

1. Ideal Wake Up Hour

What is your ideal hour to wake up every day?

| | Gender | | | Age | | | | Party ID - 3 Point | | |
|----------------|--------|-------|--------|-------|-------|-------|-------|--------------------|-------------|------------|
| | Total | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | Democrat | Independent | Republican |
| 12:00 am | 1% | 0% | 1% | — | 3% | — | — | 3% | — | — |
| 1:00 am | 0% | — | 0% | 0% | — | — | — | — | 0% | — |
| 2:00 am | 0% | 0% | 0% | — | 0% | 0% | 0% | 0% | 0% | 0% |
| 3:00 am | 0% | 0% | 1% | 1% | 0% | 0% | — | 1% | 0% | — |
| 4:00 am | 2% | 3% | 1% | 0% | 2% | 3% | 1% | 1% | 3% | 1% |
| 5:00 am | 10% | 11% | 8% | 5% | 9% | 11% | 13% | 11% | 10% | 8% |
| 6:00 am | 20% | 22% | 17% | 14% | 19% | 24% | 18% | 17% | 15% | 31% |
| 7:00 am | 25% | 26% | 25% | 19% | 27% | 22% | 39% | 23% | 24% | 30% |
| 8:00 am | 17% | 14% | 20% | 17% | 20% | 13% | 21% | 18% | 20% | 10% |
| 9:00 am | 12% | 11% | 13% | 18% | 10% | 13% | 6% | 14% | 13% | 9% |
| 10:00 am | 8% | 7% | 8% | 15% | 7% | 6% | 2% | 8% | 8% | 5% |
| 11:00 am | 2% | 2% | 1% | 5% | 2% | 1% | — | 2% | 2% | 0% |
| 12:00 pm | 1% | 2% | 1% | 2% | 1% | 1% | — | 0% | 1% | 2% |
| 1:00 pm | 0% | 0% | 0% | — | — | 0% | — | — | 0% | 0% |
| 2:00 pm | — | — | — | — | — | — | — | — | — | — |
| 3:00 pm | 0% | 0% | — | — | 0% | — | — | 0% | — | — |
| 4:00 pm | 0% | 0% | — | — | — | 0% | — | — | 0% | — |
| 5:00 pm | 0% | 0% | 0% | 1% | — | — | 0% | 1% | — | — |
| 6:00 pm | 0% | — | 0% | — | — | 1% | — | 0% | — | 0% |
| 7:00 pm | 1% | 1% | 2% | 0% | 0% | 3% | 1% | 1% | 1% | 2% |
| 8:00 pm | 0% | — | 0% | 1% | — | — | — | — | 0% | — |
| 9:00 pm | 0% | 0% | 0% | 1% | 0% | — | — | — | 1% | 0% |
| 10:00 pm | 0% | — | 0% | 0% | — | — | — | — | 0% | — |
| 11:00 pm | — | — | — | — | — | — | — | — | — | — |
| Totals | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% |
| (Unweighted N) | (994) | (472) | (522) | (166) | (249) | (403) | (176) | (344) | (423) | (227) |

| | Race | | | Household Income | | | | Region | | | | |
|----------|-------|-------|-------|------------------|-------------|----------------|---------|-------------------|-----------|---------|-------|------|
| | Total | White | Black | Hispanic | Under \$50K | \$50K - \$100K | \$100K+ | Prefer not to say | Northeast | Midwest | South | West |
| 12:00 am | 1% | — | 5% | 1% | 2% | — | — | — | 1% | — | 1% | 1% |
| 1:00 am | 0% | — | — | 1% | 0% | — | — | — | 0% | — | — | — |
| 2:00 am | 0% | 0% | — | — | 0% | 0% | — | — | 0% | 0% | 0% | — |

