| | Total | Social | grade | | | | Government | Office Re | gion | | | | | Age | | | Ge | nder |
|--|-------|----------|-----------|-----------|----------|-----------|------------|-----------|-----------|-----------|---------------------|-------------|------------|------------|-------------|-----------|-----------|------------|
| YouGov / Arthritis Care Survey Results | | ABC1 | C2DE | North | Midlands | East | London | South | Wales | Scotland | Northern Ireland | Under 45 | 45-54 | 55-64 | 65+ | Under 65 | Male | Female |
| | | Α | В | С | D | E | F | G | н | 1 | J | K | L | М | N | 0 | Р | Q |
| Q1. For roughly how long have you had arthritis? | | | | | | | | | | | | | | | | | | |
| Unweighted base | 2008 | 1214 | 794 | 506 | 309 | 189 | 142 | 509 | 139 | 190 | 24 | 99 | 148 | 678 | 1083 | 925 | 917 | 1091 |
| Base Less than a year | 2008 | 1338 | 670 1% | 503 1% | 294 | 199 1% | 132 | 571 1% | 131 | 163 1% | 16 | 38 7% | 63 1% | 292 1% | 1616 1% | 392 2% | 798 1% | 1210 1% |
| Less than a year | 1 70 | 1 70 | 170 | 170 | 2.70 | 1 /0 | * | 1 70 | * | 170 | ** | LMNO* | 1 70 | 1 70 | 170 | 270 | 1 70 | 1 70 |
| 1 year | 3% | 3% | 2% | 2% | 5% | 2% | 2% | 2% | 2% | 3% | 2% | 4% | 1% | 3% | 3% | 2% | 3% | 2% |
| 2 years | 6% | 7% | 5% | 5% | 7% | 5% | 13% CG* | 5% | 8% | 5% | 20% | 11% N* | 17% MNO | 6% | 6% | 9% MN | 7% | 6% |
| 3 years | 7% | 7% | 7% | 5% | 7% | 9% | 11% | 8% | 3% | 5% | 13% | 8% | 11% | 8% | 7% | 9% | 8% | 6% |
| 4 years | 5% | 5% | 6% | 8% FG | 5% | 7% | 2% | 4% | 3% | 5% | 1% | 10% | 6% | 7% | 5% | 7% | 5% | 6% |
| 5 years | 13% | 14% | 11% | 11% | 15% H | 10% | 16% H* | 14% | 6% | 17% H | 19% | 13% | 12% | 11% | 13% | 11% | 14% | 12% |
| 6 years | 4% | 5% | 3% | 5% | 5% | 1% | 4% | 6% | 4% | 3% | ** | 2% | 3% | 5% | 4% | 5% | 4% | 4% |
| 7 years | 3% | 3% | 2% | 2% | 3% | 2% | 3% | 4% | 5% | 3% | | 2% | 3% | 4% | 3% | 4% | 3% | 3% |
| 8 years | 3% | 3% | 2% | 3% | 2% | 5% | 2% | 3% | 4% | 3% | | 2% | 3% | 3% | 3% | 3% | 3% | 3% |
| 9 years | 2% | 2% | 2% | 3% G | 1% | 1% | 2% | 0% | 0% | 5% G | | 2% | 1% | 1% | 2% | 1% | 2% | 1% |
| 10 years | 16% | 15% | 18% | 15% F | 14% F | 24% F | 5% | 17% F | 21% F* | 14% | 3% | 9% | 13% | 14% | 17% O | 13% | 13% | 18% P |
| 11 to 15 years | 13% | 12% | 15% | 12% | 12% | 15% | 9% * | 15% | 16% | 8% | 11% | 15% L* | 6% | 14% L | 13% L | 13% L | 12% | 13% |
| 16 to 20 years | 8% | 8% | 8% | 6% | 7% | 6% | 10% | 9% | 10% | 8% | 18% | 5% | 7% | 7% | 8% | 7% | 8% | 8% |
| Over 20 years | 14% | 14% | 16% | 19% EG | 13% | 10% | 16% | 11% | 13% | 19% G | 10% | 10% | 12% | 12% | 15% | 12% | 13% | 15% |
| Don't know/ can't remember | 3% | 2% | 4% | 3% | 3% | 2% | 4% | 2% | 4% | 2% | 3% | 2% | 4% | 3% | 2% | 3% | 3% | 3% |
| Q2. And what type(s) of arthritis do you have? Please tick | | | | | | | | | | | | | | | | | | |
| all that apply. Unweighted base | 2008 | 1214 | 794 | 506 | 309 | 189 | 142 | 509 | 139 | 190 | 24 | 99 | 148 | 678 | 1083 | 925 | 917 | 1091 |
| Base | 2008 | 1338 | 670 | 503 | 294 | 199 | 132 | 571 | 131 | 163 | 16 | 38 | 63 | 292 | 1616 | 392 | 798 | 1210 |
| Osteoarthritis | 89% | 91% B | 85% | 89% | 87% | 90% | 86% | 91% | 87% | 88% | 82% | 49% | 68% K | 77% KLO | 93% KLMO | 73% K | 85% | 92% P |
| Rheumatoid arthritis | 7% | 6% | 10% A | 8% | 8% | 7% | 8% | 5% | 8% | 8% | 16% | 21% N* | 19% N | 15% N | 5% | 17% N | 10% Q | 5% |
| Psoriatic arthritis | 1% | 1% | 2% | 1% | 2% | 2% | 3% | 1% | 0% | 1% | 3% | 10% MNO* | 7% N | 4% N | 1% | 5% MN | 2% | 1% |
| Ankolysing spondilitis | 1% | 1% | 1% | 1% | 1% | 0% | 1% | 1% | 1% | 2% | 2% | 2% | 2% | 3% N | 1% | 3% N | 2% | 1% |
| Gout | 3% | 3% | 4% | 4% | 3% | 2% | 3% | 3% | 5% | 3% | 3% | 12% N* | 5% | 8% N | 2% | 8% N | 7% Q | 1% |
| Lupus | 0% | 0% | 0% | 0% | 0% | 0% | 0% | 0% | | 0% | ** | 2% N* | 1% N | 1% N | 0% | 1% N | | 0% |
| Another type of arthritis | 2% | 1% | 2% | 1% | 2% | 3% G | 1% | 1% | 1% | 4% G | 3% | 5% N* | 2% | 3% N | 1% | 3% N | 1% | 2% |
| Don't know | 3% | 2% | 4% | 2% | 3% | 3% | 2% | 2% | 3% | 3% | 7% ** | 9% N* | 8% N | 6% N | 2% | 7% N | 3% | 2% |



| 1 | | | | | | | | | | | | | | | | | | | |
|--|--------------|--|--|---|----------------------|--------------|------------|-------------|-----------|---------------|-------------|----------------|-------------|---------------|----------------|----------------------|------------------------|------------------------|------------|
| | | | | | Working s | tatus | | | | | | Time had arthr | itis | | And what type | e(s) of arthritis | do you have? | Please tick all t | hat apply. |
| YouGov / Arthritis Care Survey Results | Total | Working full time (30 or more hours per week) | Working part time (8-29 hours a week) | Working part time (Less than 8 hours a week) | Full time student | Retired | Unemployed | Not working | Other | Under 5 years | 5-9 years | 10-15 years | 16-20 years | Over 20 years | Osteoarthritis | Rheumatoid arthritis | Psoriatic arthritis | Ankolysing spondilitis | Gout |
| | | R | S | T | U | ٧ | W | х | Y | Z | a | b | С | d | е | f | g | h | i |
| Q1. For roughly how long have you had arthritis? | | | | | | | | | | | | | | | | | | | |
| Unweighted base Base | 2008 2008 | 360 197 | 107 80 | 32 29 | 2 | 1296 1599 | 42 24 | 128 54 | 39 22 | 491 443 | 479 492 | 544 579 | 145 155 | 284 286 | 1364 1792 | 343 143 | 49 28 | 87 21 | 154 68 |
| Less than a year | 1% | 1% | 1% | 2% | 19% | 1% | 2% | 2% | - | 4% | 492 | 3/9 | 100 | 200 | 1% | 1% | - 20 | | 4% |
| | | 1.0 | | ** | ** | .,, | ** | * | ** | abd | | | | | 1,12 | | | | ef |
| 1 year | 3% | 2% | 6% | : | 28% | 3% | 4% | 1% | - | 12% abcd | | | : | - | 3% | 2% | 2% | : | 2% |
| 2 years | 6% | 8% | 8% | 11% | | 6% | 13% | 4% | 7% | 28% | | - | - | - | 6% | 8% | 11% | - | 4% |
| | | | | ** | ** | | ** | * | ** | abcd | | | | | h | h | h* | * | |
| 3 years | 7% | 11% VX | 4% | 13% | ** | 7% | 3% | 3% * | 5% | 31% abcd | | | | | 7% | 5% | 4% | 3% | 7% |
| 4 years | 5% | 9% | 5% | 3% | | 5% | 5% | 9% | 8% | 25% | | | : | - | 5% | 5% | | 3% | 6% |
| 5 years | 13% | V 10% | 11% | 37% | | 13% | 11% | 10% | 7% | abcd - | 52% | | | - | 13% | 11% | 8% | 11% | 13% |
| 6 years | 4% | 5% | 1% | 2% | ** | 4% | 3% | 4% | 2% | | Zbcd 17% | | | | 4% | 4% | | * 2% | 4% |
| | | 3% | | ** | ** | | ** | * | ** | | Zbcd | | | | | 4% | | * | |
| 7 years | 3% | 3% | 3% | ** | ** | 3% | 14% | 9% V* | 3% | | 12% Zbcd | - | | - | 3% | 4% | 7% | 3% | 2% |
| 8 years | 3% | 3% | 5% | ** | ** | 3% | ** | 4% * | 2% | | 11% Zbcd | | | | 3% | 2% | 4% | 1% | 3% |
| 9 years | 2% | 2% | 5% | - | - | 1% | - | 2% | 3% | - | 7% Zbcd | | : | - | 2% | 2% | : | : | |
| 10 years | 16% | 15% | 22% X* | 23% | - | 16% X | 11% | 7% | 17% | | | 55% Zacd | ÷ | - | 16% | 13% | 6% | 8% | 12% |
| 11 to 15 years | 13% | 11% | 11% | 3% | | 13% | 7% | 16% | 8% | | | 45% | | - | gh 13% | 15% | 19% | 11% | 17% |
| 16 to 20 years | 8% | 4% | 3% | 4% | ** | 8% | 2% | 14% | 16% | | | Zacd - | 100% | - | 8% | 8% | 10% | 16% | 7% |
| Over 20 years | 14% | 13% | * 7% | 1% | 53% | 15% | 20% | RS* 11% | ** 22% | | | | Zabd* | 100% | 14% | 19% | 29% | efi* 39% | 15% |
| Don't know/ can't remember | 3% | 2% | * | | ** | 2% | 4% | * 4% | 3% | | | | | Zabc | 3% | e 1% | ei* | efi* | 5% |
| | 376 | 2.70 | RV* | ** | ** | 270 | ** | * | ** | - | - | | | - | 3/6 | 176 | | * | f |
| Q2. And what type(s) of arthritis do you have? Please tick all that apply. | | | | | | | | | | | | | | | | | | | |
| Unweighted base | 2008 | 360 | 107 | 32 | 4 | 1296 | 42 | 128 | 39 | 491 | 479 | 544 | 145 | 284 | 1364 | 343 | 49 | 87 | 154 |
| Base | 2008 | 197 | 80 | 29 | 2 | 1599 | 24 | 54 | 22 | 443 | 492 | 579 | 155 | 286 | 1792 | 143 | 28 | 21 | 68 |
| Osteoarthritis | 89% | 78% | 82% | 90% | 53% | 92% RSX | 81% | 70% * | 83% | 86% | 90% | 91% Z | 91% | 88% | 100% fghi | 22% | 36% f* | 56% fg* | 56% fg |
| Rheumatoid arthritis | 7% | 12% V | 9% | 9% | 19% | 6% | 11% | 21% RSV* | 15% | 7% | 7% | 7% | 7% | 10% | 2% | 100% eghi | 13% e* | 16% e* | 15% e |
| Psoriatic arthritis | 1% | 4% | 5% | 2% | 28% | 1% | | 7% | 3% | 1% | 1% | 1% | 2% | 3% | 1% | egni 3% | 100% | e* 3% | e 2% |
| Ankolysing spondilitis | 1% | V 2% | V* 1% | 1% | ** | 1% | 2% | V* 5% | 3% | 0% | 1% | 1% | 2% | 3% | 1% | e 2% | efhi* 2% | e* 100% | e 2% |
| Gout | 3% | 6% | 2% | ** | ** | 3% | ** | V* | 6% | 4% | 3% | 3% | 3% | Z 4% | 2% | e 7% | 4% | efgi* | 100% |
| | | V | | ** | ** | | ** | * | ** | | | | | | | e | | е* | efgh |
| Lupus | 0% | 0% | 1% | - | ** | 0% | 2% | 1% V* | 4% | 0% | 0% | 0% | 0% | 0% | 0% | 1% e | 2% e* | 4% efi* | . |
| Another type of arthritis | 2% | 1% | 2% | - | - | 2% | - | 4% * | 2% | 2% | 1% | 1% | 1% | 4% b | 1% | 2% | 2% | 3% | 4% e |
| Don't know | 3% | 6% V | 4% | 2% | - | 2% | 4% | 9% V* | 5% | 4% | 3% | 2% | 1% | 1% | | | : | : | - |
| | | v | | | | | | ٧ | | | | | | | | | | | |



| | Total | painkillers prescribed b | for your arthriti by a health profe | is pain? Please thessional, plus any | scribes how you take any nink about ALL painkillers y paracetamol or pain relief ket or pharmacy without a |
|--|-------------|------------------------------------|--|--------------------------------------|---|
| YouGov / Arthritis Care Survey Results | 70.00 | I take painkillers every day | I take painkillers most days | I take painkillers some days | I never take painkillers |
| | | j | k | I | m |
| Q1. For roughly how long have you had arthritis? | | | | | |
| Unweighted base | 2008 | 669 | 233 | 834 | 257 |
| Base Less than a year | 2008 | 628 | 247 0% | 852 1% | 263 1% |
| Less trait a year | 1 70 | 076 | 076 | 176 | 170 |
| 1 year | 3% | 2% | 1% | 2% | 5% I |
| 2 years | 6% | 4% | 5% | 8% j | 6% |
| 3 years | 7% | 6% | 7% | 8% | 5% |
| 4 years | 5% | 3% | 4% | 8% j | 5% |
| 5 years | 13% | 10% | 13% | 14% | 14% |
| 6 years | 4% | 5% | 3% | 5% | 3% |
| 7 years | 3% | 2% | 1% | 4% | 4% |
| 8 years | 3% | 2% | 3% | 4% | 2% |
| 9 years | 2% | 1% | 1% | 1% | 4% |
| 10 years | 16% | 19% I | 18% | 12% | 20% I |
| 11 to 15 years | 13% | 14% | 18% I | 11% | 11% |
| 16 to 20 years | 8% | 10% | 4% | 7% | 8% |
| Over 20 years | 14% | 19% Im | 17% m | 12% | 9% |
| Don't know/ can't remember | 3% | 2% | 4% | 2% | 3% |
| Q2. And what type(s) of arthritis do you have? Please tick | | | | | |
| all that apply. | | | | | |
| Unweighted base | 2008 | 669 628 | 233 247 | 834 852 | 257 263 |
| Base Osteoarthritis | 2008 89% | 628 89% | 247 91% | 852 89% | 263 87% |
| Ostobaltillus | 0376 | 0376 | 3176 | 0976 | 0770 |
| Rheumatoid arthritis | 7% | 10% I | 6% | 6% | 6% |
| Psoriatic arthritis | 1% | 2% | 2% | 1% | 1% |
| Ankolysing spondilitis | 1% | 2% | 1% | 1% | 1% |
| Gout | 3% | 3% | 3% | 4% | 3% |
| Lupus | 0% | 0% | 0% | 0% | - |
| Another type of arthritis | 2% | 2% | 4% I | 1% | 1% |
| Don't know | 3% | 2% | 2% | 3% | 3% |
| | | | | | |



