YouGov
March 24-26, 2014
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1. Consider yourself a busy person

Do you consider yourself to be a busy person?

|  | Total | Gender |  | Age |  |  |  | Party ID |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | Democrat | Independent | Republican |
| Yes | 59\% | 60\% | 59\% | 55\% | 63\% | 62\% | 54\% | 62\% | 54\% | 66\% |
| No | 36\% | 36\% | 36\% | 38\% | 31\% | 35\% | 43\% | 34\% | 39\% | 33\% |
| Not sure | 5\% | 4\% | 5\% | 7\% | 6\% | 3\% | 3\% | 4\% | 7\% | 2\% |
| Totals | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% |
| (Unweighted N ) | (997) | (461) | (536) | (174) | (263) | (393) | (167) | (346) | (417) | (234) |


|  | Total | Race |  |  | Family Income |  |  |  | Region |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | White | Black | Hispanic | Under 40 | 40-80 | 80-100 | 100+ | Northeast | Midwest | South | West |
| Yes | 59\% | 60\% | 61\% | 57\% | 47\% | 64\% | 64\% | 79\% | 61\% | 56\% | 61\% | 59\% |
| No | 36\% | 36\% | 35\% | 35\% | 47\% | 31\% | 34\% | 18\% | 32\% | 39\% | 36\% | 37\% |
| Not sure | 5\% | 4\% | 4\% | 8\% | 6\% | 5\% | 1\% | 3\% | 7\% | 6\% | 3\% | 4\% |
| Totals | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% |
| (Unweighted N ) | (997) | (787) | (117) | (93) | (320) | (315) | (82) | (136) | (161) | (221) | (370) | (245) |

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## 2. Good thing to be a busy person

Is it a good thing or a bad thing to be a busy person?

|  | Total | Gender |  | Age |  |  |  | Party ID |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | Democrat | Independent | Republican |
| A good thing | 35\% | 37\% | 34\% | 26\% | 28\% | 38\% | 53\% | 35\% | 31\% | 44\% |
| A bad thing | 6\% | 8\% | 5\% | 12\% | 9\% | 4\% | - | 8\% | 5\% | 6\% |
| Neither a good nor a bad thing | 53\% | 48\% | 56\% | 53\% | 58\% | 52\% | 44\% | 52\% | 56\% | 47\% |
| Not sure | 6\% | 7\% | 5\% | 9\% | 5\% | 5\% | 4\% | 5\% | 7\% | 4\% |
| Totals | 100\% | 100\% | 100\% | $100 \%$ | 100\% | 100\% | $100 \%$ | $100 \%$ | 100\% | 100\% |
| (Unweighted N ) | (999) | (462) | (537) | (175) | (264) | (393) | (167) | (348) | (417) | (234) |


|  | Total | Race |  |  | Family Income |  |  |  | Region |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | White | Black | Hispanic | Under 40 | 40-80 | 80-100 | 100+ | Northeast | Midwest | South | West |
| A good thing | 35\% | 36\% | 40\% | 26\% | 29\% | 38\% | 43\% | 42\% | 41\% | 30\% | 37\% | 34\% |
| A bad thing | 6\% | 7\% | 2\% | 6\% | 7\% | 6\% | 6\% | 8\% | 12\% | 4\% | 6\% | 5\% |
| Neither a good nor a bad thing | 53\% | 52\% | 52\% | 56\% | 57\% | 50\% | 48\% | 48\% | 43\% | 62\% | 51\% | 54\% |
| Not sure | 6\% | 5\% | 6\% | 12\% | 8\% | 6\% | 3\% | 2\% | 3\% | 5\% | 7\% | 6\% |
| Totals (Unweighted N) | $\begin{aligned} & 100 \% \\ & (999) \end{aligned}$ | $\begin{aligned} & 100 \% \\ & (790) \end{aligned}$ | $\begin{aligned} & 100 \% \\ & (117) \end{aligned}$ | $\begin{gathered} 100 \% \\ (92) \end{gathered}$ | $\begin{aligned} & 100 \% \\ & (320) \end{aligned}$ | $\begin{aligned} & 100 \% \\ & (315) \end{aligned}$ | $\begin{gathered} 100 \% \\ (82) \end{gathered}$ | $\begin{aligned} & 100 \% \\ & (137) \end{aligned}$ | $\begin{aligned} & 100 \% \\ & (161) \end{aligned}$ | $\begin{aligned} & 100 \% \\ & (221) \end{aligned}$ | $\begin{aligned} & 100 \% \\ & (372) \end{aligned}$ | $\begin{aligned} & 100 \% \\ & (245) \end{aligned}$ |

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3. Feel guilt for not being busy

Do you ever feel guilty or anxious when you are not busy?

|  | Total | Gender |  | Age |  |  |  | Party ID |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | Democrat | Independent | Republican |
| Yes | 37\% | 35\% | 38\% | 36\% | 38\% | 40\% | 28\% | 37\% | 34\% | 41\% |
| No | 59\% | 61\% | 57\% | 60\% | 58\% | 54\% | 68\% | 58\% | 60\% | 56\% |
| Not sure | 5\% | 4\% | 5\% | 4\% | 4\% | 6\% | 4\% | 4\% | 6\% | 3\% |
| Totals | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% |
| (Unweighted N ) | (998) | (461) | (537) | (176) | (263) | (392) | (167) | (346) | (418) | (234) |


|  | Total | Race |  |  | Family Income |  |  |  | Region |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | White | Black | Hispanic | Under 40 | 40-80 | 80-100 | 100+ | Northeast | Midwest | South | West |
| Yes | 37\% | 40\% | 29\% | 26\% | 33\% | 40\% | 34\% | 43\% | 39\% | 40\% | 34\% | 35\% |
| No | 59\% | 57\% | 65\% | 62\% | 59\% | 57\% | 65\% | 55\% | 59\% | 56\% | 60\% | 59\% |
| Not sure | 5\% | 3\% | 6\% | 13\% | 8\% | 3\% | 1\% | 2\% | 2\% | 3\% | 6\% | 6\% |
| Totals | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% |
| (Unweighted N ) | (998) | (789) | (116) | (93) | (321) | (315) | (82) | (136) | (160) | (221) | (372) | (245) |

