YouGov

October 19 - 21, 2014

YouGov

1. Happy wtih life
In general, how happy are you with your life?

		Gender		Age				Party ID		
	Total	Male	Female	18-29	30-44	45-64	65+	Democrat	Independent	Republican
Very happy	31%	34%	28%	36%	24%	32%	33%	34%	29%	32%
Somewhat happy	47%	46%	47%	43%	48%	45%	53%	48%	44%	52%
Not very happy	15%	15%	16%	15%	19%	15%	10%	13%	18%	13%
Not at all happy	4%	3%	6%	3%	6%	5%	3%	4%	6%	2%
Not sure	3%	3%	3%	3%	4%	3%	0%	2%	4%	0%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
(Unweighted N)	(1,000)	(488)	(512)	(175)	(257)	(394)	(174)	(350)	(431)	(219)

		Race			Family Income			Region			
	Total	White	Black	Hispanic	Under 40	40-80	80+	Northeast	Midwest	South	West
Very happy	31%	29%	33%	39%	26%	30%	37%	33%	25%	33%	31%
Somewhat happy	47%	49%	47%	37%	45%	55%	44%	39%	51%	44%	53%
Not very happy	15%	16%	9%	15%	19%	12%	12%	20%	17%	14%	12%
Not at all happy	4%	4%	6%	4%	8%	2%	1%	6%	5%	5%	1%
Not sure	3%	2%	5%	5%	2%	0%	5%	1%	2%	4%	3%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
(Unweighted N)	(1,000)	(756)	(114)	(130)	(370)	(271)	(208)	(190)	(224)	(350)	(236)

2. Happy compared
How do you think your level of happiness compares to most other Americans?

		Gender		Age				Party ID		
	Total	Male	Female	18-29	30-44	45-64	65+	Democrat	Independent	Republican
I'm happier than the average American	24%	26%	22%	31%	17%	24%	28%	25%	23%	26%
I'm about as happy as the average American	48%	48%	48%	41%	51%	47%	56%	45%	44%	62%
I'm less happy than the average American	15%	15%	15%	18%	15%	16%	9%	17%	17%	8%
Not sure	12%	10%	15%	11%	17%	12%	8%	13%	16%	4%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
(Unweighted N)	(998)	(487)	(511)	(175)	(256)	(393)	(174)	(349)	(431)	(218)

		Race			Family Income			Region			
	Total	White	Black	Hispanic	Under 40	40-80	80+	Northeast	Midwest	South	West
I'm happier than the average American	24%	24%	24%	24%	20%	20%	36%	26%	21%	24%	27%
I'm about as happy as the average American	48%	50%	41%	45%	48%	56%	45%	49%	50%	44%	53%
I'm less happy than the average American	15%	15%	15%	14%	20%	11%	10%	20%	15%	18%	7%
Not sure	12%	10%	21%	17%	12%	14%	9%	5%	14%	15%	13%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
(Unweighted N)	(998)	(754)	(114)	(130)	(369)	(271)	(207)	(190)	(224)	(348)	(236)

3. Happiest times
Which statement do you think is most true for you?

		Gender		Age				Party ID		
	Total	Male	Female	18-29	30-44	45-64	65+	Democrat	Independent	Republican
I've already experienced the happiest times of my life	26%	25%	26%	8%	17%	34%	46%	25%	26%	27%
I'm currently experiencing the happiest times of my life	23%	24%	22%	19%	23%	20%	34%	21%	22%	27%
I have yet to experience the happiest times of my life	34%	38%	31%	61%	39%	26%	9%	39%	32%	32%
Not sure	17%	13%	21%	12%	20%	21%	11%	15%	20%	13%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
(Unweighted N)	(996)	(486)	(510)	(174)	(256)	(393)	(173)	(349)	(428)	(219)

