we got money to buy more

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
Often true	23%	21%	26%	27%	13%	17%	22%	23%
Sometimes true	41%	37%	40%	35%	35%	37%	27%	40%
Never true	30%	36%	30%	31%	48%	32%	34%	33%
Don't know	2%	3%	3%	6%	2%	6%	11%	3%
Prefer not to say	3%	2%	2%	-	2%	8%	6%	2%



Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_Q30_2. The food that I / we bought just didn't last, and I / we didn't have money to get more

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
Often true	16%	13%	18%	21%	10%	11%	11%	16%
Sometimes true	38%	36%	38%	29%	28%	35%	27%	37%
Never true	40%	45%	39%	42%	57%	42%	45%	42%
Don't know	3%	3%	3%	8%	3%	7%	14%	3%
Prefer not to say	3%	2%	2%	-	2%	5%	3%	2%

VTU_Q30_3. I / we couldn't afford to eat balanced meals

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
Often true	27%	24%	28%	36%	14%	20%	9%	26%
Sometimes true	36%	37%	39%	29%	35%	37%	45%	37%
Never true	31%	34%	27%	28%	47%	26%	29%	32%
Don't know	3%	3%	3%	6%	3%	13%	6%	3%
Prefer not to say	3%	2%	2%	1%	2%	5%	11%	2%



Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

Thinking about the past thirty days, could you tell us to what extent, if at all, are the following statements true?
 VTU_Q63_1. I or members of my household cut down the size of meals or skip meals because there wasn't enough money for food

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
This is often true	22%	20%	22%	22%	14%	23%	23%	20%
This is sometimes true	36%	37%	37%	28%	32%	24%	32%	37%
This is never true	35%	38%	35%	41%	50%	38%	29%	38%
Don't know	4%	3%	3%	7%	2%	10%	8%	3%
Prefer not to say	3%	2%	2%	2%	1%	5%	7%	2%

VTU_Q63_2. I or members of my household were hungry but did not have enough money for food

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
This is often true	11%	9%	14%	16%	9%	15%	14%	12%
This is sometimes true	33%	29%	30%	26%	20%	20%	24%	28%
This is never true	49%	56%	50%	51%	67%	55%	51%	53%
Don't know	2%	3%	3%	5%	3%	6%	3%	3%
Prefer not to say	4%	3%	3%	2%	2%	4%	8%	3%

Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_Q38. For the following question, by "food bank", we mean organisations that are run by a charity or local community group, that provide emergency food to people in need. How often in the past 30 days, have you, or anyone else in your household, received a free food parcel from a food bank or other emergency food provider? (please select one option only)

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
Have not received one in the last 30 days	81%	86%	85%	85%	82%	85%	67%	85%
Once	6%	5%	5%	2%	5%	2%	3%	5%
Two or three times	3%	3%	3%	1%	7%	-	7%	3%
Four to six times	1%	1%	1%	-	1%	3%	-	1%
More than six times	1%	0%	1%	2%	0%	-	-	1%
Don't know	4%	3%	2%	4%	3%	5%	4%	2%
Prefer not to say	3%	2%	2%	5%	2%	6%	18%	2%



Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

Q55L_fparcel. In the last 12 months, how often, if ever, have you, or anyone else in your household, received a free parcel of food from a food bank or other emergency food provider? Please select one option only

Unweighted base	347	593	913	125	446	39	27	1238
Base: All who haven't used a food bank in the last 30 days	332	551	918	141	426	45	30	1216
Once in the last year	8%	6%	9%	7%	4%	9%	8%	8%
Two or three times in the last year	6%	6%	6%	7%	3%	5%	12%	6%
Four to six times in the last year	1%	1%	1%	3%	1%	-	4%	1%
More than six times but not every month	1%	1%	1%	1%	0%	-	-	1%
Every month or more often	-	0%	0%	-	0%	-	-	0%
Not applicable - I have never received a free parcel of food from a food bank or any other emergency food provider	80%	84%	80%	75%	90%	86%	76%	82%
Don't know	2%	1%	2%	5%	1%	-	-	2%
Prefer not to say	1%	1%	1%	1%	0%	-	-	1%

Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

Q55N_foodpantry. Some people buy food at a low cost for themselves and their households from places other than mainstream food shops or supermarkets, especially when they are finding it difficult to make ends meet. For instance, they might go to a food pantry or social supermarket where you can obtain a range of food items for a single low-cost payment or low-cost monthly membership fee. How often, if ever, have you obtained food from a place like this in the last 12 months? Please select one answer only.

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
Once in the last year	5%	4%	4%	2%	5%	-	-	3%
Two or three times in the last year	5%	5%	5%	3%	8%	2%	11%	5%
Four to six times in the last year	4%	4%	3%	2%	4%	1%	5%	3%
More than six times but not every month	2%	3%	2%	2%	2%	3%	-	2%
Every month or more often	5%	5%	4%	5%	4%	4%	5%	4%
Not applicable - I have never received food from a place like this	75%	76%	77%	79%	74%	69%	65%	78%
Don't know	3%	3%	4%	5%	2%	16%	2%	3%
Prefer not to say	2%	1%	2%	2%	1%	5%	11%	2%

Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_Q39. In the last 12 months, have you personally experienced any of the following? Please select all that apply.

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
Being evicted from your home	6%	4%	5%	9%	2%	5%	-	5%
One or more of your children becoming disabled or experiencing poor health	7%	9%	7%	4%	6%	8%	5%	7%
Separation or divorce	7%	4%	6%	5%	5%	7%	8%	5%
Other household/relationship breakdown	9%	7%	9%	13%	5%	11%	7%	8%
Becoming long-term sick or disabled	28%	26%	20%	27%	2%	3%	-	20%
Death of partner	3%	1%	1%	1%	0%	-	-	1%
Other bereavement	17%	17%	16%	20%	9%	21%	9%	15%
Domestic violence or abuse	7%	5%	7%	6%	3%	5%	1%	6%
Relationship with your parents/family breaking down	12%	11%	15%	20%	6%	11%	3%	13%
Alcohol dependency	3%	4%	7%	8%	1%	5%	2%	6%
Illicit drug dependency	1%	2%	3%	4%	0%	-	2%	3%
A problem with gambling	2%	1%	1%	1%	2%	2%	2%	1%
Getting into trouble with the police e.g. an arrest or a caution	1%	2%	3%	3%	1%	2%	2%	3%
Being discharged from prison	0%	0%	-	-	1%	-	-	0%
Problem with your right to work or live in the UK	1%	1%	1%	1%	0%	-	-	1%
Debt/ bankruptcy	18%	17%	22%	21%	9%	13%	5%	19%
Lost a job	11%	9%	12%	15%	8%	24%	13%	11%
Any other challenging life experience not listed above	28%	26%	31%	42%	9%	16%	24%	26%
None of these things	30%	28%	26%	25%	56%	36%	35%	29%
Prefer not to say	2%	2%	3%	4%	2%	1%	15%	3%
Net: Any	68%	70%	71%	71%	42%	63%	50%	68%

Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

Over the last three months, have you experienced any of the following? Please select one option on each row
 VTU_Q41_1. I have fallen into debt because I couldn't keep up with essential bills (e.g. rent or utilities)

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
Yes, I have	38%	34%	42%	35%	25%	38%	27%	38%
No, I haven't	57%	60%	54%	57%	71%	50%	59%	57%
Don't know/can't remember	2%	3%	2%	5%	2%	7%	3%	2%
Prefer not to say	4%	3%	2%	3%	2%	6%	11%	3%

VTU_Q41_2. I have been unable to travel to work or essential appointments (e.g. GP, school run, dentists or hospital appointments) because I couldn't afford to use public transport or the fuel costs to get there

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
Yes, I have	30%	27%	28%	32%	13%	29%	18%	26%
No, I haven't	62%	67%	65%	61%	83%	63%	65%	68%
Don't know/can't remember	4%	4%	4%	7%	3%	1%	3%	4%
Prefer not to say	4%	2%	2%	1%	1%	7%	13%	2%

Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_Q41_3. I have needed to skip meals to keep up with other essential costs (e.g. utilities or rent).

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
Yes, I have	44%	41%	43%	40%	27%	34%	35%	40%
No, I haven't	49%	54%	51%	53%	68%	52%	39%	54%
Don't know/can't remember	3%	3%	3%	4%	3%	3%	3%	3%
Prefer not to say	4%	2%	2%	2%	2%	10%	23%	2%

VTU_Q41_4. I have been unable to cook hot food because I couldn't afford to use the oven or other utilities.

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
Yes, I have	22%	19%	19%	18%	11%	18%	21%	18%
No, I haven't	72%	75%	75%	77%	84%	72%	65%	76%
Don't know/can't remember	4%	4%	4%	5%	3%	3%	3%	4%
Prefer not to say	3%	2%	2%	-	1%	7%	11%	2%

Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_Q41_5. I have been unable to dress appropriately for the weather because I didn't have and wasn't able to afford suitable shoes or clothes.

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
Yes, I have	35%	27%	30%	33%	14%	21%	20%	28%
No, I haven't	59%	67%	64%	63%	80%	67%	62%	67%
Don't know/can't remember	3%	3%	3%	4%	3%	1%	3%	3%
Prefer not to say	3%	2%	2%	1%	3%	10%	15%	2%

VTU_Q41_6. I have been unable to afford to heat my home when I needed to

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
Yes, I have	39%	38%	38%	31%	28%	26%	33%	35%
No, I haven't	55%	56%	56%	61%	67%	60%	54%	59%
Don't know/can't remember	3%	4%	4%	7%	4%	8%	3%	4%
Prefer not to say	4%	2%	2%	1%	1%	7%	10%	2%

VTU_Q41_7. I have been unable to dress my children appropriately for the weather because I didn't have and weren't able to afford suitable shoes or clothes.

Unweighted base	123	191	362	30	360	27	19	481
Base: Those with children	130	190	369	32	363	34	21	485
Yes, I have	24%	18%	17%	11%	10%	17%	11%	17%
No, I haven't	69%	76%	79%	89%	86%	67%	73%	79%
Don't know/can't remember	3%	2%	1%	-	3%	5%	7%	2%
Prefer not to say	5%	3%	3%	-	2%	11%	9%	3%

Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_Q41_8. I have been unable to wash properly or keep clean because I couldn't afford basic toiletries such as soap, shampoo, toothbrushes, toothpaste or sanitary items.

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
Yes, I have	19%	17%	19%	15%	11%	16%	8%	17%
No, I haven't	75%	79%	77%	81%	84%	69%	68%	78%
Don't know/can't remember	2%	2%	2%	3%	3%	4%	11%	2%
Prefer not to say	3%	2%	2%	-	2%	10%	13%	2%

VTU_Q41_9. I have been unable to afford to turn the lights on in my home when I needed to

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
Yes, I have	18%	15%	17%	18%	10%	19%	16%	15%
No, I haven't	76%	79%	78%	77%	87%	68%	69%	79%
Don't know/can't remember	4%	4%	4%	4%	3%	5%	5%	4%
Prefer not to say	2%	1%	2%	0%	1%	8%	11%	2%

Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_Q41_10. I have been unable to afford medical prescriptions, pain relief or other over the counter medication

Unweighted base	350	560	884	122	439	42	35	1190
Base: Those in England	349	534	907	137	453	50	40	1192
Yes, I have	15%	16%	18%	16%	17%	14%	14%	17%
No, I haven't	77%	78%	75%	79%	79%	71%	63%	77%
Don't know/can't remember	4%	3%	4%	4%	3%	6%	3%	4%
Prefer not to say	4%	2%	3%	1%	1%	9%	20%	2%

VTU_Q41_11. I have been unable to replace a major electrical good that had broken (like a refrigerator, TV, washing machine, boiler) because I couldn't afford to

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
Yes, I have	39%	39%	39%	38%	32%	36%	34%	38%
No, I haven't	55%	55%	55%	56%	62%	48%	39%	56%
Don't know/can't remember	4%	4%	4%	6%	4%	4%	16%	4%
Prefer not to say	3%	2%	2%	-	2%	12%	11%	2%

VTU_Q41_12. I have been unable to purchase adequate furniture for my home when I needed it

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
Yes, I have	41%	39%	44%	39%	31%	28%	35%	40%
No, I haven't	51%	53%	50%	51%	64%	60%	46%	53%
Don't know/can't remember	5%	6%	5%	9%	4%	3%	8%	5%
Prefer not to say	3%	2%	2%	-	2%	8%	11%	2%



Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_Q41_13. I have been unable to pay for essential dental treatment for myself or a member of my household when it was needed because I couldn't afford to do so

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
Yes, I have	40%	40%	42%	38%	28%	51%	23%	39%
No, I haven't	51%	53%	51%	53%	65%	37%	46%	54%
Don't know/can't remember	4%	5%	4%	8%	5%	8%	6%	4%
Prefer not to say	4%	2%	3%	1%	1%	4%	25%	2%

VTU_Q41_14. I had to cancel plans with family or friends because I couldn't afford to see them

Unweighted base	422	679	1069	147	523	46	39	1440
Base: All UK Adults	410	638	1078	165	522	54	44	1423
Yes, I have	58%	55%	62%	62%	45%	56%	36%	58%
No, I haven't	36%	39%	32%	32%	50%	27%	48%	36%
Don't know/can't remember	3%	4%	4%	5%	3%	11%	11%	4%
Prefer not to say	3%	2%	2%	1%	1%	7%	6%	2%



Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

VTU_Q73. You stated that you have been unable to travel to work or go to essential appointments because you couldn't afford to use public transport or for the fuel costs to get there. Please can you let us know which of these have you missed in the last three months due to not being able to afford to travel (Please select all that apply):

	Unweighted base	124	177	296	47	63	16	6	358
Base: Those who are unable to get to work for essential appointments	123	170	305	52	70	16	8	363	
Work	14%	14%	17%	17%	39%	19%	26%	17%	
Doctors appointment	50%	44%	42%	40%	29%	39%	35%	41%	
Hospital appointment	63%	50%	43%	54%	19%	30%	60%	44%	
Dentist appointment	23%	24%	23%	21%	16%	19%	7%	22%	
Children have missed school	5%	4%	7%	-	8%	6%	45%	6%	
Benefits appointment	7%	12%	14%	20%	15%	7%	43%	14%	
Other	9%	12%	11%	14%	13%	19%	-	11%	
Don't know	2%	4%	5%	3%	9%	11%	-	5%	
Prefer not to say	3%	5%	5%	12%	10%	15%	12%	5%	

essentials_dv. Used essentials

	Unweighted base	422	679	1069	147	523	46	39	1440
Base: All	410	638	1078	165	522	54	44	1423	
Yes	76%	77%	79%	75%	65%	70%	64%	76%	
No	21%	20%	17%	18%	31%	19%	21%	20%	
Missing	4%	3%	4%	6%	4%	11%	16%	4%	

foodbank_dv. Used foodbank

	Unweighted base	422	679	1069	147	523	46	39	1440
Base: All	410	638	1078	165	522	54	44	1423	
Any use a food bank	25%	21%	25%	21%	20%	16%	27%	23%	
Do not use a food bank	65%	72%	68%	64%	73%	72%	51%	70%	
Missing	10%	6%	7%	15%	6%	11%	22%	7%	



Health/ disability issues							
Yes, a physical disability	Yes, a long-term physical condition or illness	Yes, a mental health condition (including stress)	Yes, a learning disability or learning difficulty	None of the above	Don't know	Prefer not to say	Net: Yes any physical or mental disability/condition

All figures, unless otherwise stated, are from YouGov Plc. Total sample size was 2077 adults. Fieldwork was undertaken between 29th July - 23rd August 2024. The survey was carried out online. The figures have been weighted and are representative of all adults on Universal Credit (aged 16+).



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q74. Over the next three months, to what extent do you think your financial situation (your ability to afford day to day necessities) will get better, get worse, or stay the same?

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
Get a lot better	3%	7%	7%	14%	9%	2%
Get a little better	11%	13%	21%	21%	20%	12%
Stay the same	36%	36%	34%	27%	35%	37%
Get a little worse	22%	21%	19%	18%	16%	22%
Get a lot worse	21%	19%	14%	16%	16%	20%
Don't know	6%	5%	5%	4%	4%	6%
Prefer not to say	0%	0%	0%	1%	-	0%
Net: Better	14%	20%	28%	34%	29%	14%
Net: Worse	43%	39%	33%	33%	32%	43%

Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit (new)		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q1. From this list, please indicate all of your (or your partner's) current sources of income. Please tick all that apply

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
Income from benefits (e.g. Universal Credit, Child Benefit, Housing Benefit, the State Pension or tax credit)	100%	100%	100%	100%	100%	100%
Earnings as an employee, worker or self-employed worker (including cash in hand work)	28%	42%	70%	51%	50%	37%
Income in the form of non-repayable cash grants (often for people facing financial hardship) from your local authority or the Department for Communities in Northern Ireland	2%	4%	4%	7%	4%	2%
Help with rent or bills from family / friends not living with you	9%	8%	7%	12%	11%	7%
Cash support from a charity	1%	4%	2%	5%	3%	1%
Income from private pensions	3%	2%	4%	7%	4%	2%
Income from investments	2%	3%	10%	12%	8%	1%
Asylum support payments	0%	1%	0%	2%	-	0%
Other	4%	3%	5%	5%	4%	4%
Not applicable - I have no source of income	-	-	-	-	-	-
Prefer not to say	-	-	-	-	-	-



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q2b. Which benefits do you or your partner currently receive? Please select all that apply.

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults who receive benefits	1282	691	413	276	306	1454
Universal Credit	100%	100%	100%	100%	100%	100%
Housing Benefit or Local Housing Allowance (please select this even if the benefit goes directly to your landlord)	24%	18%	9%	11%	13%	23%
Employment and Support Allowance	7%	6%	3%	4%	5%	5%
Jobseeker's Allowance	2%	2%	1%	4%	2%	1%
Income support	0%	1%	3%	2%	4%	0%
Child Tax Credit	3%	4%	4%	6%	2%	2%
Working Tax Credit	1%	1%	3%	5%	1%	1%
Child Benefit	24%	40%	54%	27%	32%	33%
Council Tax Reduction/ Council Tax Support	27%	21%	18%	14%	13%	28%
Domestic Rates Rebate	0%	0%	0%	-	-	0%
Personal Independence Payment (PIP)	40%	31%	4%	16%	16%	31%
Disability Living Allowance	6%	10%	0%	7%	2%	5%
Adult Disability Payment	3%	2%	-	1%	1%	2%
Child Disability Payment	0%	1%	0%	1%	1%	0%
Scottish Child Payment	2%	2%	3%	2%	1%	2%
Carer's Allowance Supplement	1%	2%	0%	2%	-	1%
Education Maintenance Allowance	0%	-	-	-	-	0%
Pension Credit	0%	1%	0%	2%	1%	0%
Attendance Allowance	1%	2%	2%	3%	1%	1%
State Pension	1%	2%	1%	3%	0%	1%
Other - benefit not listed above	6%	9%	1%	4%	2%	6%
Don't know	-	-	-	-	-	-
Prefer not to say	-	-	-	-	-	-



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_NEW1. Which of the following statements best applies to you in relation to this support? Please select only one answer.

Unweighted base	1297	683	407	213	235	1577
Base: Those on Universal Credit	1282	691	413	276	306	1454
I have received this support within the last three months	7%	8%	10%	12%	8%	7%
I have applied for this support within the last three months, and I am waiting for a decision	2%	4%	4%	10%	3%	1%
I have applied for this support within the last three months, but I was unsuccessful	3%	3%	4%	4%	3%	3%
I have not applied for this support within the last three months	68%	65%	56%	58%	64%	66%
Not applicable – this support isn't available in my local area	12%	12%	17%	9%	14%	13%
Don't know	8%	8%	8%	6%	8%	9%
Prefer not to say	0%	0%	1%	0%	-	1%
Net: Applied	5%	7%	8%	14%	6%	4%



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_NEW2. And which of the following best describes why you have not applied for this support within the last three months? Please select only one answer.

Unweighted base	896	462	229	130	157	1049
Base: Those who did not get support	878	451	231	161	196	957
I was not aware of this support	43%	40%	40%	51%	48%	39%
I was not aware of this support - and do not feel I would have needed it	14%	18%	19%	16%	24%	15%
I was aware of this support but do not feel I need it	18%	18%	22%	17%	13%	20%
I was aware of this support but don't know how to apply for it	7%	7%	3%	6%	4%	7%
I was aware of this support but found the application too time consuming	1%	2%	2%	1%	1%	1%
I was aware of this support but found the application too difficult to complete	3%	2%	0%	2%	1%	3%
I have previously applied for support and not been successful	3%	2%	4%	2%	2%	4%
Other	6%	5%	6%	4%	4%	6%
Don't know	4%	5%	2%	1%	5%	4%
Prefer not to say	1%	1%	1%	1%	-	1%



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q2a. How many children under the age of 17 live with you?

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
None	68%	47%	24%	51%	52%	58%
1	17%	22%	42%	19%	27%	22%
2	11%	21%	25%	22%	15%	15%
3	3%	8%	6%	5%	5%	4%
4	0%	1%	3%	2%	1%	1%
5	0%	1%	-	0%	-	0%
6 or more	-	0%	0%	-	0%	0%

Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q3a. What is the age of the child that live with you?

Unweighted base	209	156	166	42	64	332
Base: All UK Adults with children	219	153	173	52	81	324
Less than one year old	2%	2%	4%	4%	5%	1%
1-5 years old	21%	17%	28%	13%	16%	26%
6-11 years old	33%	34%	28%	23%	21%	34%
12-13 years old	15%	14%	15%	14%	16%	14%
14-16 years old	30%	34%	26%	45%	42%	25%

VTU_Q3b_. What is the age of the children that live with you?