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## 4. Others exaggerate how busy they are

Do you think people exaggerate how busy they are in order to make themselves look better?

|  | Total | Gender |  | Age |  |  |  | Party ID |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | Democrat | Independent | Republican |
| Yes | 63\% | 72\% | 56\% | 70\% | 64\% | 61\% | 60\% | 58\% | 67\% | 64\% |
| No | 15\% | 11\% | 19\% | 18\% | 17\% | 15\% | 9\% | 22\% | 12\% | 13\% |
| Not sure | 21\% | 17\% | 25\% | 13\% | 18\% | 25\% | 30\% | 20\% | 21\% | 24\% |
| Totals | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% |
| (Unweighted N) | (996) | (461) | (535) | (175) | (262) | (393) | (166) | (346) | (418) | (232) |


|  | Total | Race |  |  | Family Income |  |  |  | Region |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | White | Black | Hispanic | Under 40 | 40-80 | 80-100 | 100+ | Northeast | Midwest | South | West |
| Yes | 63\% | 65\% | 54\% | 64\% | 59\% | 67\% | 67\% | 68\% | 68\% | 62\% | 60\% | 66\% |
| No | 15\% | 14\% | 26\% | 13\% | 18\% | 15\% | 15\% | 10\% | 14\% | 17\% | 16\% | 13\% |
| Not sure | 21\% | 21\% | 20\% | 22\% | 23\% | 18\% | 18\% | 22\% | 17\% | 21\% | 24\% | 21\% |
| Totals <br> (Unweighted N) | $\begin{aligned} & 100 \% \\ & (996) \end{aligned}$ | $\begin{aligned} & 100 \% \\ & (787) \end{aligned}$ | $\begin{aligned} & 100 \% \\ & (117) \\ & \hline \end{aligned}$ | $\begin{gathered} 100 \% \\ (92) \\ \hline \end{gathered}$ | $\begin{aligned} & \hline 100 \% \\ & (320) \end{aligned}$ | $\begin{aligned} & 100 \% \\ & (314) \end{aligned}$ | $\begin{gathered} 100 \% \\ (82) \end{gathered}$ | $\begin{aligned} & 100 \% \\ & (136) \end{aligned}$ | $\begin{aligned} & 100 \% \\ & (159) \end{aligned}$ | $\begin{aligned} & 100 \% \\ & (221) \end{aligned}$ | $\begin{aligned} & 100 \% \\ & (371) \end{aligned}$ | $\begin{aligned} & 100 \% \\ & (245) \end{aligned}$ |

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5. R exaggerate how busy they are

Have you ever exaggerated how busy you are in order to make yourself look better?

|  | Total | Gender |  | Age |  |  |  | Party ID |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | Democrat | Independent | Republican |
| Yes | 24\% | 29\% | 20\% | 30\% | 22\% | 24\% | 22\% | 25\% | 22\% | 29\% |
| No | 68\% | 63\% | 72\% | 62\% | 71\% | 67\% | 71\% | 70\% | 68\% | 64\% |
| Not sure | 8\% | 8\% | 7\% | 7\% | 7\% | 8\% | 7\% | 5\% | 10\% | 7\% |
| Totals | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% |
| (Unweighted N) | (995) | (461) | (534) | (175) | (262) | (393) | (165) | (345) | (417) | (233) |


|  | Total | Race |  |  | Family Income |  |  |  | Region |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | White | Black | Hispanic | Under 40 | 40-80 | 80-100 | 100+ | Northeast | Midwest | South | West |
| Yes | 24\% | 27\% | 18\% | 17\% | 23\% | 24\% | 22\% | 34\% | 28\% | 23\% | 21\% | 28\% |
| No | 68\% | 67\% | 75\% | 70\% | 68\% | 70\% | 74\% | 62\% | 63\% | 70\% | 71\% | 64\% |
| Not sure | 8\% | 7\% | 8\% | 13\% | 9\% | 7\% | 4\% | 4\% | 9\% | 7\% | 7\% | 8\% |
| Totals <br> (Unweighted N) | $\begin{aligned} & 100 \% \\ & (995) \end{aligned}$ | $\begin{aligned} & 100 \% \\ & (786) \end{aligned}$ | $\begin{aligned} & 100 \% \\ & (116) \end{aligned}$ | $\begin{gathered} 100 \% \\ (93) \end{gathered}$ | $\begin{aligned} & \hline 100 \% \\ & (319) \end{aligned}$ | $\begin{aligned} & 100 \% \\ & (314) \end{aligned}$ | $\begin{gathered} 100 \% \\ (82) \end{gathered}$ | $\begin{aligned} & \hline 100 \% \\ & (136) \end{aligned}$ | $\begin{aligned} & \hline 100 \% \\ & (159) \end{aligned}$ | $\begin{aligned} & 100 \% \\ & (221) \end{aligned}$ | $\begin{aligned} & \hline 100 \% \\ & (371) \end{aligned}$ | $\begin{aligned} & 100 \% \\ & (244) \end{aligned}$ |