| | | Social | grade | | | Government | gion | | | | Age | | | Ge | nder | | | |
|---|-------------|-------------|------------|------------|------------|------------|------------|------------|----------------|------------|---------------------|---------------|-----------|-------------|-------------|------------|------------|-------------|
| YouGov / Arthritis Care Survey Results | Total | ABC1 | C2DE | North | Midlands | East | London | South | Wales | Scotland | Northern Ireland | Under 45 | 45-54 | 55-64 | 65+ | Under 65 | Male | Female |
| | | Α | В | С | D | E | F | G | н | 1 | J | К | L | M | N | 0 | Р | Q |
| q3. When your arthritis is at its worst, do you struggle with any of the following? Please tick all that apply. | | | | | | | | | | | | | | | | | | |
| Unweighted base | 2008 | 1214 | 794 | 506 | 309 | 189 | 142 | 509 | 139 | 190 | 24 | 99 | 148 | 678 | 1083 | 925 | 917 | 1091 |
| Base Getting out of bed | 2008 31% | 1338 28% | 670 38% | 503 34% | 294 35% | 199 31% | 132 26% | 571 26% | 131 44% | 163 30% | 16 36% | 38 41% | 63 47% | 292 38% | 1616 29% | 392 40% | 798 32% | 1210 31% |
| Getting out of bed | 3176 | 2070 | Α | G | G | 3176 | * | 2070 | FG* | 3076 | ** | N* | N | N | 2070 | N | 3270 | 3176 |
| Getting around | 39% | 37% | 45% | 42% | 43% | 32% | 33% | 38% | 49% | 35% | 33% | 44% | 43% | 50% | 37% | 48% N | 43% Q | 37% |
| Going up and down stairs | 56% | 53% | A 61% | 56% | 54% | 49% | 59% | 54% | E* 70% | 58% | 63% | 56% | 59% | N 61% | 55% | 60% | 54% | 57% |
| | | | А | | | | * | | CDEG* | | ** | | | N | | N | | |
| Working | 17% | 13% | 23% A | 17% | 18% | 17% | 14% | 16% | 18% | 16% | 7% | 47% I MNO* | 32% N | 30% N | 13% | 32% MN | 22% Q | 13% |
| Looking after children / grandchildren | 12% | 11% | 13% | 13% | 13% | 8% | 13% | 11% | 15% | 13% | 11% | 14% | 9% | 16% | 11% | 15% | 10% | 13% |
| Carling and of a shale | 400/ | 2004 | 400/ | 4.40/ | 070/ | 000/ | * | 000/ | * | 400/ | ** | * | 450/ | LN | 200/ | LN | 000/ | 400/ |
| Getting out of a chair | 40% | 36% | 46% A | 44% G | 37% | 36% | 38% | 36% | 52% DEG* | 40% | 16% | 36% | 45% | 45% N | 39% | 44% N | 38% | 40% |
| Gardening | 51% | 48% | 56% | 49% | 53% | 51% | 38% | 54% | 61% | 43% | 33% | 33% | 45% | 48% | 52% | 46% | 50% | 51% |
| Putting the kettle on | 7% | 6% | A 10% | 7% | F 8% | 9% | 9% | FI 5% | FI* | 7% | 12% | 18% | 20% | 14% | KO 5% | K 15% | 7% | 7% |
| r dung the retue on | | 0,0 | A | 1 70 | 0,0 | 070 | * | 0,0 | * | | ** | N* | N | N | 0.0 | N | | 1,0 |
| Getting dressed | 22% | 18% | 30% A | 25% G | 24% | 21% | 19% | 18% | 33% G* | 22% | 15% | 30% N* | 31% N | 29% N | 20% | 30% N | 26% Q | 20% |
| Making meals | 15% | 12% | 21% | 18% | 13% | 12% | 16% | 13% | 23% | 13% | 16% | 27% | N 24% | 23% | 13% | 24% | 14% | 16% |
| | | | A | | | | * | | EG* | | ** | N* | N | N | | N | | |
| Carrying out daily tasks | 30% | 27% | 35% A | 35% EG | 30% E | 19% | 25% | 26% | 48% CDEFGI* | 26% | 34% | 42% N* | 46% N | 39% N | 27% | 41% N | 32% | 28% |
| Going to the shops | 27% | 26% | 30% | 30% | 31% | 25% | 30% | 24% | 31% | 24% | 21% | 35% | 35% | 33% | 26% | 33% | 29% | 27% |
| Malifer and transfer and of the second | 12% | 10% | 16% | 13% | 12% | 11% | 15% | 10% | 12% | 11% | 13% | 26% | N 26% | N 20% | 9% | N 22% | 13% | 11% |
| Making, or keeping, social arrangements | 12% | 10% | A A | 13% | 12% | 11% | 15% | 10% | 12% | 11% | 13% | 26% N* | 26% N | 20% N | 9% | 22% N | 13% | 11% |
| Intimacy (e.g. hugging, sexual relations etc) | 12% | 10% | 18% | 14% | 13% | 9% | 11% | 10% | 22% | 12% | 11% | 20% | 20% | 20% | 11% | 20% | 15% | 10% |
| None of the above | 18% | 21% | A 13% | 17% | 18% | 24% | 23% | 19% | EG* | 15% | 22% | N* 15% | N 17% | N 15% | 19% | N 15% | Q 18% | 19% |
| 10.00 0 00 0000 | 1070 | В | 1070 | | 1070 | Н | H* | 1070 | * | 10,0 | ** | * | | 1070 | MO | 10,0 | 1070 | 1070 |
| q4. In which, if any, of the following ways has arthritis affected your, or your partner's, working life? Please tick all that apply. | | | | | | | | | | | | | | | | | | |
| Unweighted base | 2008 | 1214 | 794 | 506 | 309 | 189 | 142 | 509 | 139 | 190 | 24 | 99 | 148 | 678 | 1083 | 925 | 917 | 1091 |
| Base I had to give up work | 2008 9% | 1338 | 670 16% | 503 12% | 294 12% | 199 10% | 132 4% | 571 5% | 131 15% | 163 11% | 16 9% | 38 16% | 63 14% | 292 19% | 1616 7% | 392 18% | 798 11% | 1210 9% |
| | | | A | FG | G | | | | FG* | G | ** | N* | N | N | | N | | |
| I had to move to a part-time position or reduce my hours | 3% | 2% | 4% A | 2% | 4% | 3% | 2% | 2% | 7% CG* | 5% | ** | 11% MNO* | 8% N | 5% N | 2% | 6% MN | 3% | 3% |
| I had to change the type of work I do | 5% | 4% | 7% | 5% | 3% | 7% | 5% | 5% | 5% | 9% | - | 13% | 12% | 7% | 4% | 8% | 5% | 5% |
| the day take a series and a series and | 10% | 70/ | 17% | 15% | 10% | 6% | 8% | 7% | 13% | D 12% | 25% | MN* | MN 5% | N 16% | 10% | MN 13% | 13% | 8% |
| I had to take early retirement | 10% | 7% | 1/% A | 15% EG | 10% | 6% | * | 7% | 13% | 12% | 25% | 3% | 5% | 16% KLNO | 10% | 13% KLN | 13% Q | 8% |
| My partner has had to reduce their hours to care for me | 1% | 1% | 2% | 1% | 1% | 1% | 4% | 1% | 1% | - | - | 1% | 1% | 1% | 1% | 1% | 2% | 1% |
| My partner has had to stop working to care for me | 1% | 1% | 1% | 1% | 1% | | C* 0% | 1% | 1% | 1% | 3% | 2% | 1% | 2% | 0% | 2% | 1% | 0% |
| wy partiner has had to stop working to calle for the | 1 70 | 1 70 | 1 /0 | 1 70 | 170 | - | * | 1 /0 | * | 170 | 3% | * | 1 /0 | N N | 0 70 | N N | 1 70 | 0 /0 |
| Other | 6% | 6% | 6% | 7% | 8% | 4% | 6% | 5% | 13% EG* | 5% | - | 9% | 6% | 8% | 6% | 7% | 5% | 7% |
| My arthritis has not affected my or my partner's working life | 42% | 47% | 33% | 39% | 43% | 48% | 37% | 46% | 36% | 41% | 51% | 44% | 47% | 41% | 43% | 42% | 44% | 42% |
| my saumo nas not anoticu my or my pararet s working life | 42.70 | #/ 76 B | 3376 | 30 /0 | 4570 | 40 /0 | * | 40 /0 | * | 4170 | 3176 ** | * | 47.70 | 4170 | 4070 | 42.70 | 777 /0 | 42.70 |
| Not applicable | 30% | 32% | 28% | 30% | 29% | 28% | 39% | 34% | 20% | 27% | 20% | 11% | 17% | 16% | 34% | 16% | 27% | 33% |
| | | | | | | | H* | н | | | ** | | | | KLMO | | | P |



| | | | | | | | | Time had arthr | itis | | And what type | e(s) of arthritis | do you have? | Please tick all ti | hat apply. | | | | |
|---|-------------|--|--|---|----------------------|-------------|------------|----------------|-----------|---------------|---------------|-------------------|--------------|--------------------|----------------|-------------------------|------------------------|------------------------|-----------|
| YouGov / Arthritis Care Survey Results | Total | Working full time (30 or more hours per week) | Working part time (8-29 hours a week) | Working part time (Less than 8 hours a week) | Full time student | Retired | Unemployed | Not working | | Under 5 years | 5-9 years | 10-15 years | 16-20 years | Over 20 years | Osteoarthritis | Rheumatoid arthritis | Psoriatic arthritis | Ankolysing spondilitis | Gout |
| | | R | S | T | U | V | W | Х | Y | Z | a | b | С | d | е | f | g | h | i |
| q3. When your arthritis is at its worst, do you struggle with any of the following? Please tick all that apply. | | | | | | | | | | | | | | | | | | | |
| Unweighted base | 2008 | 360 | 107 | 32 | 4 | 1296 | 42 | 128 | 39 | 491 | 479 | 544 | 145 | 284 | 1364 | 343 | 49 | 87 | 154 |
| Base Getting out of bed | 2008 31% | 197 | 80 43% | 29 24% | 2 27% | 1599 30% | 24 26% | 54 56% | 22 65% | 443 23% | 492 26% | 579 34% | 155 35% | 286 48% | 1792 31% | 143 45% | 28 46% | 21 64% | 68 34% |
| Getting out or bed | 3176 | 30% | * | Z470 ** | ** | 30% | 20% | RV* | ** | 2376 | 20% | Za | Z* | Zabc | 3176 | 45 % ei | e* | efgi* | 3476 |
| Getting around | 39% | 39% | 33% | 48% | 53% | 38% | 39% | 66% RSV* | 53% | 31% | 31% | 44% Za | 40% | 55% Zabc | 39% | 50% e | 56% e* | 55% e* | 61% ef |
| Going up and down stairs | 56% | 50% | 53% | 45% | 46% | 56% | 44% | 79% RSV* | 83% | 51% | 47% | 61% Za | 61% a* | 69% Za | 56% | 65% e | 69% | 67% e* | 65% e |
| Working | 17% | 30% | 20% | 35% | 27% | 13% | 40% | 42% | 49% | 11% | 18% | 15% | 18% | 27% | 15% | 28% | 36% | 37% | 31% |
| | | V | * | ** | ** | | ** | RSV* | ** | | Z | | | Zab | | е | e* | e* | е |
| Looking after children / grandchildren | 12% | 9% | 8% | 23% | 28% | 12% | 6% | 17% | 34% | 7% | 8% | 15% Za | 16% Za* | 20% Za | 12% | 13% | 25% ef* | 21% ef* | 13% |
| Getting out of a chair | 40% | 34% | 37% | 35% | ** | 40% | 32% | 65% RSV* | 57% | 28% | 32% | 45% Za | 43% Z* | 60% Zabc | 40% | 48% e | 47% | 56% e* | 45% |
| Gardening | 51% | 39% | 58% R* | 48% | 27% | 52% R | 43% | 53% R* | 50% | 43% | 48% | 50% | 57% Z* | 67% Zab | 52% | 51% | 65% i* | 70% efi* | 46% |
| Putting the kettle on | 7% | 10% V | 9% | 1% | - | 6% | 10% | 33% RSV* | 24% | 4% | 6% | 6% | 8% | 14% Zab | 6% | 16% | 25% e* | 22% | 18% |
| Getting dressed | 22% | 21% | 17% | 29% | - | 21% | 35% | 49% RSV* | 52% | 18% | 17% | 22% | 23% | 40% Zabc | 22% | 35% | 35% e* | 43% e* | 31% |
| Making meals | 15% | 16% | 8% | 12% | | 14% | 10% | 48% | 48% | 9% | 10% | 16% | 18% | 27% | 14% | e 26% | 9° | 38% | e 25% |
| | | | | ** | ** | 28% | ** | RSV* | ** | | | Za | Za* | Zab 49% | 29% | e 44% | e* 49% | efi* | е |
| Carrying out daily tasks | 30% | 33% | 27% | 43% | ** | 28% | 34% | 64% RSV* | 53% | 19% | 25% | 30% Z | 39% Za* | Zab | 29% | 44% e | 49% e* | 54% e* | 45% e |
| Going to the shops | 27% | 25% | 15% | 27% | 27% | 27% | 32% | 53% RSV* | 56% ** | 18% | 19% | 30% Za | 33% Za* | 45% Zab | 27% | 34% e | 46% e* | 46% ef* | 39% e |
| Making, or keeping, social arrangements | 12% | 14% | 13% | 13% | - | 10% | 11% | 40% RSV* | 44% | 6% | 8% | 11% Z | 15% Z* | 26% Zab | 11% | 22% | 35% ef* | 27% e* | 29% |
| Intimacy (e.g. hugging, sexual relations etc) | 12% | 13% | 7% | 27% | | 11% | 20% | 35% RSV* | 50% | 7% | 9% | 15% Za | 13% | 22% Zab | 12% | 21% | 34% efi* | 33% efi* | 18% e |
| None of the above | 18% | 20% | 12% | 14% | - | 19% X | 11% | 9% | 9% | 22% | 23% | 15% | 17% | 10% | 18% | 13% | 7% | 6% | 16% |
| q4. In which, if any, of the following ways has arthritis affected your, or your partner's, working life? Please tick all that apply. | | Х | | | | Х | | | | bd | bd | | | | fgh | h | • | | h |
| Unweighted base | 2008 | 360 | 107 | 32 | 4 | 1296 | 42 | 128 | 39 | 491 | 479 | 544 | 145 | 284 | 1364 | 343 | 49 | 87 | 154 |
| Base I had to give up work | 2008 9% | 197 4% | 80 4% | 29 3% | 2 | 1599 9% | 24 22% | 54 40% | 22 45% | 443 4% | 492 7% | 579 9% | 155 15% | 286 21% | 1792 9% | 143 20% | 28 13% | 21 35% | 68 15% |
| | | | * | ** | ** | R | ** | RSV* | ** | | | Z | Za* | Zab | | е | | efgi* | е |
| I had to move to a part-time position or reduce my hours | 3% | 5% V | 16% RVX* | 24% | 19% | 2% | 4% | 2% | 3% | 3% | 2% | 3% | 3% | 5% | 3% | 6% e | 18% efhi* | 2% | 4% |
| I had to change the type of work I do | 5% | 14% VX | 12% V* | 9% | - | 3% | 26% | 5% * | 5% | 4% | 5% | 4% | 7% | 9% Zb | 5% | 6% | 15% efi* | 11% ei* | 4% |
| I had to take early retirement | 10% | 5% | 1% | 5% | 28% | 12% RS | 8% | 6% | 12% | 3% | 8% 7 | 10% 7 | 11% Z* | 24% Zabc | 10% | 18% | 20% e* | 28% efi* | 15% |
| My partner has had to reduce their hours to care for me | 1% | 0% | 5% RV* | | - | 1% | 2% | 2% | 8% | 1% | 1% | 2% | | 1% | 1% | 1% | 5% ei* | 3% ei* | |
| My partner has had to stop working to care for me | 1% | 0% | - | - | | 1% | 2% | 4% RV* | 4% | - | 1% | 1% | 0% | 2% Z | 1% | 2% | 3% | 8% efi* | 1% |
| Other | 6% | 8% | 10% | 11% | - | 5% | 11% | 6% * | 36% | 9% | 5% | 6% | 8% | 2 6% | 6% | e 5% | 10% | 12% | 9% |
| My arthritis has not affected my or my partner's working life | 42% | 59% | 43% | 48% | 53% | 42% | 17% | 20% | 11% | 44% | 43% | 42% | 46% | 39% | 43% | 33% | 31% | ef* 24% | 37% |
| | | SVX | X* | ** | ** | X | ** | | ** | | | | | | fh | | | * | h |
| Not applicable | 30% | 12% | 17% | 11% | ** | 34% RS | 24% | 25% R* | 8% | 37% cd | 34% cd | 31% cd | 18% | 19% | 31% fgh | 23% | 11% | 14% | 27% gh |