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|----------------|------------------------------|-------|-------|----------|------------------|----------------|---------|-------------------|-----------|---------|-------|-------|
| | Total | Race | | | Household Income | | | | Region | | | |
| | | White | Black | Hispanic | Under \$50K | \$50K - \$100K | \$100K+ | Prefer not to say | Northeast | Midwest | South | West |
| 3:00 am | 0% | 0% | 2% | — | 0% | 1% | — | — | — | — | 1% | 0% |
| 4:00 am | 2% | 2% | 4% | 1% | 2% | 3% | 1% | 1% | 0% | 2% | 3% | 2% |
| 5:00 am | 10% | 9% | 12% | 12% | 10% | 8% | 16% | 5% | 7% | 6% | 10% | 15% |
| 6:00 am | 20% | 19% | 16% | 27% | 19% | 22% | 21% | 14% | 19% | 19% | 22% | 17% |
| 7:00 am | 25% | 27% | 18% | 22% | 22% | 26% | 32% | 28% | 23% | 25% | 25% | 28% |
| 8:00 am | 17% | 18% | 15% | 14% | 19% | 18% | 12% | 16% | 14% | 23% | 15% | 18% |
| 9:00 am | 12% | 12% | 13% | 12% | 11% | 12% | 7% | 20% | 12% | 13% | 14% | 9% |
| 10:00 am | 8% | 7% | 9% | 9% | 7% | 5% | 8% | 13% | 14% | 7% | 5% | 6% |
| 11:00 am | 2% | 2% | 2% | 1% | 3% | 1% | 1% | 0% | 5% | 1% | 1% | 1% |
| 12:00 pm | 1% | 1% | — | — | 2% | 0% | 0% | — | 3% | — | 2% | — |
| 1:00 pm | 0% | 0% | — | — | 0% | — | — | — | — | — | 0% | — |
| 2:00 pm | — | — | — | — | — | — | — | — | — | — | — | — |
| 3:00 pm | 0% | 0% | — | — | 0% | — | — | — | — | — | 0% | — |
| 4:00 pm | 0% | 0% | — | — | — | — | — | 1% | — | — | — | 0% |
| 5:00 pm | 0% | 0% | — | — | — | 1% | — | — | — | 0% | — | 0% |
| 6:00 pm | 0% | 0% | 1% | — | 0% | — | — | — | — | — | 0% | 0% |
| 7:00 pm | 1% | 2% | 0% | 0% | 1% | 1% | 1% | 2% | 1% | 2% | 2% | 0% |
| 8:00 pm | 0% | — | — | 1% | 0% | — | — | — | — | 1% | — | — |
| 9:00 pm | 0% | 0% | 2% | — | — | 1% | 1% | 1% | — | 0% | — | 1% |
| 10:00 pm | 0% | 0% | — | — | 0% | — | — | — | — | — | — | 0% |
| 11:00 pm | — | — | — | — | — | — | — | — | — | — | — | — |
| Totals | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% |
| (Unweighted N) | (994) | (753) | (108) | (133) | (462) | (253) | (146) | (133) | (182) | (223) | (347) | (242) |

2. Ideal Hour to Fall Asleep

What is your ideal hour to fall asleep every day?

