

Total	Gender		Age					Social Grade	
	Male	Female	18-24	25-34	35-44	45-54	55+	ABC1	C2DE

The following questions are on the topic of periods.

Which ONE of the following BEST applies to you?

Unweighted base	1078	-	1078	149	158	167	212	392	658	420
<b>Base: All GB Women</b>	<b>1078</b>	-	<b>1078</b>	<b>122</b>	<b>171</b>	<b>204</b>	<b>176</b>	<b>404</b>	<b>668</b>	<b>410</b>
I currently have periods	47%	-	47%	91%	78%	87%	46%	1%	45%	50%
I used to have periods	52%	-	52%	9%	21%	11%	54%	99%	54%	50%
I have never had a period	1%	-	1%	1%	1%	2%	0%	-	1%	1%
<b>Net: Yes</b>	<b>99%</b>	-	<b>99%</b>	<b>99%</b>	<b>99%</b>	<b>98%</b>	<b>100%</b>	<b>100%</b>	<b>99%</b>	<b>99%</b>

For the following questions, if you don't currently have periods, please think about when you did.

Please think about both when you have been on your period and any premenstrual symptoms caused by it.

Have you EVER had period pain (e.g. cramps, headaches/ migraines, muscle/ joint pains, etc.)?

Unweighted base	1071	-	1071	148	156	164	211	392	654	417
<b>Base: All GB Women who have had a period</b>	<b>1070</b>	-	<b>1070</b>	<b>121</b>	<b>169</b>	<b>200</b>	<b>176</b>	<b>404</b>	<b>663</b>	<b>408</b>
Yes, I have	91%	-	91%	95%	95%	92%	93%	86%	92%	90%
No, I haven't	6%	-	6%	4%	4%	7%	4%	9%	6%	7%
Don't know/ can't recall	3%	-	3%	1%	1%	1%	3%	5%	2%	3%

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Thinking about ALL the times you have had period pain...

How often, if at all, have you taken any type of painkillers (e.g. paracetamol, ibuprofen, codeine, herbal remedies, etc.) for period pain? (Please select the option that BEST applies)

Unweighted base	975	-	975	140	148	151	197	339	601	374
<b>Base: All GB Women who have had period pain</b>	<b>975</b>	<b>-</b>	<b>975</b>	<b>115</b>	<b>161</b>	<b>185</b>	<b>164</b>	<b>350</b>	<b>609</b>	<b>366</b>
All of the times	17%	-	17%	21%	19%	17%	15%	15%	15%	20%
Most of the times	29%	-	29%	27%	29%	26%	31%	29%	29%	28%
Some of the times	31%	-	31%	26%	29%	29%	34%	33%	31%	30%
Not many of the times	18%	-	18%	18%	18%	22%	17%	17%	20%	16%
Never	5%	-	5%	8%	6%	5%	2%	3%	4%	5%
Don't know/ can't recall	1%	-	1%	-	-	-	2%	2%	1%	1%
<b>Net: Regularly</b>	<b>45%</b>	<b>-</b>	<b>45%</b>	<b>48%</b>	<b>47%</b>	<b>43%</b>	<b>46%</b>	<b>44%</b>	<b>43%</b>	<b>48%</b>
<b>Net: Ever</b>	<b>94%</b>	<b>-</b>	<b>94%</b>	<b>92%</b>	<b>94%</b>	<b>95%</b>	<b>96%</b>	<b>95%</b>	<b>95%</b>	<b>94%</b>

Have you EVER visited your GP specifically because of period pain? (Please select the option that BEST applies)

Unweighted base	975	-	975	140	148	151	197	339	601	374
<b>Base: All GB Women who get period pain</b>	<b>975</b>	<b>-</b>	<b>975</b>	<b>115</b>	<b>161</b>	<b>185</b>	<b>164</b>	<b>350</b>	<b>609</b>	<b>366</b>
Yes, on more than one occasion	19%	-	19%	11%	14%	14%	23%	26%	20%	18%
Yes, once	9%	-	9%	9%	15%	8%	8%	7%	10%	7%
No, I haven't	69%	-	69%	78%	68%	78%	67%	64%	68%	71%
Don't know/ can't recall	3%	-	3%	1%	4%	1%	2%	4%	2%	4%
<b>Net: Yes</b>	<b>28%</b>	<b>-</b>	<b>28%</b>	<b>20%</b>	<b>28%</b>	<b>22%</b>	<b>31%</b>	<b>33%</b>	<b>30%</b>	<b>25%</b>

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Thinking about LAST time you visited your GP specifically because of period pain...

Overall, how happy, if at all, were you with the care/ advice you received from your GP?

