

**YouGov Survey Results**  
**Christmas Stress Tracker (GB)**

How stressed, if at all, are you feeling about Christmas this year?

		Very stressed	Fairly stressed	<b>TOTAL STRESSED</b>	Not very stressed	Not at all stressed	<b>TOTAL NOT STRESSED</b>	Don't know	N/A - I do not celebrate Christmas
<b>Start of Fieldwork</b>	<b>End of Fieldwork</b>	%	%	%	%	%	%	%	%
03/12/2021	05/12/2021	5	21	<b>26</b>	38	28	<b>66</b>	3	5
12/12/2021	13/12/2021	7	21	<b>28</b>	34	29	<b>63</b>	4	5
15/12/2021	15/12/2021	7	24	<b>31</b>	35	27	<b>62</b>	2	4
16/12/2021	17/12/2021	7	26	<b>33</b>	33	28	<b>61</b>	2	4
21/12/2021	22/12/2021	6	25	<b>31</b>	33	31	<b>64</b>	2	4