Unweighted base	192	208	149	68	53	319
Base: All UK Adults with children	192	213	141	82	66	292
Less than one year old	6%	4%	9%	1%	7%	8%
1-5 years old	37%	40%	48%	38%	51%	44%
6-11 years old	67%	69%	70%	73%	62%	67%
12-13 years old	31%	39%	29%	47%	23%	31%
14-16 years old	38%	34%	34%	33%	34%	34%



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q3. How many adults aged 17 or over live with you as part of your household?

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
No other adults	53%	20%	51%	34%	41%	57%
1 other adult	25%	43%	26%	30%	26%	25%
2 other adults	15%	22%	15%	18%	19%	12%
3 other adults	6%	10%	2%	10%	7%	4%
4 other adults	1%	2%	4%	5%	4%	1%
5 or more other adults	1%	2%	2%	3%	3%	0%

Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q6. Which ONE of the following best describes where you are living at the moment?

	Unweighted base	1297	683	407	213	235	1577
	Base: All UK Adults	1282	691	413	276	306	1454
A flat, room or house rented by me (or partner) from a private landlord	24%	20%	31%	22%	23%	29%	
A flat, room or house rented by me (or partner) from a local council, housing association or housing co-operative	37%	32%	24%	23%	24%	37%	
A temporary flat or house provided by the local council	2%	2%	1%	3%	3%	1%	
Other statutory accommodation (e.g. supported accommodation or NASS accommodation)	1%	0%	0%	1%	1%	1%	
A flat or house owned by me or my partner (with a mortgage or owned outright)	14%	15%	28%	26%	27%	13%	
I live permanently with my parents, other family members or friends	15%	22%	10%	17%	15%	12%	
I am staying with my parents, other family members or friends but this is a temporary or insecure arrangement	4%	5%	2%	4%	5%	3%	
A hotel, hostel, refuge, B&B or night shelter	0%	1%	0%	1%	-	0%	
Sleeping rough/ living on the streets	0%	-	-	-	-	0%	
Other	3%	3%	2%	3%	2%	3%	
Prefer not to say	0%	0%	1%	-	1%	1%	



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_NEW9a. At any point in the last 12 months have you considered yourself to be at risk of homelessness? For example, if you were being evicted from your rental property, asked to leave a friend's or relative's home, left prison, or left care.

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
Yes	19%	18%	13%	24%	24%	15%
No	77%	77%	83%	72%	73%	81%
Don't know	3%	3%	3%	2%	2%	3%
Prefer not to say	1%	2%	1%	2%	1%	1%



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_NEW9b. You said you have been at risk of becoming homeless in the last 12 months. As a result did you receive any support from your local authority?

Unweighted base	227	103	50	45	51	231
Base: All UK Adults who are at risk of becoming homeless	244	124	53	66	74	222
Yes, I did	25%	33%	35%	46%	34%	22%
No, I did not	73%	66%	61%	52%	66%	74%
Don't know	1%	1%	2%	2%	-	2%
Prefer not to say	2%	1%	2%	-	-	2%



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q10. Which ONE of the following best describes you?

Unweighted base	1297	683	407	213	235	1577
Base: All adults currently claiming universal credit	1282	691	413	276	306	1454
Full time employee (30 hours a week or more)	9%	14%	33%	20%	21%	13%
Part-time employee (less than 30 hours a week)	11%	17%	28%	19%	21%	16%
Self-employed or freelance	4%	5%	8%	9%	6%	4%
On maternity or paternity leave	0%	0%	2%	0%	1%	1%
Retired (whether receiving pension or not)	1%	1%	-	0%	-	1%
In full time education or training	2%	3%	1%	5%	3%	1%
Looking after home or family	4%	11%	7%	5%	2%	8%
Signed off sick (short-term or temporarily)	3%	1%	1%	2%	4%	2%
Long-term sick or disabled	46%	29%	1%	10%	16%	36%
Unemployed and looking for work	12%	10%	14%	23%	22%	11%
Unemployed and not looking for work	5%	5%	4%	4%	3%	5%
Other	2%	3%	2%	1%	1%	3%
Prefer not to say	1%	0%	-	1%	-	1%



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q12. Apart from you, are there any other adult members of your household...(Please select all that apply)

Unweighted base	591	551	200	138	137	690
Base: All UK adults who are living with any other adults (aged 17+)	596	550	204	181	181	620
Working full-time as an employee	39%	33%	51%	41%	50%	37%
Working part-time as an employee	18%	20%	19%	24%	29%	17%
Self-employed or freelance	8%	9%	17%	17%	13%	8%
No other adults in household are working	39%	43%	21%	28%	25%	39%
Prefer not to say	4%	3%	3%	4%	1%	4%
Net: Employed	52%	49%	66%	60%	68%	51%
Net: Working	57%	54%	77%	69%	74%	57%



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q64. You previously mentioned that you are not working at the moment. Which, if any, of the following reasons best describe why you are not working at the moment. Please select all that apply.

	Unweighted base	881	378	92	83	96	922
Base: Adults who are unemployed, looking after family, long term sick, other		895	402	112	121	135	903
I have a health condition (physical or mental) that means that I cannot work	70%	55%	6%	30%	41%	61%	
I would like to work, but it is difficult to find work which allows me to manage my health condition	32%	30%	4%	16%	23%	28%	
I have caring responsibilities that means that I cannot work	11%	27%	13%	11%	5%	15%	
I would like to work, but it is difficult to find work which allows me to manage my caring responsibilities	6%	12%	13%	11%	7%	7%	
Lack of affordable or available childcare means I cannot work	4%	6%	13%	4%	3%	5%	
Lack of affordable or available care for the person who, for health reasons, I provide unpaid care for means I cannot work	2%	7%	6%	4%	1%	3%	
I don't want to lose my benefits	4%	4%	4%	-	2%	5%	
I have tried to find work but haven't been successful	15%	12%	32%	37%	33%	14%	
I can't find work close enough to where I live / where I can travel to	7%	5%	9%	9%	15%	6%	
I am looking for a specific type of role or job that I haven't found or hasn't been available	6%	9%	8%	18%	9%	6%	
I only want to work specific hours and haven't found a suitable job	4%	5%	6%	6%	4%	4%	
I don't have a permanent place to live	3%	3%	1%	5%	2%	2%	
I don't have sufficient access to the internet	1%	0%	1%	1%	-	1%	
I am waiting to hear back from jobs that I have applied for	8%	9%	20%	27%	28%	7%	
I want some time out of trying to find work	2%	3%	-	4%	1%	2%	
I don't have the right skills or qualifications to find work	7%	7%	7%	6%	9%	7%	
Other	7%	9%	18%	11%	8%	9%	
Not applicable – there is no particular reason that I am not working	0%	0%	-	-	0%	0%	
Don't know	0%	-	-	-	-	1%	
Prefer not to say	1%	0%	3%	2%	2%	1%	
Net: Any		99%	99%	97%	98%	98%	98%



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

For each of the following questions please give an answer on a scale of 1 to 10, where 1 is "not at all satisfied" and 10 is "completely satisfied" please remember that there are no right or wrong answers.

VTU_QNEW5a_1. Overall, how satisfied are you with your life nowadays?

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
1 - Not at all satisfied [1]	19%	14%	8%	17%	13%	15%
2 [2]	9%	7%	3%	5%	8%	7%
3 [3]	18%	14%	7%	12%	12%	15%
4 [4]	14%	14%	10%	9%	10%	15%
5 [5]	14%	15%	14%	15%	13%	15%
6 [6]	11%	12%	14%	9%	16%	12%
7 [7]	8%	10%	20%	13%	13%	11%
8 [8]	5%	8%	11%	9%	9%	6%
9 [9]	1%	2%	5%	3%	2%	2%
10 - Completely satisfied [10]	2%	5%	7%	10%	5%	2%
Prefer not to say	0%	0%	-	-	-	0%
Net: Not Satisfied	60%	49%	28%	42%	42%	52%
Net: Satisfied	26%	36%	58%	43%	44%	33%
Mean	4.02	4.65	5.79	5.08	4.94	4.44



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

For each of the following questions please give an answer on a scale of 1 to 10, where 1 is "not at all worthwhile" and 10 is "completely worthwhile" please remember that there are no right or wrong answers.

VTU_NEW5b_1. Overall, to what extent do you feel that the things you do in your life are worthwhile?

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
1 - Not at all worthwhile [1]	16%	12%	4%	15%	8%	12%
2 [2]	11%	8%	3%	4%	6%	9%
3 [3]	14%	10%	7%	12%	12%	12%
4 [4]	14%	14%	6%	8%	9%	12%
5 [5]	13%	13%	16%	12%	12%	16%
6 [6]	9%	8%	13%	9%	11%	10%
7 [7]	10%	12%	17%	13%	18%	10%
8 [8]	8%	12%	16%	12%	12%	10%
9 [9]	2%	3%	6%	5%	4%	3%
10 - Completely worthwhile [10]	3%	7%	12%	12%	8%	5%
Prefer not to say	0%	0%	0%	-	0%	1%
Net: Not worthwhile	54%	44%	20%	38%	36%	45%
Net: Worthwhile	32%	42%	64%	50%	52%	38%
Mean	4.39	5.11	6.35	5.46	5.53	4.84



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

For each of the following questions please give an answer on a scale of 1 to 10, where 1 is "not at all happy" and 10 is "completely happy" please remember that there are no right or wrong answers.

VTU_NEW5c_1. Overall, how happy did you feel yesterday

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
1 - Not at all happy [1]	16%	11%	6%	13%	9%	13%
2 [2]	10%	8%	3%	6%	5%	9%
3 [3]	12%	11%	6%	11%	12%	10%
4 [4]	13%	14%	8%	9%	10%	12%
5 [5]	15%	15%	15%	11%	15%	17%
6 [6]	10%	9%	12%	8%	12%	10%
7 [7]	11%	13%	16%	17%	14%	12%
8 [8]	6%	9%	16%	6%	10%	9%
9 [9]	4%	6%	7%	7%	6%	4%
10 - Completely happy [10]	3%	5%	11%	12%	7%	4%
Prefer not to say	0%	0%	-	-	-	0%
Net: Not happy	52%	44%	23%	38%	36%	44%
Net: Happy	34%	41%	61%	50%	49%	39%
Mean	4.48	5.07	6.20	5.48	5.45	4.86



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_NEW5d. On a scale of 1 to 10, where 1 is "Not at all anxious" and 10 is "completely anxious", overall, how anxious did you feel yesterday?

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
1 - Not at all anxious [1]	5%	5%	15%	9%	5%	7%
2 [2]	4%	5%	10%	7%	8%	5%
3 [3]	6%	7%	12%	11%	8%	7%
4 [4]	7%	8%	6%	5%	10%	8%
5 [5]	10%	11%	11%	9%	13%	11%
6 [6]	11%	11%	10%	7%	9%	12%
7 [7]	18%	17%	12%	15%	16%	16%
8 [8]	16%	13%	13%	12%	12%	15%
9 [9]	9%	8%	3%	7%	6%	7%
10 - Completely anxious [10]	16%	15%	7%	17%	13%	12%
Prefer not to say	0%	0%	0%	-	-	0%
Net: Not anxious	21%	25%	43%	33%	31%	27%
Net: Anxious	69%	64%	46%	59%	57%	62%
Mean	6.57	6.34	5.01	6.02	5.96	6.11

Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q55. Not counting the people you live with, how often, if at all, do you have contact with your relatives, friends or neighbours? This could be in person, by phone, letter, email or through the internet.

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
On most days	39%	42%	53%	37%	48%	42%
Once or twice a week	34%	34%	31%	41%	32%	33%
Once or twice a month	11%	11%	9%	13%	10%	10%
Less often than once a month	10%	9%	6%	6%	7%	10%
Never	4%	4%	2%	3%	2%	3%
Don't know	1%	0%	0%	0%	-	1%
Net: At least once a week	74%	76%	83%	78%	81%	76%
Net: Once a month or less often	22%	20%	14%	19%	17%	20%

VTU_NEW7. How often do you feel lonely?

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
Always/ often	32%	26%	10%	20%	18%	27%
Some of the time	34%	35%	32%	33%	37%	34%
Occasionally	22%	26%	35%	31%	30%	24%
Never	10%	13%	23%	15%	15%	14%
Prefer not to say	1%	0%	0%	1%	0%	0%



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

disability_NEW_a. Do you have any physical or mental health conditions or illnesses lasting or expected to last 12 months or more?

Unweighted base	1297	674	395	210	230	1557
Base: All	1282	681	399	272	297	1433
Yes, a physical disability	31%	24%	1%	14%	16%	22%
Yes, a long-term physical condition or illness	46%	35%	7%	20%	26%	35%
Yes, a mental health condition (including stress, depression or anxiety)	76%	59%	12%	39%	40%	58%
Yes, a learning disability or learning difficulty	11%	11%	2%	6%	5%	9%
None of the above	-	20%	74%	40%	37%	20%
Don't know	-	2%	4%	1%	4%	3%
Prefer not to say	-	1%	2%	2%	3%	2%
Net: Any disability	100%	77%	20%	57%	55%	76%

disability_NEW_b. Do any of your conditions or illnesses reduce your ability to carry out day to day activities?

Unweighted base	1297	501	71	114	124	1136
Base: Those with a disability, mental health condition or long term health issue	1282	501	70	151	160	1048
Yes, a lot	57%	54%	-	42%	40%	56%
Yes, a little	43%	41%	-	47%	52%	38%
Not at all	-	6%	100%	11%	8%	7%
Net: Yes	100%	94%	-	89%	92%	93%



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q15a. Does anyone else in your household have any physical or mental health conditions lasting or expected to last 12 months or more?

Unweighted base	801	683	383	172	181	1053
Base: All adults currently claiming Universal Credit who don't live alone	820	691	391	222	236	990
Yes, but it doesn't reduce their ability to carry out day to day activities	16%	27%	-	16%	11%	12%
Yes, and it does reduce their ability to carry out day to day activities	43%	76%	-	39%	32%	36%
No, no one else in my household has any health conditions	35%	-	98%	44%	49%	45%
Don't know	5%	-	1%	1%	6%	5%
Prefer not to say	3%	-	0%	2%	4%	3%
Net: Yes	58%	100%	-	52%	42%	47%

VTU_Q16. Your Universal Credit payments can include additional amounts to help with different costs. Does your household receive any of the following on top of the standard basic payment (Standard Allowance)? Please select all that apply.

Unweighted base	1297	683	407	213	235	1577
Base: All adults currently claiming Universal Credit	1282	691	413	276	306	1454
Extra money to help with your housing costs (paid to yourself or directly to your landlord)	25%	29%	26%	19%	16%	30%
Extra money for caring for someone	10%	26%	5%	18%	9%	10%
Extra money if someone you live with is disabled	7%	20%	2%	13%	5%	7%
Extra money for children living at home, excluding childcare costs	15%	27%	28%	19%	18%	20%
Extra money for childcare	3%	8%	15%	10%	9%	5%
Extra money because you have a disability or health condition, which limits your capability to work	37%	29%	4%	11%	19%	30%
None of the above	29%	21%	39%	38%	40%	29%
I don't know what the Universal Credit payment covers	10%	8%	11%	14%	10%	8%
Prefer not to say	2%	2%	1%	2%	0%	1%
Net: Any extra money	60%	69%	49%	46%	50%	61%

Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q17. How long have you currently been claiming Universal Credit for?

Unweighted base	1297	683	407	213	235	1577
Base: All adults currently claiming Universal Credit	1282	691	413	276	306	1454
Under 3 months	2%	3%	6%	21%	-	-
3 to 6 months	8%	14%	13%	79%	-	-
7 to 12 months	12%	14%	18%	-	100%	-
More than 12 months	76%	67%	62%	-	-	100%
Don't know	1%	1%	0%	-	-	-
Prefer not to say	1%	1%	1%	-	-	-

VTU_Q18. Which of the following statements about the benefit(s) you receive to support you with your housing costs best describes the situation of the household?

Unweighted base	486	236	112	43	49	624
Base: All UK Adults who rent and claim Housing Benefit/ LHA or who have UC payment to support housing costs	469	230	114	61	64	578
The benefit I/we receive covers all of our rent	55%	54%	45%	52%	46%	54%
The benefit I/we receive does not cover all of our rent	42%	42%	54%	48%	52%	44%
Don't know	2%	3%	-	-	2%	1%
Prefer not to say	1%	1%	2%	-	-	0%



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q19. What impact, if any does the shortfall between the benefit(s) you receive to support you with your housing costs and your rent have on your ability to afford day-to-day costs?

Unweighted base	218	110	60	20	28	295
Base: All UK Adults whose UC, Housing Benefit or LHA does not cover all of rent	198	97	61	30	33	257
A great deal	33%	34%	34%	36%	31%	33%
A fair amount	36%	32%	39%	32%	57%	33%
Just a little	22%	23%	15%	21%	7%	23%
Makes no difference	6%	7%	8%	6%	5%	7%
Don't know	3%	4%	4%	6%	-	3%
Prefer not to say	-	-	-	-	-	-

VTU_Q20b. Are you currently having your benefit award reduced because you are considered to have a spare bedroom, i.e. the 'bedroom tax' or under occupancy charge?

Unweighted base	477	219	95	45	58	571
Base: All UK Social renters	457	216	96	62	73	526
Yes - but I am claiming a Discretionary Housing Payment This is an extra payment that provides financial support to help with rent or housing costs) from my local authority to cover it	6%	10%	5%	24%	8%	5%
Yes - and I am not claiming a Discretionary Housing Payment from my local authority to cover it	15%	12%	10%	10%	10%	15%
No	73%	74%	78%	59%	68%	75%
Don't know	6%	3%	7%	7%	14%	4%
Prefer not to say	0%	1%	-	-	-	0%
Net: Yes	21%	21%	15%	34%	18%	20%



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q21. Is part of your or your partner's benefit income (including tax credits) currently being deducted in order to pay a benefit advance, benefit overpayments, loans from the Department for Work and Pensions or other debts and fines?

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults who have income from any benefits	1282	691	413	276	306	1454
Yes, it is	27%	29%	24%	39%	33%	23%
No, it isn't	62%	61%	66%	47%	58%	66%
Don't know	9%	8%	8%	12%	8%	8%
Prefer not to say	2%	1%	2%	1%	2%	2%

Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q22. For which of the following reasons is part of your or your partner's benefit income being deducted?
Please select all that apply

	Unweighted base	352	191	89	81	78	371
Base: All UK Adults who have benefit deductions		349	198	99	107	100	341
To repay an advance payment taken to cover the five-week wait for Universal Credit		29%	35%	35%	49%	60%	18%
To repay an advance payment taken to cover a specific expense (a budgeting advance)		38%	34%	33%	23%	20%	44%
To repay an advance payment taken on because of a change in circumstances		7%	16%	13%	19%	24%	4%
To repay previous benefit overpayments (e.g. from the DWP, HMRC, or the Council)		40%	45%	42%	42%	38%	41%
To repay a Hardship Payment from the DWP		4%	3%	7%	9%	3%	3%
To repay a court fine/ fines		6%	10%	8%	12%	9%	5%
To repay council tax arrears		12%	11%	5%	8%	6%	11%
Because of deductions from third parties (e.g. to repay arrears on rent or energy bills)		6%	5%	8%	3%	4%	8%
Other debts and fines		6%	7%	2%	3%	6%	6%
Don't know		3%	2%	2%	2%	2%	2%
Prefer not to say		1%	0%	-	-	1%	1%

Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q26. Which ONE of the following statements best describes how well you are keeping up with your bills and credit commitments at the moment?

	Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults		1282	691	413	276	306	1454
I am keeping up with all bills and credit commitments without any difficulty		13%	17%	23%	20%	22%	15%
I am keeping up with all bills and credit commitments but it is a struggle from time to time		30%	33%	34%	33%	37%	30%
I am keeping up with all bills and credit commitments but it is a constant struggle		31%	29%	25%	20%	21%	32%
I am having real financial problems and have fallen behind with many bills or credit commitments		20%	15%	13%	18%	15%	18%
I don't have any bills or credit commitments		3%	3%	3%	5%	5%	2%
Don't know		1%	2%	0%	2%	-	1%
Prefer not to say		2%	2%	1%	2%	0%	2%
Net: Managing to keep up with bills		74%	79%	83%	74%	80%	77%
Net: Struggling		61%	62%	60%	54%	58%	62%

VTU_Q27. You've said that you're finding it a struggle to keep up with your bills or credit commitment at the moment or from time to time. How long have you been managing like this?

	Unweighted base	1081	545	307	159	176	1293
Base: All UK Adults who struggle to keep up with bills or credit commitment		1039	532	303	199	222	1166
For the last three months		6%	6%	7%	13%	5%	6%
For the last six months		13%	16%	17%	31%	24%	10%
For the last 12 months		21%	22%	28%	23%	34%	21%
For the last 2-3 years		25%	22%	22%	13%	15%	26%
For the last 3-5 years		12%	12%	11%	6%	8%	14%
For longer than 5 years but not always		8%	6%	5%	6%	5%	8%
For as long as I can remember		12%	13%	6%	8%	6%	12%
Don't know		2%	3%	3%	1%	3%	3%
Prefer not to say		1%	1%	2%	1%	-	1%



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_60_2. Over the last three months, have you ever experienced any of the following? Please select one option on each row - My financial situation impacting my ability to find or go to work

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
Yes, I have	25%	26%	19%	32%	28%	20%
No, I haven't	55%	57%	73%	56%	57%	61%
Don't know/can't remember	13%	11%	5%	8%	9%	11%
Prefer not to say	8%	7%	4%	4%	6%	8%



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q28. Are you and/ or your partner currently behind with any of the following household bills? Please select all that apply

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
Council tax	15%	14%	14%	18%	12%	14%
Council tax, including water and sewage	2%	2%	2%	1%	0%	2%
Your Domestic Rates	0%	-	-	-	-	0%
Gas or electricity	20%	18%	17%	23%	14%	18%
Water and sewage	14%	12%	11%	14%	10%	13%
Telephone/mobile phone/broadband	8%	8%	8%	12%	9%	7%
TV licence	5%	7%	5%	8%	9%	5%
Rent or mortgage costs	11%	11%	10%	11%	11%	10%
School Meal Payments	0%	-	-	-	-	0%
Other arrears	12%	11%	6%	10%	9%	10%
Not applicable - I am/ we are up-to-date with all payments	53%	57%	60%	52%	63%	56%
Don't know	4%	4%	2%	1%	3%	3%
Prefer not to say	3%	2%	3%	3%	2%	2%
Net: Any who are behind on bills	41%	37%	35%	44%	32%	38%

Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q61. Many people use different sources of money to tide them over. Which, if any, of the following sources have you or your partner currently borrowed money or got credit from that you will need to repay? Please select all that apply. If you have not borrowed any money please select the not applicable option.