Which of the following statements best describes how you take any painkillers for your arthritis pain? Please think about ALL painkillers prescribed by a health professional, plus any paracetamiol or pain relief medicines that you could buy in a supermarket or pharmacy without a prescription.

Total

YouGov / Arthritis Care Survey Results

| I take painkillers every day | I take painkillers most days | I take painkillers some days | I never take painkillers |
|------------------------------------|------------------------------------|------------------------------------|--------------------------|
| - 1 | k | - 1 | m |

q3. When your arthritis is at its worst, do you struggle with any of the following? Please tick all that apply.

| Unweighted base 2008 669 233 834 257 Base 2008 628 247 852 263 Getting out of bed 31% 54% 37% 19% 13% Getting around 39% 61% 46% 28% 18% Kilm Im m m 75% 666% 45% 37% Im Im Im Im Im Im Im | following? Please tick all that apply. | | | | | |
|---|---|------|-----|-----|-----|-----|
| Getting out of bed Getting around Getting around Getting around 39% 61% 46% 22% 18% 18% Im Going up and down stairs Working 17% 227% 16% 45% 37% Im Im Im Looking after children / grandchildren Getting out of a chair Getting out of a chair Getting out of a chair First State Getting out of a chair Getting out of a chair First State First State Getting out of a chair Getting out of a chair First State | Unweighted base | 2008 | 669 | 233 | 834 | 257 |
| Setting around Sett | Base | 2008 | 628 | 247 | 852 | 263 |
| Getting around 39% 61% kim lm m Gardening 51% kim lm m 18% | Getting out of bed | 31% | 54% | 37% | 19% | 13% |
| Section Sect | | | klm | lm | | |
| Going up and down stairs 56% 75% 66% 11% 37% 11% 12% 10% 12% 10% 12% 10% 12% 10% 12% 10% 12% 10% 12% 10% 12% | Getting around | 39% | 61% | 46% | 28% | 18% |
| Im | | | klm | lm | m | |
| Working 17% 27% 16% 10% 12% 12% 16% 10% 12% 12% 16% 10% 12% | Going up and down stairs | 56% | 75% | 66% | 45% | 37% |
| Looking after children / grandchildren 12% 20% 12% 8% 6% 6% klm 12% 8% 6% klm 12% 8% 6% 6% klm 18% 1 | | | lm | lm | | |
| Looking after children / grandchildren Getting out of a chair Getting out of a chair Gardening 51% | Working | 17% | 27% | 16% | 10% | 12% |
| Skim | | | klm | | | |
| Getting out of a chair 40% 60% 42% 11% 18% | Looking after children / grandchildren | 12% | 20% | 12% | 8% | 6% |
| Sardening S1% EM | | | klm | | | |
| Gardening 51% 64% 57% 46% 32% 12% 18% 64% 18 | Getting out of a chair | 40% | 60% | 42% | 31% | 18% |
| Im | | | klm | lm | m | |
| Putting the kettle on 7% 15% 7% 3% 2% kim Getting dressed 22% 44% 19% 12% 8% klm Making meals 15% 32% 15% 6% 5% klm Im Carrying out daily tasks 30% 48% 38% 19% 13% Im Going to the shops 27% 48% 34% 15% 15% 12% 12% klm Im Making, or keeping, social arrangements 12% 25% 13% 5% 4% Im Intimacy (e.g. hugging, sexual relations etc) 12% 23% 13% 7% 5% Im None of the above 18% 49% 9% 24% 42% | Gardening | 51% | 64% | 57% | 46% | 32% |
| Setting dressed 22% 44% 19% 12% 8% | | | lm | lm | m | |
| Getting dressed 22% 44% 19% 12% 8% 18% 12% | Putting the kettle on | 7% | 15% | 7% | 3% | 2% |
| Making meals 15% 32% 15% 6% 5% 5% 16m m m m m m m m m m | | | klm | | | |
| Making meats 15% 32% 15% 6% 5% kim Im Carrying out daily tasks 30% 48% 38% 19% 13% 13% Im Going to the shops 27% 48% 34% 15% 12% 12% kim Im Making, or keeping, social arrangements 12% 25% 13% 5% 4% Im Intimacy (e.g. hugging, sexual relations etc) 12% 23% Im None of the above 18% 4% 9% 24% 42% | Getting dressed | 22% | 44% | 19% | 12% | 8% |
| Skim Im Im Im Im Im Im Im Im | | | klm | m | | |
| Carrying out daily tasks 30% 48% 38% 19% 13% Im Im Going to the shops 27% 48% 34% 15% 12% 12% 18 | Making meals | 15% | 32% | 15% | 6% | 5% |
| Im Im Im Im 34% 15% 12% 12% 15% 12% 15% 12% 15% 12% 15% 15% 12% 15 | | | klm | lm | | |
| Going to the shops 27% 48% 34% 15% 12% | Carrying out daily tasks | 30% | 48% | 38% | 19% | 13% |
| kim lm m kim km km km km km k | | | lm | lm | | |
| Making, or keeping, social arrangements 12% 25% 13% 5% 4% Intimacy (e.g. hugging, sexual relations etc) 12% 23% 13% 7% 5% Idm Im None of the above 18% 4% 9% 24% 42% | Going to the shops | 27% | 48% | 34% | 15% | 12% |
| Intimacy (e.g. hugging, sexual relations etc) | | | klm | lm | | |
| Intimacy (e.g. hugging, sexual relations etc) 12% 23% 13% 7% 5% kim In None of the above 18% 4% 9% 24% 42% | Making, or keeping, social arrangements | 12% | 25% | 13% | 5% | 4% |
| klm Im None of the above 18% 4% 9% 24% 42% | | | klm | lm | | |
| None of the above 18% 4% 9% 24% 42% | Intimacy (e.g. hugging, sexual relations etc) | 12% | 23% | 13% | 7% | 5% |
| | | | | | | |
| j jk jkl | None of the above | 18% | 4% | 9% | | |
| | | | | j | jk | jkl |

q4. In which, if any, of the following ways has arthritis affected your, or your partner's, working life? Please tick all that apply.

| i tnat apply. | | | | | |
|---|------|-----|-----|-----|-----|
| Unweighted base | 2008 | 669 | 233 | 834 | 257 |
| Base | 2008 | 628 | 247 | 852 | 263 |
| I had to give up work | 9% | 21% | 11% | 3% | 3% |
| | | klm | lm | | |
| I had to move to a part-time position or reduce my hours | 3% | 5% | 5% | 2% | 0% |
| | | lm | lm | | |
| I had to change the type of work I do | 5% | 7% | 11% | 3% | 2% |
| | | lm | lm | | |
| I had to take early retirement | 10% | 20% | 14% | 4% | 2% |
| | | lm | lm | | |
| My partner has had to reduce their hours to care for me | 1% | 2% | 0% | 1% | - |
| | | 1 | | | |
| My partner has had to stop working to care for me | 1% | 2% | 0% | 0% | 0% |
| | | 1 | | | |
| Other | 6% | 6% | 5% | 6% | 7% |
| | | | | | |
| My arthritis has not affected my or my partner's working life | 42% | 30% | 30% | 51% | 55% |
| , | | | | | |
| | | | | jk | jk |
| Not applicable | 30% | 26% | 33% | 32% | 32% |
| | | | | i | |



| | Total | Social | grade | Government Office Region | | | | | | | | | | Age | | | Ge | nder |
|---|-------------|-------------|------------|--------------------------|------------|------------|------------|------------|------------|------------|---------------------|-----------|-----------|------------|-------------|------------|------------|-------------|
| YouGov / Arthritis Care Survey Results | Total | ABC1 | C2DE | North | Midlands | East | London | South | Wales | Scotland | Northern Ireland | Under 45 | 45-54 | 55-64 | 65+ | Under 65 | Male | Female |
| | | Α | В | С | D | E | F | G | н | - 1 | J | K | L | М | N | 0 | Р | Q |
| q5. Which of the following best describes the level of pain that would make you go to your doctor or specialist? | | | | | | | | | | | | | | | | | | |
| Unweighted base | 2008 | 1214 | 794 | 506 | 309 | 189 | 142 | 509 | 139 | 190 | 24 | 99 | 148 | 678 | 1083 | 925 | 917 | 1091 |
| Base | 2008 | 1338 | 670 | 503 | 294 | 199 | 132 | 571 | 131 | 163 | 16 | 38 | 63 | 292 | 1616 | 392 | 798 | 1210 |
| When it's not really painful | 2% | 1% | 2% | 2% | 1% | 0% | 0% | 2% | 4% | 2% | | 1% | 2% | 2% | 1% | 2% | 2% | 1% |
| A dull but constant pain in the background all the time | 8% | 8% | 7% | 8% | 7% | 5% | 13% | 9% | 6% | 9% | 5% | 5% | 10% | 9% | 8% | 9% | 10% | 7% |
| A sharp and insistent pain that is always there | 14% | 13% | 14% | 12% | 14% | 12% | E* 14% | 12% | 15% | 23% | ** | 21% | 14% | 12% | 14% | 14% | 15% | 13% |
| | | | | | | | * | | * | CG | ** | MNO* | | | | | | |
| When the pain is just bearable and occasionally stops me doing everyday activities | 14% | 14% | 15% | 14% | 13% | 15% | 11% | 16% | 16% | 11% | 3% | 14% | 8% | 12% | 15% | 12% | 18% | 12% |
| When the pain is often unbearable and frequently stops me | 48% | 47% | 49% | 50% | 51% | 47% | 41% | 46% | 47% | 47% | 65% | 49% | 51% | 52% | L 47% | 51% | Q 40% | 53% |
| doing everyday activities | 4070 | 41,70 | 4070 | 0070 | 0170 | 4170 | * | 4070 | * | 47,0 | ** | * | 0170 | 0270 | 4170 | 0170 | 4070 | P |
| None of the above | 11% | 12% | 10% | 12% | 13% | 15% | 19% GI* | 9% | 11% | 6% | 16% | 9% | 15% | 10% | 12% | 10% | 12% | 11% |
| Don't know | 3% | 3% | 3% | 3% | 1% | 6% | 1% | 5% | 1% | 3% | 3% | 1% | 0% | 3% | 4% | 2% | 3% | 3% |
| q6. Which of the following best describes your usual | | | | | | D | * | D | * | | ** | | | | | | | |
| level of pain from your arthritis when you are taking all your medicines? | | | | | | | | | | | | | | | | | | |
| Unweighted base | 2008 | 1214 | 794 | 506 | 309 | 189 | 142 | 509 | 139 | 190 | 24 | 99 | 148 | 678 | 1083 | 925 | 917 | 1091 |
| Base It's not really painful | 2008 18% | 1338 21% | 670 11% | 503 13% | 294 21% | 199 19% | 132 15% | 571 18% | 131 15% | 163 26% | 16 37% | 38 21% | 63 18% | 292 14% | 1616 18% | 392 15% | 798 17% | 1210 18% |
| it's not really painful | 1076 | B | 1176 | 13% | C C | 1976 | * | 10% | * | C C | ** | * | 10% | 1470 | 10% | 13% | 1770 | 10% |
| A dull but constant pain is in the background all the time | 34% | 33% | 36% | 37% F | 36% F | 31% F | 17% | 37% F | 29% | 35% F | 15% | 33% | 34% | 35% | 34% | 34% | 37% | 32% |
| A sharp and insistent pain is always there | 4% | 3% | 7% A | 4% | 2% | 4% | 7% | 3% | 5% | 5% | 8% | 4% | 5% | 6% N | 3% | 6% N | 5% | 3% |
| The pain is just bearable and occasionally stops me doing | 23% | 23% | 24% | 22% | 23% | 24% | 29% | 24% | 27% | 18% | 8% | 20% | 26% | 21% | 24% | 22% | 21% | 25% |
| everyday activities | | | | | | | | | | | ** | | | | | | | |
| The pain is often unbearable and frequently stops me doing everyday activities | 9% | 7% | 13% | 11% | 11% | 10% | 9% | 5% | 16% | 8% | 17% | 12% | 10% | 14% | 8% | 13% | 10% | 9% |
| | 11% | 12% | A 9% | G 12% | G | | 22% | 11% | G* 7% | 7% | 16% | 11% | 7% | N 9% | 11% | N 9% | 9% | |
| None of the above | | | | | 7% | 11% | CDEGHI* | | * | | ** | | | | | | | 12% |
| Don't know | 1% | 1% | 1% | 2% | 0% | - | 0% | 2% | 1% | 1% | ** | | 0% | 1% | 2% | 1% | 1% | 2% |
| q6_rc. Which of the following best describes your usual level of pain from your arthritis when you are taking all your medicines? | | | | | | | | | | | | | | | | | | |
| Unweighted base | 1736 | 1037 | 699 | 452 | 277 | 156 | 107 | 438 | 122 | 164 | 20 | 85 | 125 | 605 | 921 | 815 | 782 | 954 |
| Base It's not really painful | 1726 15% | 1141 | 585 9% | 441 11% | 267 | 160 14% | 102 | 485 15% | 119 | 140 | 13 31% | 33 21% | 54 12% | 262 13% | 1378 16% | 348 13% | 672 15% | 1055 |
| | | В | | | C | * | * | | * | CH* | ** | MO* | | | | | | |
| Intermittent and not severe | • | | - | | | : | : | - | | | ** | : | | - | - | | - | |
| A dull but constant pain is in the background all the time | 36% | 36% | 37% | 38% F | 37% F | 34% | 21% | 40% F | 31% | 36% F* | 13% | 36% | 38% | 36% | 36% | 36% | 39% | 35% |
| A sharp and insistent pain is always there | 4% | 3% | 7% A | 4% | 2% | 5% | 9% D* | 3% | 5% | 5% | 9% | 5% | 6% | 7% N | 4% | 6% N | 5% | 4% |
| The pain is just bearable and occasionally stops me doing everyday activities | 25% | 25% | 26% | 22% | 24% | 29% | 33% | 27% | 29% | 19% | 9% | 18% | 28% | 22% | 26% | 23% | 23% | 27% |
| The pain is often unbearable and frequently stops me doing everyday activities | 10% | 8% | 14% | 12% | 12% | 11% | 11% | 6% | 17% | 9% | 20% | 11% | 11% | 15% | 9% | 14% | 11% | 10% |
| None of the above | 8% | 9% | A 6% | G 10% | G 5% | 6% | 13% | 7% | G* 6% | * 7% | 16% | 9% | 6% | N 7% | 8% | N 7% | 6% | 9% |
| Don't know | 1% | 1% | 1% | 2% | 0% | | | 2% | 1% | * | ** | | | 1% | 1% | 1% | 1% | 1% |
| Survivion | | | | | | | | | | | ** | | | | | | | |