| | Gender | | | Age | | | | Party ID - 3 Point | | |
|----------------|--------|-------|--------|-------|-------|-------|-------|--------------------|-------------|------------|
| | Total | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | Democrat | Independent | Republican |
| 12:00 am | 11% | 12% | 11% | 16% | 12% | 8% | 10% | 12% | 12% | 8% |
| 1:00 am | 5% | 6% | 4% | 5% | 6% | 5% | 4% | 6% | 6% | 2% |
| 2:00 am | 5% | 4% | 6% | 6% | 4% | 6% | 2% | 7% | 5% | 4% |
| 3:00 am | 3% | 3% | 3% | 3% | 4% | 1% | 2% | 1% | 4% | 1% |
| 4:00 am | 1% | 2% | 0% | 2% | 1% | 2% | — | 1% | 2% | 1% |
| 5:00 am | 0% | 0% | 1% | 1% | 0% | 0% | 0% | 1% | — | 1% |
| 6:00 am | 0% | 0% | — | — | 0% | — | — | 0% | — | — |
| 7:00 am | 0% | — | 0% | 1% | — | — | — | — | 0% | — |
| 8:00 am | 0% | 0% | — | — | — | 0% | — | — | 0% | — |
| 9:00 am | 1% | 0% | 1% | 1% | 0% | 1% | 0% | 0% | 1% | 2% |
| 10:00 am | 3% | 2% | 4% | 2% | 5% | 3% | 3% | 3% | 3% | 5% |
| 11:00 am | 3% | 3% | 3% | 2% | 5% | 2% | 2% | 3% | 3% | 3% |
| 12:00 pm | 4% | 5% | 4% | 3% | 5% | 5% | 3% | 5% | 4% | 3% |
| 1:00 pm | 1% | 1% | 1% | — | 0% | 1% | 0% | 1% | 0% | 1% |
| 2:00 pm | 0% | 0% | 0% | 1% | — | 0% | — | — | 0% | 0% |
| 3:00 pm | — | — | — | — | — | — | — | — | — | — |
| 4:00 pm | — | — | — | — | — | — | — | — | — | — |
| 5:00 pm | — | — | — | — | — | — | — | — | — | — |
| 6:00 pm | 0% | 0% | 0% | 1% | 1% | — | — | 1% | 0% | — |
| 7:00 pm | 1% | 2% | 0% | 0% | 2% | 1% | 0% | 0% | 1% | 1% |
| 8:00 pm | 2% | 3% | 2% | 1% | 4% | 2% | 2% | 3% | 1% | 3% |
| 9:00 pm | 5% | 4% | 6% | 6% | 6% | 6% | 3% | 5% | 5% | 5% |
| 10:00 pm | 24% | 23% | 25% | 20% | 22% | 26% | 26% | 23% | 22% | 27% |
| 11:00 pm | 30% | 31% | 29% | 29% | 22% | 30% | 43% | 28% | 29% | 34% |
| Totals | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% |
| (Unweighted N) | (992) | (472) | (520) | (166) | (249) | (402) | (175) | (343) | (423) | (226) |

| | Race | | | | Household Income | | | | Region | | | |
|----------|-------|-------|-------|----------|------------------|----------------|---------|-------------------|-----------|---------|-------|------|
| | Total | White | Black | Hispanic | Under \$50K | \$50K - \$100K | \$100K+ | Prefer not to say | Northeast | Midwest | South | West |
| 12:00 am | 11% | 11% | 14% | 8% | 10% | 11% | 9% | 17% | 12% | 13% | 9% | 12% |
| 1:00 am | 5% | 5% | 4% | 5% | 4% | 4% | 6% | 9% | 6% | 4% | 4% | 7% |
| 2:00 am | 5% | 5% | 5% | 4% | 7% | 1% | 6% | 2% | 8% | 4% | 6% | 2% |

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|----------------|------------------------------|-------|-------|----------|------------------|----------------|---------|-------------------|-----------|---------|-------|-------|
| | Total | Race | | | Household Income | | | | Region | | | |
| | | White | Black | Hispanic | Under \$50K | \$50K - \$100K | \$100K+ | Prefer not to say | Northeast | Midwest | South | West |
| 3:00 am | 3% | 3% | 1% | 2% | 3% | 3% | 0% | 2% | 6% | 3% | 2% | 1% |
| 4:00 am | 1% | 1% | 4% | — | 0% | 2% | — | 4% | 4% | 1% | 1% | 1% |
| 5:00 am | 0% | 0% | 2% | — | 0% | 1% | 1% | — | 0% | 0% | 1% | — |
| 6:00 am | 0% | 0% | — | — | 0% | — | — | — | — | — | 0% | 0% |
| 7:00 am | 0% | — | — | 2% | 0% | — | — | — | — | — | — | 1% |
| 8:00 am | 0% | 0% | — | — | — | — | — | 1% | — | — | — | 0% |
| 9:00 am | 1% | 1% | — | 2% | 0% | 1% | 1% | 1% | 1% | 0% | 0% | 2% |
| 10:00 am | 3% | 4% | 2% | 2% | 4% | 2% | 2% | 2% | 2% | 4% | 3% | 5% |
| 11:00 am | 3% | 3% | 0% | 3% | 2% | 5% | 4% | 2% | 2% | 4% | 4% | 1% |
| 12:00 pm | 4% | 3% | 13% | 3% | 4% | 6% | 2% | 5% | 3% | 5% | 5% | 2% |
| 1:00 pm | 1% | 1% | 1% | — | 1% | — | 2% | 1% | 0% | 1% | 1% | — |
| 2:00 pm | 0% | 0% | — | — | 0% | — | 1% | 0% | — | 0% | 0% | 1% |
| 3:00 pm | — | — | — | — | — | — | — | — | — | — | — | — |
| 4:00 pm | — | — | — | — | — | — | — | — | — | — | — | — |
| 5:00 pm | — | — | — | — | — | — | — | — | — | — | — | — |
| 6:00 pm | 0% | — | 1% | 1% | 0% | — | — | 1% | 1% | — | — | 1% |
| 7:00 pm | 1% | 1% | 4% | — | 2% | 0% | — | — | 0% | — | 2% | — |
| 8:00 pm | 2% | 2% | 2% | 3% | 3% | 3% | 1% | 1% | 2% | 0% | 3% | 3% |
| 9:00 pm | 5% | 5% | 4% | 7% | 6% | 4% | 2% | 5% | 5% | 5% | 5% | 6% |
| 10:00 pm | 24% | 24% | 16% | 28% | 25% | 22% | 33% | 16% | 15% | 31% | 21% | 28% |
| 11:00 pm | 30% | 31% | 25% | 29% | 27% | 35% | 30% | 31% | 32% | 26% | 34% | 27% |
| Totals | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% |
| (Unweighted N) | (992) | (752) | (107) | (133) | (461) | (253) | (146) | (132) | (182) | (222) | (346) | (242) |