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
Friend or family	32%	35%	27%	31%	23%	31%
Bank loan or Credit Union	7%	9%	8%	10%	9%	7%
Your personal overdraft	20%	21%	20%	24%	19%	19%
Credit card	36%	43%	43%	45%	39%	36%
Payday loans / doorstep lender / Money Shop	4%	5%	5%	9%	4%	4%
Pawnbroker	3%	2%	2%	4%	4%	2%
Unlicensed lender (e.g. loan shark(s))	1%	1%	1%	3%	1%	1%
Car finance	5%	10%	8%	12%	9%	5%
Catalogues paid by instalment a form of credit debt, built up when you've purchased items from shopping catalogues	11%	14%	9%	10%	8%	11%
"Buy Now Pay Later" online payments from providers such as Klarna, or Afterpay a form of short term financing that allows consumers to make purchases and pay for them over time.	25%	28%	26%	21%	22%	25%
Hire purchase payments for appliances (e.g. fridge, washing machine, business equipment, etc.) is used to buy consumer goods, where the buyer makes an initial down payment and then pays in instalments.	6%	7%	6%	7%	5%	5%
Other	3%	2%	0%	2%	2%	2%
Not applicable - We do not owe money to any lender	30%	25%	29%	26%	34%	31%
Net: Any sources	70%	75%	71%	74%	66%	69%



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q62. Households are reporting an increase in their cost of living, including increases in food costs, utilities and household expenses. In the last six months (since February 2024), please select any of the following that apply to you or any of your household members. If none of the options apply, please select the 'Not applicable' option. I or someone in my household has...

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
not dressed appropriately for the weather because I/we cannot afford suitable clothes or shoes	22%	19%	9%	17%	14%	19%
not been able to replace or repair major electrical goods such as a refrigerator, TV or washing machine when it's been broken because I/we cannot afford it	29%	29%	23%	21%	24%	29%
gone without a shower or bath because I/we cannot afford it	21%	16%	7%	10%	15%	17%
gone without basic toiletries such as soap, shampoo, toothbrush, toothpaste or sanitary items because I/we cannot afford them	17%	16%	10%	18%	15%	15%
not been able to keep our home warm because I/we cannot afford it	33%	29%	20%	19%	26%	32%
visited a food bank	18%	18%	8%	16%	18%	16%
not been able to adequately furnish our home because I/we cannot afford it	27%	27%	18%	23%	22%	26%
not had essential dental treatment done because I/we cannot afford it	37%	33%	24%	30%	31%	34%
not gotten prescriptions because I/we cannot afford it	6%	8%	6%	10%	8%	5%
not made an essential journey because I/we could not afford it	26%	21%	16%	22%	21%	22%
not got pain relief or over the counter medication because I/we cannot afford it	15%	13%	7%	10%	11%	12%
Not applicable – I have not experienced any of the issues listed in the last six months	24%	27%	40%	32%	34%	27%
Don't know	2%	2%	4%	1%	2%	3%
Prefer not to say	2%	2%	1%	2%	2%	2%
Net: Any	71%	69%	56%	65%	61%	67%



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_QNEW7. We want to understand any particular pressure that families with children are facing. In the last six months (since February 2024), please select any of the following that apply to your child or children. If none of the options apply, please select the 'Not applicable' option. My child has/my children have...

	Unweighted base	401	364	315	110	117	651
Base: Those with children		411	366	314	134	148	617
not dressed appropriately for the weather because I/we cannot afford suitable clothes or shoes	15%	13%	7%	14%	10%	11%	
gone without a shower or bath because I/we cannot afford it	9%	9%	3%	5%	8%	6%	
gone without basic toiletries such as soap, shampoo, toothbrush, toothpaste or sanitary items because I/we cannot afford them	8%	8%	4%	8%	7%	5%	
not had essential dental treatment done because I/we cannot afford it	11%	11%	4%	8%	13%	7%	
not got prescriptions because I/we cannot afford it	2%	3%	1%	2%	4%	1%	
not got pain relief or over the counter medication because I/we cannot afford it	6%	6%	1%	3%	5%	4%	
not made an essential journey because I/we could not afford it	11%	11%	9%	13%	10%	9%	
Not attended school / missed school because we could not afford it	6%	6%	1%	2%	4%	4%	
Missed out training and / or extracurricular activities because we could not afford it	32%	32%	21%	21%	24%	28%	
Not applicable – My child has / children have not experienced any of the issues listed in the last six months	53%	51%	65%	51%	57%	59%	
Don't know	1%	0%	3%	4%	1%	1%	
Prefer not to say	2%	2%	2%	2%	2%	2%	
Net: Any		44%	48%	30%	43%	41%	37%



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

These next questions are about the food eaten in your household, and whether you are able to afford the food you need. For the following statements, please tell us whether the statement was often true, sometimes true, or never true for you or your household in the last 30 days

VTU_Q30_1. I/ we worried whether our food would run out before I/ we got money to buy more

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
Often true	23%	21%	15%	22%	18%	21%
Sometimes true	40%	39%	34%	37%	31%	40%
Never true	32%	36%	47%	39%	46%	34%
Don't know	3%	2%	3%	1%	3%	3%
Prefer not to say	2%	2%	2%	2%	2%	3%



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q30_2. The food that I / we bought just didn't last, and I / we didn't have money to get more

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
Often true	16%	14%	10%	19%	12%	14%
Sometimes true	37%	37%	27%	27%	32%	36%
Never true	41%	45%	58%	50%	54%	44%
Don't know	3%	3%	4%	3%	2%	4%
Prefer not to say	2%	2%	1%	1%	1%	3%

VTU_Q30_3. I / we couldn't afford to eat balanced meals

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
Often true	26%	22%	14%	26%	16%	22%
Sometimes true	38%	39%	36%	33%	34%	38%
Never true	31%	36%	45%	38%	46%	33%
Don't know	3%	2%	4%	2%	2%	4%
Prefer not to say	2%	2%	2%	1%	2%	2%



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

Thinking about the past thirty days, could you tell us to what extent, if at all, are the following statements true?
 VTU_Q63_1. I or members of my household cut down the size of meals or skip meals because there wasn't enough money for food

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
This is often true	21%	18%	14%	24%	15%	18%
This is sometimes true	37%	35%	31%	32%	34%	36%
This is never true	36%	43%	51%	40%	47%	40%
Don't know	3%	3%	3%	3%	3%	3%
Prefer not to say	2%	2%	1%	1%	1%	2%

VTU_Q63_2. I or members of my household were hungry but did not have enough money for food

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
This is often true	12%	12%	9%	17%	12%	10%
This is sometimes true	29%	23%	18%	26%	20%	27%
This is never true	52%	59%	68%	52%	64%	57%
Don't know	3%	3%	3%	4%	2%	3%
Prefer not to say	3%	3%	2%	2%	2%	3%

Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q38. For the following question, by "food bank", we mean organisations that are run by a charity or local community group, that provide emergency food to people in need. How often in the past 30 days, have you, or anyone else in your household, received a free food parcel from a food bank or other emergency food provider? (please select one option only)

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
Have not received one in the last 30 days	85%	85%	84%	75%	80%	87%
Once	6%	4%	5%	9%	6%	4%
Two or three times	3%	6%	3%	10%	8%	2%
Four to six times	1%	1%	1%	1%	2%	1%
More than six times	1%	1%	0%	1%	-	1%
Don't know	2%	2%	4%	3%	3%	3%
Prefer not to say	2%	2%	3%	1%	1%	3%



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

Q55L_fparcel. In the last 12 months, how often, if ever, have you, or anyone else in your household, received a free parcel of food from a food bank or other emergency food provider? Please select one option only

Unweighted base	1112	593	350	168	192	1376
Base: All who haven't used a food bank in the last 30 days	1093	584	348	206	245	1263
Once in the last year	8%	7%	4%	6%	5%	7%
Two or three times in the last year	6%	5%	5%	2%	7%	5%
Four to six times in the last year	1%	1%	1%	0%	1%	1%
More than six times but not every month	1%	1%	0%	1%	-	1%
Every month or more often	0%	0%	-	-	-	0%
Not applicable - I have never received a free parcel of food from a food bank or any other emergency food provider	81%	82%	90%	89%	86%	83%
Don't know	2%	2%	1%	2%	-	2%
Prefer not to say	1%	1%	0%	-	0%	1%

Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

Q55N_foodpantry. Some people buy food at a low cost for themselves and their households from places other than mainstream food shops or supermarkets, especially when they are finding it difficult to make ends meet. For instance, they might go to a food pantry or social supermarket where you can obtain a range of food items for a single low-cost payment or low-cost monthly membership fee. How often, if ever, have you obtained food from a place like this in the last 12 months? Please select one answer only.

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
Once in the last year	3%	5%	4%	4%	5%	3%
Two or three times in the last year	5%	6%	7%	11%	8%	4%
Four to six times in the last year	3%	4%	4%	7%	7%	2%
More than six times but not every month	2%	1%	2%	2%	2%	2%
Every month or more often	4%	5%	4%	2%	4%	4%
Not applicable - I have never received food from a place like this	78%	74%	74%	69%	71%	79%
Don't know	3%	3%	3%	3%	1%	4%
Prefer not to say	2%	1%	2%	1%	1%	2%

Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q39. In the last 12 months, have you personally experienced any of the following? Please select all that apply.

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
Being evicted from your home	5%	5%	2%	6%	4%	3%
One or more of your children becoming disabled or experiencing poor health	7%	16%	1%	7%	6%	6%
Separation or divorce	5%	7%	5%	7%	6%	5%
Other household/relationship breakdown	8%	8%	7%	10%	8%	6%
Becoming long-term sick or disabled	21%	17%	1%	13%	17%	14%
Death of partner	1%	1%	-	0%	2%	1%
Other bereavement	16%	15%	9%	17%	12%	13%
Domestic violence or abuse	6%	6%	3%	7%	3%	5%
Relationship with your parents/family breaking down	13%	11%	5%	10%	11%	11%
Alcohol dependency	6%	4%	1%	3%	3%	5%
Illicit drug dependency	3%	2%	0%	3%	1%	2%
A problem with gambling	1%	2%	2%	4%	0%	1%
Getting into trouble with the police e.g. an arrest or a caution	3%	2%	0%	5%	2%	1%
Being discharged from prison	0%	0%	1%	1%	0%	0%
Problem with your right to work or live in the UK	1%	1%	0%	1%	1%	0%
Debt/ bankruptcy	19%	16%	11%	16%	16%	16%
Lost a job	11%	9%	9%	26%	19%	6%
Any other challenging life experience not listed above	28%	25%	10%	17%	18%	23%
None of these things	28%	32%	54%	28%	35%	38%
Prefer not to say	3%	2%	4%	4%	3%	3%
Net: Any	69%	66%	43%	68%	62%	59%



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

Over the last three months, have you experienced any of the following? Please select one option on each row
 VTU_Q41_1. I have fallen into debt because I couldn't keep up with essential bills (e.g. rent or utilities)

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
Yes, I have	39%	33%	30%	35%	28%	36%
No, I haven't	56%	63%	66%	63%	67%	60%
Don't know/can't remember	2%	2%	2%	1%	3%	2%
Prefer not to say	3%	3%	2%	2%	2%	3%

VTU_Q41_2. I have been unable to travel to work or essential appointments (e.g. GP, school run, dentists or hospital appointments) because I couldn't afford to use public transport or the fuel costs to get there

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
Yes, I have	27%	24%	14%	26%	20%	22%
No, I haven't	67%	70%	82%	68%	76%	72%
Don't know/can't remember	4%	5%	2%	4%	3%	3%
Prefer not to say	2%	2%	2%	2%	1%	2%



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q41_3. I have needed to skip meals to keep up with other essential costs (e.g. utilities or rent).

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
Yes, I have	42%	34%	27%	37%	32%	37%
No, I haven't	53%	61%	67%	58%	61%	58%
Don't know/can't remember	3%	2%	4%	3%	3%	3%
Prefer not to say	3%	2%	2%	1%	4%	3%

VTU_Q41_4. I have been unable to cook hot food because I couldn't afford to use the oven or other utilities.

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
Yes, I have	19%	17%	10%	16%	17%	16%
No, I haven't	76%	79%	85%	79%	78%	78%
Don't know/can't remember	4%	3%	3%	3%	3%	4%
Prefer not to say	2%	1%	2%	2%	2%	2%

Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q41_5. I have been unable to dress appropriately for the weather because I didn't have and wasn't able to afford suitable shoes or clothes.

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
Yes, I have	28%	26%	16%	23%	19%	25%
No, I haven't	66%	69%	79%	72%	77%	69%
Don't know/can't remember	3%	3%	3%	3%	2%	3%
Prefer not to say	2%	2%	2%	2%	2%	3%

VTU_Q41_6. I have been unable to afford to heat my home when I needed to

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
Yes, I have	36%	32%	29%	32%	27%	35%
No, I haven't	58%	62%	66%	63%	66%	59%
Don't know/can't remember	4%	4%	4%	3%	5%	4%
Prefer not to say	2%	2%	0%	2%	2%	2%

VTU_Q41_7. I have been unable to dress my children appropriately for the weather because I didn't have and weren't able to afford suitable shoes or clothes.

Unweighted base	401	364	315	110	117	651
Base: Those with children	411	366	314	134	148	617
Yes, I have	17%	18%	11%	14%	16%	14%
No, I haven't	78%	78%	86%	80%	80%	82%
Don't know/can't remember	1%	2%	2%	5%	1%	2%
Prefer not to say	3%	3%	1%	2%	3%	3%



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q41_8. I have been unable to wash properly or keep clean because I couldn't afford basic toiletries such as soap, shampoo, toothbrushes, toothpaste or sanitary items.

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
Yes, I have	18%	16%	10%	17%	13%	16%
No, I haven't	77%	81%	85%	80%	83%	80%
Don't know/can't remember	2%	2%	3%	3%	2%	2%
Prefer not to say	2%	2%	2%	1%	2%	2%

VTU_Q41_9. I have been unable to afford to turn the lights on in my home when I needed to

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
Yes, I have	16%	14%	10%	13%	15%	14%
No, I haven't	78%	82%	86%	83%	83%	80%
Don't know/can't remember	4%	4%	4%	3%	2%	4%
Prefer not to say	2%	1%	1%	1%	0%	2%

Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q41_10. I have been unable to afford medical prescriptions, pain relief or other over the counter medication

Unweighted base	1068	580	346	176	206	1306
Base: Those in England	1071	592	359	233	272	1224
Yes, I have	18%	19%	16%	22%	17%	16%
No, I haven't	76%	76%	79%	71%	79%	78%
Don't know/can't remember	4%	4%	3%	5%	2%	4%
Prefer not to say	3%	1%	2%	1%	3%	3%

VTU_Q41_11. I have been unable to replace a major electrical good that had broken (like a refrigerator, TV, washing machine, boiler) because I couldn't afford to

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
Yes, I have	38%	39%	35%	37%	32%	37%
No, I haven't	56%	56%	59%	58%	62%	56%
Don't know/can't remember	4%	3%	5%	3%	3%	4%
Prefer not to say	2%	2%	2%	2%	2%	2%

VTU_Q41_12. I have been unable to purchase adequate furniture for my home when I needed it

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
Yes, I have	41%	40%	31%	42%	29%	39%
No, I haven't	52%	53%	62%	55%	65%	54%
Don't know/can't remember	5%	6%	5%	2%	4%	5%
Prefer not to say	2%	1%	2%	1%	2%	2%



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q41_13. I have been unable to pay for essential dental treatment for myself or a member of my household when it was needed because I couldn't afford to do so

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
Yes, I have	40%	35%	30%	34%	37%	37%
No, I haven't	53%	58%	63%	58%	58%	56%
Don't know/can't remember	4%	5%	4%	5%	2%	5%
Prefer not to say	3%	2%	2%	3%	2%	2%

VTU_Q41_14. I had to cancel plans with family or friends because I couldn't afford to see them

Unweighted base	1297	683	407	213	235	1577
Base: All UK Adults	1282	691	413	276	306	1454
Yes, I have	58%	57%	48%	54%	46%	56%
No, I haven't	36%	38%	48%	42%	49%	38%
Don't know/can't remember	4%	4%	3%	4%	4%	4%
Prefer not to say	2%	2%	1%	1%	1%	2%



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

VTU_Q73. You stated that you have been unable to travel to work or go to essential appointments because you couldn't afford to use public transport or for the fuel costs to get there. Please can you let us know which of these have you missed in the last three months due to not being able to afford to travel (Please select all that apply):

	Unweighted base	341	155	52	52	44	339
Base: Those who are unable to get to work for essential appointments		345	165	56	71	60	323
Work	17%		28%	28%	43%	35%	15%
Doctors appointment	41%		45%	22%	37%	37%	39%
Hospital appointment	44%		44%	20%	34%	29%	43%
Dentist appointment	21%		25%	15%	19%	14%	22%
Children have missed school	6%		11%	10%	3%	9%	7%
Benefits appointment	14%		12%	14%	22%	19%	12%
Other	11%		10%	10%	8%	9%	12%
Don't know	5%		3%	14%	8%	9%	4%
Prefer not to say	6%		3%	7%	2%	8%	7%

essentials_dv. Used essentials

	Unweighted base	1297	683	407	213	235	1577
Base: All		1282	691	413	276	306	1454
Yes	78%		74%	65%	72%	67%	75%
No	19%		23%	31%	26%	30%	21%
Missing	4%		3%	5%	2%	3%	4%

foodbank_dv. Used foodbank

	Unweighted base	1297	683	407	213	235	1577
Base: All		1282	691	413	276	306	1454
Any use a food bank	24%		24%	17%	28%	27%	20%
Do not use a food bank	69%		70%	75%	66%	69%	72%
Missing	7%		6%	7%	6%	4%	8%



Disabled individuals/ disabled households (new)			Length of time claiming Universal Credit		
Disabled individuals	Disabled households	No Disability	Under 6 months	7 to 12 months	More than 12 months

All figures, unless otherwise stated, are from YouGov Plc. Total sample size was 2077 adults. Fieldwork was undertaken between 29th July - 23rd August 2024. The survey was carried out online. The figures have been weighted and are representative of all adults on Universal Credit (aged 16+).



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_Q74. Over the next three months, to what extent do you think your financial situation (your ability to afford day to day necessities) will get better, get worse, or stay the same?

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
Get a lot better	7%	3%	6%	3%	10%	3%	5%	3%
Get a little better	22%	9%	20%	7%	15%	14%	14%	14%
Stay the same	34%	36%	36%	34%	26%	39%	32%	45%
Get a little worse	19%	22%	19%	24%	22%	21%	22%	19%
Get a lot worse	14%	22%	14%	24%	22%	18%	21%	12%
Don't know	4%	7%	5%	7%	6%	5%	5%	7%
Prefer not to say	0%	0%	0%	0%	0%	0%	0%	1%
Net: Better	29%	13%	26%	10%	24%	17%	20%	16%
Net: Worse	33%	44%	33%	48%	44%	39%	43%	31%



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_NEW1. Which of the following statements best applies to you in relation to this support? Please select only one answer.

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: Those on Universal Credit	773	1292	1111	958	553	1285	1550	528
I have received this support within the last three months	10%	7%	8%	8%	16%	5%	9%	5%
I have applied for this support within the last three months, and I am waiting for a decision	4%	2%	3%	2%	6%	1%	3%	1%
I have applied for this support within the last three months, but I was unsuccessful	3%	3%	3%	4%	6%	2%	4%	0%
I have not applied for this support within the last three months	61%	66%	63%	66%	55%	69%	63%	68%
Not applicable – this support isn't available in my local area	13%	12%	13%	12%	11%	13%	13%	13%
Don't know	8%	9%	9%	8%	5%	9%	8%	11%
Prefer not to say	1%	1%	0%	1%	0%	1%	1%	1%
Net: Applied	7%	5%	6%	5%	12%	3%	7%	1%



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_NEW2. And which of the following best describes why you have not applied for this support within the last three months? Please select only one answer.

Unweighted base	527	828	737	620	312	914	1010	349
Base: Those who did not get support	469	859	700	630	305	882	971	361
I was not aware of this support	40%	43%	40%	44%	44%	39%	43%	39%
I was not aware of this support - and do not feel I would have needed it	18%	15%	20%	12%	7%	19%	13%	25%
I was aware of this support but do not feel I need it	22%	17%	20%	17%	17%	20%	18%	19%
I was aware of this support but don't know how to apply for it	6%	6%	5%	7%	9%	6%	7%	5%
I was aware of this support but found the application too time consuming	1%	1%	2%	1%	1%	1%	1%	1%
I was aware of this support but found the application too difficult to complete	1%	3%	2%	3%	5%	2%	3%	1%
I have previously applied for support and not been successful	3%	3%	3%	3%	5%	3%	4%	2%
Other	5%	6%	4%	8%	6%	6%	6%	4%
Don't know	3%	4%	3%	4%	4%	3%	4%	3%
Prefer not to say	1%	1%	1%	0%	1%	1%	0%	1%



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_Q2a. How many children under the age of 17 live with you?