| | | | | | Working st | atus | | | | | | Time had arthr | itis | | And what type | e(s) of arthritis | do you have? | Please tick all t | hat apply. |
|---|-------------|--|--------------------------------|---------------------------------------|----------------------|-------------|------------|-----------|-----------|---------------|------------|----------------|-------------|---------------|----------------|-------------------------|------------------------|------------------------|------------|
| YouGov / Arthritis Care Survey Results | Total | Working full time (30 or more hours per week) | time (8-29 hours a week) | time (Less than 8 hours a week) | Full time student | Retired | Unemployed | | | Under 5 years | 5-9 years | 10-15 years | 16-20 years | Over 20 years | Osteoarthritis | Rheumatoid arthritis | Psoriatic arthritis | Ankolysing spondilitis | Gout |
| q5. Which of the following best describes the level of pain that would make you go to your doctor or specialist? | | R | S | Т | U | V | W | х | Y | Z | a | b | С | d | е | f | g | h | i |
| Unweighted base | 2008 | 360 | 107 | 32 | 4 | 1296 | 42 | 128 | 39 | 491 | 479 | 544 | 145 | 284 | 1364 | 343 | 49 | 87 | 154 |
| Base | 2008 | 197 | 80 | 29 | 2 | 1599 | 24 | 54 | 22 | 443 | 492 | 579 | 155 | 286 | 1792 | 143 | 28 | 21 | 68 |
| When it's not really painful | 2% | 1% | 2% | 2% | ** | 1% | ** | 6% RV* | 2% | 2% | 1% | 1% | 2% | 2% | 2% | 3% | 4% | : | 1% |
| A dull but constant pain in the background all the time | 8% | 9% | 9% | 5% | - | 8% | 4% | 4% | 1% | 8% | 11% bd | 6% | 8% | 5% | 8% | 8% | 9% | 7% | 7% |
| A sharp and insistent pain that is always there | 14% | 15% | 14% | 25% | 47% | 13% | 21% | 13% | 9% | 15% | 14% | 14% | 8% | 12% | 14% | 12% | 9% | 11% | 12% |
| When the pain is just bearable and occasionally stops me | 14% | 12% | 12% | 4% | ** | 15% | 11% | 9% | 5% | 16% | 18% | 12% | 11% | | 14% | 12% | 18% | 8% | 16% |
| doing everyday activities | 14% | 12% | 12% | 4% ** | ** | 15% | 11% | 9% * | 5% | 16% | 18% | 12% | 11% | 11% | 14% | 12% | 18% | * | 16% |
| When the pain is often unbearable and frequently stops me doing everyday activities | 48% | 46% | 52% | 52% | 53% | 47% | 44% | 60% | 53% | 44% | 44% | 47% | 57% | 56% | 48% | 50% | 55% | 56% | 50% |
| doing everyday activities | | | | ** | ** | | ** | RV* | ** | | | | Za* | Za | | | | | |
| None of the above | 11% | 17% VX | 10% | 9% | - | 11% | 16% | 7% * | 26% | 11% | 10% | 14% | 10% | 10% | 11% | 10% | 4% | 16% ai* | 8% |
| Don't know | 3% | 1% | 1% | 2% | | 4% | 4% | 1% | 5% | 3% | 1% | 5% | 3% | 4% | 3% | 5% | 2% | 2% | 6% |
| q6. Which of the following best describes your usual | | | • | ** | ** | R | ** | * | ** | | | а | | | | е | • | | е |
| level of pain from your arthritis when you are taking all your medicines? | | | | | | | | | | | | | | | | | | | |
| Unweighted base | 2008 | 360 | 107 | 32 | 4 | 1296 | 42 | 128 | 39 | 491 | 479 | 544 | 145 | 284 | 1364 | 343 | 49 | 87 | 154 |
| Base It's not really painful | 2008 18% | 197 16% | 80 12% | 29 30% | 27% | 1599 18% | 24 6% | 54 7% | 22 9% | 443 24% | 492 19% | 579 15% | 155 18% | 286 10% | 1792 17% | 143 15% | 28 15% | 21 9% | 68 23% |
| | | | | ** | ** | х | ** | | ** | bd | d | | | | h | | | | fh |
| A dull but constant pain is in the background all the time | 34% | 37% | 47% V* | 20% | 27% | 33% | 45% | 31% | 37% | 30% | 36% | 34% | 39% | 33% | 34% i | 32% i | 22% | 33% | 22% |
| A sharp and insistent pain is always there | 4% | 4% | 3% | 3% | - | 4% | 2% | 9% V* | 3% | 4% | 3% | 3% | 3% | 7% b | 4% | 7% | 2% | 10% e* | 6% |
| The pain is just bearable and occasionally stops me doing | 23% | 18% | 22% | 31% | 28% | 24% | 20% | 20% | 29% | 23% | 22% | 24% | 23% | 25% | 23% | 24% | 39% | 20% | 24% |
| everyday activities | | | | ** | ** | | ** | * | ** | | | | | | | | efhi* | | |
| The pain is often unbearable and frequently stops me doing everyday activities | 9% | 8% | 7% | 14% | 19% | 9% | 6% | 23% | 20% | 5% | 6% | 11% | 10% | 17% | 9% | 13% | 12% | 20% | 15% |
| | | | | ** | ** | | ** | RSV* | ** | | | z | | Zab | | е | | e* | е |
| None of the above | 11% | 15% | 9% | 1% | ** | 11% | 21% | 9% | 2% | 12% c | 13% c | 11% c | 4% | 7% | 11% | 8% | 9% | 8% | 7% |
| Don't know | 1% | 2% | 1% | 2% | - | 1% | - | 1% | | 2% | 1% | 2% | 4% ad* | 0% | 1% | 1% | | - | 3% |
| q6_rc. Which of the following best describes your usual level of pain from your arthritis when you are taking all your medicines? | | | | | | | | | | | | | au | | | | | | |
| Unweighted base | 1736 | 307 | 91 | 25 | 3 | 1120 | 33 | 120 | 37 | 420 | 411 | 467 | 126 | 259 | 1201 | 304 | 44 | 80 | 134 |
| Base It's not really painful | 1726 15% | 170 14% | 69 11% | 24 17% | 2 37% | 1374 | 18 | 49 7% | 21 10% | 382 21% | 416 18% | 491 13% | 133 12% | 263 9% | 1546 15% | 126 | 25 12% | 19 | 60 22% |
| | | | * | ** | ** | X | ** | * | ** | bd | d | .576 | * | | h | ,. | | * | efh |
| Intermittent and not severe | • | | | ** | ** | | | : | | | | - | : | | | - | : | : | . |
| A dull but constant pain is in the background all the time | 36% | 41% | 49% | 23% | 37% | 35% | 56% | 33% | 36% | 32% | 39% | 37% | 41% | 33% | 37% i | 35% i | 22% | 34% i* | 19% |
| A sharp and insistent pain is always there | 4% | 5% | 4% | 4% | - | 4% | 2% | 10% V* | 3% | 4% | 4% | 3% | 3% | 8% b | 4% | 8% | 2% | 11% | 6% |
| The pain is just bearable and occasionally stops me doing everyday activities | 25% | 20% | 21% | 37% | - | 26% | 18% | 22% | 30% | 26% | 23% | 26% | 27% | 26% | 25% | 26% | 41% | 21% | 25% |
| The pain is often unbearable and frequently stops me doing | 10% | 9% | 7% | 17% | 26% | 10% | 6% | 24% | 21% | 5% | 7% | 12% | 12% | 19% | 10% | 13% | efhi* | 22% | 18% |
| everyday activities | 10,0 | 0,0 | | ** | ** | 10,0 | ** | RSV* | ** | 0,0 | | Z Z | * | Za | 10,0 | 10,0 | * | ef* | е |
| None of the above | 8% | 10% | 8% | 1% | | 8% | 8% | 3% | | 11% | 8% | 7% | 2% | 6% | 8% | 5% | 7% | 6% | 7% |
| Don't know | 1% | 2% | 1% | ** | ** | 1% | ** | 1% | | c 1% | 1% | 1% | 3% | 0% | 1% | 1% | | | 3% |
| | | | * | ** | ** | | ** | * | ** | | | | • | | | | • | | е |



| Total | painkillers prescribed b | for your arthriti by a health profe | is pain? Please t essional, plus an | scribes how you take any hink about ALL painkillers y paracetamol or pain reli ket or pharmacy without |
|-------|------------------------------------|--|--|---|
| Total | I take painkillers every day | I take painkillers most days | I take painkillers some days | I never take painkiller |

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q5. Which of the following best describes the level of pain that would make you go to your doctor or specialist?

| Unweighted base | 2008 | 669 | 233 | 834 | 257 |
|---|------|-----|-----|-----|----------|
| Base | 2008 | 628 | 247 | 852 | 263 |
| When it's not really painful | 2% | 2% | 0% | 2% | 2% |
| A dull but constant pain in the background all the time | 8% | 8% | 4% | 9% | 12% k |
| A sharp and insistent pain that is always there | 14% | 15% | 18% | 13% | 10% |
| When the pain is just bearable and occasionally stops me doing everyday activities | 14% | 12% | 15% | 16% | 13% |
| When the pain is often unbearable and frequently stops me doing everyday activities | 48% | 54% | 57% | 47% | 32% |
| | | m | lm | m | |
| None of the above | 11% | 7% | 5% | 13% | 25% |
| | | | | jk | jkl |
| Don't know | 3% | 4% | 0% | 2% | 7% |
| | | k | | | kl |

q6. Which of the following best describes your usual level of pain from your arthritis when you are taking all your modicines?

| our medicines? | | | | | |
|---|------|-----|-----|-----|-----|
| Unweighted base | 2008 | 669 | 233 | 834 | 257 |
| Base | 2008 | 628 | 247 | 852 | 263 |
| It's not really painful | 18% | 6% | 7% | 24% | 29% |
| | | | | jk | jk |
| A dull but constant pain is in the background all the time | 34% | 35% | 50% | 34% | 21% |
| | | m | jlm | m | |
| A sharp and insistent pain is always there | 4% | 6% | 7% | 2% | 2% |
| | | 1 | lm | | |
| The pain is just bearable and occasionally stops me doing everyday activities | 23% | 33% | 26% | 20% | 12% |
| | | lm | m | m | |
| The pain is often unbearable and frequently stops me doing everyday activities | 9% | 19% | 9% | 4% | 2% |
| | | klm | m | | |
| None of the above | 11% | 2% | 1% | 15% | 30% |
| | | | | jk | jkl |
| Don't know | 1% | 1% | 0% | 1% | 4% |
| | | | | | ikl |

q6_rc. Which of the following best describes your usual level of pain from your arthritis when you are taking all your medicines?

| our medicines? | | | | | |
|--|------|-----------|-----------|-----------|--|
| Unweighted base | 1736 | 669 | 233 | 834 | |
| Base | 1726 | 628 | 247 | 852 | |
| It's not really painful | 15% | 6% | 7% | 24% jk | |
| Intermittent and not severe | | - | - | - | |
| A dull but constant pain is in the background all the time | 36% | 35% | 50% jl | 34% | |
| A sharp and insistent pain is always there | 4% | 6% I | 7% I | 2% | |
| The pain is just bearable and occasionally stops me doing everyday activities | 25% | 33% I | 26% | 20% | |
| The pain is often unbearable and frequently stops me doing everyday activities | 10% | 19% kl | 9% | 4% | |
| None of the above | 8% | 2% | 1% | 15% jk | |
| Don't know | 1% | 1% | 0% | 1% | |