3. Morning or Night Person

Are you more of a morning person or a night time person?

| | Gender | | | Age | | | | Party ID - 3 Point | | |
|----------------|--------|-------|--------|-------|-------|-------|-------|--------------------|-------------|------------|
| | Total | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | Democrat | Independent | Republican |
| Morning | 41% | 40% | 41% | 25% | 35% | 45% | 59% | 39% | 35% | 53% |
| Night | 46% | 46% | 47% | 55% | 51% | 46% | 30% | 46% | 50% | 40% |
| Not sure | 13% | 14% | 12% | 20% | 14% | 9% | 11% | 14% | 15% | 7% |
| Totals | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% |
| (Unweighted N) | (997) | (475) | (522) | (167) | (251) | (404) | (175) | (344) | (424) | (229) |

| | Race | | | | Household Income | | | | Region | | | |
|----------------|-------|-------|-------|----------|------------------|----------------|---------|-------------------|-----------|---------|-------|-------|
| | Total | White | Black | Hispanic | Under \$50K | \$50K - \$100K | \$100K+ | Prefer not to say | Northeast | Midwest | South | West |
| Morning | 41% | 41% | 41% | 38% | 38% | 50% | 44% | 29% | 30% | 38% | 46% | 42% |
| Night | 46% | 48% | 43% | 43% | 45% | 45% | 46% | 55% | 56% | 49% | 42% | 44% |
| Not sure | 13% | 11% | 16% | 19% | 17% | 6% | 10% | 16% | 14% | 13% | 12% | 14% |
| Totals | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% |
| (Unweighted N) | (997) | (755) | (109) | (133) | (465) | (253) | (146) | (133) | (183) | (224) | (348) | (242) |

4. Difficulty of Waking Up

Do you find it easy or difficult to wake up?

| | Gender | | | Age | | | | Party ID - 3 Point | | | |
|--------------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|--------------------|---------------|---------------|--|
| | Total | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | Democrat | Independent | Republican | |
| Very easy | 28% | 35% | 22% | 14% | 17% | 34% | 48% | 28% | 27% | 30% | |
| Somewhat easy | 37% | 34% | 39% | 27% | 42% | 38% | 38% | 33% | 33% | 49% | |
| Somewhat difficult | 26% | 25% | 26% | 41% | 25% | 23% | 13% | 30% | 27% | 17% | |
| Very difficult | 8% | 5% | 10% | 15% | 13% | 4% | 0% | 8% | 10% | 5% | |
| Not sure | 2% | 1% | 3% | 2% | 3% | 1% | — | 1% | 3% | 0% | |
| Totals (Unweighted N) | 100% (997) | 100% (474) | 100% (523) | 100% (166) | 100% (251) | 100% (404) | 100% (176) | 100% (343) | 100% (425) | 100% (229) | |