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
None	34%	69%	42%	71%	46%	59%	50%	71%
1	34%	16%	29%	15%	24%	23%	25%	17%
2	25%	11%	21%	10%	20%	14%	18%	10%
3	6%	4%	5%	3%	7%	3%	5%	1%
4	2%	1%	1%	1%	2%	1%	1%	1%
5	0%	0%	0%	0%	1%	0%	0%	0%
6 or more	-	0%	0%	0%	0%	0%	0%	0%

Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_Q3a. What is the age of the child that live with you?

Unweighted base	272	179	329	122	121	293	367	85
Base: All UK Adults with children	260	208	324	145	134	289	381	89
Less than one year old	1%	4%	1%	5%	2%	3%	3%	2%
1-5 years old	20%	27%	21%	29%	23%	23%	24%	20%
6-11 years old	33%	27%	32%	28%	28%	33%	31%	27%
12-13 years old	15%	14%	14%	14%	14%	15%	13%	17%
14-16 years old	31%	28%	32%	24%	34%	26%	29%	34%

VTU_Q3b_. What is the age of the children that live with you?

Unweighted base	265	185	330	120	150	254	382	70
Base: All UK Adults with children	252	196	315	133	164	240	388	63
Less than one year old	3%	11%	6%	8%	4%	8%	6%	6%
1-5 years old	43%	44%	46%	38%	43%	44%	44%	41%
6-11 years old	67%	69%	66%	73%	65%	70%	70%	57%
12-13 years old	37%	27%	35%	27%	40%	27%	33%	31%
14-16 years old	34%	35%	33%	37%	36%	33%	32%	44%



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_Q3. How many adults aged 17 or over live with you as part of your household?

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
No other adults	51%	52%	35%	70%	53%	53%	53%	48%
1 other adult	27%	25%	32%	19%	24%	26%	27%	22%
2 other adults	14%	14%	19%	8%	14%	13%	12%	19%
3 other adults	5%	6%	8%	2%	5%	5%	5%	7%
4 other adults	2%	2%	3%	0%	3%	2%	2%	3%
5 or more other adults	2%	1%	2%	0%	1%	1%	1%	2%

Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_Q6. Which ONE of the following best describes where you are living at the moment?

	Unweighted base	838	1229	1138	932	537	1318	1569	508
	Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
A flat, room or house rented by me (or partner) from a private landlord		35%	22%	30%	23%	28%	27%	28%	24%
A flat, room or house rented by me (or partner) from a local council, housing association or housing co-operative		28%	36%	25%	42%	44%	30%	37%	23%
A temporary flat or house provided by the local council		1%	2%	1%	2%	4%	1%	2%	1%
Other statutory accommodation (e.g. supported accommodation or NASS accommodation)		1%	1%	0%	1%	1%	0%	1%	0%
A flat or house owned by me or my partner (with a mortgage or owned outright)		23%	13%	20%	13%	13%	18%	16%	18%
I live permanently with my parents, other family members or friends		8%	17%	17%	10%	5%	15%	10%	24%
I am staying with my parents, other family members or friends but this is a temporary or insecure arrangement		1%	5%	4%	3%	2%	4%	3%	6%
A hotel, hostel, refuge, B&B or night shelter		-	1%	0%	1%	0%	0%	1%	-
Sleeping rough/ living on the streets		-	0%	-	0%	-	0%	0%	-
Other		3%	3%	2%	4%	2%	3%	3%	4%
Prefer not to say		1%	1%	0%	1%	0%	0%	0%	1%



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_NEW9a. At any point in the last 12 months have you considered yourself to be at risk of homelessness? For example, if you were being evicted from your rental property, asked to leave a friend's or relative's home, left prison, or left care.

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
Yes	17%	18%	16%	20%	29%	14%	20%	10%
No	81%	77%	81%	75%	69%	83%	76%	85%
Don't know	2%	4%	2%	4%	2%	3%	3%	3%
Prefer not to say	1%	1%	1%	2%	0%	1%	1%	2%



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_NEW9b. You said you have been at risk of becoming homeless in the last 12 months. As a result did you receive any support from your local authority?

Unweighted base	118	215	156	177	136	170	284	49
Base: All UK Adults who are at risk of becoming homeless	128	239	175	192	160	174	312	55
Yes, I did	34%	26%	29%	28%	38%	20%	28%	32%
No, I did not	63%	71%	68%	68%	60%	77%	69%	63%
Don't know	2%	1%	1%	2%	1%	1%	1%	2%
Prefer not to say	1%	2%	1%	2%	1%	2%	1%	3%



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_Q10. Which ONE of the following best describes you?

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All adults currently claiming universal credit	773	1292	1111	958	553	1285	1550	528
Full time employee (30 hours a week or more)	40%	-	28%	-	15%	15%	16%	10%
Part-time employee (less than 30 hours a week)	46%	-	32%	-	17%	18%	18%	14%
Self-employed or freelance	14%	-	10%	-	4%	5%	5%	6%
On maternity or paternity leave	-	1%	0%	1%	1%	0%	1%	0%
Retired (whether receiving pension or not)	-	1%	0%	1%	1%	1%	1%	1%
In full time education or training	-	3%	1%	3%	3%	2%	2%	1%
Looking after home or family	-	10%	4%	9%	8%	6%	7%	5%
Signed off sick (short-term or temporarily)	-	3%	1%	4%	4%	1%	2%	2%
Long-term sick or disabled	-	48%	13%	50%	31%	29%	30%	30%
Unemployed and looking for work	-	23%	9%	21%	10%	16%	12%	20%
Unemployed and not looking for work	-	7%	2%	8%	3%	4%	3%	8%
Other	-	3%	0%	4%	3%	2%	2%	2%
Prefer not to say	-	-	0%	0%	0%	0%	1%	1%



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_Q12. Apart from you, are there any other adult members of your household...(Please select all that apply)

Unweighted base	413	574	713	277	253	616	740	252
Base: All UK adults who are living with any other adults (aged 17+)	382	617	719	283	260	608	729	276
Working full-time as an employee	39%	41%	56%	-	38%	39%	39%	41%
Working part-time as an employee	29%	14%	28%	-	27%	19%	21%	17%
Self-employed or freelance	16%	7%	15%	-	12%	10%	11%	11%
No other adults in household are working	25%	40%	13%	88%	34%	36%	34%	35%
Prefer not to say	1%	5%	0%	12%	1%	3%	3%	5%
Net: Employed	64%	50%	77%	-	60%	53%	57%	51%
Net: Working	74%	54%	86%	-	65%	61%	63%	59%



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_Q64. You previously mentioned that you are not working at the moment. Which, if any, of the following reasons best describe why you are not working at the moment. Please select all that apply.

	Unweighted base							
	-	1130	276	854	296	708	823	307
Base: Adults who are unemployed, looking after family, long term sick, other	-	1182	307	876	304	735	842	340
I have a health condition (physical or mental) that means that I cannot work	-	56%	49%	58%	59%	54%	57%	52%
I would like to work, but it is difficult to find work which allows me to manage my health condition	-	26%	23%	27%	23%	27%	26%	27%
I have caring responsibilities that means that I cannot work	-	13%	12%	14%	18%	12%	15%	9%
I would like to work, but it is difficult to find work which allows me to manage my caring responsibilities	-	8%	7%	8%	11%	6%	8%	5%
Lack of affordable or available childcare means I cannot work	-	5%	6%	4%	6%	4%	7%	0%
Lack of affordable or available care for the person who, for health reasons, I provide unpaid care for means I cannot work	-	3%	3%	3%	4%	2%	3%	2%
I don't want to lose my benefits	-	4%	2%	5%	3%	5%	5%	3%
I have tried to find work but haven't been successful	-	19%	22%	17%	17%	21%	17%	23%
I can't find work close enough to where I live / where I can travel to	-	7%	8%	7%	9%	7%	7%	8%
I am looking for a specific type of role or job that I haven't found or hasn't been available	-	7%	12%	6%	7%	8%	7%	8%
I only want to work specific hours and haven't found a suitable job	-	5%	5%	4%	6%	4%	5%	4%
I don't have a permanent place to live	-	2%	1%	3%	2%	3%	3%	1%
I don't have sufficient access to the internet	-	1%	0%	1%	1%	1%	1%	0%
I am waiting to hear back from jobs that I have applied for	-	12%	14%	11%	9%	12%	11%	13%
I want some time out of trying to find work	-	2%	3%	1%	1%	2%	2%	2%
I don't have the right skills or qualifications to find work	-	7%	7%	7%	7%	7%	6%	9%
Other	-	9%	7%	9%	6%	11%	8%	10%
Not applicable – there is no particular reason that I am not working	-	0%	0%	0%	-	0%	0%	0%
Don't know	-	0%	-	1%	-	0%	0%	1%
Prefer not to say	-	1%	1%	2%	1%	0%	1%	2%
Net: Any	-	98%	99%	98%	99%	99%	99%	97%



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

For each of the following questions please give an answer on a scale of 1 to 10, where 1 is "not at all satisfied" and 10 is "completely satisfied" please remember that there are no right or wrong answers.

VTU_QNEW5a_1. Overall, how satisfied are you with your life nowadays?

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
1 - Not at all satisfied [1]	5%	21%	8%	23%	16%	14%	15%	15%
2 [2]	5%	9%	6%	8%	7%	7%	7%	8%
3 [3]	9%	17%	12%	17%	13%	15%	15%	11%
4 [4]	12%	14%	13%	14%	11%	14%	13%	13%
5 [5]	12%	16%	14%	15%	14%	14%	14%	16%
6 [6]	16%	10%	15%	9%	12%	13%	12%	13%
7 [7]	18%	7%	15%	7%	10%	12%	12%	11%
8 [8]	11%	5%	10%	4%	7%	7%	7%	7%
9 [9]	4%	1%	3%	1%	2%	2%	2%	2%
10 - Completely satisfied [10]	7%	2%	5%	1%	7%	2%	3%	4%
Prefer not to say	-	0%	0%	0%	-	0%	0%	1%
Net: Not Satisfied	32%	60%	38%	62%	48%	49%	50%	47%
Net: Satisfied	56%	24%	48%	22%	38%	36%	36%	37%
Mean	5.71	3.93	5.29	3.79	4.74	4.59	4.57	4.65



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

For each of the following questions please give an answer on a scale of 1 to 10, where 1 is "not at all worthwhile" and 10 is "completely worthwhile" please remember that there are no right or wrong answers.

VTU_NEW5b_1. Overall, to what extent do you feel that the things you do in your life are worthwhile?

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
1 - Not at all worthwhile [1]	4%	17%	6%	19%	12%	11%	12%	12%
2 [2]	4%	10%	5%	11%	9%	8%	8%	9%
3 [3]	8%	14%	10%	14%	11%	12%	12%	11%
4 [4]	10%	12%	10%	13%	9%	13%	12%	10%
5 [5]	15%	15%	15%	14%	13%	14%	13%	19%
6 [6]	10%	10%	11%	9%	10%	11%	10%	10%
7 [7]	18%	9%	16%	8%	12%	12%	12%	11%
8 [8]	16%	7%	14%	6%	10%	11%	10%	11%
9 [9]	5%	2%	4%	2%	5%	3%	3%	2%
10 - Completely worthwhile [10]	10%	4%	8%	4%	10%	5%	6%	7%
Prefer not to say	0%	1%	0%	1%	0%	0%	0%	1%
Net: Not worthwhile	26%	53%	31%	56%	41%	44%	44%	40%
Net: Worthwhile	59%	32%	53%	28%	46%	41%	42%	40%
Mean	6.13	4.37	5.73	4.22	5.27	4.95	5.01	5.06



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

For each of the following questions please give an answer on a scale of 1 to 10, where 1 is "not at all happy" and 10 is "completely happy" please remember that there are no right or wrong answers.

VTU_NEW5c_1. Overall, how happy did you feel yesterday

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
1 - Not at all happy [1]	5%	17%	6%	19%	16%	11%	13%	11%
2 [2]	5%	9%	6%	10%	7%	8%	7%	10%
3 [3]	8%	12%	9%	12%	9%	10%	10%	12%
4 [4]	10%	12%	11%	12%	11%	12%	12%	9%
5 [5]	14%	17%	14%	17%	15%	15%	16%	13%
6 [6]	11%	10%	11%	10%	9%	11%	10%	11%
7 [7]	16%	11%	16%	9%	12%	13%	12%	15%
8 [8]	14%	5%	12%	5%	8%	10%	9%	9%
9 [9]	7%	3%	6%	3%	4%	5%	5%	5%
10 - Completely happy [10]	10%	3%	8%	2%	9%	4%	5%	6%
Prefer not to say	0%	0%	0%	0%	-	0%	0%	1%
Net: Not happy	28%	50%	32%	53%	43%	42%	42%	42%
Net: Happy	58%	33%	54%	29%	42%	43%	41%	45%
Mean	6.02	4.44	5.73	4.23	5.04	5.05	5.01	5.08



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_NEW5d. On a scale of 1 to 10, where 1 is "Not at all anxious" and 10 is "completely anxious", overall, how anxious did you feel yesterday?

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
1 - Not at all anxious [1]	10%	5%	8%	6%	6%	7%	6%	10%
2 [2]	7%	5%	7%	4%	4%	6%	5%	8%
3 [3]	10%	7%	10%	6%	8%	8%	8%	9%
4 [4]	9%	7%	9%	6%	5%	9%	7%	8%
5 [5]	10%	11%	11%	11%	11%	10%	11%	11%
6 [6]	12%	10%	12%	9%	9%	12%	11%	11%
7 [7]	15%	17%	15%	17%	14%	17%	16%	16%
8 [8]	13%	14%	13%	15%	13%	15%	15%	12%
9 [9]	5%	8%	5%	9%	9%	6%	8%	6%
10 - Completely anxious [10]	8%	16%	10%	17%	20%	10%	14%	9%
Prefer not to say	0%	0%	0%	0%	-	0%	0%	1%
Net: Not anxious	36%	23%	34%	22%	24%	30%	26%	35%
Net: Anxious	53%	65%	55%	67%	66%	59%	63%	53%
Mean	5.49	6.44	5.67	6.56	6.57	5.89	6.25	5.57

Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_Q55. Not counting the people you live with, how often, if at all, do you have contact with your relatives, friends or neighbours? This could be in person, by phone, letter, email or through the internet.

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
On most days	48%	39%	47%	37%	44%	41%	43%	41%
Once or twice a week	35%	33%	35%	33%	33%	36%	35%	33%
Once or twice a month	9%	11%	10%	11%	10%	11%	11%	10%
Less often than once a month	4%	11%	6%	12%	8%	9%	8%	10%
Never	2%	4%	2%	5%	4%	3%	3%	3%
Don't know	1%	1%	1%	1%	0%	1%	1%	2%
Net: At least once a week	84%	72%	81%	71%	77%	77%	77%	74%
Net: Once a month or less often	14%	23%	16%	23%	18%	19%	19%	20%

VTU_NEW7. How often do you feel lonely?

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
Always/ often	13%	31%	17%	34%	26%	24%	25%	24%
Some of the time	35%	33%	35%	32%	37%	32%	34%	32%
Occasionally	32%	22%	31%	20%	24%	27%	27%	24%
Never	19%	12%	16%	13%	13%	15%	13%	19%
Prefer not to say	0%	1%	1%	1%	0%	1%	1%	1%



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

disability_NEW_a. Do you have any physical or mental health conditions or illnesses lasting or expected to last 12 months or more?

Unweighted base	825	1213	1119	922	531	1298	1549	499
Base: All	760	1271	1090	945	545	1263	1526	517
Yes, a physical disability	8%	27%	13%	28%	21%	19%	20%	20%
Yes, a long-term physical condition or illness	19%	39%	23%	41%	29%	33%	32%	30%
Yes, a mental health condition (including stress, depression or anxiety)	37%	62%	43%	64%	55%	52%	55%	47%
Yes, a learning disability or learning difficulty	5%	10%	7%	9%	5%	9%	8%	9%
None of the above	47%	13%	38%	12%	26%	26%	25%	26%
Don't know	2%	3%	2%	3%	2%	2%	3%	3%
Prefer not to say	2%	2%	2%	2%	2%	2%	2%	3%
Net: Any disability	49%	82%	58%	83%	69%	70%	70%	68%

disability_NEW_b. Do any of your conditions or illnesses reduce your ability to carry out day to day activities?

Unweighted base	405	990	634	763	371	883	1072	329
Base: Those with a disability, mental health condition or long term health issue	361	1012	611	765	367	858	1043	337
Yes, a lot	23%	63%	39%	64%	54%	51%	53%	52%
Yes, a little	60%	33%	50%	32%	41%	41%	40%	39%
Not at all	17%	4%	12%	4%	5%	8%	7%	9%
Net: Yes	83%	96%	88%	96%	95%	92%	93%	91%



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_Q15a. Does anyone else in your household have any physical or mental health conditions lasting or expected to last 12 months or more?

Unweighted base	687	751	987	454	375	910	1116	329
Base: All adults currently claiming Universal Credit who don't live alone	648	825	985	491	395	909	1128	354
Yes, but it doesn't reduce their ability to carry out day to day activities	11%	14%	13%	11%	13%	12%	13%	11%
Yes, and it does reduce their ability to carry out day to day activities	28%	41%	30%	47%	38%	36%	36%	34%
No, no one else in my household has any health conditions	57%	36%	51%	34%	44%	46%	46%	43%
Don't know	2%	7%	4%	5%	4%	4%	3%	10%
Prefer not to say	2%	4%	3%	5%	2%	3%	3%	4%
Net: Yes	39%	53%	42%	56%	50%	47%	48%	43%

VTU_Q16. Your Universal Credit payments can include additional amounts to help with different costs. Does your household receive any of the following on top of the standard basic payment (Standard Allowance)? Please select all that apply.

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All adults currently claiming Universal Credit	773	1292	1111	958	553	1285	1550	528
Extra money to help with your housing costs (paid to yourself or directly to your landlord)	29%	24%	26%	27%	34%	25%	28%	19%
Extra money for caring for someone	12%	10%	12%	10%	17%	9%	12%	7%
Extra money if someone you live with is disabled	8%	7%	8%	7%	12%	7%	9%	4%
Extra money for children living at home, excluding childcare costs	30%	13%	25%	13%	25%	19%	22%	11%
Extra money for childcare	15%	1%	12%	1%	8%	7%	8%	3%
Extra money because you have a disability or health condition, which limits your capability to work	9%	36%	16%	37%	30%	25%	25%	29%
None of the above	32%	31%	32%	31%	24%	35%	30%	35%
I don't know what the Universal Credit payment covers	9%	10%	10%	9%	8%	8%	9%	12%
Prefer not to say	1%	2%	1%	2%	1%	1%	1%	3%
Net: Any extra money	58%	57%	57%	58%	67%	56%	59%	50%

Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_Q17. How long have you currently been claiming Universal Credit for?

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All adults currently claiming Universal Credit	773	1292	1111	958	553	1285	1550	528
Under 3 months	3%	3%	3%	2%	4%	2%	3%	3%
3 to 6 months	14%	8%	13%	7%	16%	8%	11%	10%
7 to 12 months	19%	12%	19%	10%	18%	14%	14%	17%
More than 12 months	63%	75%	63%	78%	62%	75%	71%	68%
Don't know	1%	1%	1%	1%	0%	1%	1%	1%
Prefer not to say	1%	1%	1%	1%	1%	1%	1%	2%

VTU_Q18. Which of the following statements about the benefit(s) you receive to support you with your housing costs best describes the situation of the household?

Unweighted base	268	459	343	385	246	429	590	139
Base: All UK Adults who rent and claim Housing Benefit/LHA or who have UC payment to support housing costs	245	466	318	394	260	398	582	131
The benefit I/we receive covers all of our rent	39%	60%	39%	64%	57%	50%	52%	57%
The benefit I/we receive does not cover all of our rent	59%	38%	59%	35%	43%	48%	47%	39%
Don't know	1%	2%	1%	1%	-	2%	1%	4%
Prefer not to say	1%	1%	1%	0%	-	0%	1%	0%

Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_Q19. What impact, if any does the shortfall between the benefit(s) you receive to support you with your housing costs and your rent have on your ability to afford day-to-day costs?

Unweighted base	167	180	209	138	110	218	292	55
Base: All UK Adults whose UC, Housing Benefit or LHA does not cover all of rent	145	177	186	136	112	191	272	51
A great deal	27%	37%	27%	40%	40%	29%	34%	24%
A fair amount	37%	35%	38%	34%	36%	35%	36%	35%
Just a little	25%	19%	23%	19%	17%	25%	22%	18%
Makes no difference	9%	5%	9%	4%	4%	9%	5%	18%
Don't know	2%	4%	3%	3%	4%	2%	3%	5%
Prefer not to say	-	-	-	-	-	-	-	-

VTU_Q20b. Are you currently having your benefit award reduced because you are considered to have a spare bedroom, i.e. the 'bedroom tax' or under occupancy charge?

Unweighted base	232	452	300	385	233	407	567	122
Base: All UK Social renters	214	453	276	392	241	381	555	118
Yes - but I am claiming a Discretionary Housing Payment This is an extra payment that provides financial support to help with rent or housing costs) from my local authority to cover it	11%	5%	9%	6%	12%	5%	8%	3%
Yes - and I am not claiming a Discretionary Housing Payment from my local authority to cover it	9%	16%	10%	16%	17%	12%	15%	8%
No	74%	73%	76%	71%	68%	78%	71%	80%
Don't know	5%	6%	5%	6%	3%	5%	6%	7%
Prefer not to say	0%	1%	1%	0%	0%	-	0%	2%
Net: Yes	20%	21%	19%	22%	29%	17%	23%	12%



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_Q21. Is part of your or your partner's benefit income (including tax credits) currently being deducted in order to pay a benefit advance, benefit overpayments, loans from the Department for Work and Pensions or other debts and fines?