| | Total | Social | Social grade Government Office Region | | | | | | | | | | | | Gender | | | |
|--|-------------|-------------|---------------------------------------|-------------|------------|------------|-------------|------------|-------------|------------|---------------------|------------|-----------|------------|-------------|------------|------------|-------------|
| YouGov / Arthritis Care Survey Results | lotal | ABC1 | C2DE | North | Midlands | East | London | South | Wales | Scotland | Northern Ireland | Under 45 | 45-54 | 55-64 | 65+ | Under 65 | Male | Female |
| | | Α | В | С | D | Е | F | G | н | 1 | J | К | L | М | N | 0 | Р | Q |
| q7. Which, if any, of the following types of medication have you used to treat the pain? Please tick all that apply. | | | | | | | | | | | | | | | | | | |
| Unweighted base | 2008 | 1214 | 794 | 506 | 309 | 189 | 142 | 509 | 139 | 190 | 24 | 99 | 148 | 678 | 1083 | 925 | 917 | 1091 |
| Base Paracetamol | 2008 59% | 1338 | 670 57% | 503 61% | 294 62% | 199 53% | 132 48% | 571 60% | 131 62% | 163 58% | 16 64% | 38 55% | 63 48% | 292 56% | 1616 60% | 392 55% | 798 54% | 1210 63% |
| | | | | F | F | | | | * | | ** | | | | LO | | | P |
| Non-steroidal anti-inflammatory drugs (NSAIDs), such as Ibuprofen or Diclofenac | 45% | 45% | 44% | 43% | 45% | 47% | 42% | 43% | 48% | 48% | 69% | 61% N* | 50% | 56% N | 42% | 55% N | 45% | 44% |
| Steroids (corticosteroids) such as Prednisolone | 7% | 7% | 8% | 8% | 7% | 8% | 6% | 6% | 7% * | 7% | 9% | 12% N* | 12% N | 11% N | 6% | 11% N | 7% | 7% |
| Disease-modifying anti-rheumatic drugs (DMARDs), such as Methotrexate, Sulfasalazine or Hydroxychloroquine | 3% | 3% | 3% | 3% | 4% | 5% | 4% | 2% | 3% | 2% | 3% | 12% | 8% | 7% | 2% | 7% | 2% | 3% |
| | | | | | | | | | | | ** | N* | N | N | | N | | |
| Other medication that can be bought 'over the counter' without a prescription (regardless of whether you had a prescription for it or not) | 16% | 16% | 15% | 12% | 19% | 13% | 8% | 17% | 25% | 17% | 5% | 18% | 14% | 15% | 16% | 15% | 13% | 18% |
| | | | | | F | | | F | CEF* | | ** | | | | | | | P |
| Other medication that can only be obtained with a prescription | 35% | 31% | 41% A | 40% FG | 37% | 34% | 27% | 29% | 40% | 38% | 31% | 34% | 38% | 43% N | 33% | 41% N | 36% | 34% |
| Don't know | 0% | 0% | 0% | 0% | | | 1% | 0% | 1% | 0% | - | 1 : | 2% MNO | 0% | 0% | 1% N | 0% | 0% |
| None of these | 8% | 9% | 7% | 6% | 4% | 11% | 17% | 10% | 5% | 8% | 18% | 6% | 6% | 7% | 9% | 7% | 9% | 8% |
| Net: Any over the counter medication | 81% | 82% | 79% | 83% | 86% | D 79% | CDH* 70% | CD 81% | 82% | 82% | 81% | 82% | 78% | 81% | 81% | 80% | 78% | 83% |
| | | | | F | F | | * | F | | | ** | | | | | | | P |
| Net: Any prescription medication | 40% | 36% | 46% A | 45% FG | 40% | 41% | 32% | 34% | 46% | 43% | 35% | 49% N* | 44% | 48% N | 38% | 48% N | 40% | 39% |
| q8. Since being diagnosed with arthritis, which, if any, of the following treatments have you had to alleviate the pain? Please tick all that apply. | | | | | | | | | | | | | | | | | | |
| Unweighted base | 2008 | 1214 | 794 | 506 | 309 | 189 | 142 | 509 | 139 | 190 | 24 | 99 | 148 | 678 | 1083 | 925 | 917 | 1091 |
| Base Anti-inflammatory gel (e.g. ibuprofen gel) | 2008 47% | 1338 46% | 670 49% | 503 43% | 294 52% | 199 43% | 132 42% | 571 47% | 131 51% | 163 52% | 16 51% | 38 | 63 37% | 292 50% | 1616 47% | 392 47% | 798 43% | 1210 49% |
| | | | | | | | * | | | | ** | | | KLO | L | L 6% | | P 4% |
| Capsaicin gel | 3% | 3% | 4% | 4% | 3% | 1% | 2% | 4% | 4% | 4% | 5% | 4% | 6% | 6% N | 3% | N | 2% | 4% |
| Steroid injections directly into the joint | 23% | 20% | 28% A | 30% DEFI | 21% F | 16% | 11% | 24% FI | 28% EFI* | 12% | 18% | 20% | 26% | 26% | 22% | 25% | 19% | 25% P |
| Assistive devices: braces/support | 7% | 6% | 9% | 8% | 9% | 8% | 4% | 7% | 6% | 8% | 7% | 13% | 12% | 10% | 7% | 10% | 7% | 8% |
| TENS | 17% | 16% | 19% | 18% | 20% | 15% | 15% | 14% | 19% | 18% | 33% | N* 17% | N 13% | N 19% | 16% | N 18% | 16% | 17% |
| Hot and cold therapy (thermotherapy) | 6% | 5% | 7% | 5% | 8% | 6% | 5% | 4% | 5% | 6% | 28% | 17% MN* | 16% MN | 9% N | 5% | 11% MN | 6% | 6% |
| Physiotherapy | 35% | 35% | 36% | 39% | 32% | 29% | 30% | 35% | 36% | 39% | 45% | 32% | 37% | 35% | 35% | 35% | 31% | 38% P |
| Hydrotherapy | 4% | 4% | 5% | 4% | 2% | 2% | 5% | 7% DE | 2% | 2% | 3% | 7% | 6% | 7% N | 4% | 7% N | 3% | 5% |
| Herbal remedies | 10% | 9% | 10% | 9% | 10% | 8% | 9% | 8% | 15% | 16% CG | 5% ** | 14% | 9% | 12% | 9% | 12% | 7% | 12% P |
| Nutritional supplements | 15% | 16% | 14% | 10% | 20% C | 16% | 13% | 17% C | 17% | 16% | 8% | 16% | 16% | 17% | 15% | 17% | 10% | 19% P |
| Acupuncture | 12% | 12% | 13% | 12% | 13% | 12% | 13% | 11% | 13% | 11% | 15% | 13% | 12% | 16% N | 11% | 15% N | 10% | 13% |
| Viscosupplementation | 0% | 0% | 0% | 0% | | 0% | - | - | - | | - | ; | | 0% N | - | 0% | 0% | |
| A joint replacement | 19% | 20% | 18% | 17% | 16% | 24% | 14% | 22% | 20% | 14% | 29% | 1% | 5% | 12% KLO | 21% KLMO | 10% KL | 19% | 19% |
| Training on how to manage your arthritis yourself | 9% | 8% | 9% | 9% | 8% | 8% | 6% | 9% | 10% | 9% | 7% | 14% | 16% | 12% | 8% | 13% | 10% | 8% |
| Other | 9% | 9% | 7% | 6% | 9% | 11% | 14% | 9% | 12% | 7% | 6% | N* 8% | N 6% | N 10% | 8% | N 9% | 8% | 9% |
| None of these | 17% | 18% | 16% | 17% | 19% | 16% | C* 24% | 17% | C* 13% | 16% | 24% | 18% | 22% | 16% | 17% | 17% | 20% | 15% |
| | | | | | | | * | | * | | ** | | | | | | Q | |



| | | Working status | | | | | | | | Time had arthr | ritis | | And what type(s) of arthritis do you have? Please tick all that apply. | | | | | | |
|--|--------------|--|--|---|----------------------|--------------|------------|-------------|-----------|----------------|------------|-------------|--|---------------|----------------|-------------------------|------------------------|------------------------|-----------|
| YouGov / Arthritis Care Survey Results | Total | Working full time (30 or more hours per week) | Working part time (8-29 hours a week) | Working part time (Less than 8 hours a week) | Full time student | Retired | Unemployed | Not working | Other | Under 5 years | 5-9 years | 10-15 years | 16-20 years | Over 20 years | Osteoarthritis | Rheumatoid arthritis | Psoriatic arthritis | Ankolysing spondilitis | Gout |
| q7. Which, if any, of the following types of medication | | K | | | - 0 | | W | ^ | - | | a | В | C | u | e | | g | | |
| have you used to treat the pain? Please tick all that apply. | | | | | | | | | | | | | | | | | | | |
| Unweighted base Base | 2008 2008 | 360 197 | 107 80 | 32 29 | 4 2 | 1296 1599 | 42 24 | 128 54 | 39 22 | 491 443 | 479 492 | 544 579 | 145 155 | 284 286 | 1364 1792 | 343 143 | 49 28 | 87 21 | 154 68 |
| Paracetamol | 59% | 54% | 60% | 62% | 46% | 60% | 46% | 54% | 57% | 58% | 59% | 62% | 59% | 60% | 60% | 56% | 57% | 64% | 43% |
| Non-steroidal anti-inflammatory drugs (NSAIDs), such as | 45% | 53% | 48% | 50% | 27% | 43% | 42% | 46% | 41% | 44% | 40% | 45% | 43% | 57% | i 45% | i 46% | 62% | i* 45% | 50% |
| Ibuprofen or Diclofenac | 43% | V | ** | 30% | 2170 ** | 4376 | ** | * | ** | 4476 | 40% | 45% | * | Zab | 4576 | 40% | 62% ef* | * | 30% |
| Steroids (corticosteroids) such as Prednisolone | 7% | 8% | 13% | - | - | 6% | 3% | 17% | 14% | 3% | 9% | 8% | 6% | 9% | 6% | 18% | 14% | 18% | 10% |
| | | | V* | ** | ** | | ** | RV* | ** | | Z | Z | | Z | | ei | e* | е* | |
| Disease-modifying anti-rheumatic drugs (DMARDs), such as Methotrexate, Sulfasalazine or Hydroxychloroquine | 3% | 6% V | 4% | 1% | 28% | 2% | 5% | 5% | 9% | 3% | 2% | 3% | 3% | 5% | 2% | 24% ehi | 32% ehi* | 6% e* | 2% |
| Other medication that can be bought 'over the counter' without | | | | | | | | | | | | | | | | | | | |
| a prescription (regardless of whether you had a prescription for it or not) | 16% | 13% | 26% | 23% | • | 15% | 8% | 20% | 38% | 12% | 17% | 17% | 21% | 15% | 16% | 11% | 15% | 13% | 8% |
| | | | RV* | ** | ** | | ** | * | ** | | | | Z* | | fi | | * | * | |
| Other medication that can only be obtained with a prescription | 35% | 40% | 27% | 41% | 27% | 34% | 34% | 51% SV* | 44% | 26% | 29% | 35% Z | 29% | 57% Zabc | 35% | 43% | 49% e* | 59% ef* | 57% ef |
| Don't know | 0% | 1% | 1% | 2% | - | 0% | | 0% | | 0% | 0% | 0% | 1% | 0% | 0% | 0% | - | | 1% |
| None of these | 8% | 9% | 7% | 17% | ** | 8% | 19% | 8% | 3% | 9% | 9% | 8% | 8% | 4% | 8% | 7% | 4% | * 3% | 4% |
| | | 1 | | ** | ** | | ** | * | ** | | | | | | | | * | | |
| Net: Any over the counter medication | 81% | 77% | 87% | 79% | 72% | 82% | 66% | 76% * | 82% | 82% | 81% | 81% | 86% | 81% | 82% i | 78% | 79% | 81% | 75% |
| Net: Any prescription medication | 40% | 48% V | 40% | 41% | 54% | 38% | 39% | 55% V* | 44% | 30% | 36% | 41% 7 | 32% | 60% Zabc | 39% | 58% | 67% e* | 63% | 59% |
| q8. Since being diagnosed with arthritis, which, if any, of the following treatments have you had to alleviate the pain? Please tick all that apply. | | V | | | | | | V | | | | Z | | Zabc | | е | e* | e* | е |
| Unweighted base | 2008 | 360 | 107 | 32 | 4 | 1296 | 42 | 128 | 39 | 491 | 479 | 544 | 145 | 284 | 1364 | 343 | 49 | 87 | 154 |
| Base Anti-inflammatory gel (e.g. ibuprofen gel) | 2008 47% | 197 49% | 80 46% | 29 52% | 2 27% | 1599 47% | 24 47% | 54 37% | 22 48% | 443 45% | 492 44% | 579 45% | 155 52% | 286 54% | 1792 47% | 143 45% | 28 50% | 21 58% | 68 39% |
| | | | * | ** | ** | | ** | * | ** | | | | | | i | | * | efi* | |
| Capsaicin gel | 3% | 2% | 5% | 20% | ** | 3% | 1% | 11% RV* | 3% | 1% | 2% | 5% Za | 11% Zabd* | 2% | 3% | 4% | 12% efi* | 5% | 3% |
| Steroid injections directly into the joint | 23% | 27% | 11% | 32% | 27% | 22% | 19% | 28% S* | 24% | 15% | 20% | 27% | 23% | 30% | 23% | 32% | 46% | 43% | 16% |
| Assistive devices: braces/support | 7% | S 8% | 7% | 15% | | S 7% | 3% | 15% | 11% | 5% | 7% | Z 6% | 11% | Za 12% | i 7% | ei 13% | ei* 16% | ei* 18% | 7% |
| TENS | 17% | 15% | * | 22% | ** 27% | 17% | ** | V* 21% | 23% | 9% | 14% | 17% | 33% | Zb 25% | 17% | ei 19% | e* 21% | ei* 39% | 12% |
| | | | | ** | ** | | ** | S* | ** | | | Z | Zab* | Zab | | i | | efgi* | |
| Hot and cold therapy (thermotherapy) | 6% | 9% V | 3% | 16% | 28% | 5% | 5% | 14% SV* | 13% | 3% | 8% Z | 5% | 8% Z* | 6% | 6% | 12% e | 12% e* | 14% e* | 8% |
| Physiotherapy | 35% | 33% | 25% | 54% | 53% | 35% | 32% | 46% RSV* | 31% | 24% | 33% | 35% | 49% | 48% | 37% | 31% | 38% | 62% | 22% |
| Hydrotherapy | 4% | 5% | 7% | 5% | 46% | 4% | 2% | 10% | 9% | 0% | Z 2% | Z 5% | Zab* 9% | Zab 8% | fi 4% | i 6% | i* 7% | efgi* 23% | 4% |
| Herbal remedies | 10% | 8% | 12% | 4% | ** | 10% | 2% | V* 10% | 15% | 5% | 8% | Z 11% | Za* 18% | Za 15% | 10% | 15% | 13% | efgi* 10% | 8% |
| | | | | ** | ** | | ** | | ** | | | Z | Za* | Za | | ei | * | * | |
| Nutritional supplements | 15% | 16% | 21% | 17% | - | 15% | 8% ** | 11% | 19% | 11% | 15% | 18% Z | 20% Z* | 17% | 16% | 13% | 14% | 19% | 12% |
| Acupuncture | 12% | 11% | 8% | 3% | - | 12% | 2% | 20% | 19% | 5% | 10% | 13% | 17% | 20% | 12% | 13% | 19% | 32% | 5% |
| Viscosupplementation | 0% | 0% | | | ** | | - | S* - | 1% | | | Z - | Z* - | Za 0% | i 0% | i 0% | i* | efi* 1% | |
| | 19% | 13% | 15% | 18% | ** | 21% | 16% | * 4% | ** | 10% | 400/ | 27% | 25% | 21% | 20% | e 13% | 13% | e* | 12% |
| A joint replacement | | X | X* | ** | ** | RX | ** | * | ** | | 13% | Za | Za* | Za | fhi | | * | * | |
| Training on how to manage your arthritis yourself | 9% | 15% SV | 5% | 2% | - | 8% | 5% | 17% SV* | 17% | 8% | 6% | 10% | 15% a* | 9% | 9% | 11% | 15% | 28% efi* | 8% |
| Other | 9% | 13% | 14% | 12% | - | 7% | 15% | 12% | 22% | 7% | 8% | 10% | 8% | 9% | 9% | 7% | 13% | 16% | 10% |
| None of these | 17% | V 16% | * 22% | 13% | ** | 17% | 17% | 15% | 23% | 26% | 19% | 13% | 9% | 12% | 16% | 16% | 11% | ef* 7% | 30% |
| | | | | ** | ** | | ** | | ** | bcd | bcd | | | | h | h | | | efgh |



Which of the following statements best describes how you take any painkillers for your arthritis pain? Please think about ALL painkillers prescribed by a health professional, plus any paracteamior pain relief medicines that you could buy in a supermarket or pharmacy without a prescription.