| | Race | | | Household Income | | | | Region | | | | |
|--------------------------|---------------|---------------|---------------|------------------|---------------|----------------|---------------|-------------------|---------------|---------------|---------------|---------------|
| | Total | White | Black | Hispanic | Under \$50K | \$50K - \$100K | \$100K+ | Prefer not to say | Northeast | Midwest | South | West |
| Very easy | 28% | 26% | 44% | 25% | 28% | 29% | 28% | 28% | 27% | 24% | 35% | 21% |
| Somewhat easy | 37% | 38% | 24% | 41% | 34% | 42% | 41% | 33% | 32% | 44% | 34% | 38% |
| Somewhat difficult | 26% | 28% | 22% | 14% | 26% | 24% | 21% | 30% | 23% | 23% | 25% | 31% |
| Very difficult | 8% | 7% | 7% | 13% | 9% | 6% | 10% | 7% | 12% | 7% | 5% | 10% |
| Not sure | 2% | 1% | 2% | 7% | 3% | 0% | — | 3% | 6% | 1% | 0% | 1% |
| Totals (Unweighted N) | 100% (997) | 100% (755) | 100% (109) | 100% (133) | 100% (465) | 100% (253) | 100% (146) | 100% (133) | 100% (183) | 100% (223) | 100% (349) | 100% (242) |

5. Difficulty of Going to Sleep

Do you find it easy or difficult to go to sleep?

| | Gender | | | Age | | | | Party ID - 3 Point | | | |
|--------------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|--------------------|---------------|---------------|--|
| | Total | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | Democrat | Independent | Republican | |
| Very easy | 18% | 24% | 13% | 12% | 13% | 22% | 27% | 14% | 18% | 23% | |
| Somewhat easy | 34% | 36% | 33% | 29% | 42% | 32% | 34% | 32% | 33% | 39% | |
| Somewhat difficult | 30% | 29% | 32% | 34% | 28% | 33% | 23% | 34% | 30% | 26% | |
| Very difficult | 15% | 11% | 20% | 23% | 14% | 11% | 17% | 18% | 16% | 10% | |
| Not sure | 2% | 1% | 3% | 2% | 3% | 2% | 1% | 1% | 3% | 1% | |
| Totals (Unweighted N) | 100% (997) | 100% (474) | 100% (523) | 100% (166) | 100% (251) | 100% (403) | 100% (177) | 100% (343) | 100% (425) | 100% (229) | |

| | Race | | | | Household Income | | | | Region | | | |
|--------------------------|---------------|---------------|---------------|---------------|------------------|----------------|---------------|-------------------|---------------|---------------|---------------|---------------|
| | Total | White | Black | Hispanic | Under \$50K | \$50K - \$100K | \$100K+ | Prefer not to say | Northeast | Midwest | South | West |
| Very easy | 18% | 18% | 25% | 16% | 17% | 19% | 28% | 14% | 15% | 16% | 20% | 20% |
| Somewhat easy | 34% | 36% | 24% | 35% | 32% | 37% | 32% | 40% | 33% | 41% | 30% | 36% |
| Somewhat difficult | 30% | 31% | 28% | 28% | 31% | 30% | 31% | 29% | 33% | 32% | 31% | 25% |
| Very difficult | 15% | 15% | 20% | 15% | 17% | 15% | 10% | 16% | 14% | 10% | 18% | 18% |
| Not sure | 2% | 1% | 2% | 6% | 3% | 0% | — | 2% | 6% | 1% | 0% | 1% |
| Totals (Unweighted N) | 100% (997) | 100% (756) | 100% (108) | 100% (133) | 100% (464) | 100% (253) | 100% (146) | 100% (134) | 100% (183) | 100% (222) | 100% (350) | 100% (242) |

6. Nap Frequency

How often, if ever, do you take a nap during the day?