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults who have income from any benefits	773	1292	1111	958	553	1285	1550	528
Yes, it is	26%	27%	24%	29%	100%	-	32%	10%
No, it isn't	64%	61%	64%	60%	-	100%	58%	73%
Don't know	8%	9%	10%	8%	-	-	7%	14%
Prefer not to say	2%	3%	2%	3%	-	-	2%	3%

Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_Q22. For which of the following reasons is part of your or your partner's benefit income being deducted?
Please select all that apply

Unweighted base	198	338	262	274	537	-	483	54
Base: All UK Adults who have benefit deductions	202	350	270	282	553	-	499	54
To repay an advance payment taken to cover the five-week wait for Universal Credit	36%	29%	33%	30%	32%	-	32%	31%
To repay an advance payment taken to cover a specific expense (a budgeting advance)	20%	44%	25%	45%	36%	-	36%	28%
To repay an advance payment taken on because of a change in circumstances	21%	4%	16%	5%	10%	-	11%	2%
To repay previous benefit overpayments (e.g. from the DWP, HMRC, or the Council)	48%	36%	45%	35%	40%	-	41%	34%
To repay a Hardship Payment from the DWP	3%	5%	4%	5%	4%	-	5%	-
To repay a court fine/ fines	12%	5%	10%	5%	7%	-	8%	4%
To repay council tax arrears	7%	11%	6%	13%	9%	-	10%	-
Because of deductions from third parties (e.g. to repay arrears on rent or energy bills)	6%	7%	5%	7%	6%	-	7%	-
Other debts and fines	5%	6%	5%	7%	6%	-	6%	-
Don't know	4%	2%	3%	2%	3%	-	2%	5%
Prefer not to say	1%	1%	1%	1%	1%	-	0%	6%



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_Q26. Which ONE of the following statements best describes how well you are keeping up with your bills and credit commitments at the moment?

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
I am keeping up with all bills and credit commitments without any difficulty	20%	14%	20%	13%	11%	18%	12%	30%
I am keeping up with all bills and credit commitments but it is a struggle from time to time	38%	27%	35%	27%	25%	34%	30%	35%
I am keeping up with all bills and credit commitments but it is a constant struggle	26%	31%	27%	32%	32%	29%	33%	17%
I am having real financial problems and have fallen behind with many bills or credit commitments	13%	20%	13%	23%	30%	13%	23%	2%
I don't have any bills or credit commitments	1%	4%	4%	2%	0%	3%	1%	9%
Don't know	1%	2%	1%	2%	0%	1%	1%	3%
Prefer not to say	0%	2%	1%	3%	1%	1%	1%	4%
Net: Managing to keep up with bills	85%	72%	81%	71%	69%	81%	75%	82%
Net: Struggling	65%	58%	62%	58%	57%	63%	63%	52%

VTU_Q27. You've said that you're finding it a struggle to keep up with your bills or credit commitment at the moment or from time to time. How long have you been managing like this?

Unweighted base	662	994	884	773	472	1037	1371	290
Base: All UK Adults who struggle to keep up with bills or credit commitment	603	1003	829	778	483	976	1327	284
For the last three months	7%	6%	6%	6%	5%	6%	6%	8%
For the last six months	17%	13%	17%	13%	18%	13%	15%	13%
For the last 12 months	24%	22%	25%	21%	24%	22%	25%	15%
For the last 2-3 years	21%	23%	22%	23%	21%	24%	23%	19%
For the last 3-5 years	12%	12%	11%	13%	9%	13%	11%	13%
For longer than 5 years but not always	6%	8%	7%	8%	7%	7%	7%	9%
For as long as I can remember	8%	12%	8%	13%	13%	10%	10%	12%
Don't know	3%	3%	3%	2%	1%	3%	2%	6%
Prefer not to say	1%	1%	1%	1%	0%	1%	1%	3%



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_60_2. Over the last three months, have you ever experienced any of the following? Please select one option on each row - My financial situation impacting my ability to find or go to work

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
Yes, I have	22%	24%	22%	24%	36%	19%	26%	13%
No, I haven't	72%	52%	66%	51%	46%	67%	57%	66%
Don't know/can't remember	5%	14%	7%	14%	11%	8%	10%	11%
Prefer not to say	2%	10%	4%	11%	7%	6%	7%	9%



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_Q28. Are you and/ or your partner currently behind with any of the following household bills? Please select all that apply

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
Council tax	15%	14%	14%	15%	28%	10%	19%	-
Council tax, including water and sewage	1%	2%	1%	3%	3%	2%	2%	-
Your Domestic Rates	-	0%	-	0%	0%	-	0%	-
Gas or electricity	17%	19%	15%	22%	33%	13%	24%	-
Water and sewage	11%	14%	10%	16%	24%	9%	17%	-
Telephone/mobile phone/broadband	8%	8%	7%	8%	16%	5%	10%	-
TV licence	7%	5%	6%	6%	13%	3%	8%	-
Rent or mortgage costs	12%	10%	11%	10%	21%	7%	14%	-
School Meal Payments	0%	0%	0%	0%	-	0%	0%	-
Other arrears	8%	10%	8%	12%	13%	9%	13%	-
Not applicable - I am/ we are up-to-date with all payments	61%	53%	61%	51%	34%	65%	45%	89%
Don't know	2%	4%	3%	3%	2%	3%	2%	6%
Prefer not to say	1%	4%	2%	3%	3%	2%	2%	5%
Net: Any who are behind on bills	36%	39%	34%	43%	62%	30%	51%	-

Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_Q61. Many people use different sources of money to tide them over. Which, if any, of the following sources have you or your partner currently borrowed money or got credit from that you will need to repay? Please select all that apply. If you have not borrowed any money please select the not applicable option.

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
Friend or family	28%	31%	28%	32%	40%	27%	40%	-
Bank loan or Credit Union	11%	5%	9%	6%	11%	6%	10%	-
Your personal overdraft	20%	19%	20%	18%	26%	17%	26%	-
Credit card	48%	32%	43%	31%	47%	36%	50%	-
Payday loans / doorstep lender / Money Shop	6%	4%	5%	4%	10%	3%	6%	-
Pawnbroker	2%	3%	2%	4%	7%	1%	4%	-
Unlicensed lender (e.g. loan shark(s))	1%	1%	1%	1%	2%	1%	1%	-
Car finance	11%	4%	9%	3%	10%	5%	9%	-
Catalogues paid by instalment a form of credit debt, built up when you've purchased items from shopping catalogues	10%	10%	9%	11%	17%	9%	14%	-
"Buy Now Pay Later" online payments from providers such as Klarna, or Afterpay a form of short term financing that allows consumers to make purchases and pay for them over time.	27%	22%	26%	21%	30%	22%	32%	-
Hire purchase payments for appliances (e.g. fridge, washing machine, business equipment, etc.) is used to buy consumer goods, where the buyer makes an initial down payment and then pays in instalments.	6%	5%	5%	6%	10%	4%	7%	-
Other	2%	3%	1%	3%	3%	2%	3%	-
Not applicable - We do not owe money to any lender	25%	35%	28%	35%	17%	35%	8%	100%
Net: Any sources	75%	65%	72%	65%	83%	65%	92%	-



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_Q62. Households are reporting an increase in their cost of living, including increases in food costs, utilities and household expenses. In the last six months (since February 2024), please select any of the following that apply to you or any of your household members. If none of the options apply, please select the 'Not applicable' option. I or someone in my household has...

	Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults		773	1292	1111	958	553	1285	1550	528
not dressed appropriately for the weather because I/we cannot afford suitable clothes or shoes		12%	21%	13%	23%	26%	15%	20%	10%
not been able to replace or repair major electrical goods such as a refrigerator, TV or washing machine when it's been broken because I/we cannot afford it		24%	29%	23%	32%	34%	26%	31%	15%
gone without a shower or bath because I/we cannot afford it		10%	20%	9%	24%	23%	14%	18%	10%
gone without basic toiletries such as soap, shampoo, toothbrush, toothpaste or sanitary items because I/we cannot afford them		12%	17%	11%	20%	25%	12%	18%	7%
not been able to keep our home warm because I/we cannot afford it		24%	32%	23%	36%	35%	28%	33%	18%
visited a food bank		12%	19%	11%	22%	29%	12%	19%	9%
not been able to adequately furnish our home because I/we cannot afford it		20%	27%	20%	30%	34%	22%	28%	15%
not had essential dental treatment done because I/we cannot afford it		32%	33%	31%	34%	40%	31%	37%	18%
not gotten prescriptions because I/we cannot afford it		9%	4%	8%	4%	7%	6%	7%	3%
not made an essential journey because I/we could not afford it		16%	25%	16%	28%	31%	19%	26%	9%
not got pain relief or over the counter medication because I/we cannot afford it		10%	13%	10%	14%	15%	11%	14%	6%
Not applicable – I have not experienced any of the issues listed in the last six months		33%	26%	34%	23%	17%	33%	22%	48%
Don't know		2%	3%	3%	3%	1%	2%	2%	4%
Prefer not to say		2%	3%	2%	3%	2%	2%	2%	3%
Net: Any		64%	67%	62%	71%	80%	63%	73%	45%



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_QNEW7. We want to understand any particular pressure that families with children are facing. In the last six months (since February 2024), please select any of the following that apply to your child or children. If none of the options apply, please select the 'Not applicable' option. My child has/my children have...

Unweighted base	537	364	659	242	271	547	749	155
Base: Those with children	513	404	639	278	298	529	769	152
not dressed appropriately for the weather because I/we cannot afford suitable clothes or shoes	8%	15%	8%	17%	18%	8%	12%	5%
gone without a shower or bath because I/we cannot afford it	5%	7%	5%	8%	9%	4%	6%	4%
toothbrush, toothpaste or sanitary items because I/we cannot afford them	5%	7%	5%	10%	11%	4%	7%	1%
not had essential dental treatment done because I/we cannot afford it	6%	11%	7%	12%	13%	6%	10%	2%
not got prescriptions because I/we cannot afford it	2%	1%	2%	2%	4%	1%	2%	1%
not got pain relief or over the counter medication because I/we cannot afford it	4%	5%	4%	5%	6%	4%	4%	3%
not made an essential journey because I/we could not afford it	8%	12%	8%	14%	17%	7%	12%	2%
Not attended school / missed school because we could not afford it	2%	6%	2%	7%	7%	2%	4%	1%
Missed out training and / or extracurricular activities because we could not afford it	23%	30%	23%	35%	34%	24%	29%	10%
Not applicable – My child has / children have not experienced any of the issues listed in the last six months	62%	51%	63%	45%	40%	67%	53%	79%
Don't know	1%	2%	1%	3%	2%	1%	2%	1%
Prefer not to say	1%	3%	1%	4%	2%	1%	2%	4%
Net: Any	35%	44%	35%	48%	56%	31%	43%	17%



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

These next questions are about the food eaten in your household, and whether you are able to afford the food you need. For the following statements, please tell us whether the statement was often true, sometimes true, or never true for you or your household in the last 30 days

VTU_Q30_1. // we worried whether our food would run out before I / we got money to buy more

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
Often true	16%	23%	15%	26%	34%	16%	25%	5%
Sometimes true	36%	39%	37%	39%	40%	38%	42%	27%
Never true	44%	32%	43%	29%	23%	42%	29%	59%
Don't know	2%	3%	3%	2%	1%	3%	2%	5%
Prefer not to say	2%	3%	2%	3%	2%	2%	2%	4%



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_Q30_2. The food that I / we bought just didn't last, and I / we didn't have money to get more

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
Often true	10%	16%	10%	19%	25%	10%	17%	5%
Sometimes true	31%	37%	32%	38%	39%	33%	39%	20%
Never true	55%	41%	54%	38%	31%	52%	39%	66%
Don't know	3%	4%	4%	3%	3%	3%	3%	6%
Prefer not to say	1%	3%	2%	3%	2%	2%	2%	3%

VTU_Q30_3. I / we couldn't afford to eat balanced meals

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
Often true	16%	26%	16%	29%	33%	18%	26%	10%
Sometimes true	37%	37%	36%	38%	41%	36%	41%	27%
Never true	44%	31%	43%	27%	20%	41%	29%	55%
Don't know	2%	4%	3%	4%	3%	3%	3%	6%
Prefer not to say	1%	2%	2%	2%	2%	2%	2%	3%



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

Thinking about the past thirty days, could you tell us to what extent, if at all, are the following statements true?
 VTU_Q63_1. I or members of my household cut down the size of meals or skip meals because there wasn't enough money for food

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
This is often true	14%	22%	13%	25%	32%	15%	23%	7%
This is sometimes true	35%	36%	35%	36%	39%	34%	40%	23%
This is never true	48%	36%	48%	33%	25%	47%	34%	61%
Don't know	2%	4%	3%	3%	3%	2%	2%	7%
Prefer not to say	2%	2%	2%	3%	2%	2%	2%	3%

VTU_Q63_2. I or members of my household were hungry but did not have enough money for food

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
This is often true	9%	13%	8%	14%	22%	8%	14%	3%
This is sometimes true	21%	28%	21%	31%	31%	24%	30%	14%
This is never true	66%	52%	65%	47%	42%	64%	51%	73%
Don't know	3%	4%	4%	3%	3%	2%	2%	6%
Prefer not to say	2%	3%	2%	4%	3%	2%	2%	4%

Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_Q38. For the following question, by "food bank", we mean organisations that are run by a charity or local community group, that provide emergency food to people in need. How often in the past 30 days, have you, or anyone else in your household, received a free food parcel from a food bank or other emergency food provider? (please select one option only)

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
Have not received one in the last 30 days	85%	83%	86%	81%	72%	90%	82%	89%
Once	4%	6%	3%	7%	9%	3%	6%	1%
Two or three times	6%	3%	5%	3%	10%	2%	5%	1%
Four to six times	1%	1%	1%	1%	2%	1%	1%	1%
More than six times	0%	0%	0%	1%	1%	-	1%	0%
Don't know	2%	3%	3%	3%	3%	2%	2%	4%
Prefer not to say	2%	3%	2%	4%	3%	2%	3%	3%

Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

Q55N_foodpantry. Some people buy food at a low cost for themselves and their households from places other than mainstream food shops or supermarkets, especially when they are finding it difficult to make ends meet. For instance, they might go to a food pantry or social supermarket where you can obtain a range of food items for a single low-cost payment or low-cost monthly membership fee. How often, if ever, have you obtained food from a place like this in the last 12 months? Please select one answer only.

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
Once in the last year	4%	3%	4%	4%	5%	3%	5%	1%
Two or three times in the last year	8%	5%	6%	5%	11%	4%	7%	2%
Four to six times in the last year	4%	3%	4%	2%	7%	2%	4%	1%
More than six times but not every month	2%	2%	1%	3%	3%	2%	2%	1%
Every month or more often	3%	5%	3%	5%	5%	4%	5%	2%
Not applicable - I have never received food from a place like this	75%	77%	77%	75%	63%	82%	73%	84%
Don't know	2%	4%	3%	4%	3%	2%	3%	5%
Prefer not to say	1%	2%	1%	2%	2%	1%	2%	3%

Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_Q39. In the last 12 months, have you personally experienced any of the following? Please select all that apply.

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
Being evicted from your home	3%	4%	3%	5%	7%	3%	5%	2%
One or more of your children becoming disabled or experiencing poor health	8%	5%	7%	6%	9%	6%	7%	3%
Separation or divorce	6%	5%	5%	5%	7%	4%	6%	2%
Other household/relationship breakdown	8%	7%	7%	8%	8%	6%	9%	2%
Becoming long-term sick or disabled	8%	18%	11%	19%	17%	13%	16%	11%
Death of partner	1%	1%	1%	1%	1%	1%	1%	1%
Other bereavement	11%	15%	12%	15%	15%	13%	15%	10%
Domestic violence or abuse	4%	5%	4%	6%	6%	5%	5%	3%
Relationship with your parents/family breaking down	7%	13%	8%	14%	15%	9%	12%	7%
Alcohol dependency	2%	6%	3%	6%	5%	4%	5%	3%
Illicit drug dependency	2%	2%	2%	2%	4%	1%	2%	1%
A problem with gambling	2%	1%	2%	1%	4%	1%	2%	1%
Getting into trouble with the police e.g. an arrest or a caution	1%	2%	2%	3%	3%	1%	2%	1%
Being discharged from prison	1%	0%	1%	0%	1%	0%	0%	0%
Problem with your right to work or live in the UK	1%	0%	1%	-	1%	0%	1%	0%
Debt/ bankruptcy	15%	17%	14%	19%	28%	12%	21%	3%
Lost a job	8%	12%	10%	11%	11%	10%	12%	8%
Any other challenging life experience not listed above	15%	25%	18%	25%	22%	22%	22%	19%
None of these things	44%	32%	40%	32%	29%	39%	32%	48%
Prefer not to say	3%	3%	3%	3%	3%	2%	3%	4%
Net: Any	54%	65%	57%	65%	68%	58%	65%	47%

Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

Over the last three months, have you experienced any of the following? Please select one option on each row
 VTU_Q41_1. I have fallen into debt because I couldn't keep up with essential bills (e.g. rent or utilities)

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
Yes, I have	31%	37%	30%	40%	55%	27%	45%	4%
No, I haven't	66%	58%	66%	54%	41%	69%	51%	90%
Don't know/can't remember	2%	3%	2%	3%	2%	2%	3%	2%
Prefer not to say	2%	3%	2%	3%	1%	2%	2%	4%

VTU_Q41_2. I have been unable to travel to work or essential appointments (e.g. GP, school run, dentists or hospital appointments) because I couldn't afford to use public transport or the fuel costs to get there

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
Yes, I have	16%	26%	16%	29%	38%	17%	27%	9%
No, I haven't	80%	67%	80%	63%	56%	79%	68%	83%
Don't know/can't remember	2%	4%	3%	4%	4%	3%	3%	5%
Prefer not to say	1%	3%	1%	4%	2%	1%	2%	3%



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_Q41_3. I have needed to skip meals to keep up with other essential costs (e.g. utilities or rent).

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
Yes, I have	30%	40%	28%	46%	49%	33%	43%	16%
No, I haven't	66%	53%	67%	48%	46%	63%	51%	76%
Don't know/can't remember	3%	3%	4%	3%	2%	3%	3%	4%
Prefer not to say	2%	3%	2%	4%	3%	2%	3%	4%

VTU_Q41_4. I have been unable to cook hot food because I couldn't afford to use the oven or other utilities.

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
Yes, I have	13%	19%	12%	22%	26%	12%	19%	8%
No, I haven't	83%	75%	83%	72%	68%	84%	76%	85%
Don't know/can't remember	4%	4%	4%	3%	4%	3%	4%	4%
Prefer not to say	1%	3%	1%	3%	2%	1%	2%	3%

Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_Q41_5. I have been unable to dress appropriately for the weather because I didn't have and wasn't able to afford suitable shoes or clothes.

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
Yes, I have	17%	28%	18%	31%	37%	20%	28%	11%
No, I haven't	79%	65%	77%	62%	57%	76%	66%	82%
Don't know/can't remember	2%	4%	3%	4%	4%	2%	3%	4%
Prefer not to say	2%	3%	2%	4%	3%	2%	3%	3%

VTU_Q41_6. I have been unable to afford to heat my home when I needed to

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
Yes, I have	29%	35%	28%	39%	46%	30%	38%	18%
No, I haven't	65%	58%	67%	54%	48%	65%	56%	73%
Don't know/can't remember	4%	4%	4%	4%	4%	4%	3%	7%
Prefer not to say	1%	2%	1%	3%	3%	1%	2%	2%

VTU_Q41_7. I have been unable to dress my children appropriately for the weather because I didn't have and weren't able to afford suitable shoes or clothes.

Unweighted base	537	364	659	242	271	547	749	155
Base: Those with children	513	404	639	278	298	529	769	152
Yes, I have	12%	16%	12%	19%	23%	9%	15%	6%
No, I haven't	85%	76%	85%	73%	69%	89%	80%	89%
Don't know/can't remember	2%	2%	2%	2%	3%	1%	2%	1%
Prefer not to say	1%	6%	1%	7%	5%	1%	3%	4%

Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_Q41_8. I have been unable to wash properly or keep clean because I couldn't afford basic toiletries such as soap, shampoo, toothbrushes, toothpaste or sanitary items.