Total

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| ı | I take painkillers every day | I take painkillers most days | I take painkillers some days | I never take painkillers |
|---|------------------------------------|------------------------------------|------------------------------------|--------------------------|
| | j | k | 1 | m |

q7. Which, if any, of the following types of medication have you used to treat the pain? Please tick all that apply.

| Unweighted base | 2008 | 669 | 233 | 834 | 257 |
|---|------|------|-----|------|------|
| Base | 2008 | 628 | 247 | 852 | 263 |
| Paracetamol | 59% | 67% | 63% | 67% | 14% |
| | | m | m | m | |
| Non-steroidal anti-inflammatory drugs (NSAIDs), such as Ibuprofen or Diclofenac | 45% | 46% | 55% | 49% | 18% |
| | | m | m | m | |
| Steroids (corticosteroids) such as Prednisolone | 7% | 11% | 11% | 4% | 5% |
| | | lm | 1 | | |
| Disease-modifying anti-rheumatic drugs (DMARDs), such as Methotrexate, Sulfasalazine or Hydroxychloroquine | 3% | 5% | 1% | 2% | 3% |
| | | kl | | | |
| ther medication that can be bought 'over the counter' without prescription (regardless of whether you had a prescription for it or not) | 16% | 14% | 18% | 17% | 13% |
| Other medication that can only be obtained with a prescription | 35% | 58% | 42% | 23% | 12% |
| | | klm | Im | m | |
| Don't know | 0% | 0% | 0% | 0% | 1% |
| None of these | 8% | 1% | 0% | 2% | 51% |
| | | | | | jkl |
| Net: Any over the counter medication | 81% | 82% | 90% | 91% | 40% |
| , | | m | jm | jm | |
| Net: Any prescription medication | 40% | 64% | 51% | 26% | 17% |
| ray proscription medication | / 0 | lden | Im | 2070 | 1170 |

q8. Since being diagnosed with arthritis, which, if any, of the following treatments have you had to alleviate the pain? Please tick all that apply.

| ase tick all that apply. | | | | | |
|---|------|-----|-----|-----|-----|
| Unweighted base | 2008 | 669 | 233 | 834 | 257 |
| Base | 2008 | 628 | 247 | 852 | 263 |
| Anti-inflammatory gel (e.g. ibuprofen gel) | 47% | 52% | 54% | 48% | 27% |
| | | m | m | m | |
| Capsaicin gel | 3% | 6% | 5% | 1% | 1% |
| | | lm | 1 | | |
| Steroid injections directly into the joint | 23% | 33% | 33% | 16% | 13% |
| | | lm | lm | | |
| Assistive devices: braces/support | 7% | 11% | 7% | 5% | 6% |
| | | 1 | | | |
| TENS | 17% | 25% | 22% | 13% | 3% |
| | | lm | lm | m | |
| Hot and cold therapy (thermotherapy) | 6% | 9% | 8% | 4% | 2% |
| | | lm | lm | | |
| Physiotherapy | 35% | 46% | 39% | 31% | 21% |
| | | lm | m | m | |
| Hydrotherapy | 4% | 7% | 5% | 3% | 1% |
| | | lm | | | |
| Herbal remedies | 10% | 9% | 13% | 9% | 12% |
| Nutritional supplements | 15% | 16% | 15% | 14% | 18% |
| Acupuncture | 12% | 18% | 14% | 9% | 6% |
| Acupuncture | 1270 | lm | m | 370 | 070 |
| Viscosupplementation | 0% | 0% | | - | |
| Viscosapponentation | 070 | 0,0 | | | |
| A joint replacement | 19% | 23% | 18% | 16% | 20% |
| , | | 1 | | | |
| Training on how to manage your arthritis yourself | 9% | 11% | 7% | 9% | 5% |
| , , , , , , , , , , , , , , , , , , , | | m | | | |
| Other | 9% | 7% | 9% | 8% | 12% |
| | | | | | -/- |
| None of these | 17% | 12% | 12% | 20% | 23% |
| | | | | ik | ik |



| | | Socia | l grade | rade Government Office Region | | | | | | | | | Age | | | | | | |
|--|-------------|-------------|------------|-------------------------------|------------|------------|--------------|------------|------------|------------|---------------------|----------------|-------------|------------|-------------|------------|------------|-------------|--|
| | Total | | | | | | | | | | | | | | | | | | |
| YouGov / Arthritis Care Survey Results | | ABC1 | C2DE | North | Midlands | East | London | South | Wales | Scotland | Northern Ireland | Under 45 | 45-54 | 55-64 | 65+ | Under 65 | Male | Female | |
| | | A | В | С | D | E | F | G | н | 1 | J | К | L | М | N | 0 | Р | Q | |
| q9. Which of the following types of nutritional supplements have you used to try to alleviate pain? | | | | | | | | | | | | | | | | | | | |
| Please tick all that apply. Unweighted base | 300 | 190 | 110 | 53 | 54 | 36 | 21 | 87 | 22 | 23 | 4 | 15 | 24 | 118 | 143 | 157 | 96 | 204 | |
| Base | 307 | 211 | 96 | 51 | 60 | 32 | 17 | 98 | 23 | 26 | 1 | 6 | 10 | 50 | 242 | 65 | 82 | 225 | |
| Supplements containing vitamins, e.g. Vitamin C, Vitamin D | 45% | 44% | 46% | 53% | 49% | 32% | 26% | 41% | 54% | 50% | 83% | 52% | 37% | 50% | 44% | 49% | 45% | 45% | |
| Supplements containing minerals, e.g. calcium, iron | 33% | 28% | 42% | 27% | 36% | 26% | 16% | 31% | 46% ** | 48% | 46% | 34% | 17% | 40% | 32% | 36% | 35% | 32% | |
| Supplements containing Omega-3 fatty acids, e.g. fish oil | 71% | 71% | 70% | 62% | 71% | 72% | 86% | 65% | 96% | 74% | 54% | 63% | 82% | 69% | 71% | 71% | 68% | 72% | |
| Supplements containing Chrondoitin | 45% | 42% | 51% | 58% | 35% | 26% | 22% | 53% | 47% | 47% | 37% | 21% | 32% | 35% | 48% O | 34% | 43% | 46% | |
| Supplements containing Glucosamine | 82% | 82% | 82% | 85% ** | 93% | 72% | 66% | 84% | 69% | 79% | 83% | 64% | 59% | 68% | 86% MO | 67% | 80% * | 83% | |
| Other | 10% | 10% | 7% * | 2% | 16% | 4% | 30% | 7% * | 13% | 6% | 17% | 13% | 9% | 10% | 9% | 10% | 3% | 12% | |
| Don't know | • | | : | - | | ** | ** | | ** | ** | | ** | | | • | | * | | |
| q10. Which of the following statements best describes how you take any painkillers for your arthritis pain? Please think about ALL painkillers prescribed by a health professional, plus any paracetamol or pain relief medi | | | | | | | | | | | | | | | | | | | |
| Unweighted base Base | 2008 | 1214 | 794 670 | 506 | 309 294 | 189 | 142 | 509 571 | 139 | 190 | 24 16 | 99 | 148 63 | 678 292 | 1083 | 925 | 917 798 | 1091 | |
| I take painkillers every day | 31% | 28% | 38% | 34% | 37% | 26% | 17% | 28% | 35% | 38% | 16% | 30% | 40% | 36% | 30% | 36% | 33% | 30% | |
| I take painkillers most days | 12% | 12% | A 14% | F 14% | F 13% | 14% | 13% | 11% | F* 15% | F 8% | 23% | 8% | N 12% | N 13% | 12% | N 12% | 10% | 14% | |
| I take painkillers some days | 42% | 46% | 36% | 40% | 42% | 40% | 47% | 46% | 40% | 40% | 42% | 48% | 34% | 40% | 43% | 40% | 42% | P 43% | |
| I never take painkillers | 13% | B 14% | 12% | 12% | 9% | 17% | 23% CDH* | 14% | 7% | 13% | 19% | L* 14% | 14% | 10% | 14% M | 11% | 15% | 12% | |
| Don't know | 1% | 1% | 1% | 0% | 0% | 3% CD | - * | 1% | 2% C* | 1% | - | : | 0% | 1% | 1% | 0% | 1% | 1% | |
| q11. And do you take your medication | | | | | | CD | | | C | | | | | | | | | | |
| Unweighted base | 1736 | 1037 | 699 | 452 | 277 | 156 | 107 | 438 | 122 | 164 | 20 | 85 | 125 | 605 | 921 | 815 | 782 | 954 | |
| At regular intervals (every day or every few hours etc) | 1726 34% | 1141 31% | 585 38% | 441 35% | 267 34% | 160 35% | 102 20% | 485 32% | 119 37% | 140 40% | 13 28% | 33 39% | 54 45% | 262 39% | 1378 32% | 348 40% | 672 38% | 1055 31% | |
| Only when I feel it is necessary (due to high levels of pain or | | | Α | F | | • | | | * | F* | ** | | N | N | | N | Q | | |
| swelling etc) | 66% | 68% B | 61% | 64% | 65% | 65% | 79% CI* | 67% | 63% | 59% | 72% | 60% | 55% | 61% | 67% LMO | 60% | 61% | 69% P | |
| Don't know | 1% | 1% | 1% | 0% | 1% | 0% | 0% | 1% | | 1% | | 1% | | 1% | 1% | 1% | 2% Q | 0% | |
| q12. How much importance do you think the management of arthritic pain is given within the current NHS agenda? | | | | | | | | | | | | | | | | | | | |
| Unweighted base | 2008 | 1214 | 794 | 506 | 309 | 189 | 142 | 509 | 139 | 190 | 24 | 99 | 148 | 678 | 1083 | 925 | 917 | 1091 | |
| Base Very high importance | 2008 5% | 1338 3% | 670 7% | 503 6% | 294 5% | 199 3% | 132 3% | 571 3% | 131 | 163 6% | 16 3% | 38 6% | 63 3% | 292 4% | 1616 5% | 392 4% | 798 4% | 1210 5% | |
| Fairly high importance | 10% | 9% | A 13% | G 11% | 5% | 8% | 8% | 12% | G* 14% | 12% | 15% | 8% | 11% | 11% | 10% | 11% | 13% | 9% | |
| Average importance | 28% | 28% | 30% | D 28% | 31% | 32% | 17% | D 27% | D* 28% | 40% | 25% | 35% | 19% | 30% | 29% | 28% | Q 31% | 27% | |
| Fairly low importance | 29% | 31% B | 25% | 24% | 7 32% | F 28% | 29% | 34% CI | 25% | CFG 22% | 31% | L* 28% * | 22% | L 27% | L 29% | 27% | 27% | 30% | |
| Very low importance | 14% | 14% | 14% | 18% G | 14% | 13% | 19% | 11% | 12% | 11% | 7% | 7% | 25% KMNO | 13% | 14% | 15% K | 11% | 16% P | |
| Don't know | 14% | 16% | 12% | 14% | 13% | 16% | 25% CDGI* | 13% | 12% | 9% | 20% | 15% | 20% N | 14% | 14% | 15% | 14% | 14% | |
| Net: High importance | 15% | 12% | 20% A | 17% | 10% | 11% | 11% | 15% | 22% DE* | 18% | 17% | 14% | 14% | 16% | 15% | 15% | 17% | 13% | |
| Net: Low importance | 42% | 45% B | 38% | 41% | 46% I | 41% | 48% | 45% I | 37% | 33% | 38% | 36% | 47% | 41% | 43% | 41% | 38% | 46% P | |



| | | Working status | | | | | | | | | | Time had arthr | itis | | And what type(s) of arthritis do you have? Please tick all that apply. | | | | | |
|---|--------------|--|--|---|----------------------|--------------|------------------|------------------|------------------|-------------------|------------------|------------------|-------------------|-------------------|--|-------------------------|------------------------|---------------------------|------------------|--|
| YouGov / Arthritis Care Survey Results | Total | Working full time (30 or more hours per week) | Working part time (8-29 hours a week) | Working part time (Less than 8 hours a week) | Full time student | Retired | Unemployed | Not working | Other | Under 5 years | 5-9 years | 10-15 years | 16-20 years | Over 20 years | Osteoarthritis | Rheumatoid arthritis | Psoriatic arthritis | Ankolysing spondilitis | Gout | |
| q9. Which of the following types of nutritional supplements have you used to try to alleviate pain? Please tick all that apply. | | R | 5 | ' | U | V | W | | , | Z | a | В | C | a | е | | g | n | | |
| Unweighted base Base | 300 307 | 59 32 | 21 | 6 | - | 185 241 | 4 | 18 | 7 | 50 47 | 66 73 | 91 | 35 31 | 46 49 | 221 | 46 19 | 7 | 15 | 19 | |
| Supplements containing vitamins, e.g. Vitamin C, Vitamin D | 45% | 25% | 37% | 61% | | 47% | 77% | 45% | 100% | 32% | 28% | 52% | 54% | 59% | 44% | 46% | 62% | 53% | 38% | |
| Supplements containing minerals, e.g. calcium, iron | 33% | 30% | 33% | 52% | | R 31% | 54% | 42% | 84% | 18% | 13% | a* 43% a* | 44% | 43% | 33% | 30% | 47% | 41% | 24% | |
| Supplements containing Omega-3 fatty acids, e.g. fish oil | 71% | 66% | 68% | 91% | | 71% | 77% | 46% | 100% | 60% | 62% | 76% * | 84% | 73% | 72% | 59% | 58% | 71% | 49% | |
| Supplements containing Chrondoitin | 45% | 51% * | 41% | 21% | | 46% | 46% | 25% | 21% | 42% ** | 52% | 43% | 41% ** | 44% | 47% f | 28% | 31% | 41% | 27% | |
| Supplements containing Glucosamine Other | 82% | 82% * | 53% ** 22% | 27% | | 86% | 46% | 77% ** 19% | 75% ** 11% | 89% ** 7% | 84% * 17% | 82% * 8% | 82% ** 3% | 75% ** 8% | 84% f 9% | 59% * 15% | 42% ** 27% | 65% ** 17% | 55% ** 14% | |
| Don't know | - | V* | | - | | - | - | - | ** | - | : | : | | | - | * | - | - | ** | |
| q10. Which of the following statements best describes how you take any painkillers for your arthritis pain? Please think abour ALL painkillers prescribed by a health professional, plus any paracetamol or pain relief medicines that you could buy in a supermarket or pharmacy without a prescription. | | | | | | | | | | | | | | | | | | | | |
| Unweighted base Base | 2008 2008 | 360 197 | 107 | 32 29 | 2 | 1296 1599 | 42 | 128 54 | 39 22 | 491 443 | 479 492 | 544 579 | 145 155 | 284 286 | 1364 1792 | 343 143 | 49 28 | 87 21 | 154 68 | |
| I take painkillers every day | 31% | 30% | 29% | 52% ** | 46% | 30% | 27% | 49% RSV* | 60% | 22% | 25% | 36% Za | 39% Za* | 42% Za | 31% | 43% ei | 41% | 52% ei* | 31% | |
| I take painkillers most days | 12% | 10% | 19% | 7% | ** | 13% | 11% | 8% | 8% | 10% | 11% | 15% c | 7% | 14% | 13% | 11% | 15% | 11% | 12% | |
| I take painkillers some days I never take painkillers | 42% 13% | 45% | 37% * 14% | 24% ** 18% | 27% ** 28% | 43% | 36% ** 23% | 33% * | 27% ** 5% | 54% bcd 13% | 48% bd 15% | 34% 14% | 40% * 14% | 36% | 42% fh 13% | 35% 12% | 34% * | 29% * | 45% fh 12% | |
| Don't know | 1% | 0% | 1% | ** | ** | 1% | 2% | * | ** | 1% | d 1% | d 1% | * 0% | 0% | 1% | | | | 1% | |
| q11. And do you take your medication | | | • | ** | ** | | ** | * | ** | | | | * | | | | * | * | | |
| Unweighted base | 1736 | 307 | 91 | 25 | 3 | 1120 | 33 | 120 | 37 | 420 | 411 | 467 | 126 | 259 | 1201 | 304 | 44 | 80 | 134 | |
| Base At regular intervals (every day or every few hours etc) | 1726 34% | 170 34% | 69 28% | 24 48% | - ** | 1374 33% | 18 36% | 49 44% V* | 21 64% | 382 23% | 416 28% | 491 37% Za | 133 46% Za* | 263 47% Zab | 1546 33% | 126 48% e | 25 56% e* | 19 54% e* | 60 40% | |
| Only when I feel it is necessary (due to high levels of pain or swelling etc) | 66% | 65% | 71% | 52% | 74% | 66% | 64% | 55% | 36% | 76% | 71% | 63% | 54% | 53% | 66% | 51% | 44% | 46% | 60% | |
| Don't know | 1% | 0% | 1% | - ** | ** 26% ** | 1% | - ** | 1% | - ** | bcd 1% | 1% | d 0% | - | 1% | fgh 1% | 1% | - | - | - | |
| q12. How much importance do you think the management of arthritic pain is given within the current NHS agenda? | | | | | | | | | | | | | | | | | | | | |
| Unweighted base | 2008 | 360 | 107 | 32 | 4 | 1296 | 42 | 128 | 39 | 491 | 479 | 544 | 145 | 284 | 1364 | 343 | 49 | 87 | 154 | |
| Base | 2008 5% | 197 | 80 | 29 8% | 2 | 1599 | 24 | 54 | 22 | 443 5% | 492 4% | 579 4% | 155 10% | 286 5% | 1792 | 143 | 28 | 21 6% | 68 | |
| Very high importance Fairly high importance | 10% | 10% | 3% * 9% | 8% ** | ** | 5% | 4% ** | 7% * | 2% ** | 10% | 12% | 11% | ab* | 10% | 5% 10% | 7% e 16% | 4% * | * 15% | 10% | |
| Average importance | 28% | 25% | 25% | 31% | 46% | 29% | 37% | 25% | 49% | 29% | 28% | 30% | 29% | 27% | 29% | e 25% | 30% | 31% | 33% | |
| Fairly low importance | 29% | 26% | 31% | 25% | ** 54% ** | 29% | 18% | 22% | 14% | 28% | 30% | 29% | 29% | 26% | 29% | 27% | 33% | 21% | 19% | |
| Very low importance | 14% | 17% | 19% | 13% | - | 13% | 22% | 17% | 6% | 13% | 15% | 12% | 7% | 21% Zbc | 14% | 13% | 16% | 17% | 14% | |
| Don't know | 14% | 19% | 13% | 19% | ** | 14% | 6% | 15% | 24% | 16% | 12% | 15% | 18% | 11% | 14% | 12% | 5% | 10% | 18% fg | |
| Net: High importance | 15% | 14% | 11% | 12% | ** | 15% | 17% | 21% | 6% | 15% | 15% | 14% | 16% | 15% | 14% | 23% ei | 15% | 20% | 15% | |

