YouGov

October 20 - 24, 2016

YouGov

1. Multitasking | Life Accomplishment

Do you feel that you have accomplished more or less in your life than other people your same age?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	Under 30	30-44	45-64	65+	White	Black	Hispanic	Other
More	23%	24%	22%	20%	17%	22%	35%	23%	21%	29%	14%
About the same	42%	42%	42%	31%	47%	41%	51%	45%	34%	42%	33%
Less	22%	22%	21%	27%	21%	28%	6%	23%	17%	17%	27%
Not sure	13%	11%	14%	22%	15%	9%	8%	9%	28%	13%	26%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
(Unweighted N)	(1,000)	(485)	(515)	(170)	(223)	(409)	(198)	(698)	(127)	(114)	(61)

	Total	Party ID (3 category)			Family Income (3 category)				Census Region			
		Democrat	Independent	Republican	Under $50K	$50-100K	$100K or more	Prefer not to say	Northeast	Midwest	South	West
More	23%	20%	23%	27%	17%	28%	47%	22%	24%	24%	21%	25%
About the same	42%	41%	37%	53%	40%	51%	38%	39%	36%	47%	45%	40%
Less	22%	25%	23%	14%	29%	13%	10%	18%	31%	17%	21%	21%
Not sure	13%	13%	17%	5%	14%	8%	5%	21%	9%	13%	14%	14%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
(Unweighted N)	(1,000)	(372)	(390)	(238)	(464)	(262)	(111)	(163)	(189)	(207)	(358)	(246)

2. Multitasking | Multi-tasker
Are you a multi-tasker or someone who focuses on one thing at a time?

		Gender		Age (4 category)				Race (4 category)			
	Total	Male	Female	Under 30	30-44	45-64	65+	White	Black	Hispanic	Other
I am a multi-tasker	63%	58%	69%	57%	61%	65%	68%	65%	64%	56%	55%
I focus on one thing at a time	27%	32%	22%	28%	27%	28%	25%	28%	24%	27%	22%
Not sure	10%	10%	9%	15%	12%	7%	7%	7%	12%	17%	23%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
(Unweighted N)	(998)	(483)	(515)	(169)	(222)	(409)	(198)	(697)	(127)	(113)	(61)

		Party ID (3 category)			Family Income (3 category)				Census Region			
	Total	Democrat	Independent	Republican	Under $50K	$50-100K	$100K or more	Prefer not to say	Northeast	Midwest	South	West
I am a multi-tasker	63%	62%	61%	70%	59%	68%	67%	67%	58%	68%	64%	61%
I focus on one thing at a time	27%	31%	25%	26%	28%	28%	28%	24%	31%	25%	25%	30%
Not sure	10%	7%	14%	5%	13%	4%	6%	9%	11%	7%	11%	9%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
(Unweighted N)	(998)	(371)	(390)	(237)	(464)	(261)	(110)	(163)	(189)	(207)	(356)	(246)

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3. Multitasking | Quality of Work
If you have to do two things at once, what best describes the result?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	Under 30	30-44	45-64	65+	White	Black	Hispanic	Other
Both things get done well	64%	61%	68%	53%	58%	71%	72%	67%	65%	51%	56%
Only one of the things gets done well	18%	23%	15%	22%	23%	15%	16%	17%	21%	28%	17%
Nothing gets done well	7%	7%	7%	11%	5%	6%	4%	7%	3%	8%	3%
Not sure	11%	10%	11%	14%	14%	8%	7%	9%	11%	13%	25%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
(Unweighted N)	(1,000)	(485)	(515)	(170)	(223)	(409)	(198)	(698)	(127)	(114)	(61)