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
Yes, I have	11%	19%	10%	22%	27%	12%	18%	7%
No, I haven't	86%	76%	86%	73%	68%	85%	77%	87%
Don't know/can't remember	2%	2%	3%	2%	2%	2%	3%	3%
Prefer not to say	1%	3%	2%	3%	3%	1%	2%	3%

VTU_Q41_9. I have been unable to afford to turn the lights on in my home when I needed to

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
Yes, I have	12%	15%	11%	17%	23%	11%	16%	7%
No, I haven't	85%	78%	85%	76%	72%	85%	79%	87%
Don't know/can't remember	3%	4%	3%	4%	4%	3%	4%	5%
Prefer not to say	1%	2%	1%	2%	2%	1%	2%	2%

Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_Q41_10. I have been unable to afford medical prescriptions, pain relief or other over the counter medication

Unweighted base	712	1010	967	758	450	1093	1305	426
Base: Those in England	670	1084	959	799	471	1089	1313	452
Yes, I have	18%	16%	16%	18%	25%	14%	21%	6%
No, I haven't	78%	76%	79%	74%	67%	82%	73%	86%
Don't know/can't remember	3%	4%	3%	5%	5%	3%	4%	4%
Prefer not to say	1%	3%	2%	4%	4%	1%	2%	4%

VTU_Q41_11. I have been unable to replace a major electrical good that had broken (like a refrigerator, TV, washing machine, boiler) because I couldn't afford to

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
Yes, I have	33%	38%	33%	40%	49%	33%	42%	19%
No, I haven't	62%	54%	62%	52%	46%	62%	52%	72%
Don't know/can't remember	4%	4%	4%	4%	2%	4%	4%	5%
Prefer not to say	2%	3%	2%	3%	3%	1%	2%	4%

VTU_Q41_12. I have been unable to purchase adequate furniture for my home when I needed it

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
Yes, I have	34%	39%	32%	44%	52%	32%	43%	22%
No, I haven't	62%	52%	62%	48%	42%	62%	51%	69%
Don't know/can't remember	3%	6%	4%	6%	3%	5%	5%	6%
Prefer not to say	1%	3%	1%	3%	2%	1%	2%	3%



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_Q41_13. I have been unable to pay for essential dental treatment for myself or a member of my household when it was needed because I couldn't afford to do so

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
Yes, I have	35%	37%	35%	38%	47%	34%	41%	22%
No, I haven't	58%	55%	59%	53%	46%	60%	51%	70%
Don't know/can't remember	4%	5%	4%	5%	5%	4%	5%	5%
Prefer not to say	2%	3%	2%	3%	3%	2%	3%	3%

VTU_Q41_14. I had to cancel plans with family or friends because I couldn't afford to see them

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All UK Adults	773	1292	1111	958	553	1285	1550	528
Yes, I have	54%	55%	52%	57%	67%	50%	63%	29%
No, I haven't	42%	39%	44%	35%	29%	45%	32%	64%
Don't know/can't remember	3%	5%	3%	5%	3%	4%	4%	5%
Prefer not to say	1%	2%	1%	2%	2%	1%	2%	2%



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

VTU_Q73. You stated that you have been unable to travel to work or go to essential appointments because you couldn't afford to use public transport or for the fuel costs to get there. Please can you let us know which of these have you missed in the last three months due to not being able to afford to travel (Please select all that apply):

Unweighted base	128	318	179	267	194	221	400	46
Base: Those who are unable to get to work for essential appointments	127	335	180	282	209	218	415	47
Work	51%	10%	38%	10%	26%	16%	22%	13%
Doctors appointment	28%	42%	32%	42%	44%	35%	38%	41%
Hospital appointment	22%	46%	26%	48%	38%	42%	39%	39%
Dentist appointment	19%	22%	19%	22%	23%	19%	22%	14%
Children have missed school	7%	7%	7%	7%	10%	5%	7%	5%
Benefits appointment	15%	14%	15%	14%	15%	16%	15%	15%
Other	11%	11%	10%	12%	10%	12%	10%	22%
Don't know	7%	5%	8%	4%	5%	4%	5%	9%
Prefer not to say	6%	6%	5%	7%	6%	7%	7%	6%

essentials_dv. Used essentials

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All	773	1292	1111	958	553	1285	1550	528
Yes	70%	75%	68%	79%	85%	70%	80%	53%
No	27%	20%	28%	17%	13%	26%	17%	40%
Missing	3%	5%	4%	5%	2%	4%	3%	7%

foodbank_dv. Used foodbank

Unweighted base	838	1229	1138	932	537	1318	1569	508
Base: All	773	1292	1111	958	553	1285	1550	528
Any use a food bank	20%	23%	18%	27%	41%	15%	26%	10%
Do not use a food bank	75%	68%	76%	64%	52%	79%	67%	81%
Missing	5%	9%	6%	9%	7%	6%	7%	9%



Individual working status		Working household		Benefits deducted		In debt/behind on bills status	
Individual working	Not working	Working household	Not a working household	Yes, it is	No, it isn't	Behind on bills or in debt	Not in debt or not behind on bills

All figures, unless otherwise stated, are from YouGov Plc. Total sample size was 2077 adults. Fieldwork was undertaken between 29th July - 23rd August 2024. The survey was carried out online. The figures have been weighted and are representative of all adults on Universal Credit (aged 16+).



Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

VTU_Q74. Over the next three months, to what extent do you think your financial situation (your ability to afford day to day necessities) will get better, get worse, or stay the same?

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
Get a lot better	10%	11%	7%	32%	3%	4%	1%	2%	5%	6%	2%
Get a little better	14%	15%	15%	3%	14%	17%	11%	10%	18%	13%	10%
Stay the same	32%	28%	37%	21%	35%	35%	33%	35%	41%	36%	45%
Get a little worse	22%	25%	20%	24%	22%	19%	21%	25%	16%	22%	18%
Get a lot worse	17%	18%	17%	15%	22%	18%	28%	22%	13%	11%	11%
Don't know	4%	3%	5%	3%	6%	6%	5%	5%	6%	11%	14%
Prefer not to say	0%	-	-	1%	0%	1%	0%	0%	1%	1%	-
Net: Better	24%	26%	22%	35%	16%	21%	12%	12%	23%	19%	12%
Net: Worse	39%	43%	37%	39%	43%	37%	49%	47%	29%	33%	29%



Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

VTU_NEW1. Which of the following statements best applies to you in relation to this support? Please select only one answer.

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: Those on Universal Credit	429	158	239	33	1246	566	294	386	182	143	31
I have received this support within the last three months	12%	12%	9%	31%	8%	7%	10%	7%	1%	9%	-
I have applied for this support within the last three months, and I am waiting for a decision	4%	6%	4%	-	3%	4%	2%	0%	1%	1%	-
I have applied for this support within the last three months, but I was unsuccessful	1%	2%	0%	3%	4%	3%	5%	6%	1%	1%	-
I have not applied for this support within the last three months	64%	62%	68%	40%	63%	63%	64%	62%	73%	65%	78%
Not applicable – this support isn't available in my local area	12%	10%	12%	18%	13%	14%	12%	13%	14%	9%	13%
Don't know	7%	8%	7%	9%	9%	9%	7%	11%	8%	13%	9%
Prefer not to say	0%	-	0%	-	1%	1%	1%	0%	1%	2%	-
Net: Applied	5%	8%	4%	3%	7%	7%	7%	6%	3%	2%	-



Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

VTU_NEW2. And which of the following best describes why you have not applied for this support within the last three months? Please select only one answer.

	Unweighted base	NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other
	308		112	182	14	827	373	202	252	108	65	23
Base: Those who did not get support	273		98	162	13	781	354	187	240	132	93	24
I was not aware of this support	41%	45%	38%	62%	42%	44%	43%	40%	38%	38%	57%	28%
I was not aware of this support - and do not feel I would have needed it	18%	20%	19%	-	13%	15%	7%	14%	25%	25%	24%	16%
I was aware of this support but do not feel I need it	19%	19%	20%	-	20%	19%	20%	21%	21%	21%	7%	22%
I was aware of this support but don't know how to apply for it	5%	5%	5%	10%	8%	6%	8%	9%	9%	3%	1%	10%
I was aware of this support but found the application too time consuming	0%	-	1%	-	1%	1%	2%	0%	0%	2%	1%	-
I was aware of this support but found the application too difficult to complete	2%	2%	3%	-	3%	2%	3%	3%	3%	1%	4%	7%
I have previously applied for support and not been successful	2%	1%	2%	7%	4%	4%	5%	4%	4%	-	4%	-
Other	7%	3%	9%	-	6%	6%	6%	6%	6%	4%	-	8%
Don't know	4%	4%	3%	22%	3%	2%	5%	3%	3%	6%	2%	9%
Prefer not to say	1%	1%	1%	-	1%	1%	0%	1%	1%	1%	-	-

Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

VTU_Q2a. How many children under the age of 17 live with you?

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
None	37%	58%	26%	24%	55%	56%	56%	55%	80%	84%	71%
1	26%	18%	32%	23%	24%	24%	22%	26%	15%	11%	10%
2	28%	17%	32%	48%	15%	15%	16%	14%	4%	3%	16%
3	6%	3%	8%	5%	4%	5%	5%	3%	1%	2%	4%
4	2%	4%	1%	-	1%	1%	0%	2%	-	-	-
5	0%	-	1%	-	0%	0%	1%	0%	-	-	-
6 or more	-	-	-	-	0%	-	-	0%	-	-	-

Do you own or rent the home in which you live?											
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other	

VTU_Q3a. What is the age of the child that live with you?

Unweighted base	116	29	81	6	291	133	60	98	22	10	3
Base: All UK Adults with children	113	29	76	8	298	134	64	100	27	16	3
Less than one year old	4%	-	6%	-	1%	-	2%	3%	4%	7%	-
1-5 years old	21%	11%	24%	30%	22%	21%	25%	21%	48%	31%	-
6-11 years old	28%	28%	28%	28%	33%	37%	28%	30%	27%	18%	26%
12-13 years old	13%	12%	15%	-	16%	17%	15%	17%	7%	-	-
14-16 years old	34%	48%	27%	42%	28%	25%	30%	30%	15%	44%	74%

VTU_Q3b. What is the age of the children that live with you?

Unweighted base	152	38	100	14	266	125	66	75	6	6	6
Base: All UK Adults with children	156	37	101	17	257	117	66	74	9	7	6
Less than one year old	3%	3%	4%	-	7%	8%	2%	11%	29%	26%	-
1-5 years old	42%	56%	42%	12%	45%	48%	32%	52%	57%	16%	38%
6-11 years old	67%	73%	64%	76%	68%	64%	74%	69%	26%	100%	70%
12-13 years old	36%	24%	40%	39%	30%	31%	26%	31%	43%	23%	40%
14-16 years old	34%	38%	31%	40%	36%	33%	46%	31%	28%	35%	32%



Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

VTU_Q3. How many adults aged 17 or over live with you as part of your household?

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
No other adults	45%	47%	44%	47%	64%	64%	62%	67%	8%	15%	74%
1 other adult	34%	32%	38%	18%	23%	23%	23%	24%	26%	25%	18%
2 other adults	12%	17%	10%	12%	9%	8%	10%	8%	38%	32%	8%
3 other adults	5%	3%	5%	24%	2%	2%	3%	1%	21%	17%	-
4 other adults	2%	1%	4%	-	1%	2%	1%	0%	5%	6%	-
5 or more other adults	0%	1%	0%	-	1%	1%	1%	0%	3%	5%	-

Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

VTU_Q6. Which ONE of the following best describes where you are living at the moment?

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
A flat, room or house rented by me (or partner) from a private landlord	6%	11%	3%	10%	40%	86%	2%	3%	4%	4%	16%
A flat, room or house rented by me (or partner) from a local council, housing association or housing co-operative	7%	2%	7%	25%	50%	4%	89%	88%	6%	3%	26%
A temporary flat or house provided by the local council	-	-	-	-	3%	2%	3%	3%	-	-	4%
Other statutory accommodation (e.g. supported accommodation or NASS accommodation)	-	-	-	-	1%	1%	-	1%	1%	-	-
A flat or house owned by me or my partner (with a mortgage or owned outright)	75%	74%	80%	48%	1%	1%	1%	0%	1%	2%	7%
I live permanently with my parents, other family members or friends	4%	5%	4%	-	2%	2%	2%	2%	70%	67%	3%
I am staying with my parents, other family members or friends but this is a temporary or insecure arrangement	1%	1%	1%	-	1%	2%	1%	1%	15%	16%	3%
A hotel, hostel, refuge, B&B or night shelter	1%	1%	0%	-	-	-	-	-	-	5%	-
Sleeping rough/ living on the streets	0%	-	0%	-	-	-	-	-	-	-	-
Other	6%	6%	5%	15%	1%	1%	1%	1%	3%	-	37%
Prefer not to say	0%	0%	-	1%	0%	0%	1%	1%	1%	2%	4%



Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

VTU_NEW9a. At any point in the last 12 months have you considered yourself to be at risk of homelessness? For example, if you were being evicted from your rental property, asked to leave a friend's or relative's home, left prison, or left care.

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
Yes	17%	11%	18%	34%	17%	24%	12%	12%	18%	21%	35%
No	80%	88%	78%	60%	79%	72%	84%	85%	76%	72%	56%
Don't know	2%	0%	2%	6%	3%	3%	3%	3%	4%	4%	-
Prefer not to say	1%	1%	2%	-	1%	1%	1%	1%	1%	3%	9%



Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

VTU_NEW9b. You said you have been at risk of becoming homeless in the last 12 months. As a result did you receive any support from your local authority?

Unweighted base	57	16	35	6	210	132	34	44	25	21	11
Base: All UK Adults who are at risk of becoming homeless	72	18	43	11	213	133	35	45	32	30	11
Yes, I did	44%	62%	27%	80%	26%	23%	48%	16%	12%	34%	38%
No, I did not	51%	34%	67%	20%	71%	75%	46%	81%	88%	66%	57%
Don't know	1%	-	2%	-	2%	1%	3%	2%	-	-	6%
Prefer not to say	3%	4%	4%	-	1%	1%	3%	-	-	-	-



Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

VTU_Q10. Which ONE of the following best describes you?

	Unweighted base	NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other
Base: All adults currently claiming universal credit	454	429	173	239	29	1298	586	313	399	150	103	30
Full time employee (30 hours a week or more)	21%	20%	20%	22%	24%	15%	20%	9%	11%	8%	6%	13%
Part-time employee (less than 30 hours a week)	24%	13%	13%	31%	32%	18%	19%	16%	17%	11%	5%	3%
Self-employed or freelance	8%	10%	10%	7%	3%	4%	7%	1%	2%	5%	7%	9%
On maternity or paternity leave	1%	1%	1%	1%	-	1%	1%	-	1%	1%	1%	-
Retired (whether receiving pension or not)	0%	0%	0%	0%	-	1%	1%	1%	1%	-	-	-
In full time education or training	3%	2%	2%	4%	-	1%	2%	2%	1%	1%	6%	-
Looking after home or family	6%	5%	5%	7%	2%	7%	5%	8%	9%	5%	3%	4%
Signed off sick (short-term or temporarily)	2%	2%	2%	1%	7%	2%	3%	2%	1%	1%	1%	9%
Long-term sick or disabled	22%	27%	27%	20%	14%	31%	23%	40%	36%	40%	25%	35%
Unemployed and looking for work	9%	15%	15%	5%	8%	12%	13%	12%	9%	19%	38%	18%
Unemployed and not looking for work	2%	3%	3%	1%	6%	5%	4%	5%	7%	6%	8%	3%
Other	1%	2%	2%	0%	3%	3%	2%	4%	4%	1%	-	-
Prefer not to say	0%	-	-	0%	-	0%	0%	0%	1%	1%	1%	6%



Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

VTU_Q12. Apart from you, are there any other adult members of your household...(Please select all that apply)

Unweighted base	247	94	141	12	487	219	124	144	138	87	8
Base: All UK adults who are living with any other adults (aged 17+)	236	84	134	17	444	205	111	128	168	120	8
Working full-time as an employee	39%	46%	35%	40%	36%	46%	28%	26%	46%	42%	56%
Working part-time as an employee	22%	18%	21%	50%	21%	20%	21%	23%	21%	10%	12%
Self-employed or freelance	14%	10%	14%	27%	8%	12%	4%	6%	11%	14%	-
No other adults in household are working	31%	33%	34%	3%	38%	28%	46%	46%	30%	40%	10%
Prefer not to say	2%	1%	3%	6%	4%	3%	4%	5%	6%	4%	22%
Net: Employed	57%	57%	53%	83%	54%	63%	47%	46%	58%	46%	68%
Net: Working	67%	66%	64%	91%	59%	69%	50%	49%	63%	55%	68%



Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

VTU_Q64. You previously mentioned that you are not working at the moment. Which, if any, of the following reasons best describe why you are not working at the moment. Please select all that apply.

	Unweighted base	192	89	91	12	720	265	206	249	104	74	19
Base: Adults who are unemployed, looking after family, long term sick, other		174	82	81	11	727	269	203	255	131	106	19
I have a health condition (physical or mental) that means that I cannot work	57%	57%	60%	37%	57%	54%	60%	58%	56%	46%	57%	
I would like to work, but it is difficult to find work which allows me to manage my health condition	21%	30%	13%	19%	26%	25%	27%	26%	38%	24%	19%	
I have caring responsibilities that means that I cannot work	16%	11%	21%	11%	15%	14%	14%	16%	13%	5%	4%	
I would like to work, but it is difficult to find work which allows me to manage my caring responsibilities	11%	14%	9%	-	8%	6%	8%	9%	5%	2%	4%	
Lack of affordable or available childcare means I cannot work	5%	3%	7%	-	6%	5%	6%	6%	3%	-	4%	
Lack of affordable or available care for the person who, for health reasons, I provide unpaid care for means I cannot work	6%	5%	7%	14%	2%	2%	2%	3%	3%	2%	4%	
I don't want to lose my benefits	3%	3%	2%	6%	4%	4%	3%	6%	4%	6%	-	
I have tried to find work but haven't been successful	16%	22%	9%	25%	16%	23%	11%	12%	22%	31%	35%	
I can't find work close enough to where I live / where I can travel to	8%	13%	3%	-	6%	8%	2%	7%	9%	13%	10%	
I am looking for a specific type of role or job that I haven't found or hasn't been available	7%	11%	4%	6%	6%	7%	5%	6%	14%	7%	-	
I only want to work specific hours and haven't found a suitable job	4%	7%	1%	6%	5%	6%	3%	5%	4%	3%	3%	
I don't have a permanent place to live	3%	5%	1%	-	1%	2%	1%	1%	5%	6%	6%	
I don't have sufficient access to the internet	-	-	-	-	1%	1%	1%	0%	-	2%	-	
I am waiting to hear back from jobs that I have applied for	12%	17%	6%	25%	9%	15%	6%	6%	13%	23%	16%	
I want some time out of trying to find work	2%	4%	-	-	2%	1%	1%	3%	1%	4%	9%	
I don't have the right skills or qualifications to find work	4%	9%	-	-	7%	9%	4%	8%	9%	10%	16%	
Other	9%	10%	8%	5%	8%	9%	7%	6%	11%	8%	16%	
Not applicable – there is no particular reason that I am not working	1%	2%	-	-	0%	0%	0%	-	-	-	-	
Don't know	-	-	-	-	1%	0%	1%	1%	-	1%	-	
Prefer not to say	4%	3%	3%	14%	1%	1%	0%	1%	-	1%	-	
Net: Any		95%	95%	97%	86%	98%	98%	99%	98%	100%	98%	100%



Do you own or rent the home in which you live?											
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other	

For each of the following questions please give an answer on a scale of 1 to 10, where 1 is "not at all satisfied" and 10 is "completely satisfied" please remember that there are no right or wrong answers.

VTU_QNEW5a_1. Overall, how satisfied are you with your life nowadays?

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
1 - Not at all satisfied [1]	11%	12%	10%	15%	16%	14%	21%	16%	13%	17%	32%
2 [2]	5%	6%	5%	2%	7%	8%	5%	7%	9%	13%	6%
3 [3]	11%	12%	11%	10%	15%	14%	16%	17%	14%	8%	12%
4 [4]	11%	12%	10%	6%	13%	13%	11%	16%	17%	15%	17%
5 [5]	14%	16%	13%	17%	15%	12%	19%	14%	14%	16%	9%
6 [6]	9%	9%	9%	14%	12%	14%	9%	11%	15%	12%	19%
7 [7]	17%	14%	20%	5%	11%	13%	10%	9%	6%	5%	5%
8 [8]	8%	8%	9%	3%	7%	9%	5%	6%	8%	7%	-
9 [9]	4%	4%	5%	3%	2%	2%	1%	3%	1%	1%	-
10 - Completely satisfied [10]	9%	7%	9%	23%	2%	2%	3%	1%	1%	4%	-
Prefer not to say	0%	-	-	1%	0%	-	-	0%	2%	1%	-
Net: Not Satisfied	38%	42%	36%	33%	52%	48%	53%	56%	53%	53%	67%
Net: Satisfied	48%	42%	52%	49%	34%	40%	28%	29%	31%	29%	24%
Mean	5.38	5.08	5.54	5.71	4.42	4.67	4.16	4.26	4.34	4.30	3.43

Do you own or rent the home in which you live?											
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other	

For each of the following questions please give an answer on a scale of 1 to 10, where 1 is "not at all worthwhile" and 10 is "completely worthwhile" please remember that there are no right or wrong answers.

VTU_NEW5b_1. Overall, to what extent do you feel that the things you do in your life are worthwhile?

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
1 - Not at all worthwhile [1]	8%	10%	7%	7%	13%	11%	17%	14%	9%	14%	16%
2 [2]	6%	8%	4%	8%	8%	7%	9%	7%	12%	11%	23%
3 [3]	7%	6%	8%	4%	13%	11%	13%	16%	15%	11%	11%
4 [4]	10%	12%	8%	10%	12%	12%	9%	14%	11%	13%	6%
5 [5]	10%	9%	10%	21%	16%	16%	16%	15%	16%	14%	19%
6 [6]	10%	11%	10%	5%	9%	8%	11%	10%	10%	19%	7%
7 [7]	16%	15%	18%	6%	12%	14%	9%	11%	10%	5%	7%
8 [8]	14%	14%	15%	10%	10%	12%	8%	7%	12%	7%	8%
9 [9]	6%	5%	7%	5%	2%	3%	1%	3%	1%	3%	-
10 - Completely worthwhile [10]	12%	8%	13%	23%	5%	6%	6%	3%	3%	3%	4%
Prefer not to say	1%	1%	0%	1%	0%	0%	0%	0%	1%	1%	-
Net: Not worthwhile	31%	37%	28%	29%	46%	41%	48%	51%	47%	49%	56%
Net: Worthwhile	58%	53%	63%	48%	38%	43%	36%	33%	35%	36%	25%
Mean	5.93	5.52	6.18	6.11	4.84	5.15	4.60	4.57	4.70	4.51	4.02

Do you own or rent the home in which you live?											
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other	

For each of the following questions please give an answer on a scale of 1 to 10, where 1 is "not at all happy" and 10 is "completely happy" please remember that there are no right or wrong answers.