	Unweighted base									
	273	-	273	30	42	33	58	110	180	93
<b>Base: All GB Women who have visited their GP because of period pain</b>	<b>275</b>	<b>-</b>	<b>275</b>	<b>23</b>	<b>46</b>	<b>40</b>	<b>51</b>	<b>114</b>	<b>182</b>	<b>92</b>
Very happy	25%	-	25%	16%	23%	35%	28%	21%	24%	25%
Fairly happy	38%	-	38%	48%	41%	40%	43%	32%	36%	42%
Not very happy	16%	-	16%	11%	21%	17%	14%	17%	18%	14%
Not at all happy	9%	-	9%	18%	6%	3%	6%	11%	11%	5%
Don't know/ can't recall	12%	-	12%	7%	9%	5%	8%	19%	12%	13%
<b>Net: Happy</b>	<b>63%</b>	<b>-</b>	<b>63%</b>	<b>64%</b>	<b>64%</b>	<b>75%</b>	<b>71%</b>	<b>53%</b>	<b>60%</b>	<b>68%</b>
<b>Net: Not happy</b>	<b>25%</b>	<b>-</b>	<b>25%</b>	<b>28%</b>	<b>27%</b>	<b>20%</b>	<b>21%</b>	<b>28%</b>	<b>28%</b>	<b>20%</b>

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Thinking about ALL the times you have worked...

In which, if any, of the following ways has period pain EVER affected your ability to work? (Please select all that apply. If any of your answers don't show in the list below, please type them in the "Other" box. If period pain has never affected your ability to work, please select the "Not applicable" option)

	Unweighted base									
<b>Base: All GB Women who have had period pain and have worked</b>	937	-	937	116	142	149	193	337	601	336
	940	-	940	96	153	182	161	347	609	331
Period pain has affected my ability to concentrate at work	35%	-	35%	59%	40%	40%	33%	25%	39%	29%
Period pain has affected my physical ability to do my job (e.g. feeling weaker, etc.)	26%	-	26%	41%	33%	25%	27%	19%	28%	23%
I've taken a short break away from my desk/ work because of period pain	19%	-	19%	32%	20%	20%	19%	15%	23%	12%
I've taken a day or more off work because of period pain	18%	-	18%	20%	19%	11%	17%	21%	19%	18%
I've gone home early because of period pain	17%	-	17%	27%	16%	16%	18%	16%	19%	15%
I've needed to take time out of my day to buy painkillers	14%	-	14%	22%	15%	19%	16%	9%	16%	12%
I've taken a longer lunch break because of period pain	6%	-	6%	11%	6%	8%	5%	5%	7%	5%
Other <i>[see sheet PBP_Q4a_other]</i>	1%	-	1%	2%	2%	1%	-	2%	1%	1%
Don't know/ can't recall	5%	-	5%	2%	2%	3%	6%	9%	3%	9%
Not applicable - period pain has never affected my ability to work	37%	-	37%	23%	33%	37%	40%	42%	36%	40%
<b>Net: Period pain has affected ability to work</b>	<b>57%</b>	<b>-</b>	<b>57%</b>	<b>75%</b>	<b>65%</b>	<b>60%</b>	<b>54%</b>	<b>49%</b>	<b>60%</b>	<b>51%</b>

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Thinking about ALL the times you have worked...

In which, if any, of the following ways has period pain EVER affected your ability to work? (Please select all that apply. If any of your answers don't show in the list below, please type them in the "Other" box. If period pain has never affected your ability to work, please select the "Not applicable" option)

	Unweighted base									
	1036	-	1036	123	152	164	207	390	658	378
<b>Base: All GB Women who have worked</b>	1040	-	1040	102	163	200	172	402	668	372
Period pain has affected my ability to concentrate at work	32%	-	32%	56%	38%	36%	30%	21%	35%	26%
Period pain has affected my physical ability to do my job (e.g. feeling weaker, etc.)	24%	-	24%	39%	31%	23%	25%	17%	25%	21%
I've taken a short break away from my desk/ work because of period pain	17%	-	17%	30%	18%	19%	18%	13%	21%	11%
I've taken a day or more off work because of period pain	16%	-	16%	19%	18%	10%	16%	18%	17%	16%
I've gone home early because of period pain	16%	-	16%	25%	15%	15%	16%	14%	17%	13%
I've needed to take time out of my day to buy painkillers	13%	-	13%	21%	14%	17%	14%	7%	14%	10%
I've taken a longer lunch break because of period pain	6%	-	6%	11%	5%	7%	4%	4%	6%	5%
Other	1%	-	1%	2%	1%	1%	-	2%	1%	1%
Don't know/ can't recall	5%	-	5%	2%	2%	2%	6%	8%	3%	8%
Not applicable - period pain has never affected my ability to work	43%	-	43%	27%	37%	43%	44%	50%	42%	46%
<b>Net: Period pain has affected ability to work</b>	<b>52%</b>	<b>-</b>	<b>52%</b>	<b>71%</b>	<b>61%</b>	<b>55%</b>	<b>51%</b>	<b>42%</b>	<b>55%</b>	<b>46%</b>

Thinking about ALL the times period pain has affected your ability to work...

Which, if either, of the following have you EVER done? (Please select all that apply)

	Unweighted base									
	537	-	537	88	91	89	105	164	363	174
<b>Base: All GB Women whose ability to work has been affected by period pain</b>	538	-	538	72	99	109	87	170	368	170
Told my employer this was because of period pain	27%	-	27%	19%	23%	25%	30%	33%	28%	26%
Given a different reason to my employer (i.e. said it was because of something other than period pain)	31%	-	31%	47%	31%	25%	32%	27%	31%	31%
Neither of these	33%	-	33%	35%	40%	43%	26%	25%	32%	34%
Don't know/ can't recall	12%	-	12%	6%	11%	9%	15%	17%	12%	14%

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You said that you have given a different reason to your employer when period pain has affected your ability to work (i.e. said it was because of something other than period pain)...