Net: Low importance 42%



| Which of the following statements best describes how you take any |
|---|
| painkillers for your arthritis pain? Please think about ALL painkillers |
| prescribed by a health professional, plus any paracetamol or pain reli |
| medicines that you could buy in a supermarket or pharmacy without |
| prescription. |

I take painkillers some days

I never take painkillers

Total

q9. Which of the following types of nutritional supplements have you used to try to alleviate pain? Please tick all that apply.

YouGov / Arthritis Care Survey Results

| r lease tick all that apply. | | | | | |
|--|-----|-----|-----|-----|-----|
| Unweighted base | 300 | 115 | 33 | 113 | 36 |
| Base | 307 | 100 | 37 | 119 | 48 |
| Supplements containing vitamins, e.g. Vitamin C, Vitamin D | 45% | 60% | 58% | 31% | 34% |
| | | I* | ** | | |
| Supplements containing minerals, e.g. calcium, iron | 33% | 51% | 37% | 20% | 22% |
| | | I* | ** | * | ** |
| Supplements containing Omega-3 fatty acids, e.g. fish oil | 71% | 74% | 82% | 66% | 65% |
| | | | ** | | |
| Supplements containing Chrondoitin | 45% | 36% | 55% | 49% | 43% |
| | | | ** | * | |
| Supplements containing Glucosamine | 82% | 75% | 86% | 90% | 73% |
| | | | ** | j* | ** |
| Other | 10% | 7% | - | 12% | 18% |
| | | | ** | * | ** |
| Don't know | | | | | |
| | | * | ** | * | |

I take painkillers every day

Itake

painkillers most days

q10. Which of the following statements best describes how you take any painkillers for your arthritis pain? Please think about ALL painkillers prescribed by a health professional, plus any paracetamol or pain relief medicines that you could buy in a supermarket or pharmacy without a prescription.

| Unweighted base | 2008 | 669 | 233 | 834 | 257 |
|------------------------------|------|-------------|-------------|-------------|-------------|
| Base | 2008 | 628 | 247 | 852 | 263 |
| I take painkillers every day | 31% | 100% klm | | | - |
| I take painkillers most days | 12% | - | 100% jlm | | |
| I take painkillers some days | 42% | | - | 100% jkm | •. |
| I never take painkillers | 13% | - | - | | 100% jkl |
| Don't know | 1% | | - | | • |

q11. And do you take your medication..

| Unweighted base | 1736 | 669 | 233 | 834 | |
|---|------|-----|-----|-----|---|
| Base | 1726 | 628 | 247 | 852 | - |
| At regular intervals (every day or every few hours etc) | 34% | 77% | 16% | 7% | - |
| | | kl | 1 | | |
| Only when I feel it is necessary (due to high levels of pain or swelling etc) | 66% | 23% | 84% | 92% | |
| | | | j | jk | |
| Don't know | 1% | 0% | - | 1% | |
| | | | | | |

q12. How much importance do you think the management of arthritic pain is given within the current NHS agenda?

| Unweighted base | 2008 | 669 | 233 | 834 | 257 |
|-----------------------|------|-----------|----------|-----------|------------|
| Base | 2008 | 628 | 247 | 852 | 263 |
| /ery high importance | 5% | 8% klm | 2% | 3% | 2% |
| airly high importance | 10% | 12% | 9% | 9% | 10% |
| Average importance | 28% | 32% m | 33% m | 27% | 21% |
| airly low importance | 29% | 26% | 34% | 31% | 25% |
| Very low importance | 14% | 14% | 14% | 13% | 15% |
| Don't know | 14% | 8% | 7% | 16% jk | 27% jkl |
| Net: High importance | 15% | 20% kl | 11% | 13% | 12% |
| Net: Low importance | 42% | 40% | 48% | 44% | 40% |



| | Total | Social | grade | | | | Government | t Office Re | gion | | | | | Age | | | Ge | nder |
|--|-------|--------|-----------|-------|----------|------|------------|-------------|-------|----------|---------------------|----------|------------|------------|----------|----------|------|--------|
| YouGov / Arthritis Care Survey Results | iotai | ABC1 | C2DE B | North | Midlands | East | London | South | Wales | Scotland | Northern Ireland | Under 45 | 45-54 L | 55-64 M | 65+ N | Under 65 | Male | Female |

q13. And in general, how much importance do you feel that the pain of your arthritis is given during your consultations with healthcare professionals?

| ressionais? | | | | | | | | | | | | | | | | | | |
|------------------------|------|----------|----------|----------|-----|-----|------------|------------|-----------|-----------|-----------|-----|-------------|-----------|-----------|----------|----------|------|
| Unweighted base | 2008 | 1214 | 794 | 506 | 309 | 189 | 142 | 509 | 139 | 190 | 24 | 99 | 148 | 678 | 1083 | 925 | 917 | 1091 |
| Base | 2008 | 1338 | 670 | 503 | 294 | 199 | 132 | 571 | 131 | 163 | 16 | 38 | 63 | 292 | 1616 | 392 | 798 | 1210 |
| Very high importance | 8% | 7% | 10% | 9% | 8% | 7% | 10% | 7% | 9% | 7% | 4% | 11% | 5% | 8% | 8% | 8% | 7% | 8% |
| Fairly high importance | 18% | 17% | 18% | 15% | 14% | 16% | 11% | 24% CDF | 14% | 19% | 15% | 21% | 17% | 17% | 18% | 17% | 21% Q | 15% |
| Average importance | 38% | 35% | 42% A | 38% | 42% | 35% | 29% | 35% | 41% | 46% FG | 29% | 27% | 28% | 37% LO | 38% KL | 34% | 38% | 37% |
| Fairly low importance | 19% | 20% | 16% | 16% | 20% | 21% | 25% | 20% | 16% | 16% | 36% | 19% | 25% | 18% | 19% | 20% | 19% | 19% |
| Very low importance | 11% | 12% B | 8% | 13% G | 9% | 11% | 15% G* | 7% | 16% G* | 9% | 10% | 11% | 19% MNO | 11% | 10% | 12% | 8% | 12% |
| Don't know | 8% | 9% | 7% | 10% I | 6% | 10% | 10% | 8% | 5% * | 4% | 6% | 11% | 6% | 9% | 8% | 9% | 7% | 9% |
| Net: High importance | 25% | 24% | 28% | 23% | 23% | 23% | 21% | 31% C | 23% | 26% | 20% | 32% | 22% | 25% | 25% | 25% | 29% Q | 23% |
| Net: Low importance | 29% | 32% B | 24% | 29% | 29% | 32% | 39% GI* | 27% | 31% * | 25% | 46% ** | 30% | 44% KMNO | 30% | 29% | 32% M | 27% | 31% |

q14. How satisfied or dissatisfied are you with the extent to which you have been able to access the services you require to manage your arthritic pain?

| iruiriuc painr | | | | | | | | | | | | | | | | | | |
|------------------------------------|------|------|-----|----------|-----|-----|-----------|-----|-----------|-----------|----------|-----------|----------|----------|-----------|----------|-----|------|
| Unweighted base | 2008 | 1214 | 794 | 506 | 309 | 189 | 142 | 509 | 139 | 190 | 24 | 99 | 148 | 678 | 1083 | 925 | 917 | 1091 |
| Base | 2008 | 1338 | 670 | 503 | 294 | 199 | 132 | 571 | 131 | 163 | 16 | 38 | 63 | 292 | 1616 | 392 | 798 | 1210 |
| Very satisfied | 16% | 17% | 16% | 19% | 14% | 18% | 13% | 16% | 16% | 14% | 13% | 16% | 10% | 13% | 17% MO | 13% | 17% | 16% |
| Fairly satisfied | 30% | 29% | 33% | 31% | 34% | 27% | 23% | 30% | 24% | 39% FH | 24% | 31% | 26% | 31% | 30% | 30% | 33% | 28% |
| Neither satisfied nor dissatisfied | 32% | 34% | 29% | 32% | 34% | 34% | 39% | 32% | 33% | 26% | 33% | 24% | 33% | 31% | 33% | 31% | 31% | 34% |
| Fairly dissatisfied | 11% | 11% | 12% | 9% | 12% | 12% | 9% | 13% | 13% | 11% | 18% | 13% | 14% | 13% | 11% | 13% | 10% | 12% |
| Very dissatisfied | 5% | 5% | 6% | 6% | 3% | 4% | 7% * | 5% | 11% D* | 4% | 4% ** | 10% N* | 11% N | 9% N | 4% | 9% N | 6% | 5% |
| Don't know | 4% | 5% | 3% | 3% | 3% | 6% | 9% CD* | 4% | 3% | 6% | 8% | 6% | 6% | 4% | 4% | 5% | 4% | 5% |
| Net: Satisfied | 47% | 45% | 49% | 50% F | 48% | 45% | 36% | 46% | 39% | 53% F | 37% | 47% * | 36% | 44% | 47% L | 43% | 50% | 44% |
| Net: Dissatisfied | 17% | 16% | 18% | 15% | 15% | 16% | 16% | 18% | 24% | 15% | 22% | 22% | 25% N | 21% N | 15% | 22% N | 16% | 17% |

q15. Have you been offered any support or advice from healthcare professionals to help you self-manage your pain?

| Unweighted base | 2008 | 1214 | 794 | 506 | 309 | 189 | 142 | 509 | 139 | 190 | 24 | 99 | 148 | 678 | 1083 | 925 | 917 | 1091 |
|-----------------|------|------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|-----|-----|------|
| Base | 2008 | 1338 | 670 | 503 | 294 | 199 | 132 | 571 | 131 | 163 | 16 | 38 | 63 | 292 | 1616 | 392 | 798 | 1210 |
| Yes | 32% | 32% | 33% | 32% | 33% | 28% | 31% | 33% | 24% | 41% | 32% | 31% | 29% | 35% | 32% | 33% | 39% | 28% |
| | | | | | | | * | | | EH | ** | | | | | | Q | |
| No | 64% | 65% | 61% | 66% | 64% | 69% | 64% | 61% | 72% | 54% | 63% | 64% | 65% | 61% | 64% | 62% | 57% | 68% |
| | | | | - 1 | | - 1 | * | | I* | | ** | | | | | | | P |
| Don't know | 4% | 3% | 6% | 2% | 4% | 3% | 5% | 6% | 3% | 5% | 5% | 5% | 7% | 4% | 4% | 5% | 4% | 4% |
| | | | Α | | | | * | С | | | ** | | | | | | | |



| | Total | | | | Working st | atus | | | | | | Time had arthr | itis | | And what type | e(s) of arthritis | do you have? I | Please tick all ti | nat apply. |
|--|-------|--|--|---|----------------------|---------|------------|-------------|-------|---------------|-----------|----------------|-------------|---------------|----------------|-------------------------|------------------------|------------------------|------------|
| YouGov / Arthritis Care Survey Results | Total | Working full time (30 or more hours per week) | Working part time (8-29 hours a week) | Working part time (Less than 8 hours a week) | Full time student | Retired | Unemployed | Not working | Other | Under 5 years | 5-9 years | 10-15 years | 16-20 years | Over 20 years | Osteoarthritis | Rheumatoid arthritis | Psoriatic arthritis | Ankolysing spondilitis | Gout |
| | | R | S | т | U | V | w | х | Y | Z | a | b | С | d | е | f | g | h | i |
| q13. And in general, how much importance do you feel | | | | | | | | | | | | | | | | | | | |

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q13. And in general, how much importance do you fe that the pain of your arthritis is given during your consultations with healthcare professionals?