| | Gender | | | Age | | | | Party ID - 3 Point | | | |
|-------------------|--------|-------|--------|-------|-------|-------|-------|--------------------|-------------|------------|--|
| | Total | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | Democrat | Independent | Republican | |
| All the time | 5% | 3% | 7% | 3% | 6% | 6% | 6% | 7% | 5% | 4% | |
| A lot of the time | 11% | 11% | 10% | 10% | 10% | 10% | 13% | 9% | 11% | 11% | |
| Occasionally | 52% | 54% | 50% | 54% | 52% | 51% | 53% | 52% | 53% | 51% | |
| Never | 31% | 31% | 31% | 33% | 29% | 32% | 28% | 31% | 29% | 34% | |
| Not sure | 2% | 1% | 2% | 1% | 3% | 1% | — | 1% | 3% | 0% | |
| Totals | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | |
| (Unweighted N) | (995) | (474) | (521) | (167) | (251) | (402) | (175) | (344) | (424) | (227) | |

| | Race | | | | Household Income | | | | Region | | | |
|-------------------|-------|-------|-------|----------|------------------|----------------|---------|-------------------|-----------|---------|-------|-------|
| | Total | White | Black | Hispanic | Under \$50K | \$50K - \$100K | \$100K+ | Prefer not to say | Northeast | Midwest | South | West |
| All the time | 5% | 4% | 8% | 11% | 6% | 7% | 1% | 2% | 8% | 2% | 5% | 6% |
| A lot of the time | 11% | 12% | 3% | 8% | 11% | 9% | 19% | 4% | 8% | 12% | 8% | 15% |
| Occasionally | 52% | 51% | 64% | 50% | 53% | 50% | 48% | 58% | 46% | 51% | 56% | 51% |
| Never | 31% | 33% | 21% | 25% | 28% | 34% | 32% | 33% | 35% | 33% | 31% | 26% |
| Not sure | 2% | 1% | 3% | 5% | 2% | 0% | 1% | 3% | 4% | 2% | 1% | 2% |
| Totals | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% |
| (Unweighted N) | (995) | (753) | (109) | (133) | (464) | (253) | (145) | (133) | (183) | (224) | (347) | (241) |

7. Procrastination Frequency

How often, if ever, do you procrastinate?

| | Gender | | | Age | | | | Party ID - 3 Point | | | |
|--------------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|--------------------|---------------|---------------|--|
| | Total | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | Democrat | Independent | Republican | |
| All the time | 9% | 8% | 9% | 14% | 7% | 7% | 10% | 9% | 11% | 5% | |
| A lot of the time | 22% | 22% | 22% | 28% | 26% | 16% | 22% | 21% | 23% | 21% | |
| Occasionally | 53% | 52% | 54% | 43% | 50% | 61% | 56% | 50% | 51% | 62% | |
| Never | 10% | 11% | 9% | 6% | 11% | 10% | 11% | 11% | 10% | 8% | |
| Not sure | 6% | 6% | 5% | 9% | 6% | 6% | 1% | 8% | 5% | 4% | |
| Totals (Unweighted N) | 100% (997) | 100% (474) | 100% (523) | 100% (166) | 100% (251) | 100% (403) | 100% (177) | 100% (345) | 100% (423) | 100% (229) | |

| | Race | | | Household Income | | | | Region | | | | |
|--------------------------|---------------|---------------|---------------|------------------|---------------|----------------|---------------|-------------------|---------------|---------------|---------------|---------------|
| | Total | White | Black | Hispanic | Under \$50K | \$50K - \$100K | \$100K+ | Prefer not to say | Northeast | Midwest | South | West |
| All the time | 9% | 9% | 8% | 9% | 10% | 8% | 6% | 9% | 8% | 10% | 11% | 5% |
| A lot of the time | 22% | 25% | 13% | 12% | 22% | 21% | 29% | 17% | 23% | 23% | 19% | 26% |
| Occasionally | 53% | 54% | 49% | 55% | 46% | 60% | 56% | 64% | 52% | 54% | 52% | 56% |
| Never | 10% | 9% | 20% | 7% | 12% | 10% | 8% | 4% | 9% | 9% | 12% | 9% |
| Not sure | 6% | 3% | 9% | 17% | 10% | 1% | 1% | 4% | 8% | 4% | 7% | 4% |
| Totals (Unweighted N) | 100% (997) | 100% (756) | 100% (109) | 100% (132) | 100% (465) | 100% (253) | 100% (146) | 100% (133) | 100% (183) | 100% (223) | 100% (349) | 100% (242) |