Which of the following reasons have you EVER given?  
 (Please select all that apply. If any of your answers don't show in the list below, please type them in the "Other" box)

	Unweighted base									
	169	-	169	41	28	22	34	44	115	54
<b>Base: All GB Women who have given a different reason to their employer</b>	166	-	166	34	30	28	28	46	113	53
Headache/ migraine	54%	-	54%	64%	41%	64%	48%	51%	58%	44%
Stomach pains	50%	-	50%	66%	51%	26%	48%	51%	44%	62%
Cold/ flu	20%	-	20%	23%	25%	27%	12%	15%	18%	24%
Doctor's appointment	13%	-	13%	5%	3%	32%	10%	16%	13%	14%
Dental appointment	6%	-	6%	9%	3%	11%	4%	5%	5%	10%
Family emergency	6%	-	6%	3%	3%	11%	-	11%	5%	8%
Chest infection	1%	-	1%	-	-	-	-	2%	1%	-
Another illness/ infection <i>[see sheet PBP_Q5b_other1]</i>	6%	-	6%	9%	11%	4%	6%	2%	6%	6%
Another type of appointment	-	-	-	-	-	-	-	-	-	-
Other <i>[see sheet PBP_Q5b_other3]</i>	3%	-	3%	2%	11%	-	3%	-	4%	1%
Don't know/ can't recall	8%	-	8%	5%	3%	3%	12%	16%	8%	10%

Total	Gender		Age					Social Grade	
	Male	Female	18-24	25-34	35-44	45-54	55+	ABC1	C2DE

As a reminder, for the following questions, if you don't currently have periods, please think about when you did.

Who, if anyone, would you feel comfortable speaking to about your period pain? (Please select all that apply. If you wouldn't feel comfortable speaking to anyone, please select the "Not applicable" option)

Unweighted base	975	-	975	140	148	151	197	339	601	374
<b>Base: All GB Women who have had period pain</b>	<b>975</b>	<b>-</b>	<b>975</b>	<b>115</b>	<b>161</b>	<b>185</b>	<b>164</b>	<b>350</b>	<b>609</b>	<b>366</b>
My partner	54%	-	54%	48%	61%	60%	49%	51%	56%	49%
My mum	55%	-	55%	75%	60%	55%	47%	49%	53%	58%
My dad	7%	-	7%	12%	8%	13%	7%	2%	6%	8%
My sister	35%	-	35%	36%	30%	33%	36%	36%	35%	34%
My brother	6%	-	6%	8%	6%	7%	7%	3%	6%	5%
A female friend	69%	-	69%	69%	65%	71%	67%	72%	72%	65%
A male friend	10%	-	10%	23%	9%	16%	10%	4%	9%	13%
My boss	9%	-	9%	5%	13%	11%	11%	7%	11%	5%
Another female relative (excluding my mum or sister)	27%	-	27%	25%	25%	31%	29%	27%	28%	26%
Another male relative (excluding my dad or brother)	4%	-	4%	3%	3%	8%	4%	2%	4%	4%
Other	2%	-	2%	2%	1%	3%	1%	3%	2%	2%
Don't know	3%	-	3%	2%	5%	3%	5%	2%	3%	4%
Not applicable - I wouldn't feel comfortable speaking to anyone about my period pain	8%	-	8%	6%	8%	7%	12%	8%	8%	9%
<b>Net: Would feel comfortable speaking to someone</b>	<b>89%</b>	<b>-</b>	<b>89%</b>	<b>93%</b>	<b>87%</b>	<b>90%</b>	<b>83%</b>	<b>90%</b>	<b>89%</b>	<b>87%</b>

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Now thinking about how sanitary products (e.g. tampons, sanitary towels, etc.) should be sold/ provided in the UK...

Which ONE of the following statements comes CLOSEST to your view?

	Unweighted base									
	1078	-	1078	149	158	167	212	392	658	420
	<b>1078</b>	-	<b>1078</b>	<b>122</b>	<b>171</b>	<b>204</b>	<b>176</b>	<b>404</b>	<b>668</b>	<b>410</b>
Sanitary products should be sold with the standard rate of 20% VAT	2%	-	2%	2%	3%	2%	1%	1%	2%	1%
Sanitary products should be sold with the reduced rate of 5% VAT	4%	-	4%	5%	7%	4%	3%	3%	4%	4%
Sanitary products should be sold with the zero rate of 0% VAT (i.e. no VAT)	69%	-	69%	51%	62%	67%	68%	78%	74%	60%
Sanitary products should be provided to all women free of charge by the NHS	22%	-	22%	38%	25%	23%	22%	15%	18%	28%
Don't know	4%	-	4%	4%	3%	5%	5%	2%	2%	6%