VTU_NEW5c_1. Overall, how happy did you feel yesterday

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
1 - Not at all happy [1]	10%	12%	10%	3%	13%	11%	20%	12%	10%	15%	8%
2 [2]	6%	5%	6%	13%	8%	7%	6%	11%	9%	11%	17%
3 [3]	8%	6%	8%	13%	11%	10%	12%	10%	12%	11%	13%
4 [4]	9%	11%	8%	-	12%	11%	11%	14%	14%	10%	16%
5 [5]	13%	15%	12%	19%	17%	17%	18%	15%	13%	16%	21%
6 [6]	9%	10%	9%	11%	10%	12%	7%	11%	13%	10%	9%
7 [7]	15%	15%	16%	10%	13%	13%	12%	14%	12%	10%	7%
8 [8]	12%	11%	13%	6%	8%	10%	7%	7%	6%	7%	6%
9 [9]	6%	7%	6%	2%	4%	5%	3%	4%	6%	4%	3%
10 - Completely happy [10]	12%	9%	12%	23%	4%	4%	6%	3%	3%	3%	-
Prefer not to say	0%	0%	0%	1%	0%	-	-	0%	1%	1%	-
Net: Not happy	32%	34%	32%	29%	44%	40%	48%	46%	45%	48%	54%
Net: Happy	54%	51%	56%	51%	40%	43%	34%	38%	42%	35%	25%
Mean	5.75	5.58	5.84	5.97	4.86	5.09	4.58	4.74	4.96	4.58	4.27

Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

VTU_NEW5d. On a scale of 1 to 10, where 1 is "Not at all anxious" and 10 is "completely anxious", overall, how anxious did you feel yesterday?

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
1 - Not at all anxious [1]	7%	6%	8%	5%	7%	7%	8%	7%	5%	8%	7%
2 [2]	8%	8%	9%	3%	5%	5%	6%	5%	10%	2%	7%
3 [3]	8%	4%	11%	5%	7%	9%	5%	6%	9%	9%	12%
4 [4]	7%	8%	8%	3%	8%	8%	6%	9%	7%	3%	11%
5 [5]	10%	13%	9%	9%	10%	10%	11%	10%	12%	12%	8%
6 [6]	10%	12%	8%	8%	10%	11%	8%	10%	15%	13%	10%
7 [7]	14%	18%	12%	11%	17%	18%	15%	16%	16%	18%	15%
8 [8]	15%	14%	15%	20%	15%	14%	16%	15%	10%	11%	8%
9 [9]	4%	4%	5%	-	8%	8%	9%	6%	6%	12%	3%
10 - Completely anxious [10]	16%	14%	15%	35%	12%	10%	16%	14%	9%	11%	19%
Prefer not to say	0%	-	0%	1%	0%	-	0%	1%	1%	1%	-
Net: Not anxious	31%	27%	35%	16%	28%	29%	25%	28%	30%	23%	38%
Net: Anxious	59%	61%	55%	73%	62%	61%	64%	61%	57%	65%	55%
Mean	6.02	6.04	5.85	7.23	6.15	6.04	6.36	6.14	5.77	6.25	5.85

Do you own or rent the home in which you live?											
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other	

VTU_Q55. Not counting the people you live with, how often, if at all, do you have contact with your relatives, friends or neighbours? This could be in person, by phone, letter, email or through the internet.

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
On most days	47%	46%	49%	31%	42%	45%	40%	39%	44%	30%	45%
Once or twice a week	36%	32%	36%	50%	34%	35%	31%	34%	30%	36%	30%
Once or twice a month	8%	10%	7%	5%	11%	11%	11%	10%	14%	16%	9%
Less often than once a month	7%	7%	5%	12%	10%	6%	12%	13%	7%	9%	9%
Never	3%	4%	2%	1%	4%	3%	6%	3%	2%	4%	3%
Don't know	1%	1%	1%	-	1%	1%	0%	1%	3%	5%	4%
Net: At least once a week	82%	78%	85%	81%	75%	79%	71%	73%	74%	66%	75%
Net: Once a month or less often	14%	17%	12%	17%	21%	18%	23%	23%	21%	25%	18%

VTU_NEW7. How often do you feel lonely?

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
Always/ often	14%	17%	13%	8%	27%	23%	33%	31%	29%	28%	27%
Some of the time	35%	33%	34%	55%	32%	32%	29%	34%	42%	41%	23%
Occasionally	29%	31%	31%	14%	27%	30%	23%	25%	16%	21%	29%
Never	20%	19%	21%	23%	14%	15%	15%	10%	13%	10%	19%
Prefer not to say	1%	1%	1%	-	1%	1%	0%	0%	1%	1%	2%



Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

disability_NEW_a. Do you have any physical or mental health conditions or illnesses lasting or expected to last 12 months or more?

Unweighted base	447	170	248	29	1281	574	313	394	147	102	30
Base: All	421	154	235	33	1227	552	294	380	177	142	31
Yes, a physical disability	16%	25%	12%	4%	21%	14%	30%	25%	25%	19%	16%
Yes, a long-term physical condition or illness	31%	36%	30%	22%	31%	24%	39%	35%	36%	28%	33%
Yes, a mental health condition (including stress, depression or anxiety)	36%	42%	33%	24%	57%	53%	62%	58%	64%	58%	59%
Yes, a learning disability or learning difficulty	4%	6%	3%	2%	7%	6%	5%	8%	19%	18%	9%
None of the above	40%	29%	45%	53%	23%	30%	18%	17%	15%	19%	17%
Don't know	2%	1%	2%	4%	3%	3%	1%	4%	1%	4%	3%
Prefer not to say	2%	-	2%	13%	2%	2%	2%	2%	1%	4%	-
Net: Any disability	56%	69%	51%	30%	72%	65%	79%	78%	82%	73%	80%

disability_NEW_b. Do any of your conditions or illnesses reduce your ability to carry out day to day activities?

Unweighted base	263	119	132	12	900	363	235	302	117	74	24
Base: Those with a disability, mental health condition or long term health issue	233	105	119	10	859	348	222	289	139	100	25
Yes, a lot	50%	48%	50%	61%	52%	47%	59%	53%	59%	59%	53%
Yes, a little	42%	47%	37%	39%	42%	45%	37%	41%	32%	36%	42%
Not at all	9%	5%	12%	-	6%	8%	5%	6%	9%	6%	5%
Net: Yes	91%	95%	88%	100%	94%	92%	95%	94%	91%	94%	95%



Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

VTU_Q15a. Does anyone else in your household have any physical or mental health conditions lasting or expected to last 12 months or more?

Unweighted base	359	121	216	22	805	367	193	245	142	90	13
Base: All adults currently claiming Universal Credit who don't live alone	345	112	207	26	785	357	188	240	172	125	13
Yes, but it doesn't reduce their ability to carry out day to day activities	11%	20%	8%	4%	11%	11%	17%	6%	20%	14%	43%
Yes, and it does reduce their ability to carry out day to day activities	34%	33%	34%	41%	36%	28%	36%	47%	37%	38%	23%
No, no one else in my household has any health conditions	51%	47%	55%	42%	48%	54%	44%	41%	28%	34%	34%
Don't know	1%	1%	0%	5%	4%	5%	1%	3%	12%	10%	-
Prefer not to say	3%	2%	3%	7%	2%	2%	2%	3%	6%	5%	-
Net: Yes	45%	50%	42%	45%	46%	39%	52%	53%	53%	51%	66%

VTU_Q16. Your Universal Credit payments can include additional amounts to help with different costs. Does your household receive any of the following on top of the standard basic payment (Standard Allowance)? Please select all that apply.

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All adults currently claiming Universal Credit	429	158	239	33	1246	566	294	386	182	143	31
Extra money to help with your housing costs (paid to yourself or directly to your landlord)	12%	15%	9%	22%	37%	35%	34%	41%	7%	7%	10%
Extra money for caring for someone	16%	14%	15%	31%	10%	8%	11%	12%	10%	7%	3%
Extra money if someone you live with is disabled	11%	11%	11%	4%	8%	7%	8%	9%	1%	2%	12%
Extra money for children living at home, excluding childcare costs	27%	21%	31%	29%	20%	21%	17%	22%	5%	9%	5%
Extra money for childcare	14%	8%	16%	31%	5%	6%	3%	4%	4%	-	-
Extra money because you have a disability or health condition, which limits your capability to work	21%	25%	18%	21%	27%	22%	30%	32%	31%	26%	17%
None of the above	31%	32%	32%	22%	29%	31%	33%	24%	38%	42%	45%
I don't know what the Universal Credit payment covers	9%	12%	8%	2%	8%	9%	9%	7%	13%	16%	17%
Prefer not to say	1%	1%	1%	3%	2%	1%	1%	2%	3%	4%	4%
Net: Any extra money	59%	55%	60%	72%	61%	58%	58%	67%	46%	38%	34%

Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

VTU_Q17. How long have you currently been claiming Universal Credit for?

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All adults currently claiming Universal Credit	429	158	239	33	1246	566	294	386	182	143	31
Under 3 months	4%	5%	3%	4%	2%	3%	2%	1%	3%	5%	-
3 to 6 months	20%	19%	22%	19%	7%	8%	6%	7%	3%	16%	12%
7 to 12 months	22%	22%	22%	28%	11%	14%	8%	10%	17%	17%	22%
More than 12 months	52%	54%	52%	45%	77%	73%	82%	80%	73%	60%	66%
Don't know	0%	1%	0%	-	1%	1%	1%	1%	1%	1%	-
Prefer not to say	1%	0%	1%	3%	1%	1%	1%	1%	2%	1%	-

VTU_Q18. Which of the following statements about the benefit(s) you receive to support you with your housing costs best describes the situation of the household?

Unweighted base	26	13	8	5	669	271	169	229	7	5	9
Base: All UK Adults who rent and claim Housing Benefit/ LHA or who have UC payment to support housing costs	37	15	17	5	642	253	161	227	8	5	9
The benefit I/we receive covers all of our rent	59%	66%	50%	69%	53%	37%	60%	65%	61%	42%	54%
The benefit I/we receive does not cover all of our rent	41%	34%	50%	31%	46%	62%	39%	32%	39%	35%	24%
Don't know	-	-	-	-	1%	0%	2%	2%	-	-	22%
Prefer not to say	-	-	-	-	1%	1%	-	1%	-	23%	-

Do you own or rent the home in which you live?											
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other	

VTU_Q19. What impact, if any does the shortfall between the benefit(s) you receive to support you with your housing costs and your rent have on your ability to afford day-to-day costs?

Unweighted base	11	5	4	2	320	172	71	77	3	2	3
Base: All UK Adults whose UC, Housing Benefit or LHA does not cover all of rent	15	5	8	2	293	158	62	73	3	2	2
A great deal	61%	32%	89%	-	31%	31%	24%	37%	35%	100%	-
A fair amount	33%	68%	-	100%	37%	32%	54%	31%	-	-	60%
Just a little	6%	-	11%	-	22%	24%	15%	24%	29%	-	40%
Makes no difference	-	-	-	-	7%	9%	4%	4%	36%	-	-
Don't know	-	-	-	-	4%	4%	2%	5%	-	-	-
Prefer not to say	-	-	-	-	-	-	-	-	-	-	-

VTU_Q20b. Are you currently having your benefit award reduced because you are considered to have a spare bedroom, i.e. the 'bedroom tax' or under occupancy charge?

Unweighted base	17	3	8	6	640	21	272	347	9	4	6
Base: All UK Social renters	28	3	17	8	611	23	254	334	11	4	7
Yes - but I am claiming a Discretionary Housing Payment This is an extra payment that provides financial support to help with rent or housing costs) from my local authority to cover it	68%	81%	79%	40%	4%	-	6%	3%	-	-	12%
Yes – and I am not claiming a Discretionary Housing Payment from my local authority to cover it	10%	-	11%	11%	14%	-	16%	13%	-	-	24%
No	22%	19%	10%	49%	75%	69%	72%	79%	87%	70%	41%
Don't know	-	-	-	-	6%	31%	6%	4%	13%	30%	23%
Prefer not to say	-	-	-	-	1%	-	0%	1%	-	-	-
Net: Yes	78%	81%	90%	51%	18%	-	22%	16%	-	-	36%

Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

VTU_Q21. Is part of your or your partner's benefit income (including tax credits) currently being deducted in order to pay a benefit advance, benefit overpayments, loans from the Department for Work and Pensions or other debts and fines?

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults who have income from any benefits	429	158	239	33	1246	566	294	386	182	143	31
Yes, it is	28%	31%	25%	41%	31%	29%	33%	32%	8%	9%	24%
No, it isn't	62%	60%	67%	35%	60%	63%	59%	57%	71%	68%	52%
Don't know	8%	8%	7%	19%	7%	6%	6%	8%	18%	17%	11%
Prefer not to say	2%	2%	2%	5%	2%	2%	2%	2%	3%	6%	12%

Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

VTU_Q22. For which of the following reasons is part of your or your partner's benefit income being deducted?
Please select all that apply

	Unweighted base	113	51	53	9	385	158	102	125	12	8	7
Base: All UK Adults who have benefit deductions		122	49	59	13	386	165	96	124	14	13	8
To repay an advance payment taken to cover the five-week wait for Universal Credit	36%	40%	31%	39%	30%	29%	25%	34%	22%	55%	29%	
To repay an advance payment taken to cover a specific expense (a budgeting advance)	23%	26%	15%	45%	40%	39%	37%	43%	72%	8%	44%	
To repay an advance payment taken on because of a change in circumstances	28%	28%	23%	49%	5%	8%	1%	3%	6%	20%	-	
To repay previous benefit overpayments (e.g. from the DWP, HMRC, or the Council)	49%	54%	53%	15%	39%	34%	40%	45%	16%	34%	12%	
To repay a Hardship Payment from the DWP	5%	12%	1%	-	4%	6%	1%	3%	10%	-	-	
To repay a court fine/ fines	15%	11%	16%	25%	6%	7%	5%	4%	-	-	19%	
To repay council tax arrears	8%	8%	3%	31%	10%	6%	16%	10%	-	11%	25%	
Because of deductions from third parties (e.g. to repay arrears on rent or energy bills)	2%	5%	1%	-	8%	4%	13%	9%	-	-	-	
Other debts and fines	4%	4%	6%	-	6%	9%	6%	3%	7%	-	-	
Don't know	3%	4%	3%	-	3%	1%	5%	2%	-	-	-	
Prefer not to say	1%	2%	-	-	1%	2%	1%	1%	-	-	-	

Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

VTU_Q26. Which ONE of the following statements best describes how well you are keeping up with your bills and credit commitments at the moment?

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
I am keeping up with all bills and credit commitments without any difficulty	22%	28%	19%	19%	12%	14%	9%	12%	27%	21%	19%
I am keeping up with all bills and credit commitments but it is a struggle from time to time	34%	31%	36%	38%	31%	33%	29%	30%	32%	23%	27%
I am keeping up with all bills and credit commitments but it is a constant struggle	29%	26%	29%	38%	33%	31%	34%	34%	14%	18%	25%
I am having real financial problems and have fallen behind with many bills or credit commitments	13%	13%	14%	2%	22%	19%	27%	21%	8%	10%	13%
I don't have any bills or credit commitments	0%	-	1%	-	1%	1%	0%	-	10%	20%	3%
Don't know	1%	-	1%	-	1%	1%	1%	0%	4%	4%	-
Prefer not to say	1%	2%	1%	3%	1%	1%	0%	2%	6%	4%	13%
Net: Managing to keep up with bills	85%	85%	84%	95%	76%	78%	72%	77%	72%	62%	71%
Net: Struggling	63%	57%	65%	77%	64%	64%	63%	65%	46%	41%	52%

VTU_Q27. You've said that you're finding it a struggle to keep up with your bills or credit commitment at the moment or from time to time. How long have you been managing like this?

Unweighted base	349	124	202	23	1119	491	281	347	84	56	21
Base: All UK Adults who struggle to keep up with bills or credit commitment	325	112	188	26	1064	469	264	332	97	72	20
For the last three months	7%	5%	7%	16%	6%	5%	8%	6%	10%	8%	6%
For the last six months	21%	12%	24%	40%	13%	14%	9%	13%	17%	16%	10%
For the last 12 months	24%	22%	26%	21%	22%	24%	19%	22%	19%	29%	22%
For the last 2-3 years	22%	24%	22%	10%	23%	23%	27%	22%	19%	13%	19%
For the last 3-5 years	10%	10%	10%	6%	12%	13%	13%	11%	9%	15%	21%
For longer than 5 years but not always	5%	9%	4%	-	8%	8%	8%	8%	9%	5%	9%
For as long as I can remember	8%	14%	5%	6%	12%	9%	13%	15%	9%	6%	9%
Don't know	2%	2%	2%	-	3%	3%	2%	3%	7%	6%	5%
Prefer not to say	1%	1%	0%	2%	1%	1%	1%	1%	1%	2%	-



Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

VTU_60_2. Over the last three months, have you ever experienced any of the following? Please select one option on each row - My financial situation impacting my ability to find or go to work

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
Yes, I have	22%	24%	18%	40%	24%	24%	23%	24%	17%	25%	26%
No, I haven't	65%	61%	69%	49%	58%	61%	58%	55%	65%	45%	52%
Don't know/can't remember	7%	8%	6%	8%	10%	9%	11%	12%	11%	21%	15%
Prefer not to say	6%	7%	7%	3%	8%	7%	8%	9%	6%	8%	7%

Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

VTU_Q28. Are you and/ or your partner currently behind with any of the following household bills? Please select all that apply

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
Council tax	9%	10%	7%	26%	19%	19%	18%	21%	2%	4%	11%
Council tax, including water and sewage	1%	-	1%	-	2%	2%	4%	2%	1%	1%	-
Your Domestic Rates	0%	-	0%	-	-	-	-	-	-	-	-
Gas or electricity	19%	18%	18%	26%	22%	19%	28%	22%	3%	7%	8%
Water and sewage	8%	13%	5%	7%	17%	13%	19%	20%	1%	4%	-
Telephone/mobile phone/broadband	7%	6%	7%	10%	9%	8%	11%	8%	6%	5%	6%
TV licence	10%	11%	7%	23%	6%	6%	8%	6%	1%	1%	-
Rent or mortgage costs	9%	4%	9%	32%	13%	7%	18%	16%	4%	2%	10%
School Meal Payments	-	-	-	-	0%	0%	0%	-	-	-	-
Other arrears	9%	8%	10%	4%	11%	8%	15%	11%	5%	7%	22%
Not applicable - I am/ we are up-to-date with all payments	64%	65%	66%	50%	50%	56%	42%	47%	66%	76%	53%
Don't know	0%	-	1%	-	2%	2%	2%	3%	16%	2%	6%
Prefer not to say	3%	5%	2%	3%	2%	3%	2%	2%	2%	6%	4%
Net: Any who are behind on bills	32%	30%	31%	47%	46%	40%	53%	48%	16%	16%	37%

Do you own or rent the home in which you live?											
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other	

VTU_Q61. Many people use different sources of money to tide them over. Which, if any, of the following sources have you or your partner currently borrowed money or got credit from that you will need to repay? Please select all that apply. If you have not borrowed any money please select the not applicable option.

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
Friend or family	30%	25%	34%	32%	31%	31%	32%	32%	22%	19%	28%
Bank loan or Credit Union	8%	9%	9%	4%	8%	9%	7%	7%	3%	3%	-
Your personal overdraft	25%	19%	29%	32%	18%	19%	17%	17%	14%	14%	32%
Credit card	46%	38%	51%	51%	38%	40%	37%	35%	25%	25%	39%
Payday loans / doorstep lender / Money Shop	3%	4%	3%	-	5%	5%	8%	4%	2%	1%	-
Pawnbroker	3%	5%	1%	9%	3%	2%	5%	3%	1%	2%	-
Unlicensed lender (e.g. loan shark(s))	1%	1%	1%	-	2%	1%	3%	1%	-	-	-
Car finance	11%	8%	10%	32%	6%	6%	6%	5%	1%	2%	3%
Catalogues paid by instalment a form of credit debt, built up when you've purchased items from shopping catalogues	8%	6%	9%	10%	13%	9%	19%	14%	3%	4%	3%
"Buy Now Pay Later" online payments from providers such as Klarna, or Afterpay a form of short term financing that allows consumers to make purchases and pay for them over time.	21%	18%	23%	27%	26%	22%	25%	31%	18%	22%	33%
Hire purchase payments for appliances (e.g. fridge, washing machine, business equipment, etc.) is used to buy consumer goods, where the buyer makes an initial down payment and then pays in instalments.	8%	10%	7%	14%	5%	4%	6%	6%	1%	3%	-
Other	1%	1%	1%	5%	3%	2%	5%	2%	2%	3%	2%
Not applicable - We do not owe money to any lender	27%	38%	22%	18%	28%	29%	25%	29%	47%	49%	40%
Net: Any sources	73%	62%	78%	82%	72%	71%	75%	71%	53%	51%	60%

Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

VTU_Q62. Households are reporting an increase in their cost of living, including increases in food costs, utilities and household expenses. In the last six months (since February 2024), please select any of the following that apply to you or any of your household members. If none of the options apply, please select the 'Not applicable' option. I or someone in my household has...

	Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults		429	158	239	33	1246	566	294	386	182	143	31
not dressed appropriately for the weather because I/we cannot afford suitable clothes or shoes	11%	14%	9%	10%	20%	19%	20%	23%	14%	17%	13%	
not been able to replace or repair major electrical goods such as a refrigerator, TV or washing machine when it's been broken because I/we cannot afford it	25%	22%	27%	27%	30%	25%	37%	32%	15%	19%	27%	
gone without a shower or bath because I/we cannot afford it	12%	14%	11%	13%	20%	18%	21%	23%	5%	11%	8%	
gone without basic toiletries such as soap, shampoo, toothbrush, toothpaste or sanitary items because I/we cannot afford them	12%	10%	11%	24%	17%	15%	21%	18%	10%	12%	27%	
not been able to keep our home warm because I/we cannot afford it	27%	30%	25%	22%	34%	30%	37%	37%	16%	15%	19%	
visited a food bank	15%	13%	14%	33%	19%	14%	23%	23%	9%	6%	12%	
not been able to adequately furnish our home because I/we cannot afford it	21%	23%	19%	25%	27%	22%	29%	34%	16%	20%	33%	
not had essential dental treatment done because I/we cannot afford it	28%	24%	30%	31%	37%	35%	41%	37%	23%	18%	35%	
not gotten prescriptions because I/we cannot afford it	8%	7%	7%	16%	6%	6%	5%	6%	4%	7%	7%	
not made an essential journey because I/we could not afford it	16%	20%	12%	28%	25%	22%	26%	29%	16%	15%	22%	
not got pain relief or over the counter medication because I/we cannot afford it	10%	14%	9%	-	13%	11%	16%	15%	7%	9%	12%	
Not applicable – I have not experienced any of the issues listed in the last six months	32%	34%	33%	21%	25%	30%	22%	19%	39%	46%	23%	
Don't know	1%	2%	1%	-	2%	2%	2%	3%	5%	7%	7%	
Prefer not to say	3%	3%	4%	3%	2%	2%	1%	3%	4%	3%	-	
Net: Any	63%	61%	63%	76%	71%	66%	75%	76%	52%	44%	71%	



Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

VTU_QNEW7. We want to understand any particular pressure that families with children are facing. In the last six months (since February 2024), please select any of the following that apply to your child or children. If none of the options apply, please select the 'Not applicable' option. My child has/my children have...