| Olessionals: | | | | | | | | | | | | | | | | | | | |
|------------------------|------|-----|-----|----------|-----|----------|-----|------------|----------|----------|----------|----------|-----------|----------|----------|-----------|-----|------------|-----------|
| Unweighted base | 2008 | 360 | 107 | 32 | 4 | 1296 | 42 | 128 | 39 | 491 | 479 | 544 | 145 | 284 | 1364 | 343 | 49 | 87 | 154 |
| Base | 2008 | 197 | 80 | 29 | 2 | 1599 | 24 | 54 | 22 | 443 | 492 | 579 | 155 | 286 | 1792 | 143 | 28 | 21 | 68 |
| Very high importance | 8% | 9% | 5% | 15% | 54% | 7% | 7% | 15% SV* | 6% ** | 8% | 8% | 5% | 12% b* | 10% | 7% | 14% ei | 14% | 15% ei* | 6% |
| Fairly high importance | 18% | 17% | 18% | 7% ** | ** | 18% | 22% | 16% | 32% | 14% | 20% | 19% | 13% | 20% | 17% | 18% | 17% | 17% | 26% ef |
| Average importance | 38% | 35% | 37% | 42% | 27% | 38% X | 38% | 26% | 21% | 39% | 33% | 41% | 36% | 38% | 38% | 37% | 40% | 38% | 37% |
| Fairly low importance | 19% | 20% | 20% | 13% | ** | 19% | 9% | 17% | 8% | 23% d | 20% d | 18% d | 21% d* | 11% | 19% | 16% | 17% | 16% | 13% |
| Very low importance | 11% | 10% | 11% | 4% | 19% | 10% | 19% | 17% | 18% | 7% | 14% Z | 9% | 12% | 15% Z | 11% | 9% | 7% | 10% | 8% |
| Don't know | 8% | 10% | 9% | 18% | ** | 7% | 4% | 10% | 16% | 10% | 6% | 8% | 7% | 7% | 8% | 5% | 4% | 5% | 9% |
| Net: High importance | 25% | 26% | 23% | 21% | 54% | 25% | 30% | 31% | 37% | 22% | 27% | 24% | 26% | 30% | 25% | 33% e | 31% | 32% | 33% e |
| Net: Low importance | 29% | 29% | 31% | 18% | 19% | 29% | 28% | 33% | 26% | 30% | 34% | 27% | 32% | 26% | 29% i | 25% | 24% | 26% | 21% |

q14. How satisfied or dissatisfied are you with the extent to which you have been able to access the services you require to manage your arthritic pain?

| aranto pani. | | | | | | | | | | | | | | | | | | | |
|------------------------------------|------|-----|-----------|-----|------|----------|----------|------------|----------|-----|-----|-----|-----|-----|-----------|-----|-----------|-----------|----------|
| Unweighted base | 2008 | 360 | 107 | 32 | 4 | 1296 | 42 | 128 | 39 | 491 | 479 | 544 | 145 | 284 | 1364 | 343 | 49 | 87 | 154 |
| Base | 2008 | 197 | 80 | 29 | 2 | 1599 | 24 | 54 | 22 | 443 | 492 | 579 | 155 | 286 | 1792 | 143 | 28 | 21 | 68 |
| Very satisfied | 16% | 16% | 13% | 12% | - | 17% | 20% | 16% | 2% | 18% | 18% | 15% | 21% | 13% | 16% | 20% | 16% | 20% | 21% |
| Fairly satisfied | 30% | 26% | 20% | 36% | 53% | 31% | 24% | 26% | 38% | 32% | 28% | 30% | 31% | 34% | 30% | 30% | 33% | 25% | 34% |
| Neither satisfied nor dissatisfied | 32% | 34% | 41% X* | 12% | 19% | 33% | 29% | 23% | 29% | 30% | 31% | 36% | 27% | 31% | 33% fi | 27% | 27% | 34% i* | 21% |
| Fairly dissatisfied | 11% | 12% | 14% | 22% | - ** | 11% | 6% ** | 19% V* | 8% | 11% | 11% | 11% | 13% | 12% | 11% | 12% | 10% | 15% | 13% |
| Very dissatisfied | 5% | 6% | 7% | 3% | 28% | 5% | 11% | 13% RV* | 5% ** | 5% | 6% | 4% | 4% | 7% | 5% | 7% | 12% e* | 6% | 5% |
| Don't know | 4% | 6% | 5% * | 14% | ** | 4% | 11% | 4% * | 19% | 5% | 6% | 4% | 5% | 2% | 4% | 5% | 2% | 1% * | 5% |
| Net: Satisfied | 47% | 42% | 32% | 48% | 53% | 48% S | 43% | 42% | 40% | 50% | 46% | 45% | 51% | 47% | 46% | 49% | 49% | 45% | 55% e |
| Net: Dissatisfied | 17% | 18% | 22% | 25% | 28% | 16% | 18% | 32% RV* | 13% | 16% | 17% | 16% | 17% | 20% | 16% | 19% | 22% | 20% | 18% |

q15. Have you been offered any support or advice from healthcare professionals to help you self-manage your pain?

| sen-manage your | | | | | | | | | | | | | | | | | | | |
|-----------------|------|-----|-----|-----|-----|------|-----|-----|-----|-----|-----|-----|-----|-----|------|-----|-----|-----|-----|
| Unweighted base | 2008 | 360 | 107 | 32 | 4 | 1296 | 42 | 128 | 39 | 491 | 479 | 544 | 145 | 284 | 1364 | 343 | 49 | 87 | 154 |
| Base | 2008 | 197 | 80 | 29 | 2 | 1599 | 24 | 54 | 22 | 443 | 492 | 579 | 155 | 286 | 1792 | 143 | 28 | 21 | 68 |
| Yes | 32% | 39% | 25% | 26% | 81% | 32% | 31% | 30% | 30% | 33% | 33% | 32% | 37% | 31% | 32% | 39% | 32% | 48% | 30% |
| | | | | ** | ** | | ** | * | ** | | | | | | | ei | * | ei* | |
| No | 64% | 55% | 70% | 68% | - | 64% | 68% | 66% | 65% | 65% | 62% | 64% | 59% | 66% | 64% | 57% | 59% | 47% | 65% |
| | | | R* | ** | ** | R | ** | | ** | | | | | | fh | | * | | h |
| Don't know | 4% | 7% | 4% | 6% | 19% | 4% | 1% | 4% | 5% | 3% | 5% | 5% | 4% | 3% | 4% | 4% | 9% | 5% | 5% |
| | | | * | ** | ** | | ** | * | ** | | | | * | | | | * | | |

Which of the following statements best describes how you take any painkillers for your arthritis pain? Please think about ALL painkillers prescribed by a health professional, plus any paracteamior pain relief medicines that you could buy in a supermarket or pharmacy without a prescription.

Total

YouGov / Arthritis Care Survey Results

| I take painkillers every day | I take painkillers most days | I take painkillers some days | I never take painkillers |
|------------------------------------|------------------------------------|------------------------------------|--------------------------|
| i | k | 1 | m |

q13. And in general, how much importance do you feel that the pain of your arthritis is given during your consultations with healthcare professionals?

| Unweighted base | 2008 | 669 | 233 | 834 | 257 |
|------------------------|------|-----------|------------|-----|-----|
| Base | 2008 | 628 | 247 | 852 | 263 |
| Very high importance | 8% | 11% kl | 4% | 6% | 8% |
| Fairly high importance | 18% | 19% | 15% | 19% | 13% |
| Average importance | 38% | 42% | 38% | 38% | 27% |
| | | m | m | m | |
| Fairly low importance | 19% | 15% | 28% jlm | 19% | 17% |
| Very low importance | 11% | 8% | 12% | 11% | 14% |
| Don't know | 8% | 4% | 3% | 7% | 21% |
| | | | | j | jkl |
| Net: High importance | 25% | 30% | 19% | 25% | 21% |
| | | km | | | |
| Net: Low importance | 29% | 24% | 40% | 30% | 31% |
| | | | jl | j | |

q14. How satisfied or dissatisfied are you with the extent to which you have been able to access the services you require to manage your arthritic pain?

| Unweighted base | 2008 | 669 | 233 | 834 | 257 |
|------------------------------------|------|-----------|-----------|----------|------------|
| Base | 2008 | 628 | 247 | 852 | 263 |
| Very satisfied | 16% | 13% | 11% | 17% | 27% jkl |
| Fairly satisfied | 30% | 36% m | 30% m | 30% m | 18% |
| Neither satisfied nor dissatisfied | 32% | 30% | 35% | 35% | 30% |
| Fairly dissatisfied | 11% | 12% | 17% Im | 11% | 7% |
| Very dissatisfied | 5% | 8% I | 5% | 4% | 5% |
| Don't know | 4% | 2% | 3% | 4% | 13% jkl |
| Net: Satisfied | 47% | 48% | 40% | 47% | 46% |
| Net: Dissatisfied | 17% | 20% Im | 22% Im | 14% | 12% |

q15. Have you been offered any support or advice from healthcare professionals to help you self-manage your pain?

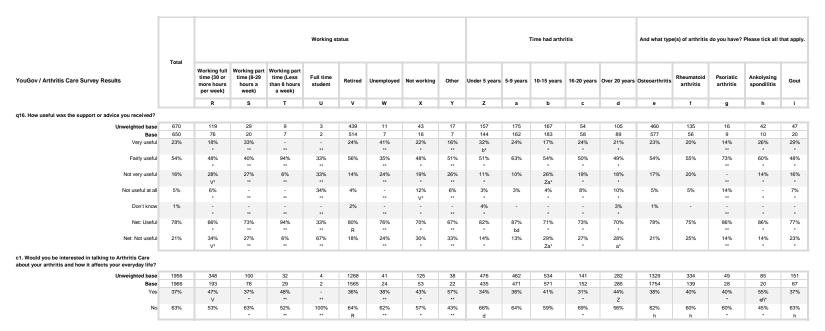
| Unweighted base | 2008 | 669 | 233 | 834 | 257 |
|-----------------|------|----------|-----|-----|----------|
| Base | 2008 | 628 | 247 | 852 | 263 |
| Yes | 32% | 35% m | 34% | 33% | 25% |
| No | 64% | 61% | 66% | 64% | 66% |
| Don't know | 4% | 5% k | 1% | 3% | 9% kl |



| | Total | Social | grade | | | | Governmen | t Office Re | gion | | | | | Age | | | Ge | nder |
|--|-------|------------|------------|----------|-----------|-----------|-----------|-------------|-----------|----------|---------------------|-----------|-------------|-------|------------|------------|------------|---------|
| YouGov / Arthritis Care Survey Results | Total | ABC1 | C2DE | North | Midlands | East | London | South | Wales | Scotland | Northern Ireland | Under 45 | 45-54 | 55-64 | 65+ | Under 65 | Male | Female |
| | | Α | В | С | D | E | F | G | н | - 1 | J | к | L | М | N | 0 | P | Q |
| q16. How useful was the support or advice you received? | | | | | | | | | | | | | | | | | | |
| | 670 | 404 | 000 | 470 | 404 | | | 470 | 35 | 73 | | 30 | | 000 | 363 | 007 | 0.44 | 329 |
| Unweighted base | 650 | 401 426 | 269 224 | 179 | 104 96 | 55 56 | 44 | 172 191 | 35 | 68 | - 8 - 5 | 12 | 18 | 233 | 363 519 | 307 131 | 341 309 | 329 |
| Base Very useful | 23% | 24% | 22% | 25% | 22% | 20% | 29% | 23% | 27% | 23% | 5% | 36% | 18% | 23% | 23% | 23% | 21% | 26% |
| very userui | 23% | 24% | 22% | 25% | 22% * | 20% | 29% | 23% | 21% ** | 23% | 5% | 36% | 18% | 23% | 23% | 23% | 21% | 26% |
| Fairly useful | 54% | 53% | 58% | 57% * | 55% | 48% | 37% | 57% | 57% ** | 51% * | 78% ** | 51% ** | 54% | 57% | 54% | 56% | 59% | 50% |
| Not very useful | 16% | 17% | 15% | 11% | 19% | 22% | 17% | 17% | 14% | 21% | 9% | 4% | 14% | 18% | 17% | 16% | 14% | 19% |
| Not useful at all | 5% | 5% | 5% | 7% * | 1% | 1% | 18% | 3% | 1% | 5% * | 9% | 9% | 13% MNO* | 2% | 5% | 4% M | 6% | 3% |
| Don't know | 1% | 2% | - | | 3% | 9% CG* | - ** | - | - | | ** | | : | - | 2% | | | 2% P |
| Net: Useful | 78% | 77% | 80% | 82% | 77% | 67% | 65% ** | 80% | 85% ** | 74% | 83% | 87% ** | 73% | 80% | 77% | 79% | 80% | 75% |
| Net: Not useful | 21% | 22% | 20% | 18% | 20% | 24% | 35% ** | 20% | 15% | 26% | 17% | 13% | 28% | 20% | 21% | 21% | 20% | 22% |
| c1. Would you be interested in talking to Arthritis Care about your arthritis and how it affects your everyday life? | | | | | | | | | | | | | | | | | | |
| Unweighted base | 1956 | 1187 | 769 | 489 | 302 | 186 | 139 | 499 | 135 | 184 | 22 | 93 | 140 | 661 | 1062 | 894 | 898 | 1058 |
| Base | 1966 | 1314 | 652 | 490 | 290 | 196 | 128 | 560 | 127 | 160 | 15 | 36 | 59 | 285 | 1585 | 381 | 784 | 1182 |
| Yes | 37% | 36% | 40% | 42% | 37% | 33% | 37% | 35% | 39% | 37% | 18% | 47% | 44% | 38% | 37% | 40% | 37% | 37% |
| No | 63% | 64% | 60% | 58% | 63% | 67% | 63% | 65% | 61% | 63% | 82% | 53% | 56% | 62% | 63% | 60% | 63% | 63% |

Cell Contents (Column Percentage, Statistical Test Results), Statistics (Column Proportions/ Means, (5%): A/B, C/ D/ E/ F/ G/ H/ I/ J, K/ U/M/ N/ O, P/ Q, R/ S/ T/ U/ V/ W/ X/ Y, Z/ a/ b/ o' d, e' f/ g' h/ i, j/ k/ I/ m, Minimum Base: 30 (**), Small Base: 100 (**)









| Total | painkillers prescribed b | Which of the following statements best describes how you take any painkillers for your arthritis pain? Please think about ALL painkillers prescribed by a health professional, plus any paracetamol or pain relief medicines that you could buy in a supermarket or pharmacy without a prescription. | | | | | | | | | | |
|-------|------------------------------------|--|------------------------------------|--------------------------|--|--|--|--|--|--|--|--|
| | I take painkillers every day | I take painkillers most days | I take painkillers some days | I never take painkillers | | | | | | | | |
| | | | | | | | | | | | | |

YouGov / Arthritis Care Survey Results

q16. How useful was the support or advice you received?

| Unweighted base | 670 | 241 | 73 | 278 | 78 |
|-------------------|-----|-----|-----|-----|-----|
| Base | 650 | 217 | 84 | 284 | 65 |
| | | | | | |
| Very useful | 23% | 23% | 15% | 23% | 38% |
| | | | * | | kl* |
| Fairly useful | 54% | 48% | 67% | 59% | 40% |
| | | | jm* | m | |
| Not very useful | 16% | 20% | 9% | 15% | 21% |
| | | | | | |
| Not useful at all | 5% | 9% | 5% | 2% | 2% |
| | | 1 | | | |
| Don't know | 1% | | 3% | 2% | |
| | | | * | | |
| Net: Useful | 78% | 71% | 82% | 81% | 78% |
| | | | | j | |
| Net: Not useful | 21% | 29% | 14% | 17% | 22% |
| | | 1 | | | |

c1. Would you be interested in talking to Arthritis Care about your arthritis and how it affects your everyday life?

| Unweighted base | 1956 | 644 | 227 | 819 | 251 |
|-----------------|------|-----|-----|-----|-----|
| Base | 1966 | 610 | 240 | 837 | 260 |
| Yes | 37% | 49% | 45% | 30% | 30% |
| | | lm | lm | | |
| No | 63% | 51% | 55% | 70% | 70% |
| | | | | ik | ik |

Cell Contents (Column Percentage, Statistical Test Results), Statistics (Column