		Race			Family Income			Region			
	Total	White	Black	Hispanic	Under 40	40-80	80+	Northeast	Midwest	South	West
I've already experienced the happiest times of my life	26%	29%	11%	21%	29%	24%	21%	28%	23%	22%	32%
I'm currently experiencing the happiest times of my life	23%	21%	25%	31%	21%	21%	27%	18%	21%	24%	27%
I have yet to experience the happiest times of my life	34%	33%	46%	33%	31%	41%	35%	42%	31%	36%	28%
Not sure	17%	17%	18%	15%	18%	14%	18%	13%	24%	17%	13%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
(Unweighted N)	(996)	(753)	(114)	(129)	(367)	(270)	(208)	(190)	(224)	(347)	(235)

4. Improve area
If you could improve just one area of your life, which ONE of the following would make you happiest?

	Total	Gender		Age				Party ID		
		Male	Female	18-29	30-44	45-64	65+	Democrat	Independent	Republican
My health	21%	20%	22%	14%	12%	25%	35%	23%	19%	21%
My relationships with family or friends	12%	12%	13%	17%	14%	8%	12%	14%	12%	11%
My romantic relationships	14%	14%	13%	24%	13%	12%	6%	14%	12%	16%
My career or finances	32%	31%	32%	36%	44%	28%	15%	29%	35%	29%
My faith or spiritual life	12%	13%	11%	4%	8%	17%	19%	12%	10%	16%
Not sure	9%	10%	9%	6%	10%	10%	13%	7%	11%	7%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
(Unweighted N)	(998)	(488)	(510)	(173)	(257)	(394)	(174)	(348)	(431)	(219)

	Total	Race			Family Income			Region			
		White	Black	Hispanic	Under 40	40-80	80+	Northeast	Midwest	South	West
My health	21%	23%	14%	18%	23%	20%	21%	23%	22%	18%	22%
My relationships with family or friends	12%	12%	10%	15%	10%	9%	17%	12%	14%	10%	14%
My romantic relationships	14%	14%	13%	12%	11%	19%	12%	15%	17%	11%	15%
My career or finances	32%	32%	32%	32%	33%	34%	34%	25%	30%	36%	31%
My faith or spiritual life	12%	11%	23%	10%	14%	11%	10%	12%	10%	14%	12%
Not sure	9%	9%	8%	13%	9%	7%	7%	13%	7%	11%	6%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
(Unweighted N)	(998)	(756)	(113)	(129)	(370)	(271)	(207)	(190)	(224)	(349)	(235)

5. Contributes to happiness
Which one of the following contributes MOST to your level of happiness?

		Gender		Age				Party ID		
	Total	Male	Female	18-29	30-44	45-64	65+	Democrat	Independent	Republican
My health	14%	18%	11%	10%	8%	18%	22%	22%	10%	14%
My relationships with family or friends	34%	32%	36%	39%	34%	31%	35%	33%	33%	39%
My romantic relationships	13%	14%	12%	20%	14%	10%	8%	9%	15%	12%
My career or finances	10%	11%	10%	7%	19%	9%	6%	11%	10%	10%
My faith or spiritual life	18%	16%	19%	16%	15%	19%	21%	17%	17%	21%
Not sure	11%	8%	13%	9%	11%	13%	9%	8%	15%	4%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
(Unweighted N)	(999)	(488)	(511)	(175)	(256)	(394)	(174)	(349)	(431)	(219)

		Race			Family Income			Region			
	Total	White	Black	Hispanic	Under 40	40-80	80+	Northeast	Midwest	South	West
My health	14%	14%	16%	15%	18%	13%	12%	16%	16%	10%	18%
My relationships with family or friends	34%	36%	17%	38%	30%	35%	39%	33%	34%	31%	40%
My romantic relationships	13%	15%	6%	10%	10%	16%	16%	11%	12%	13%	16%
My career or finances	10%	10%	17%	5%	12%	7%	16%	6%	9%	14%	9%
My faith or spiritual life	18%	15%	33%	16%	18%	23%	10%	19%	22%	19%	10%
Not sure	11%	10%	11%	16%	12%	5%	7%	14%	7%	13%	8%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
(Unweighted N)	(999)	(755)	(114)	(130)	(369)	(271)	(208)	(189)	(224)	(350)	(236)