	Total	Party ID (3 category)			Family Income (3 category)				Census Region			
		Democrat	Independent	Republican	Under $50K	$50-100K	$100K or more	Prefer not to say	Northeast	Midwest	South	West
Both things get done well	64%	63%	61%	73%	62%	69%	67%	64%	57%	72%	67%	59%
Only one of the things gets done well	18%	21%	16%	19%	18%	20%	21%	16%	21%	16%	17%	21%
Nothing gets done well	7%	6%	9%	3%	8%	5%	5%	5%	11%	4%	5%	8%
Not sure	11%	11%	14%	5%	11%	6%	7%	16%	11%	8%	11%	12%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
(Unweighted N)	(1,000)	(372)	(390)	(238)	(464)	(262)	(111)	(163)	(189)	(207)	(358)	(246)

4. Multitasking | Impossible to Multitask

Do you think it is possible or impossible for people to undertake multiple tasks at once, and do all of them well?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	Under 30	30-44	45-64	65+	White	Black	Hispanic	Other
Possible	75%	79%	71%	70%	78%	77%	73%	77%	77%	66%	63%
Impossible	10%	11%	10%	11%	11%	10%	10%	10%	6%	15%	12%
Not sure	15%	11%	18%	19%	11%	13%	17%	13%	16%	18%	25%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
(Unweighted N)	(997)	(484)	(513)	(168)	(223)	(409)	(197)	(697)	(126)	(113)	(61)

	Total	Party ID (3 category)			Family Income (3 category)				Census Region			
		Democrat	Independent	Republican	Under $50K	$50-100K	$100K or more	Prefer not to say	Northeast	Midwest	South	West
Possible	75%	71%	72%	85%	72%	80%	79%	75%	69%	82%	75%	73%
Impossible	10%	14%	11%	4%	12%	10%	11%	7%	12%	6%	10%	14%
Not sure	15%	15%	17%	11%	16%	11%	10%	19%	19%	12%	15%	13%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
(Unweighted N)	(997)	(370)	(389)	(238)	(461)	(262)	(111)	(163)	(187)	(207)	(357)	(246)

5. Multitasking | Easily Distracted
How easily distracted are you?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	Under 30	30-44	45-64	65+	White	Black	Hispanic	Other
Very easily distracted	6%	7%	6%	9%	10%	5%	2%	6%	2%	11%	6%
Somewhat easily distracted	34%	36%	31%	41%	33%	32%	31%	37%	26%	28%	27%
Not very easily distracted	42%	39%	44%	32%	34%	47%	51%	42%	50%	34%	38%
Not at all easily distracted	12%	12%	12%	5%	17%	12%	13%	11%	12%	18%	11%
Not sure	6%	5%	7%	13%	6%	4%	3%	4%	9%	9%	18%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
(Unweighted N)	(998)	(485)	(513)	(169)	(223)	(408)	(198)	(696)	(127)	(114)	(61)

	Total	Party ID (3 category)			Family Income (3 category)				Census Region			
		Democrat	Independent	Republican	Under $50K	$50-100K	$100K or more	Prefer not to say	Northeast	Midwest	South	West
Very easily distracted	6%	8%	6%	4%	7%	6%	3%	6%	8%	5%	5%	8%
Somewhat easily distracted	34%	32%	31%	40%	35%	33%	35%	31%	34%	37%	30%	36%
Not very easily distracted	42%	47%	42%	36%	38%	43%	52%	46%	40%	45%	46%	33%
Not at all easily distracted	12%	9%	10%	18%	11%	16%	9%	10%	13%	10%	12%	12%
Not sure	6%	4%	11%	1%	9%	2%	—	7%	5%	3%	6%	10%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
(Unweighted N)	(998)	(372)	(390)	(236)	(462)	(262)	(111)	(163)	(188)	(206)	(358)	(246)

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6. Multitasking | Smartphone Use
Approximately how many hours per day do you typically spend using your phone?