	Unweighted base	268	67	181	20	557	258	126	173	28	16	9
Base: Those with children		269	66	178	25	555	251	130	174	36	23	9
not dressed appropriately for the weather because I/we cannot afford suitable clothes or shoes		9%	9%	10%	2%	12%	10%	13%	14%	-	21%	10%
gone without a shower or bath because I/we cannot afford it		6%	11%	2%	16%	6%	4%	7%	9%	3%	8%	-
gone without basic toiletries such as soap, shampoo, toothbrush, toothpaste or sanitary items because I/we cannot afford them		6%	7%	5%	16%	7%	6%	10%	6%	-	8%	-
not had essential dental treatment done because I/we cannot afford it		7%	8%	6%	15%	9%	5%	10%	13%	-	21%	24%
not got prescriptions because I/we cannot afford it		2%	1%	3%	-	2%	1%	3%	2%	-	-	-
not got pain relief or over the counter medication because I/we cannot afford it		4%	6%	4%	-	4%	2%	5%	7%	-	8%	-
not made an essential journey because I/we could not afford it		8%	8%	8%	6%	12%	10%	11%	15%	-	19%	10%
Not attended school / missed school because we could not afford it		2%	2%	0%	9%	5%	3%	7%	7%	-	5%	10%
Missed out training and / or extracurricular activities because we could not afford it		23%	23%	24%	20%	28%	23%	29%	34%	14%	33%	-
Not applicable – My child has / children have not experienced any of the issues listed in the last six months		58%	62%	61%	29%	56%	63%	49%	50%	74%	62%	66%
Don't know		1%	2%	0%	5%	2%	1%	4%	2%	5%	-	-
Prefer not to say		2%	4%	1%	4%	3%	2%	1%	4%	4%	-	-
Net: Any		39%	32%	38%	62%	40%	34%	46%	44%	17%	38%	34%

Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

These next questions are about the food eaten in your household, and whether you are able to afford the food you need. For the following statements, please tell us whether the statement was often true, sometimes true, or never true for you or your household in the last 30 days

VTU_Q30_1. // we worried whether our food would run out before I / we got money to buy more

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
Often true	15%	13%	16%	16%	24%	20%	27%	29%	9%	17%	19%
Sometimes true	36%	35%	34%	56%	42%	41%	44%	41%	29%	20%	38%
Never true	44%	47%	45%	22%	30%	35%	27%	25%	53%	49%	36%
Don't know	1%	2%	1%	1%	2%	2%	1%	2%	7%	12%	-
Prefer not to say	3%	3%	3%	4%	2%	3%	1%	2%	2%	2%	7%



Do you own or rent the home in which you live?											
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other	

VTU_Q30_2. The food that I / we bought just didn't last, and I / we didn't have money to get more

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
Often true	12%	13%	10%	29%	16%	12%	19%	19%	8%	15%	9%
Sometimes true	29%	27%	29%	41%	41%	38%	44%	42%	23%	14%	27%
Never true	54%	56%	56%	29%	40%	45%	34%	35%	59%	59%	52%
Don't know	2%	2%	3%	-	2%	2%	2%	3%	8%	11%	3%
Prefer not to say	3%	3%	3%	-	2%	3%	1%	2%	2%	2%	9%

VTU_Q30_3. I / we couldn't afford to eat balanced meals

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
Often true	19%	16%	19%	29%	26%	19%	31%	31%	12%	15%	21%
Sometimes true	34%	32%	31%	58%	40%	38%	43%	40%	30%	28%	27%
Never true	42%	47%	43%	11%	30%	37%	24%	25%	48%	46%	36%
Don't know	3%	3%	2%	2%	3%	4%	1%	3%	8%	8%	10%
Prefer not to say	2%	1%	3%	-	2%	2%	1%	2%	2%	3%	7%



Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

Thinking about the past thirty days, could you tell us to what extent, if at all, are the following statements true?
 VTU_Q63_1. I or members of my household cut down the size of meals or skip meals because there wasn't enough money for food

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
This is often true	18%	16%	17%	35%	21%	18%	23%	24%	11%	12%	12%
This is sometimes true	33%	33%	32%	38%	40%	37%	45%	40%	17%	21%	33%
This is never true	46%	46%	48%	26%	35%	41%	28%	31%	60%	53%	48%
Don't know	2%	4%	1%	2%	2%	2%	2%	2%	10%	12%	-
Prefer not to say	2%	1%	3%	-	2%	2%	1%	3%	2%	2%	7%

VTU_Q63_2. I or members of my household were hungry but did not have enough money for food

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
This is often true	12%	11%	9%	34%	12%	11%	13%	14%	5%	10%	18%
This is sometimes true	20%	17%	21%	28%	30%	25%	37%	33%	14%	19%	15%
This is never true	64%	66%	66%	38%	52%	58%	45%	48%	70%	61%	55%
Don't know	1%	2%	1%	-	3%	3%	3%	3%	9%	8%	2%
Prefer not to say	3%	3%	3%	-	3%	4%	2%	3%	2%	1%	10%

Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

VTU_Q38. For the following question, by "food bank", we mean organisations that are run by a charity or local community group, that provide emergency food to people in need. How often in the past 30 days, have you, or anyone else in your household, received a free food parcel from a food bank or other emergency food provider? (please select one option only)

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
Have not received one in the last 30 days	83%	87%	83%	66%	83%	85%	80%	81%	89%	90%	91%
Once	6%	4%	6%	6%	6%	4%	7%	8%	1%	3%	-
Two or three times	6%	6%	5%	20%	4%	4%	3%	3%	1%	2%	3%
Four to six times	1%	1%	1%	-	1%	1%	2%	2%	1%	-	-
More than six times	0%	-	0%	-	1%	0%	1%	0%	1%	-	-
Don't know	2%	1%	2%	2%	3%	2%	4%	2%	6%	2%	2%
Prefer not to say	2%	1%	3%	6%	3%	3%	4%	3%	1%	3%	4%



Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

Q55L_fparcel. In the last 12 months, how often, if ever, have you, or anyone else in your household, received a free parcel of food from a food bank or other emergency food provider? Please select one option only

Unweighted base	395	151	222	22	1091	507	255	329	135	94	27
Base: All who haven't used a food bank in the last 30 days	357	137	199	22	1031	480	237	314	162	129	28
Once in the last year	5%	6%	5%	-	8%	6%	10%	10%	2%	4%	13%
Two or three times in the last year	6%	7%	4%	15%	6%	5%	7%	6%	2%	4%	10%
Four to six times in the last year	1%	1%	0%	-	1%	1%	1%	1%	2%	2%	-
More than six times but not every month	1%	1%	1%	4%	1%	1%	-	1%	1%	-	-
Every month or more often	0%	1%	-	-	0%	0%	-	0%	-	-	-
Not applicable - I have never received a free parcel of food from a food bank or any other emergency food provider	87%	83%	90%	82%	81%	86%	80%	75%	90%	86%	77%
Don't know	0%	-	0%	-	2%	1%	-	5%	2%	3%	-
Prefer not to say	0%	1%	-	-	1%	0%	2%	1%	1%	1%	-

Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

Q55N_foodpantry. Some people buy food at a low cost for themselves and their households from places other than mainstream food shops or supermarkets, especially when they are finding it difficult to make ends meet. For instance, they might go to a food pantry or social supermarket where you can obtain a range of food items for a single low-cost payment or low-cost monthly membership fee. How often, if ever, have you obtained food from a place like this in the last 12 months? Please select one answer only.

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
Once in the last year	5%	5%	3%	15%	3%	3%	3%	5%	3%	4%	3%
Two or three times in the last year	9%	10%	8%	13%	6%	6%	5%	5%	2%	2%	3%
Four to six times in the last year	5%	3%	6%	10%	4%	4%	4%	4%	1%	1%	3%
More than six times but not every month	1%	1%	2%	-	3%	2%	4%	2%	1%	1%	-
Every month or more often	5%	5%	6%	2%	4%	3%	4%	5%	3%	2%	6%
Not applicable - I have never received food from a place like this	72%	73%	73%	57%	76%	77%	75%	74%	85%	81%	83%
Don't know	1%	2%	1%	-	3%	3%	3%	4%	5%	7%	2%
Prefer not to say	2%	3%	1%	3%	2%	2%	2%	2%	1%	3%	-

Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

VTU_Q39. In the last 12 months, have you personally experienced any of the following? Please select all that apply.

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
Being evicted from your home	2%	3%	2%	-	4%	5%	2%	3%	5%	7%	8%
One or more of your children becoming disabled or experiencing poor health	9%	10%	9%	13%	7%	6%	7%	8%	0%	-	6%
Separation or divorce	7%	5%	7%	19%	5%	4%	4%	5%	3%	7%	10%
Other household/relationship breakdown	8%	7%	8%	7%	6%	7%	5%	6%	9%	10%	9%
Becoming long-term sick or disabled	11%	14%	10%	8%	15%	15%	17%	14%	19%	12%	12%
Death of partner	1%	1%	1%	3%	1%	1%	1%	2%	-	-	-
Other bereavement	10%	9%	12%	2%	14%	13%	16%	13%	8%	22%	23%
Domestic violence or abuse	6%	9%	5%	2%	4%	4%	5%	4%	7%	7%	5%
Relationship with your parents/family breaking down	7%	9%	6%	6%	11%	11%	8%	14%	16%	14%	12%
Alcohol dependency	4%	7%	2%	-	5%	5%	6%	5%	3%	2%	-
Illicit drug dependency	0%	1%	-	-	2%	2%	2%	2%	5%	3%	10%
A problem with gambling	1%	1%	1%	10%	2%	2%	2%	1%	1%	3%	-
Getting into trouble with the police e.g. an arrest or a caution	2%	4%	1%	-	2%	2%	1%	3%	2%	2%	2%
Being discharged from prison	1%	2%	-	-	0%	1%	-	-	-	-	-
Problem with your right to work or live in the UK	1%	2%	-	-	0%	1%	-	-	1%	-	-
Debt/ bankruptcy	9%	10%	8%	12%	20%	18%	21%	22%	7%	15%	15%
Lost a job	10%	8%	9%	23%	10%	10%	7%	11%	15%	16%	10%
Any other challenging life experience not listed above	18%	19%	17%	16%	21%	20%	21%	23%	27%	27%	27%
None of these things	42%	37%	46%	33%	35%	35%	32%	36%	36%	38%	23%
Prefer not to say	3%	4%	1%	5%	4%	4%	3%	4%	2%	1%	9%
Net: Any	56%	58%	53%	62%	62%	61%	65%	60%	62%	61%	68%

Do you own or rent the home in which you live?											
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other	

Over the last three months, have you experienced any of the following? Please select one option on each row
 VTU_Q41_1. I have fallen into debt because I couldn't keep up with essential bills (e.g. rent or utilities)

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
Yes, I have	28%	26%	26%	41%	42%	36%	48%	46%	14%	20%	18%
No, I haven't	68%	70%	69%	55%	53%	60%	47%	49%	81%	73%	70%
Don't know/can't remember	1%	1%	2%	-	2%	2%	4%	2%	4%	4%	2%
Prefer not to say	3%	3%	3%	3%	3%	3%	1%	3%	2%	2%	11%

VTU_Q41_2. I have been unable to travel to work or essential appointments (e.g. GP, school run, dentists or hospital appointments) because I couldn't afford to use public transport or the fuel costs to get there

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
Yes, I have	16%	23%	10%	29%	26%	22%	31%	29%	16%	17%	14%
No, I haven't	78%	73%	86%	53%	68%	73%	63%	64%	79%	73%	68%
Don't know/can't remember	3%	2%	2%	15%	3%	3%	4%	3%	5%	6%	6%
Prefer not to say	2%	3%	2%	3%	2%	2%	3%	3%	1%	4%	12%



Do you own or rent the home in which you live?											
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other	

VTU_Q41_3. I have needed to skip meals to keep up with other essential costs (e.g. utilities or rent).

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
Yes, I have	31%	30%	33%	30%	43%	37%	51%	47%	16%	23%	25%
No, I haven't	64%	65%	63%	67%	51%	58%	43%	47%	78%	66%	62%
Don't know/can't remember	3%	3%	2%	-	3%	2%	5%	3%	3%	7%	-
Prefer not to say	2%	2%	2%	3%	3%	3%	1%	4%	3%	4%	12%

VTU_Q41_4. I have been unable to cook hot food because I couldn't afford to use the oven or other utilities.

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
Yes, I have	13%	16%	9%	31%	20%	15%	26%	22%	5%	10%	10%
No, I haven't	83%	81%	87%	63%	74%	80%	67%	72%	87%	82%	81%
Don't know/can't remember	3%	3%	3%	3%	4%	3%	5%	3%	7%	5%	-
Prefer not to say	1%	0%	2%	3%	2%	2%	1%	3%	1%	3%	9%

Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other

VTU_Q41_5. I have been unable to dress appropriately for the weather because I didn't have and wasn't able to afford suitable shoes or clothes.

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
Yes, I have	16%	17%	14%	27%	29%	25%	33%	32%	16%	21%	13%
No, I haven't	79%	77%	82%	67%	65%	70%	62%	61%	78%	72%	68%
Don't know/can't remember	2%	3%	3%	-	3%	2%	4%	3%	5%	5%	7%
Prefer not to say	3%	3%	1%	6%	3%	3%	1%	4%	1%	2%	12%

VTU_Q41_6. I have been unable to afford to heat my home when I needed to

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
Yes, I have	33%	36%	30%	44%	38%	35%	44%	39%	12%	17%	15%
No, I haven't	62%	61%	66%	45%	56%	60%	50%	55%	77%	72%	67%
Don't know/can't remember	3%	2%	3%	6%	4%	3%	5%	3%	7%	8%	9%
Prefer not to say	1%	1%	1%	5%	2%	2%	1%	3%	4%	2%	9%

VTU_Q41_7. I have been unable to dress my children appropriately for the weather because I didn't have and weren't able to afford suitable shoes or clothes.

Unweighted base	268	67	181	20	557	258	126	173	28	16	9
Base: Those with children	269	66	178	25	555	251	130	174	36	23	9
Yes, I have	12%	16%	7%	36%	16%	12%	18%	20%	3%	8%	-
No, I haven't	84%	80%	89%	60%	79%	84%	73%	77%	84%	81%	77%
Don't know/can't remember	2%	1%	3%	-	2%	2%	3%	-	13%	-	10%
Prefer not to say	1%	2%	1%	4%	3%	2%	5%	3%	-	11%	13%

Do you own or rent the home in which you live?											
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other	

VTU_Q41_8. I have been unable to wash properly or keep clean because I couldn't afford basic toiletries such as soap, shampoo, toothbrushes, toothpaste or sanitary items.

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
Yes, I have	12%	14%	10%	18%	18%	15%	22%	20%	7%	18%	17%
No, I haven't	85%	84%	87%	69%	77%	81%	73%	76%	87%	74%	70%
Don't know/can't remember	2%	1%	2%	3%	2%	2%	3%	2%	5%	5%	-
Prefer not to say	2%	2%	1%	10%	3%	2%	2%	3%	1%	3%	12%

VTU_Q41_9. I have been unable to afford to turn the lights on in my home when I needed to

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
Yes, I have	14%	19%	9%	23%	16%	13%	20%	18%	5%	9%	3%
No, I haven't	81%	78%	86%	67%	79%	84%	74%	75%	88%	84%	80%
Don't know/can't remember	4%	4%	3%	6%	4%	2%	5%	4%	6%	5%	8%
Prefer not to say	1%	-	2%	3%	2%	1%	1%	3%	1%	2%	9%

Do you own or rent the home in which you live?											
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other	

VTU_Q41_10. I have been unable to afford medical prescriptions, pain relief or other over the counter medication

Unweighted base	381	143	210	28	1076	506	230	340	126	88	22
Base: Those in England	369	134	203	32	1055	496	224	335	154	120	23
Yes, I have	15%	18%	12%	29%	18%	15%	21%	21%	11%	16%	11%
No, I haven't	79%	76%	84%	58%	75%	79%	71%	74%	81%	75%	68%
Don't know/can't remember	3%	3%	3%	3%	4%	4%	6%	2%	6%	6%	9%
Prefer not to say	3%	2%	1%	10%	3%	2%	3%	3%	1%	3%	12%

VTU_Q41_11. I have been unable to replace a major electrical good that had broken (like a refrigerator, TV, washing machine, boiler) because I couldn't afford to

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
Yes, I have	35%	33%	36%	34%	40%	35%	49%	42%	22%	22%	35%
No, I haven't	60%	63%	59%	55%	54%	60%	44%	53%	66%	65%	50%
Don't know/can't remember	2%	1%	3%	8%	3%	2%	6%	2%	10%	11%	3%
Prefer not to say	3%	3%	2%	3%	2%	3%	2%	3%	2%	2%	12%

VTU_Q41_12. I have been unable to purchase adequate furniture for my home when I needed it

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
Yes, I have	33%	32%	32%	47%	43%	36%	51%	47%	20%	26%	32%
No, I haven't	61%	61%	64%	39%	51%	57%	43%	48%	66%	62%	53%
Don't know/can't remember	4%	4%	2%	11%	4%	4%	6%	3%	13%	9%	3%
Prefer not to say	2%	2%	2%	3%	2%	2%	1%	2%	1%	4%	12%

Do you own or rent the home in which you live?											
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other	

VTU_Q41_13. I have been unable to pay for essential dental treatment for myself or a member of my household when it was needed because I couldn't afford to do so

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
Yes, I have	33%	32%	33%	37%	41%	38%	44%	42%	25%	22%	33%
No, I haven't	61%	60%	62%	53%	52%	54%	48%	50%	67%	70%	49%
Don't know/can't remember	5%	6%	4%	6%	4%	3%	6%	4%	7%	6%	6%
Prefer not to say	1%	2%	1%	3%	3%	4%	2%	4%	2%	2%	12%

VTU_Q41_14. I had to cancel plans with family or friends because I couldn't afford to see them

Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All UK Adults	429	158	239	33	1246	566	294	386	182	143	31
Yes, I have	49%	47%	50%	46%	60%	58%	65%	60%	42%	36%	42%
No, I haven't	47%	47%	47%	48%	34%	37%	30%	34%	51%	51%	47%
Don't know/can't remember	3%	5%	2%	2%	4%	4%	5%	3%	5%	12%	2%
Prefer not to say	2%	1%	1%	3%	2%	1%	1%	3%	2%	2%	9%



Do you own or rent the home in which you live?											
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part-own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other	

VTU_Q73. You stated that you have been unable to travel to work or go to essential appointments because you couldn't afford to use public transport or for the fuel costs to get there. Please can you let us know which of these have you missed in the last three months due to not being able to afford to travel (Please select all that apply):

Unweighted base	68	35	25	8	320	117	93	110	26	17	5
Base: Those who are unable to get to work for essential appointments	69	36	24	9	326	123	90	114	28	24	4
Work	32%	32%	33%	28%	19%	25%	11%	20%	19%	24%	-
Doctors appointment	41%	33%	53%	40%	38%	31%	35%	47%	28%	48%	36%
Hospital appointment	34%	39%	34%	16%	41%	30%	53%	43%	19%	45%	72%
Dentist appointment	16%	26%	7%	-	24%	14%	34%	27%	3%	17%	-
Children have missed school	9%	2%	7%	36%	8%	6%	10%	8%	-	5%	-
Benefits appointment	9%	12%	7%	-	16%	16%	19%	13%	13%	18%	-
Other	10%	13%	10%	-	11%	14%	9%	9%	21%	7%	14%
Don't know	11%	17%	6%	-	3%	7%	-	1%	17%	9%	14%
Prefer not to say	6%	4%	-	32%	6%	5%	4%	8%	15%	7%	-
essentials_dv. Used essentials											
Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All	429	158	239	33	1246	566	294	386	182	143	31
Yes	69%	68%	68%	79%	78%	73%	82%	83%	57%	54%	77%
No	27%	28%	28%	21%	18%	23%	16%	13%	34%	36%	17%
Missing	4%	3%	5%	-	3%	4%	2%	3%	9%	10%	7%
foodbank_dv. Used foodbank											
Unweighted base	454	173	252	29	1298	586	313	399	150	103	30
Base: All	429	158	239	33	1246	566	294	386	182	143	31
Any use a food bank	23%	25%	20%	39%	25%	21%	26%	29%	9%	14%	24%
Do not use a food bank	72%	72%	75%	54%	67%	73%	64%	61%	80%	78%	70%
Missing	4%	3%	5%	7%	8%	6%	10%	10%	10%	9%	6%



Do you own or rent the home in which you live?										
NET: Homeowners	Own – outright	Own – with a mortgage	Own (part- own) – through shared ownership	NET: Renters	Rent – from a private landlord	Rent – from my local authority	Rent – from a housing association	Neither – I live with my parents, family or friends but pay some rent	Neither – I live rent-free with my parents, family or friends	Other