		Gender		Age (4 category)				Race (4 category)			
	Total	Male	Female	Under 30	30-44	45-64	65+	White	Black	Hispanic	Other
1 hour or less	28%	33%	24%	1%	17%	44%	50%	33%	18%	18%	22%
1 - 2 hours	19%	19%	20%	14%	15%	25%	22%	21%	11%	22%	14%
2 - 3 hours	12%	13%	11%	10%	18%	9%	13%	13%	7%	14%	9%
3 - 4 hours	11%	9%	13%	12%	17%	5%	11%	9%	21%	7%	14%
4 - 5 hours	6%	5%	8%	11%	5%	7%	1%	6%	6%	9%	4%
5 - 6 hours	6%	8%	4%	16%	6%	2%	2%	5%	11%	3%	15%
6 - 7 hours	4%	3%	4%	9%	5%	0%	0%	3%	4%	6%	0%
7 - 8 hours	2%	0%	3%	5%	2%	0%	1%	2%	2%	1%	3%
8 - 9 hours	3%	3%	2%	5%	3%	2%	–	3%	1%	3%	2%
9 - 10 hours	2%	2%	2%	6%	2%	1%	–	2%	6%	3%	2%
10 - 11 hours	2%	2%	2%	0%	5%	1%	–	1%	3%	–	5%
11 - 12 hours	2%	1%	3%	3%	4%	–	–	1%	2%	5%	4%
12 hours or more	3%	2%	4%	8%	2%	3%	–	2%	6%	7%	5%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
(Unweighted N)	(721)	(344)	(377)	(135)	(186)	(284)	(116)	(484)	(96)	(91)	(50)

		Party ID (3 category)			Family Income (3 category)				Census Region			
	Total	Democrat	Independent	Republican	Under $50K	$50-100K	$100K or more	Prefer not to say	Northeast	Midwest	South	West
1 hour or less	28%	22%	33%	30%	22%	38%	35%	22%	26%	32%	27%	29%
1 - 2 hours	19%	16%	18%	26%	15%	19%	23%	31%	22%	10%	22%	21%
2 - 3 hours	12%	13%	12%	12%	13%	10%	19%	10%	15%	13%	12%	10%
3 - 4 hours	11%	11%	8%	14%	13%	13%	5%	6%	8%	16%	12%	7%
4 - 5 hours	6%	8%	7%	4%	7%	3%	5%	11%	9%	7%	6%	4%
5 - 6 hours	6%	8%	6%	3%	9%	5%	1%	3%	3%	2%	8%	8%
6 - 7 hours	4%	5%	5%	1%	5%	2%	4%	1%	7%	2%	2%	4%
7 - 8 hours	2%	3%	2%	1%	1%	2%	1%	3%	1%	1%	2%	3%
8 - 9 hours	3%	3%	2%	3%	4%	2%	2%	1%	4%	4%	2%	1%
9 - 10 hours	2%	4%	2%	1%	2%	2%	3%	3%	2%	1%	3%	3%
10 - 11 hours	2%	2%	0%	4%	3%	–	1%	3%	1%	1%	0%	5%
11 - 12 hours	2%	1%	3%	1%	2%	1%	1%	2%	–	3%	2%	2%
12 hours or more	3%	6%	2%	2%	5%	2%	1%	3%	2%	6%	3%	3%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

	Total	Party ID (3 category)			continued from previous page Family Income (3 category)				Census Region			
		Democrat	Independent	Republican	Under $50K	$50-100K	$100K or more	Prefer not to say	Northeast	Midwest	South	West
(Unweighted N)	(721)	(280)	(265)	(176)	(297)	(215)	(97)	(112)	(140)	(142)	(256)	(183)

YouGov

Interviewing Dates	October 20 - 24, 2016
Target population	U.S. citizens, aged 18 and over.
Sampling method	Respondents were selected from YouGov's opt-in Internet panel using sample matching. A random sample (stratified by gender, age, race, education, voter registration, political ideology, party identification, geographic region, and voter registration) was selected from the 2014 American Community Study. Voter registration and party identification were imputed from the November 2014 Current Population Survey Registration and Voting Supplement.
Weighting	The sample was weighted using propensity scores based on gender, age, race, education, political ideology, geographic region and voter registration. The weights range from 0.102 to 6.145, with a mean of one and a standard deviation of 0.835.
Number of respondents	1000
Margin of error	$\pm$ 4% (adjusted for weighting)
Survey mode	Web-based interviews
Questions not reported	19 questions not reported.